My Favorite Slogan

Easy Does It
A simple three word slogan that goes against much of what society tells us today. More, faster, bigger, better, stronger, smarter, better looking, more successful—these are the words that are used to compare ourselves to each other; to compete. You hear people say things like, “If it was easy, then everyone would do it”, and “Winning isn’t everything, it’s the only thing”. If I buy into the competitive mindset, I must believe that, by myself, just the way that God created me, I am not enough. That somehow I don’t measure up. This is what drives me to not take it easy, but to try out perform my fellow man, and to show the world that I am important. Don’t you know who I am? Easy Does It goes against this ego driven mania by allowing me to slow down and take a moment to enjoy life.

When I was drinking, this fierce determination to outperform my fellow man came out often. I could drink more, stay up longer, and party harder than any-one in the room. I used to pride myself on being the last one standing, even if it took several days to accomplish the task. And when all was said and done I would plant the flag of victory on the mountain of wreckage that I had just accompl-ished and look down with arrogance on those that had fallen out along the way. But in the end, I was the one who ultimately lost.

When I got sober the determination for competition was not removed. I turned my fierce determination to my work, school, and family life. I was going to focus all my destructive drinking energy on positive things and show the world that I was really somebody. At the time, I worked as a mid-level manager for a fortune 500 company putting in 60 hours a week. I went back to school to get a Master of Business Administration, went to 5 meetings a week, secretaried two meetings, worked out at the gym every morning, and had date night every Saturday with the wife and dinner at her family’s house on Sunday night. On the outside everything looked great, but inside I was dying.

I finished the MBA, got promoted at work, had the wife, the house, two cars in the garage, and I was even more miserable than before.

Today I don’t have the wife, the house, the corporate position, but what I do have is a deeper appreciation for taking time out of my life to slow down and take it easy. I don’t always have the need to compete today.

When I hear people using competitive words, I am sometimes tempted to join in. I always ask if accomplishing this goal will make me happy.

Continued on page 2
Isn’t that the point of jumping through all those hoops? At the end of all that aren’t we supposed to be happier people? Somewhere we seem to have lost the connection between accomplishing our goals and attaining happiness. We have lost our happiness in the hurry to accomplish the things that we believe we need in order to be happy.

The truth is that I get everything that I need from God. God shows me that everything is naturally for me. I don’t have to compete or impose my will on others or jump through hoops in order to find happiness. Happiness comes easy. I can be happy just being me. This is the way that God created me to be. It is much easier for me to take things easy when I realize this.

This doesn’t mean that I don’t have to work. There is work involved, but if I have to struggle and fight to accomplish happiness, then something is wrong. For me, the experience of attaining happiness while staying sober is very similar to an artist painting a masterpiece or an athlete that is playing a sport. The work comes easy because the passion for it outweighs the work so much that it doesn’t feel like work. This is the way that things happen for me when I do God’s work through the program of Alcoholics Anonymous. Every time I make the effort to take a meeting into a jail, or set up chairs for a meeting, or reach out my hand to a newcomer, the work comes easy because I feel good about it. It comes easy because it’s from God and its right. It’s not about competition at this point. It’s about tapping into that creative power that is God. Easy Does It for me, means doing it God’s way. I am fortunate to have a God that really loves me and that wants me to be at peace with myself and those around me.

- Chuck E.

My favorite slogan.

The slogan that I remember being most helpful to me, especially when I was new is First Things First. I was not one who stayed sober from my first AA meeting. I was a newcomer on and off for about 14 months when I finally stopped for good and that’s when this slogan made sense to me.

When I finally became convinced that to drink was to die I realized that not taking a drink was the first requirement of the sober life. My sponsor put it to me this way, over and over; that the single most important thing, at any moment of any day, is not taking the first drink. That became my internalized mantra. Nothing else mattered by comparison with physical sobriety. In fact surprising to me was the gradual discovery that when I would focus on not drinking, all the other problems in my life seemed to fade away in importance day by day.

Later I remember hearing other seasoned long-timers share things like “if sobriety isn’t first in your life you won’t get it, and if it doesn’t stay first in your life you won’t keep it”. Those are words I still heed today! Another memorable share was about a member who drank after some time of sobriety. When asked about how it happened he said, “Drinking was the furthest thing from my mind, but not drinking had become the second furthest thing, and one day they must have switched places and I drank”. That wording helped me remember that we deal with alcohol – cunning, baffling and powerful!

After a time of being physically sober I got uncomfortable and that became my motivation to take the steps. I’d be feeling something I didn’t like or in fear so it was “don’t drink and start writing my inventory”. Then more irritation would just seem to come along and it would be don’t drink and stop acting on character defects at work or in my home. And later on I would have some internal conflict when thinking about someone I had harmed so it was don’t drink and make an amends wherever possible. All the way thru my steps, first things first meant doing what ever it took to find peace and remain comfortable while not drinking. When I’m comfortable, I don’t need the drink!

I believe there are continuous opportunities to grow spiritually on our path. On my best days, “first things first” is a conscious decision to surrender in the moment and try to do God’s will before my own desires. But even in that, not picking up the first drink is still the first thing in my life today. There’s no limit to the good I can enjoy and even have come to expect in my life when I practice the principle of first things first.

- Anonymous
General Service Article  
(enscompassing AA as a whole)

I Wish I Were An Alcoholic  by Fulton Oursler

(Fulton Oursler was a magazine editor, religious author, and Hollywood screenwriter, and was an early Oxford Group member and friend to AA. He passed away in 1952. His official relationship with AA is as follows: Sept. 30, 1939, the very popular weekly Liberty Magazine, headed by Fulton Oursler, carried a piece titled Alcoholics and God by Morris Markey (who was influenced to write the article by Charles Towns). It generated about 800 inquiries from around the nation. Oursler (author of The Greatest Story Ever Told) became good friends with Bill W and later served as a Trustee and member of the Grapevine editorial board. In Oct. 1949, Dr. William D. Silkworth and Fulton Oursler joined the Alcoholic Foundation Board.)

There are times when I wish I were an alcoholic. I mean I wish I were a member of Alcoholics Anonymous. The reason is that I consider the AA people the most charming in the world.

Such is my considered opinion. As a journalist, it has been my privilege to meet many people who are considered charming. I number among my friends stars and lesser lights on stage and cinema; writers are my daily diet; I know ladies and gentlemen of both political parties; I have been entertained in the White House; I've broken bread with kings, Ambassadors and ministers; and I say that I would prefer an evening with my AA friends to any person I've indicated.

I asked myself why I considered so charming these alcoholic caterpillars who have found their butterfly wings in AA. There are more reasons than one, but I can name a few. The AA people are what they are, and they are what they were, because they are sensitive, imaginative, possessed of a sense of humor, an awareness of the universal truth. They are sensitive, which means they are hurt easily, and that helped them become alcoholics. But when they found their restoration they are as sensitive as ever; responsive to the beauty and the truth and eager about the intangible glories of this life. That makes them charming companions.

They are possessed of a sense of universal truth that is often new in their heart. This fact that this 'at-one-ment' with God's universe had never been awakened within them is the reason they drink. They have found a power greater than themselves, which they diligently serve. And that gives them a charm that never was elsewhere on the land and sea; it makes you know that God is charming, because the AA people reflect his mercy and forgiveness.

They are imaginative, and that helped make them alcoholics. Some of them drank to flog their imaginations onto greater efforts. Others guzzled only to block out unendurable visions that arose in their imaginations. But when they found their restorations, their imagination is responsive to new incantations and their talk abounds with color and might, and that makes them charming companions, too.

They are possessed of a sense of humor. Even in their cups they have known to be damnably funny. Often it was being forced to take seriously the little and mean things of life that made them seek their escape in the bottle. But when they find their restoration, their sense of humor finds a blessed freedom and they are able to laugh at themselves, the very height of self-conquest. Go to their meetings and listen to their laughter. At what are they laughing? At ghoulish memories over which weaker souls would cringe in useless remorse. And that makes them wonderful people to be with by candlelight.
My Favorite Slogan

Stand Sure

A slogan is defined as a "memorable motto or phrase used as a repetitive expression of an idea or purpose." It is no wonder that we have the many slogans that we do in AA, each expressing an ideal or a state that we would do well to remember and incorporate into our daily sober living. And if you Google 'AA slogans', you will find a link to a site listing over 400 AA slogans (who knew there were that many?) and another listing over 280 AA slogans and quotes. You may not know, though, that the word "slogan" is derived from *slogom* which was an Anglicisation of the **Scottish** and **Irish** Gaelic *sluaigh-ghairm* (*sluaigh* "army", "host" + *gairm* "cry") – in other words, a battle cry or a rallying cry. What a good description for the power of our AA slogans. Being of Scottish descent, however, I was intrigued at the Scottish origin of the word. I did a little further research about my Scottish Clan name only to discover that our Clan even had its own motto/slogan: "Stand Sure". I must not have been a good Scottish Clan member. When I was drinking nothing could be further from an accurate description of me. As my drinking progressed, "standing sure" was hardly a rallying cry I made - rarely was I on 'sure' ground in anything I did, let alone 'standing' as the evening wore on. My alcoholism progressed quickly from college weekend keg parties to graduating and becoming a daily maintenance and blackout drinker – all while 'educating the youth of today for tomorrow' as a junior high school social studies and language arts/drama teacher. Often times wearing the same clothes several days in a row, I reeked of booze, cheap after-shave, and stale cigarettes, and was too hung-over to really teach. Lesson plans created in the bar were not as exciting and inventive in the light of the next day as they seemed when both my 'creative juices' and the liquor were flowing the night before. Comments made on turned-in assignments in the haze that drinking too much bourbon produces went from a couple of brief statements on the papers or circling a misspelling, to adding a page of lengthy comments about their style and my plans for their writing careers. Papers returned were often meet with the students coming back with that paper and attached comments in hand asking, "Mr. A., I can't read what you wrote". And, of course, neither could I. An early dose of humility, I would have to readdress the paper, comments and grade. Hardly 'standing sure' in my teaching abilities, my rally cry was more about getting home as 'I need a drink'.

I might have been too drunk to sing, but I knew I could still drive. The police were much more lenient back in 1969 when I was pulled over for DWI. Unable to "stand sure" for a sobriety test - I fell into the gutter at the side of the road while trying to walk a straight line - the highway patrolman saw by my license that I was close to my home address, and let me go. I was promoted to administration. My drinking increased. I used half my sick time by the end of September in that 1971 school year, as I was too hung over and often still drunk to be at school. The only thing I was 'sure' of was that once I started drinking I could not stop, and I couldn't predict just what I would do or where I would end up. That's when I made my cry for help.

I remember the first few meetings. I thought that those 'slogans' people kept saying were, well, stupid. And I couldn't believe that adults were saying those things over and over and over. But those AA Slogans were all I could grasp and remember in those first days of sobriety. Keep in mind that these were 'pre Post-It' days, so I wrote "one day at a time", "easy does it", and "you can do it without booze" on small pieces of paper and taped them to the mirror in the bathroom and about the sink in the kitchen. It was a constant reminder to me on a daily basis. And speaking of slogans, I "kept coming back", I "stuck with the winners", I "counted my blessing", and I did the best I could to "keep it simple" "one day at a time". Throughout my time in AA, "sobriety didn't lose it priority." I didn't drink, I didn't use, I went to meetings, I got a sponsor, I got into service ... and I haven't found it necessary to take a drink since I first came into Alcoholics Anonymous 38 years ago. I still don't drink, I still don't use, I still go to meetings, I still have a sponsor, I sponsor others, and I still do service. What a beautiful life. I don't know if our family Scottish Clan slogan/motto will catch on. I didn't drink, I didn't use, I went to meetings, I got a sponsor, I got into service ... and I haven't found it necessary to take a drink since I first came into Alcoholics Anonymous 38 years ago. I still don't drink, I still don't use, I still go to meetings, I still have a sponsor, I sponsor others, and I still do service. What a beautiful life. I don't know if our family Scottish Clan slogan/motto will catch on. But I know for me that I continue to "Stand Sure" in the program of Alcoholics Anonymous.  
- Steve A
When I went to Stepping Stones (Bill and Lois' home since 1941 until their deaths in 1971 and 1988 respectively) in 2006 I found it very interesting that on Lois's desk there could be found the three main slogans of the AA Fellowship; "Live and Let Live" "Easy Does It", and "First Thing First"! Maybe she borrowed them from Bill, maybe they were hers all along. Who knows?

I like them all. If you stop and think about it, "Live and Let Live" is all about "Love and Tolerance is our Code" and "Easy Does It" is about "...we cease fighting anything and anyone - even alcohol", and certainly "First Things First" seems to be about doing the "next right thing". However, when you look back into the history and review the material it seems that the slogans came from other literature, specifically the St. James version of the Bible, which Dr. Bob and the early members were fond of quoting quite often. I found this on the AA.org web site and thought you might like to use it for your upcoming January "Coin". - John H.

Q: What’s the history of typical AA slogans like “First Things First” and “One Day at a Time”?  
A. We don't have a great deal of information about the origins of AA's slogans and acronyms, but we can provide some sharing and preliminary information. Many of these slogans, as with other practices in AA, were simply passed along verbally to other members, so it is impossible to know who started using them first. It is possible that some of the slogans may have originally stemmed from a part of the Oxford Group Movement language, but it could also be that they were original with Bill and Dr. Bob and the early members.

Members have always inquired as to the origins of various slogans, and it has always been difficult to narrow down; in our research, we discovered a letter written by former GSO Archivist, Frank M., dated 1989, who responded to a similar question that was posed to him. This was Frank’s response, “Your interest in the origins of ‘One Day at a Time’ is shared by many of us. Like hand-holding, however, it’s difficult to pinpoint the exact ‘moment.’” That is the problem we find with most of our AA slogans, unfortunately! We do know, however, that many slogans commonly heard have been around since the early days of the Fellowship.

In December of 1958 Ruth Hock (non-alcoholic), who was AA’s first secretary, wrote a response to a similar question concerning different slogans. In her reply Ruth wrote:

“…Bill [W.] and I first worked together in January 1936 when he had been sober just a little over one year and at that time ‘Easy Does It,’ ‘Live and Let Live,’ and ‘First Things First,’ were part of the daily conversation. They were also used in the very first drafts of the book, but probably only Bill himself could tell you where he picked them up…

“As far as I’m concerned all of the above were introduced into A. A. by Bill W. himself although not original with him.

“Some of these could have been used in Oxford Group meetings but there is no way for sure.”

In addition to Ruth’s response, page 220 of Bill W.’s biography, Pass It On, also addresses this topic: “Some ‘A.A. saws’ were also used as long ago as the late 1930s: ‘First Things First,’ ‘Easy Does It,’ ‘Live and Let Live.’ Because these appear in the first edition of the Big Book (at the end of the chapter on ‘The Family Afterward’), it’s probable that the use of the slogans originated with Bill and that he brought them with him from Vermont – old saws with new teeth.”

A Special Thanks to All Who Sent in Articles for This Month’s Issue!  
The Next Topic is “Sober Horse Thief: Being Dry isn’t Being Sober”  
Please Send Articles to cathyann5116@yahoo.com
My Favorite Slogan

When I started drinking I began the rebellious stage in my life. People could not tell me what to do and when they did, I would disobey them as much as possible. So when I came to the rooms of Alcoholics Anonymous, I was very opposed to the fact that I had to change everything and when I heard people say at meetings "If you go to the barber shop, you will eventually get a hair cut," my skin crawled! I was very stubborn when drinking and it stays with me to this day. However, the longer I'm sober, it disappears a little bit more.

I just had to keep one of my activities in my life that I did when drinking. I love to go dancing so I kept a commitment to myself and go dancing every week. One of the first things I did when I got to the club, was I told my bartender that I'm not drinking anymore and going to AA meetings. He said he was very proud of me. Later on in sobriety I realized that I shot myself in the foot. When I was about six months sober I really wanted to drink and there was going to be a concert that night at the club. I thought about going and getting drunk but then decided it may not be a good night to be around alcohol, so I decided to stay home. When I went back the next week I told my bartender my thoughts from the week before. He told me it would not have mattered, he knows I am sober and would not have served me alcohol even if I had asked.

When I hear people talk at the podium and mention the barber shop I have to say the serenity prayer to myself and remember that I am spiritually fit today and don’t have to take others’ opinions so personally. By working with my sponsor, doing the steps and starting to build a relationship with a Higher Power of my understanding, I have come to love the fact that I can do all sorts of things that alcoholics are not supposed to do (Big Book pg 100). As page 101 in the Alcoholics Anonymous book says, “So our rule is not to avoid a place where there is drinking, if we have a legitimate reason for being there.” - Anonymous

"Easy Does It"...just spoke to me in a way nothing else had for a long time when I was brand new. My sponsor told me to add..."but do it"...to it. I loved that...and equated it with; "Easy Does It"...but do it...one day at a time...don't drink. I came to learn that I could do for 24 hours what I don't have to do for the rest of my life...what a concept...I could "ease" into my sobriety...and if I had an ongoing sink of dishes and a couple of baskets of clothes to fold...it was ok...because I was "easy dizzing it"...easing into sobriety one day at a time...easing into a simple program for complicated people.

When I first came in I was a closet housewife drunk...I just couldn't stop drinking. When we started our family, I left my job and my husband and I took a vow to quit drinking except for a little wine with dinner once in a while...and lead the "good" life. I had been abusing a variety of liqueurs, wines, whiskies & gin to do anything and everything required of me, maintaining during the day, to do my work, but after I put my kids to bed...while my husband was at as an Air Traffic Controller on the late shift for 2 weeks/every 2 weeks out of each month...I then settled into some serious drinking, with "telephonitis" setting in, racking up some serious long distance phone charges all over the country after which I would always promise to "be good"...both to God and to hubby...my favorite last words being; "I'll never drink that much ever again"...

In experimenting I found just the right amount and kind of alcohol that would get me through the care and well being of my 2 little girls, my chores, do the grocery shopping, cook the meals, wax the floors, paint the walls, everything...or so I thought.

Easy does It helped me get a new mind set with the help of my sponsor telling me over and over that if I couldn't get it all done in one day...it was ok...I had too high expectations of myself, that I was a people pleasing, approval seeker and that anything requiring alcohol to accomplish had to be re-thought...that some of those things could be eliminated...easy does it...that if I couldn't do something sober...it may not be worth doing anyway...like going to restaurants, shopping & lunch w/girlfriends, events and family get togethers. But on the other hand, if they were, then easy does it, but do it...sober...ease into the old activities sober and if I couldn't handle them, eliminate them until further on down the road if and when I could do them sober...like being a preschool teacher's aide...sober, so I didn't get sent home from school cuz the alcohol could be smelled on me in spite of the toothpaste, mouthwash and perfume.

Continued on page 7
My Favorite Slogan...continued

My sponsor taught me a super important question to ask myself about everything; "how important is it"? This came in so handy in a lot of areas of my life when I was easy dizzing it into my program. Alcohol was my liquid energy...every day...and my liquid courage as needed...(every day).

She taught me that I had some new daily priorities; reading from my little black book called; Twenty Four Hours A Day, reading the Big Book, and 12 x 12 as assigned, doing my high lighting and writing, keep adding to my Gratitude List, in addition, make a Want list and a Goal list...and of course go to 90 meetings in 90 - days...in addition to my Step work... Easy Does It...minute to minute if necessary. I was taught that if the only thing I did right and accomplished for just one day was simply not taking a drink...then my day was a success. I had Easy Did It!

Easy Does It helped me to realize I don't have to do the laundry every Monday, or wax the floor every Wednesday, or actually any of the stuff on my weekly schedule until I finished with my new priorities for the day...easy does it...but do it. How comforting this slogan was to me because it wasn't a hard nosed command dished out under the guise of "tough love".

Being ever-so--grateful for my sobriety and a new way of life I found myself wanting to shout it from the rooftops, so what better way than through some bumper stickers...I bought 2 of the Easy Does It bumper stickers and affixed them to each side of my rear bumper and a gold praying hands decal which I put at the bottom of my back car window. Needless to say, they brought me tons of unexpected attention on the road...cars and truckers would honk and wave at me...I figured they must be in AA. (mm hmm). It was fun. In September, when I had just over 3 months of sobriety, my oldest little girl started 1st grade so wanting to do my parental/community duty, joined the PTA...and as the women got to know my car...guess what some of their first words to me were?

"What does Easy Does It mean"? Thinking pretty quickly... because after all I had just over 90 days sobriety...the fog was lifting...and not wanting to break my anonymity... replied; "Oh, that's a message to tail-gaters to keep off my 'bumper' "... and they would chuckle. That was fun too.

Pretty soon, I was able to remove my bumper stickers, but have never, ever removed the slogan; "Easy Does It" from my mind as being one of the most effective and important tools of my early days of sobriety...so of course, I pass it on to the special women I am blessed to work with just as it was passed on to me.

As for today, "Live And Let Live" helps me not to sweat the small stuff, always reminding me that; "Love and Tolerance is our code"...as I try to "place Principles before Personalities"...and so much more insight and wisdom in this life saving process called Alcoholics Anonymous.

Danette G, San Jose
Hello everyone,

Here is a list of upcoming COIN topics for the next few months:

Feb  -  Sober Horse Thief: Being Dry isn't Being Sober
March -  Faith
April -  Availing Yourself of a Sponsor
May  -  Acceptance

We have been having great reviews. Thanks for all of your support. The COIN is only as strong as your submissions. If you would like to share a story, article, resource, or poem please email your submissions to me by the 15th of the preceding month to:

cathyann5116@yahoo.com

ARCHIVES CORNER

1. In January, 1985, Dave Q. (a Santa Clara County historian) called the custodian of the American Legion Hall for a photo of the Hall for archives. The custodian was holding a bag which had been left by the Willow Glenn Group which had moved from there in 1978 when the Post Commander asked for higher rent. The custodian had been told to throw the bag away, but he saved it in case some folks from A.A. came in search of it. It contained Group records and some photos, some of which are in our Archives photo displays at Central Office.

2. The ideas of self-help and mutual support as treatments for alcoholism were not original to A.A.. The best known historical antecedent was the Washingtonian Movement of the 1840s, a large group of abstinent alcoholics which vanished when it ventured into all manner of "outside issues", losing it’s focus and it’s way. Many other smaller groups followed a similar path, especially in the late 19th century, among them the Sons of Temperance and the Good Templars. To our great good fortune, co-founder Bill W. collected ideas from these groups as well as other sources. (Our “Singleness of Purpose” may be chief among these ideas.)

In similar fashion, many well-informed non-alcoholics provided guidance and substance to our program: from Dr. Jung we learn of the need for a vital spiritual experience; from Mr. Rockefeller we learn that we don’t need a lot of money and that the little we do need should come from us; the list of those non-alcoholics who gave much of themselves to assist us is long indeed. Our co-founders and our early members did well in collecting such valuable information and forming our program of recovery. We owe so much to so many.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Secretary’s Workshop</td>
<td>10:00AM Central Office</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>2 PI Comm. 6:00PM</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Outreach Comm. Mtg. 6:15PM</td>
<td></td>
<td></td>
<td>PI/CPC Workshop, 10:00AM Central Office</td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13 North County General Service 7:30PM</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>TRADITIONS WORKSHOP 11:00 AM (SEE FLYER INSIDE) Diverter Workshop, 1980 Hamilton Ave., 10:00 am</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PLEASE NOTE:
The PI/CPC meeting location has changed to:

Queen of the Apostles School
Geary Hall
4950 Mitty Way, San Jose
February 2010

Sun  Mon  Tue  Wed  Thu  Fri  Sat

 1  2  3  PI Comm.       4  5  6
        6:00PM
         Outreach Comm.
         Mtg. 6:15PM
         Intergroup Meeting
         7:30 PM

 7  8  9  10 11 12  13

         North County
         General Service
         7:30PM
         Secretary’s Workshop
         10:00AM Central Office

14 15 16 17 18 19  20

         Diverter Workshop,
         1980 Hamilton Ave.,
         10:00 am

21 22 23 24 25 26  27

         South County
         General Service
         7:00PM
         CENTRAL
         OFFICE OPEN
         HOUSE
         10:00—3:00

28

LOCAL EVENTS
Jan. 16: TRADITIONS WORKSHOP, 7511 Gourmet Alley, Gilroy. See flyer.
Feb. 27: CENTRAL OFFICE OPEN HOUSE, 10:00—3:00. See flyer.
June 5: 1st Annual Founder’s Day picnic and blowout celebration. See flyer.

EVENTS AROUND CALIFORNIA
Jan. 29-31: 17th Annual Shasta Winterfest, Redding CA
Feb. 20: “Gratitude in Action”, San Francisco Conference
Mar. 12-14: NCCAA 63rd Annual Spring Conference, San Ramon, CA
June 4-6: 39th Annual H & I Conference, San Ramon, CA

EVENTS AROUND THE COUNTRY
April 23-25: 22nd Annual Big Island Bash, Kailua-Kona, Hawaii
July 1-4: 2010 INTERNATIONAL CONVENTION, “A Vision For You, 75 Years of Alcoholics Anonymous”, San Antonio, TX,
Registration forms available at Central Office
Telephone Calls Received During December

Daytime at Central Office 424
Daytime 12 Step Calls 7
Evening and Weekend calls 386
Evening 12 Step Call information is not available.

An average of just over 8,000 hits are made on our website each month!!

I AM RESPONSIBLE...
WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,
I WANT THE HAND OF A.A. ALWAYS TO BE THERE.
AND FOR THAT: I AM RESPONSIBLE.
To all the members and groups who support us,
WE THANK YOU!

SPEAKER MEETINGS

Weekender Speaker Meeting
Sundays at 6 p.m.
Good Shepherd Lutheran Church
1735 Hecker Pass Road, Gilroy

Grapevine Speakers Meeting
Fridays at 8 p.m.
Presbyterian Church
San Tomas & Homestead, Santa Clara

Second Tradition Group of AA
Saturdays at 8 p.m.
Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers—8 p.m.
Alano Club of San Jose
1122 Fair Avenue, San Jose

Remember We Deal With Alcohol
Saturdays at 8 p.m.
St. Mark’s Church
1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group
Fridays at 8 p.m.
1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital
Sunday at 11:15 a.m.
3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship
Saturday at 10 a.m.
United Presbyterian Church
Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

NEW

Women to Women, Sat. 7:30 AM, St. Francis Episcopal Church, 1205 Pine Ave., at Newport, SJ

Sufficient Substitute, Mon.—Fri., Noon, United Methodist Church (Kohlsed Hall), 1420 Newport Ave., @ Minnesota, SJ

Sisters Seeking Serenity, Wed. 4:00PM, Holy Spirit Episcopal Church (St. Lawrence Hall), 41 W. Rincon, @ Winchester, SJ

CHANGED

Newcomers’ Meeting, Cornerstone Fellowship Group, Masonic Hall, 131 E. Main St., Los Gatos. Changed to 7:30 PM.

INTERNATIONAL CONVENTION

We still have information and registration forms at Central Office and there’s still plenty of time to register.

Please note the informational flyer in this COIN for volunteering at the International Convention.
**HAPPY BIRTHDAY TO ALL!!**

**181 YEARS OF SOBRIETY**

If you would like to participate or honor a friend, please use the birthday forms at your Meeting or Central Office.

**IN MEMORIUM**

A contribution was made by Melody R. to remember BARYL W., whose sobriety date was January 20, 1980.
Mary Pat (IG Chair) – Opened the meeting at 7:33 PM with a welcome, moment of silence and serenity prayer. Approximately 55 were in attendance.

Joann read the “Definition of Intergroup”

New Intergroup Reps introduced themselves: Joann from Sundowners, Gloria from The Easier Way Group, Cameron from The Winchester Fellowship, Tom B. from The Higher Power Hour, Holly from Happy Hour Friday Night, Will as the Alternate Rep for SNL, Marianne from As Bill Sees It Group.

Gloria read “The Twelve Traditions”

Corrections/Additions to the Agenda:

Joe (H&I) corrected his phone number to be 408-655-4733

Mary Pat advised after current agenda is through we will discuss future agenda propositions.

Corrections/Additions to the Previous Months Minutes:

Mike Davis corrected under Central Service Board he is NOT a new member.

Bottom of first page should read July 2010 NOT 2011

Marilyn inquired if we are announcing outside events? If not, Tom Weston Retreat should be removed from the minutes since it is an outside event. Mary Pat advised we can discuss that issue under new business tonight and added to agenda.

David corrected the Traditions workshop is at 11:00 AM NOT 10:30 AM. Mary Pat advised all traditions workshop issues can be discussed under the time allotted to Traditions Workshop.

Motion to accept minutes with corrections was seconded, and passed.

Treasurer Report from Michael – October took in $69.28, gave out $11.60. November took in $77.66, gave out $20.80 bringing balance to $114.54 left plus prudent reserve of $300.00

Announcements:

Pat announced that El Camino Hospital Get Well Sunday Night Meeting at 8PM moved from the old cafeteria to the new meeting rooms, Conference Room G.

Jim announced the Secretaries Workshop is the 1st Saturday of every month

Birthdays: Melissa had 8 years 11/11, Jill had 5 years 11/05, Tammy had 9 years on 11/25, Jason had 1 year the day of meeting 12/02, Edward had 15 years 11/06, and John H. had 26 years 11/11.

Reports:

Mary Pat (Chair) – Thanks to Marilyn, Claudia, and Linda for putting together the potluck and all that they contributed. We have a busy year in store, All Committees are hard at work, let’s stay focused. We have accomplished a lot, and had a great year. Thanks to all!

Gary M. (Alternate Central Service) – Meeting was moved for the holiday, but they reviewed finances. Encourage contributions to be submitted in a timely manner from your groups. Groups are doing great. Inventory done, reconciled and matched. Good records are being kept. Bruce shared valuable information with other offices, Thanks to Bruce for that. 12/19 they will meet again, changing the meeting date for the holiday.

Bruce (Central Office) – Always need volunteers at the office. Send newcomers, or other idle hands. Lending Library is available, CD collection of speakers is available to check out for free. CDs for sale are also being lent. Consequence for not returning a tape – You don’t want to know! No sobriety requirement to come help out.

Tom M (CPC Chair) – EHC life builders event connecting with homeless veterans went well. Wants more involvement with police and corrections dept. Elections are being held for PI Chair, Vice Chair, and Recording Secretary. 2 year sobriety requirement, but it is waivable. 1st Wed of January 2010. CPC is trying to attend as many group business meetings as possible to encourage new reps. Phone is (408)840-6467

Mike M (12 Step Committee-Daytime Phone Coordinator) – All shifts are filled. Things are going well. The problem with the Wednesday shift was resolved. He encouraged all to be a part of the back-up list. A 2 year sobriety requirement and Traditions Knowledge required. Phone is (408)888-0784

Peter C (12 Step Committee-Night/Weekend Coordinator) – Nights and weekends are going good. Last workshop produced new volunteers. We are always looking for 12 step volunteers, 6 month requirement. Next Workshop is 3rd weekend in December 10AM at Hamilton and Leigh.

Lee C. (Outgoing Chair of Outreach Committee) – Mike B is interested in the next term of his position. He will contact Mary Pat with contact info for Mike to possibly be appointed.

Cathy Ann (Newsletter Committee) – COIN is our newsletter, we need articles. Next month they are taking submissions for “My Favorite Slogan” topic. Feb is “Being Dry Isn’t Being Sober”, March is “Faith”, April is “Availing yourself of a sponsor”. Any
articles will be considered. Amendment to current COIN: see page 7 should read see page 6 in Bruce’s article. Mary Pat encourages the group to brainstorm how we can support getting more articles to the COIN.

Marilyn (Activities Committee) – No Report

Other Service Committee Reports:

Unity Day – No Report

NCAA (Bruce gave report for Barbara) – March 12 in San Ramon is next gathering. Flyers are coming.

H&I (Joe) – Our Area, Area 71 brought in $44,581.54 which is very good, please continue. This funds books and literature into institutions. Institutions need help in particular Elmwood has 31 slots not filled for meetings on the men’s side. No count on women’s side. Sobriety requirement is 2 years, 3 years without a misdemeanor, 5 years without a felony, no probation and you will be fingerprinted.

BTG – No Report

North County General Service (Mark Alt. DCMC) – Last month was group inventory. Issues raised about money. How much for translators? Should food per person be changed from the current $4 per day? Phone is (408)437-3119

South County General Service (Larry M Alt DCMC) – Last month was group inventory. Discussion on what to do with the inventory, they are forming a plan of action. A motion was passed for archives to be part of the website www.cnca06.org. Phone is (408)603-3636

Unfinished Business:

Communication/Information Distribution (Cynthia) – Meeting was held about improving communications. Flyers were brought to vote on proposed ideas. Vote order of importance 1 to 8. Flyers were passed out to voting members to conduct voting. Mary Pat tabled the issue to allow time to pass and fill out forms.

Inventory Response (David W) – No Rep Present

Traditions Workshop (Dave) – On track with SCCYPAA with speakers, facility, flyers were late, amends to Bruce, Workshop will be January 16, 2009 11AM to 1PM, then Lunch Followed by 2PM to 4PM Discussion. 7511 Gourmet Alley, Gilroy, CA. Mary Pat encouraged attendance.

New Business:

Mary Pat requested a motion to approve the appointment of Amy F. as the new Unity Day Rep. Peter C motioned to approve, 2nd, Passed. Congratulations Amy!

Mary Pat recommended approval of appointment of Daytime Office Coordinator of Mike.

Re introduced subject of Flyers and events and announcements not AA sponsored. Discussion commenced among members outlining opinions as follows: Upholding of traditions is only announcing AA events, We don’t endorse. What’s definition of non AA?-Retreats, Some retreats are held by groups. If it’s a meeting with an event its AA. Pat G made a motion that as Intergroup Reps we abide by traditions and not endorse or have opinions on outside issues. Will Seconded. Peter asked if we are motioning on a tradition? Other members expressed it has to be said what traditions are, flyers break no tradition. Peter amended the motion with Pats permission that as long as it’s a clean and sober event we allow flyers but no announcements or submissions to AA publications. Pat added an amendment to the motion to put non AA related flyers on a different table. Discussion continued expressing opinions as follows: Are Tupperware parties clean and sober events?, What’s the difference between an individual and an AA group-where the money goes, If we don’t have unity we get drunk, traditions are guides, group or outside events, maybe all activities should be approved. Mary Pat advised she takes responsibility for allowing the announcement that brought the issue to the table. The motion was voted on 10 for, 19 opposed, MOTION DID NOT PASS. Opinions expressed that the motion was too confusing. Andy motioned we allow only group sponsored literature and announcements, 2nd, PASSED.

Cynthia collected voting forms from previous unfinished business

Mary Pat introduced a topic to be discussed at next months meeting, an AA related Event presented by John H. John H. proposed support from Intergroup for the play “Dr. Bob and Bill W” depicting the beginning and history of AA. This is hoped to be part of founders day 2010. Wants endorsement and support from Intergroup. The project is well supported; people are already willing to put up seed money.

Open Forum:

Peter announced Founders Day is June 5th, they are looking for a DJ or anyone that has a small band with a PA system. Intergroup is sponsoring that picnic. Mary Pat advised if you want involvement see Peter

Alicia proposed adding SCCYPAA to the groups reporting under other service committee reports, asked for support with a group inventory, announced Comedy Show on December 19th at Alano East.

Meeting was Adjourned with the Lords’ prayer at approximately 9:05 PM

Recorded in Love and Service by Alicia S.
CENTRAL OFFICE
OPEN HOUSE

SATURDAY, FEBRUARY 27
10:00am TO 3:00pm
274 E. HAMILTON AVE., SUITE D
CAMPBELL, CA 95008

FREE RAFFLES
throughout the day
Great prizes.

HOT DOGS, ETC.

Meet your Central Office staff, visit the archive display, join us for refreshments. You will be surprised at the items carried in inventory and available to you.

MARK YOUR CALENDAR
<table>
<thead>
<tr>
<th>Description</th>
<th>Dec 09</th>
<th>Jan - Dec 09</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Inv Freedom Fellowship 70940</td>
<td>35.00</td>
<td>109.20</td>
</tr>
<tr>
<td>1 INV Fremont &amp; Hollenbeck Group 70907</td>
<td>0.00</td>
<td>1,155.18</td>
</tr>
<tr>
<td>1 INV Fremont &amp; Manet Group 70975</td>
<td>1,470.00</td>
<td>3,503.00</td>
</tr>
<tr>
<td>1 INV R and B Group 70972</td>
<td>134.61</td>
<td>3,015.52</td>
</tr>
<tr>
<td>1 INV Saturday Nite Live Group 70905</td>
<td>140.00</td>
<td>840.00</td>
</tr>
<tr>
<td>1 Inv Seeking Guidance Group 70976</td>
<td>0.00</td>
<td>1,427.56</td>
</tr>
<tr>
<td>1 INV South County Fellowship 70954</td>
<td>210.00</td>
<td>2,975.00</td>
</tr>
<tr>
<td>1 INV Spiritual Progress Group 70904</td>
<td>0.00</td>
<td>360.00</td>
</tr>
<tr>
<td>12 Steps at Noon 303 (Fri.)</td>
<td>70.00</td>
<td>210.00</td>
</tr>
<tr>
<td>3rd Steppers Book Study (Wom) 610 (Thur.)</td>
<td>0.00</td>
<td>443.49</td>
</tr>
<tr>
<td>4 Directions (Fri.) 855</td>
<td>0.00</td>
<td>90.00</td>
</tr>
<tr>
<td>A Vision for You Women’s 802 (Tues.)</td>
<td>70.00</td>
<td>420.00</td>
</tr>
<tr>
<td>A.B.C. Women’s Group 58 (Mon.)</td>
<td>0.00</td>
<td>350.00</td>
</tr>
<tr>
<td>As Bill Sees It 6:00P 518 (Mon.)</td>
<td>0.00</td>
<td>686.00</td>
</tr>
<tr>
<td>Attitude Adjustment SJ 258 (Fri.)</td>
<td>0.00</td>
<td>148.40</td>
</tr>
<tr>
<td>Attitude Adjustment SJ 861 (Thur.)</td>
<td>0.00</td>
<td>164.85</td>
</tr>
<tr>
<td>Attitude Adjustment SJ 886 (Tues.)</td>
<td>0.00</td>
<td>84.30</td>
</tr>
<tr>
<td>Attitude Adjustment SJ 198 (Wed.)</td>
<td>0.00</td>
<td>206.35</td>
</tr>
<tr>
<td>Attitude Adjustment SJ 321 (Mon.)</td>
<td>0.00</td>
<td>395.50</td>
</tr>
<tr>
<td>Attitude Adjustment SJ 443 (Sat.)</td>
<td>0.00</td>
<td>257.51</td>
</tr>
<tr>
<td>Basic 12 &amp; 12 00662 (Mon.)</td>
<td>140.00</td>
<td>525.00</td>
</tr>
<tr>
<td>Basic Big Book Study 803 (Tues.)</td>
<td>0.00</td>
<td>42.24</td>
</tr>
<tr>
<td>Bedmakers Group (Men) 812 (Thur.)</td>
<td>0.00</td>
<td>259.00</td>
</tr>
<tr>
<td>Berryessa Group 527 (Wed.)</td>
<td>0.00</td>
<td>161.00</td>
</tr>
<tr>
<td>Better Way of Living 197 (Wed.)</td>
<td>0.00</td>
<td>376.53</td>
</tr>
<tr>
<td>Big Book Discussion Group LA 107 (Tues.)</td>
<td>0.00</td>
<td>70.00</td>
</tr>
<tr>
<td>Big Book Meeting 160 (Wed.)</td>
<td>0.00</td>
<td>280.00</td>
</tr>
<tr>
<td>Big Book Men's Group (Men) 106 (Tues.)</td>
<td>0.00</td>
<td>231.60</td>
</tr>
<tr>
<td>Big Book Step Study (Men) 325 (Fri.)</td>
<td>0.00</td>
<td>245.00</td>
</tr>
<tr>
<td>Big Book Study Mipts 8:00P 347 (Sat.)</td>
<td>0.00</td>
<td>150.00</td>
</tr>
<tr>
<td>Bill’s Basement 384 (Fri.)</td>
<td>0.00</td>
<td>457.00</td>
</tr>
<tr>
<td>Birthday Contribution 00951</td>
<td>137.00</td>
<td>1,826.00</td>
</tr>
<tr>
<td>Boiled Owls (Men’s) LG 816 (Wed)</td>
<td>318.19</td>
<td>318.19</td>
</tr>
<tr>
<td>Bowers Fellowship 46 (Sun.)</td>
<td>0.00</td>
<td>1,332.54</td>
</tr>
<tr>
<td>California Ave. Supper Group 715 (Thur.)</td>
<td>0.00</td>
<td>626.50</td>
</tr>
<tr>
<td>Cambrian Saturday Night 376 (Sat.)</td>
<td>350.00</td>
<td>2,186.00</td>
</tr>
<tr>
<td>Campus Group 234 (Thur.)</td>
<td>0.00</td>
<td>175.05</td>
</tr>
<tr>
<td>Candlelight Meeting SC 380 (Sat.)</td>
<td>0.00</td>
<td>200.00</td>
</tr>
<tr>
<td>Caveman Group (Men’s Big Book) 659 (Sun.)</td>
<td>0.00</td>
<td>343.00</td>
</tr>
<tr>
<td>Chip Winners Group 168 (Wed.)</td>
<td>0.00</td>
<td>803.95</td>
</tr>
<tr>
<td>Courage to Change 145 (Wed.)</td>
<td>0.00</td>
<td>258.12</td>
</tr>
<tr>
<td>Daily Reflections 432 (Thur.)</td>
<td>0.00</td>
<td>194.95</td>
</tr>
<tr>
<td>Design for Living 200 (Tues.)</td>
<td>0.00</td>
<td>180.00</td>
</tr>
<tr>
<td>Down to Earth Group 563 (Tues.)</td>
<td>0.00</td>
<td>89.00</td>
</tr>
<tr>
<td>Downtown Steppers (Men) 392 (Mon.)</td>
<td>0.00</td>
<td>105.00</td>
</tr>
<tr>
<td>Dr. Bob’s Nightmare 360 (Sun.)</td>
<td>0.00</td>
<td>803.90</td>
</tr>
<tr>
<td>Early Bird 414 (Sat.)</td>
<td>0.00</td>
<td>21.75</td>
</tr>
<tr>
<td>Early Tuesday Group 119 (Tues.)</td>
<td>0.00</td>
<td>1,406.46</td>
</tr>
<tr>
<td>Easier Way Group 290 (Fri.)</td>
<td>0.00</td>
<td>1,449.17</td>
</tr>
<tr>
<td>East Valley Group 322 (Fri.)</td>
<td>0.00</td>
<td>285.00</td>
</tr>
</tbody>
</table>
## Group Contributions

**December 2009**

### El Camino Group 108 (Tues)
- Dec 09: 0.00
- Jan - Dec 09: 128.56

### Eleventh Step Group 167 (Wed.)
- Dec 09: 210.00
- Jan - Dec 09: 420.00

### Eleventh Step Meditation Mtg 276 (Thur.)
- Dec 09: 0.00
- Jan - Dec 09: 361.46

### End of the Line Men's Group 147 (Tues.)
- Dec 09: 43.40
- Jan - Dec 09: 1,014.55

### Evergreen Group 884 (Thur.)
- Dec 09: 0.00
- Jan - Dec 09: 50.00

### Free to Be Me (Women) 736 (Thur.)
- Dec 09: 0.00
- Jan - Dec 09: 42.00

### G Early Bird 70968
- Dec 09: 26.00
- Jan - Dec 09: 26.00

### G Fair Avenue Fellowship 70901
- Dec 09: 144.52
- Jan - Dec 09: 1,352.78

### G Forged From Adversity Group 70957
- Dec 09: 0.00
- Jan - Dec 09: 2,100.00

### G Gilroy Groups 70906
- Dec 09: 0.00
- Jan - Dec 09: 700.00

### G Higher Power Hour 70952
- Dec 09: 0.00
- Jan - Dec 09: 2,835.00

### G Remember We Deal With Alcohol 70938
- Dec 09: 0.00
- Jan - Dec 09: 770.00

### G Serenity at Noon (fka Agnew) 70921
- Dec 09: 0.00
- Jan - Dec 09: 6,138.36

### G Serenity First Fellowship 70902
- Dec 09: 25.00
- Jan - Dec 09: 125.00

### G Sober & Free Conference 70928
- Dec 09: 0.00
- Jan - Dec 09: 252.50

### G Sunrise Group of Palo Alto 70963
- Dec 09: 0.00
- Jan - Dec 09: 1,367.00

### G Sunrisers Group/Carrows 70932
- Dec 09: 510.58
- Jan - Dec 09: 5,992.03

### G Third Tradition Women's Grp(The 70979
- Dec 09: 175.90
- Jan - Dec 09: 2,165.01

### G We Care Group 70934
- Dec 09: 0.00
- Jan - Dec 09: 700.00

### G Winchester Fellowship 70960
- Dec 09: 0.00
- Jan - Dec 09: 456.50

### Gay & Lesbian Sober Experience 896 (Mon.)
- Dec 09: 0.00
- Jan - Dec 09: 215.05

### Gay & Lesbian Step & Tradition G 221(Fr
- Dec 09: 0.00
- Jan - Dec 09: 50.68

### Gay Grab Bag Solution 41 (Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 260.77

### Gay Living Sober Group 21 (Sun.)
- Dec 09: 175.00
- Jan - Dec 09: 385.00

### Gay Men & Women Together 85 (Mon.)
- Dec 09: 171.00
- Jan - Dec 09: 336.00

### Gay Men's Freedom 262 (Thur.)
- Dec 09: 0.00
- Jan - Dec 09: 331.00

### Gay Reflections on the Solution 841(Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 45.76

### General Service 90000
- Dec 09: 0.00
- Jan - Dec 09: 20.00

### Get Up and Go SC (Women) 187 (Sat.
- Dec 09: 606.94
- Jan - Dec 09: 1,416.55

### Get Well Group 17 (Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 527.20

### Grace Group of AA PA 352 (Sat.)
- Dec 09: 287.00
- Jan - Dec 09: 952.00

### Grateful Live Group 535 (Mon.)
- Dec 09: 0.00
- Jan - Dec 09: 1,051.75

### Gratitude Group SJ 339 (Sat.)
- Dec 09: 159.68
- Jan - Dec 09: 299.68

### Happy Destiny (Women) 109 (Tues.)
- Dec 09: 0.00
- Jan - Dec 09: 166.05

### Happy Hour LG 652 (Fri.)
- Dec 09: 0.00
- Jan - Dec 09: 693.00

### Happy, Joyous & Free 650 (Tues.)
- Dec 09: 0.00
- Jan - Dec 09: 717.00

### High Hope SJ 239 (Sat.)
- Dec 09: 201.87
- Jan - Dec 09: 623.87

### HOW Group 71 (Mon.)
- Dec 09: 0.00
- Jan - Dec 09: 750.00

### Humbly Asked 8.00A 87 (Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 178.58

### In the Basement 545 (Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 264.16

### In the Solution 647 (Sat.)
- Dec 09: 0.00
- Jan - Dec 09: 742.00

### Inspiration Big Book 195 (Wed.)
- Dec 09: 0.00
- Jan - Dec 09: 50.00

### Intergroup Council 80909
- Dec 09: 95.86
- Jan - Dec 09: 478.49

### Invaders Group 44 (Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 150.00

### Joy of Living 464 PA (Wed.)
- Dec 09: 0.00
- Jan - Dec 09: 442.15

### Ladies Amethyst AA Study Group 749 (Wed.)
- Dec 09: 0.00
- Jan - Dec 09: 498.30

### Lesbians Living the Promises 349 (Fri.)
- Dec 09: 70.00
- Jan - Dec 09: 350.00

### Linda Davidge
- Dec 09: 200.00
- Jan - Dec 09: 200.00

### Liquor Was But A Symptom 203 ( Thur.)
- Dec 09: 0.00
- Jan - Dec 09: 367.50

### Live and Let Live 24 (Sun.)
- Dec 09: 0.00
- Jan - Dec 09: 150.00
<table>
<thead>
<tr>
<th>Event Description</th>
<th>Dec 09</th>
<th>Jan - Dec 09</th>
</tr>
</thead>
<tbody>
<tr>
<td>Living in the Solution (W) MH 33 (Sat.)</td>
<td>84.21</td>
<td>221.46</td>
</tr>
<tr>
<td>Living with Others 319 (Fri.)</td>
<td>0.00</td>
<td>542.20</td>
</tr>
<tr>
<td>Living with Serenity (Chip) 599 (Wed.)</td>
<td>0.00</td>
<td>343.00</td>
</tr>
<tr>
<td>Lodestar Group/Sober Thoughts 499 (Wed.)</td>
<td>100.00</td>
<td>100.00</td>
</tr>
<tr>
<td>Los Altos Group 225 (Thur.)</td>
<td>0.00</td>
<td>444.80</td>
</tr>
<tr>
<td>Los Altos Men's Group 59 (Mon.)</td>
<td>0.00</td>
<td>527.00</td>
</tr>
<tr>
<td>Los Gatos Big Book 664 (Mon.)</td>
<td>0.00</td>
<td>630.00</td>
</tr>
<tr>
<td>Los Gatos Tuesday Night 110 (Tues.)</td>
<td>0.00</td>
<td>140.00</td>
</tr>
<tr>
<td>Meditation Meeting LA 39 (Sat.)</td>
<td>0.00</td>
<td>221.20</td>
</tr>
<tr>
<td>Men's 4th Step Group 320 (Fri.)</td>
<td>0.00</td>
<td>50.00</td>
</tr>
<tr>
<td>Men's Basic Step Study Group 891 (Tues.)</td>
<td>182.00</td>
<td>981.72</td>
</tr>
<tr>
<td>Men's Group 97 (Mon.)</td>
<td>0.00</td>
<td>491.40</td>
</tr>
<tr>
<td>Men's Honesty Group SJ 26 (Sat.)</td>
<td>0.00</td>
<td>1,946.00</td>
</tr>
<tr>
<td>Men's Single Problem Study 89 (Mon.)</td>
<td>420.00</td>
<td>1,397.00</td>
</tr>
<tr>
<td>Men's Single Problem Study 220 (Thur.)</td>
<td>0.00</td>
<td>1,700.00</td>
</tr>
<tr>
<td>Midday Women's Group 91 (Mon.)</td>
<td>0.00</td>
<td>345.00</td>
</tr>
<tr>
<td>Midweek Spiritual Progress 213 (Wed.)</td>
<td>0.00</td>
<td>420.00</td>
</tr>
<tr>
<td>Monday Midday Meeting PA 714 (Mon.)</td>
<td>0.00</td>
<td>210.00</td>
</tr>
<tr>
<td>Mountain Miracles 882 (Thur.)</td>
<td>0.00</td>
<td>885.50</td>
</tr>
<tr>
<td>Mountain View Group 350 (Sat.)</td>
<td>0.00</td>
<td>525.00</td>
</tr>
<tr>
<td>New Direction 12 x 12 90 (Mon.)</td>
<td>0.00</td>
<td>70.00</td>
</tr>
<tr>
<td>New Life Start 444 (Sun.)</td>
<td>0.00</td>
<td>820.22</td>
</tr>
<tr>
<td>New Nooners 808 (Mon.)</td>
<td>100.00</td>
<td>545.00</td>
</tr>
<tr>
<td>New People's Group 3 (Sun.)</td>
<td>0.00</td>
<td>694.45</td>
</tr>
<tr>
<td>New Steps for Living 20 (Sun.)</td>
<td>0.00</td>
<td>1,673.27</td>
</tr>
<tr>
<td>Newcomers, Oldtimers (Women) 769 (Sat.)</td>
<td>179.90</td>
<td>420.70</td>
</tr>
<tr>
<td>NEWSLETTER</td>
<td>0.00</td>
<td>5.00</td>
</tr>
<tr>
<td>No Bull Big Book 655 (Fri.)</td>
<td>0.00</td>
<td>560.00</td>
</tr>
<tr>
<td>Noble House</td>
<td>0.00</td>
<td>326.90</td>
</tr>
<tr>
<td>Noon Discussion 177 (Wed.)</td>
<td>0.00</td>
<td>75.00</td>
</tr>
<tr>
<td>Oldtimers Meeting 80935</td>
<td>0.00</td>
<td>177.00</td>
</tr>
<tr>
<td>Palo Alto Men's Meeting 525 (Tues.)</td>
<td>0.00</td>
<td>970.54</td>
</tr>
<tr>
<td>Pass It On Group Los Altos 418 (Sun.)</td>
<td>80.73</td>
<td>477.96</td>
</tr>
<tr>
<td>Pathfinders 543 (Fri.)</td>
<td>0.00</td>
<td>24.88</td>
</tr>
<tr>
<td>Personal 00911</td>
<td>89.00</td>
<td>5,677.77</td>
</tr>
<tr>
<td>Plaza Del Rey Group 52 (Sun.)</td>
<td>0.00</td>
<td>226.80</td>
</tr>
<tr>
<td>Positive Outlook Group SJ 368 (Sat.)</td>
<td>35.00</td>
<td>213.00</td>
</tr>
<tr>
<td>Progress Not Perfection 229 (Sun.)</td>
<td>0.00</td>
<td>329.00</td>
</tr>
<tr>
<td>Rincon Men's Fellowship 567 (Thur.)</td>
<td>0.00</td>
<td>910.00</td>
</tr>
<tr>
<td>Saturday Morning Los Gatos 777 (Sat.)</td>
<td>0.00</td>
<td>2,380.00</td>
</tr>
<tr>
<td>Saturday Night Promises PA 847 (Sat.)</td>
<td>0.00</td>
<td>814.80</td>
</tr>
<tr>
<td>SCCYPAA</td>
<td>0.00</td>
<td>638.25</td>
</tr>
<tr>
<td>Second Tradition Group Spkr 721 (Sat.)</td>
<td>350.00</td>
<td>2,464.00</td>
</tr>
<tr>
<td>Serenity at Noon 215 (Wed.)</td>
<td>0.00</td>
<td>175.31</td>
</tr>
<tr>
<td>Shared Gift (The) (Women) 61 (Mon.)</td>
<td>0.00</td>
<td>395.00</td>
</tr>
<tr>
<td>Signs of Sobriety .) 402 (Mon.)</td>
<td>0.00</td>
<td>25.00</td>
</tr>
<tr>
<td>Single Problem Topic 582 (Mon.)</td>
<td>560.00</td>
<td>1,888.70</td>
</tr>
<tr>
<td>Sizzler Group 27 (Sun.)</td>
<td>0.00</td>
<td>700.00</td>
</tr>
<tr>
<td>South Valley Men's 845 (Thur.)</td>
<td>0.00</td>
<td>60.00</td>
</tr>
<tr>
<td>South Valley Women's Surrender 88 (Mon.)</td>
<td>0.00</td>
<td>240.80</td>
</tr>
<tr>
<td>Group Name</td>
<td>Dec 09</td>
<td>Jan - Dec 09</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>--------</td>
<td>--------------</td>
</tr>
<tr>
<td>Speaker Meeting PA 18 (Sun.)</td>
<td>0.00</td>
<td>425.00</td>
</tr>
<tr>
<td>Spiritual Awakening 813 (Tues.)</td>
<td>0.00</td>
<td>8.06</td>
</tr>
<tr>
<td>Spiritual Progress 269 (Thur.)</td>
<td>0.00</td>
<td>433.12</td>
</tr>
<tr>
<td>Spiritual Step Study Group 233 (Sun.)</td>
<td>0.00</td>
<td>823.66</td>
</tr>
<tr>
<td>St. Luke’s Group 113 (Tues.)</td>
<td>0.00</td>
<td>645.00</td>
</tr>
<tr>
<td>St. Mark’s Group 270 (Thur.)</td>
<td>300.00</td>
<td>1,693.65</td>
</tr>
<tr>
<td>Starting the Steps 753 (Fri.)</td>
<td>51.00</td>
<td>151.00</td>
</tr>
<tr>
<td>Step Along (Women) Cup 638 (Wed.)</td>
<td>0.00</td>
<td>160.30</td>
</tr>
<tr>
<td>Step Study (Women) LG 820 (Wed.)</td>
<td>0.00</td>
<td>216.32</td>
</tr>
<tr>
<td>Steps &amp; Traditions 893 (Wed.)</td>
<td>0.00</td>
<td>40.00</td>
</tr>
<tr>
<td>Sunday Early Evening 682 (Sun.)</td>
<td>0.00</td>
<td>696.82</td>
</tr>
<tr>
<td>Sundowners’ Dinner Meeting 768 (Wed.)</td>
<td>0.00</td>
<td>227.50</td>
</tr>
<tr>
<td>Sunshine Group noon 243 (Thur.)</td>
<td>0.00</td>
<td>230.00</td>
</tr>
<tr>
<td>T.G.I.F. Speaker/Discussion 298 (Fri.)</td>
<td>0.00</td>
<td>900.00</td>
</tr>
<tr>
<td>The Other Wednesday Nite (Men) 209 (Wed)</td>
<td>0.00</td>
<td>1,630.00</td>
</tr>
<tr>
<td>There is a Solution (Men) MH 732 (Thur.)</td>
<td>0.00</td>
<td>300.00</td>
</tr>
<tr>
<td>Think Tank (Men) SJ 361 (Sat.)</td>
<td>0.00</td>
<td>3,360.00</td>
</tr>
<tr>
<td>Thy Will be Done (Meditation) Camb 974</td>
<td>0.00</td>
<td>55.52</td>
</tr>
<tr>
<td>Trinity Group 370 (Sat.)</td>
<td>80.00</td>
<td>240.00</td>
</tr>
<tr>
<td>Tuesday Night Saratoga Group 152 (Tues.)</td>
<td>0.00</td>
<td>800.00</td>
</tr>
<tr>
<td>University Beginners 176 (Wed) SC</td>
<td>0.00</td>
<td>174.76</td>
</tr>
<tr>
<td>Unknown</td>
<td>0.00</td>
<td>244.77</td>
</tr>
<tr>
<td>Up the Creek-Daily Reflections 745 (Tues.)</td>
<td>50.00</td>
<td>400.00</td>
</tr>
<tr>
<td>Veterans of Alcohol (Open) 874 (Tues.)</td>
<td>0.00</td>
<td>280.00</td>
</tr>
<tr>
<td>Veterans of Alcohol North (Open)338(Wed)</td>
<td>140.00</td>
<td>260.00</td>
</tr>
<tr>
<td>Villages Group of AA (The) 406 (Mon)</td>
<td>110.04</td>
<td>1,285.45</td>
</tr>
<tr>
<td>We Are Not Saints 12 &amp; 12 520 (Tues.)</td>
<td>0.00</td>
<td>84.00</td>
</tr>
<tr>
<td>What’s Happening Today 552 (Thur.)</td>
<td>0.00</td>
<td>1,118.53</td>
</tr>
<tr>
<td>Winchester Mystery Meeting 102 (Tues.)</td>
<td>0.00</td>
<td>415.00</td>
</tr>
<tr>
<td>Winners Group 440 (Sat.)</td>
<td>0.00</td>
<td>120.00</td>
</tr>
<tr>
<td>Women's Brunch PA 640 (Sat.)</td>
<td>0.00</td>
<td>1,258.65</td>
</tr>
<tr>
<td>Women's Topic Disc. Group 103 (Tues.)</td>
<td>0.00</td>
<td>513.04</td>
</tr>
<tr>
<td>Women on the Move 570 (Wed.)</td>
<td>156.00</td>
<td>156.00</td>
</tr>
<tr>
<td>Women Sharing the Solution 519 (Thur.)</td>
<td>0.00</td>
<td>466.90</td>
</tr>
<tr>
<td>Young at Heart 182 (Wed.)</td>
<td>0.00</td>
<td>14.00</td>
</tr>
</tbody>
</table>

**TOTAL** 9,245.43 127,880.78
TRADITIONS WORKSHOP
Saturday, January 16th, 2010 11 a.m.
7511 Gourmet Alley, Gilroy 95020

An opportunity to learn more about how the Twelve Traditions apply to the life of the Fellowship, how A.A. maintains its unity, and how it lives and grows.

11 a.m. to 1 p.m.  Traditions Speakers
1 p.m. to 2 p.m.  Lunch and fellowship
2 p.m. to 4 p.m.  Discussion

Location between 4th and 5th Streets and Monterey and Egleberry Streets

Presented jointly by:

Santa Clara County Intergroup
and

SccyPaa
Santa Clara County Young People of Alcoholics Anonymous
“Founder’s Day”

*1st Annual*

Alcoholics Anonymous of Santa Clara County


Food, Fun & Fellowship

June 5, 2010

Let’s celebrate the 75th Birthday of AA in a BIG way with…
“Food, Fun & Fellowship”

Admission: $10 per person
Kids under 12 FREE !!!

$6 per car parking fee, Carpool to the event !!! (Recommended)

Location: “Baylands Park” in Sunnyvale
(off Hwy 237 & Caribbean)

- Games (Start 11am)
- Kids Games (Start 11am)
- BBQ Lunch (Noon – 2pm)
- Afternoon Speaker – 2pm
- Door Prizes - 3pm
- Entertainment – All Day
- Softball
- Volleyball
- and much, much more…

Saturday - June 5, 2010
10:00 am to 5:00 pm
Baylands Park – Sunnyvale

Recommend bringing a lawn chair or blanket for afternoon speaker
Volunteer Kick-Off Meeting

A Vision for You

2010 International Convention

JANUARY 9, 2010

HENRY B. GONZALEZ CONVENTION CENTER
200 EAST MARKET STREET
SAN ANTONIO, TEXAS

1 P.M. TO 4 P.M.
BALLROOM A

This is the start of volunteer activities.
We need 4,000 volunteers.
There will be online registration and manual registration.
We will have plenty of assistance to answer all your questions.

Come join us for fun and fellowship.
Meet the GSO (New York) coordinators for the International.

For questions call Bret M at 210-416-7445 or email sanantonio2010@aol.com
www.aa75.org

This is a once in a lifetime event for South Texas!