



Santa Clara County Monthly Intergroup Newsletter

Volume I Issue 8

www.aasanjose.org

August 2006



AAGrapevine Launches

AudioGrapevine

As one of AA's founders, Bill W., expressed it in 1946. "The Grapevine will be the voice of the Alcoholics Anonymous movement. . . . The grapevine will try to carry the AA message to alcoholics and practice the AA principles in all its affairs."

In keeping with AAGrapevine's mission to carry the AA message, AAGrapevine inaugurates AudioGrapevine, a truly portable "meeting in print" that members can listen to on the road, in the gym, or when they cannot get to a meeting. It's also helpful to AAs who have difficulty reading or who don't have much time for reading.

AudioGrapevine offers all the stories from two months of the AAGrapevine magazine – stories of personal recovery, spiritual growth, and hope, plus PO Box 1980, the Editor's Note, and jokes. It's all available at www.aagrapevine.org to download and listen to anytime, anywhere.

It all began with one alcoholic talking to another. It continues with AudioGrapevine at www.aagrapevine.org.

Central Office is now accepting credit cards (VISA and MasterCard)

You can now pay for meeting literature, buy books and make birthday donations, etc. by credit card. .

Concept Eight

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services exercising this through their ability to elect all the directors of these entities



"Above us floats a banner on which is inscribed the new [July 1955] symbol for A.A., a circle enclosing a triangle. The circle stands for the whole world of A.A., and the triangle stands for A.A.'s Three Legacies of Recovery, Unity, and Service. Within our wonderful new world, we have found freedom from our fatal obsession. That we have chosen this particular symbol is perhaps no accident. The priests and seers of antiquity regarded the circle enclosing the triangle as a means of warding off spirits of evil, and A.A.'s circle and triangle of Recovery, Unity, and Service has certainly meant all of that to us and much more." c. 1985, *Alcoholics Anonymous Comes of Age*, page 139

Humility

You don't have to worry about God, because He's sitting right in front of your eyes. You get just a little sobriety, and you get just a little humility. Not the humility of sackcloth and ashes, but the humility of a man who's glad he's alive and can serve.

You get just a little tolerance, not too much, but just enough to sit and listen to the other guy. . . And you realize that if you put all this together, you get a little humility, a little tolerance, a little honesty, and little sincerity, a little prayer -- and a lot of AA. Reprinted from *Experience, Strength and Hope*, pp. 201-202, with permission of A.A. World Services, Inc.

In This Issue

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Ask Auntie Alkie

Auntie Alkie is on vacation this Month.



Tradition 8

Alcoholics Anonymous should remain ever nonprofessional; but our service centers may employ special workers. — Grapevine, July 1948

Throughout the world AA's are 12th stepping many thousands of those sick on our first presentation; past experience shows that most of the remainder will come back to us later on. Almost entirely unorganized and completely non-professional, this mighty spiritual current is now flowing from alcoholics who are well to those who are sick. One alcoholic talking to another, that's all.

Could this vast and vital face-to-face effort ever be professionalized or even organized? Most emphatically, it could not. The few efforts to professionalize straight 12th Step work have always failed quickly. Today, no AA will tolerate the idea of paid "AA therapists" or "organizers." Nor does any AA like to be told just how he must handle that new prospect of his. No, this great life-giving stream can never be dammed up by paid do-gooders or professionals. AA is never going to cut its own lifelines. To a man, we are sure of that.

But what about those who serve us full time in other capacities—are cooks, caretakers, and paid Intergroup secretaries "AA professionals"?

We are beginning to see that our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing 12th Step work. They are just making more and better 12th Step work possible. Secretaries at their desks are valuable points of contact, information, and public relations. That is what they are paid for, and nothing else. They help carry the good news of AA to the outside world and bring our prospects face to face with us. That's not "AA therapy." It's just a lot of very necessary but often thankless work.

So, where needed, let's revise our attitude toward those who labor at our special services. Let us treat them as AA associated, and not as hired help; let's recompense them fairly and, above all, let's absolve them from the label of professionalism. Let us also distinguish clearly between "organizing the AA movement" and setting up, in a reasonably businesslike manner, its few essential services of contact and propagation. Once we do that, all will be well. The million or so fellow alcoholics who are still sick will then continue to get the break we 60,000 alcoholics (*remember, it's 1948*) have already had.

Let's give our "service desks" the had they so well deserve.

Traditions Checklist

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get *some* reward—even if not money—for my personal AA efforts?

4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of the Traditions?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition—How it Developed*?

The Eighth Step



Made a list of all persons we had harmed, and became willing to make amends to them all.

Let me begin by saying that doing the 8th step is very easy to do when you can't be honest with yourself, God, and others! You just

throw some kind of half-ass list together and act like you're ready to make those amends. Sometimes it works; maybe you can fool your sponsor and even yourself for awhile. I'm talking from my experience. I have done this a couple of times. What I received from doing the steps that way, was a lot of guilt, misery, and I almost drank again.

Here is the deal. I didn't want to drink again! My sponsor was smart enough to recognize that I had not been rigorously honest with him, God, and myself. Trust was a big problem for me. I was ready to drink, but somehow I had enough guts to call him before I did. He said for me to come right over to his house. I followed that direction! He told me that if I didn't get rigorously honest with myself and get off all that stuff I was carrying around in my head, that it was just a matter of time before I drank again. He said he knew that I hadn't been honest in my 4th step.

I started over, did all the steps, from the 1st. I had the attitude of desire. I had to be truthful with God, my sponsor, and myself if I was to stay sober. This time it was an entirely different

(Continued on page 8)



Step 8

Made a list of all people we had harmed, and became willing to make amends to them all.

When I look back at my 8th step list, what I think helped me the most was having the right sponsor. In early sobriety I had a couple of sponsors who I took the steps with and after steps 5,6 & 7 told me I had my 4th step list so I could make amends now. I didn't understand how I had harmed anyone based on what I heard from others at meetings. I would listen to people talk about how they had to make amends because they had damaged the property of others, stole money and goods from their employer did not show up for work, ran up bar tabs and didn't pay them off and etc, things I didn't do. I worked for my self, was a commission salesman and didn't hang out in bars. I drank at home by myself mostly and didn't think I bothered anyone. Although one night a neighbor brought me a John Denver record at midnight because he couldn't sleep with the music I was playing. He said he was sick of listening to the same Neil Diamond record I played every night at high volume and wanted something softer. But still I thought I was different and one of those who didn't harm anyone and I believed that for several years.

In my 9th year of sobriety I found the sponsor I have today. At that time he had 45 years of recovery and sponsored several men who had gone from being what I saw as sober members of Alcoholics Anonymous to recovered members and who were very active in service. We would meet on a regular basis and review my steps. When I told him how I hadn't harmed anyone he suggested strongly that I read the paragraph in the 12 & 12 at the bottom of page 80 where it explains what kind of harm people do to one another. He suggested that I make a list of all of my significant relationships in my life and look at how they had all ended, because they had ended, and look at my part!! It does say on page 81 of the 12&12 last paragraph "Then, as year by year we walk back through our lives as far as memory will reach, we shall be bound to construct a long list of people who have, to some extent or other, been affected".

After I made the list I thought of what my behavior was like as I looked at the names. I could see that if things didn't go my way I would do whatever I could to get my way, regardless of the outcome. For example: when I was newly divorced from my first wife and had my kids every other weekend I thought nothing of dumping them off with a babysitter so I could go drinking with my latest girlfriend. The last girlfriend I had before I came into AA told me to go find somebody else's life to ruin because I had certainly ruined hers. I was beginning to see how I had harmed others. I didn't steal their property I stole their joy of living, their peace of mind!!

My sponsor told me that in doing the 8th step I only had to make a list and be willing to make amends to everyone on that list. Then I had to forgive them and then we would talk about doing the 9th step and he would work with me on that

John P. (San Jose)

Autobiography in 5 steps

I.

I walk down the street.
There is a hole in the sidewalk.
I fall in – I am lost...
I am helpless – It isn't my fault.
It takes forever to find a way out.

II.

I walk down the same street.
There is a deep hole in the sidewalk.
I pretend I don't see it.
I fall in again.
I can't believe I am in the same place.
But, it's not my fault.
It still takes a long time to get out.

III.

I walk down the same street.
There is a deep hole in the sidewalk.
I see it is there.
I still fall in...
It's a habit my eyes are open.
I know where I am.
It is my fault.
I get out immediately.

IV.

I walk down the same street.
There is a deep hole in the sidewalk.
I walk around it.

V.

I walk down another street





A couple of weeks ago a friend of mine sent me a prayer entitled "An Old-Timer's Prayer." I thought that it would be interesting to see the same thing from an AA perspective. Today, as I celebrate 22 years of continuous sobriety in the program of Alcoholics Anonymous, I offer you the prayer that I have written. *Penny P*

AA Old-timer's Prayer

God, keep me from the habit of thinking that I must volunteer in every meeting no matter what the topic. Keep my mind free from the recital of endless details and give me wings to get to the point. Remind me to guard confidences and to keep still when I feel that it is necessary to share information "just for some one's own good." Release me from the need to straighten out everybody else's thinking and program. God, I ask for the grace to listen to newcomers. Please help me to remember the patience with which others listened to me when I was new. Please seal my lips to giving advice, and help me to remember to share my experience, strength, and hope. Remind me that my purpose is to fit myself to be of maximum service to You and the people around me.

Help me to remain teachable, God. Teach me (again!) the lesson that, occasionally, it is possible that I may be wrong and remind me of the freedom that I gain when I am able to promptly admit it and make amends where necessary. Help me to remember the difference between making amends and saying I'm sorry. Help me to be a worker among workers, a friend among friends, and a drunk among drunks. Keep me from being a bleeding deacon, God, and help me to walk the path towards being an elder statesman. Keep me ever mindful that

I cannot manage my own life. I don't want to be a saint, God, show me the way to seek you so that I may continue to grow along spiritual lines. Remind me to put Rule 62 into practice in my life. It is so easy to take myself too seriously. Keep me free of gossip, character assassination, and judgment. Remind me that although I have humbly asked, my character defects and shortcomings arise when I least expect them. Help me to walk with serendipity, to see good things in unexpected places and talents in unexpected people and give me the grace to tell them so. Help me to see that You love each of Your children, and that You do not need my opinion of them or suggestions on what they might deserve. Help me to be willing to accept Your answer to my prayers, whether or not it is the answer that I thought I wanted.

You know that I have trouble with acceptance sometimes, God, so there are times when You will need to help me to be willing to be willing. Show me how to walk through life with grace, dignity, and my head held high, carrying Your message and practicing these principles in all my affairs.

And God, thank You for the people that You have put in my life. My family, of origin, and of AA. My sponsor, my sponsees, my sister sponsees, the people of my home group, the women who first reached out their hands to welcome me to the fellowship

of Alcoholics Anonymous. I know today, God, that I could not have walked these steps to get from where I was when I walked in the door to the woman that I am today, if it were not for the blessings You have given me through Your precious children. Thanks, God



Walk day by day in the path of spiritual progress. If you persist, remarkable things will happen. When we look back, we realize that the things which came to us when we put ourselves in God's hands were better than anything we could have planned. Follow the dictates of a Higher Power and you will presently live in a new and wonderful world, no matter what your present circumstances!

c. 2001 AAWS, *Alcoholics Anonymous*, p. 100

With permission, Alcoholics Anonymous World Services, Inc.

In Loving Memory—Diane E. passed away in her sleep on July 23. Diane was with us just short of two years. She was known as "Boston Diane" and her infectious laugh filled many of our meeting rooms.

Diane shared at the Tuesday Women's Meeting that even though she was sad at the loss of her dog, Gorgeous, she felt like she was in a state of grace, wrapped up in God's cloak of love.

Her enthusiasm for carrying the message and her incredible generosity will be remembered and missed by us all.



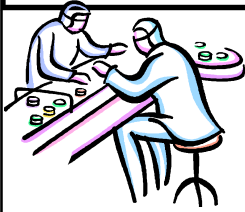
James H., the last link to the spiritual roots and the early days of A.A., passed away on July 30, 2006. He was 100 years old and had 71 years of continuous sobriety. He got sober the day after Bill W. You can find out more about this remarkable gentleman by going to <http://www.aabacktobasics.org/>

Thought to Ponder . . .

Take a walk with God.

He will meet you at the Steps.





Guess What?

Considering that alcohol has been around for at least 6,000 years, and that historians think it may have been invented even before bread, and that 70% of the adult American population uses

it, and that it once accounted for half the police activity in the country, and that the federal government spends about \$200 million a year studying it, the ignorance confusion and self-delusion surrounding alcohol is absolutely stupendous.

Take the news that alcohol consumption has dropped steadily over the past 15 years. It's true. There has been a big shift in attitude about drinking since the 1970s, when a quarter of the New Yorker magazine's cartoons portrayed someone with a drink, and the three-martini lunch was very much alive. Nowadays you can drink Perrier all night at a party and guests don't wonder if you're a recovering alcoholic. The cocktail hour before corporate board meetings is a relic, and eyebrows go up invisibly if at a business lunch.

IF YOU HAVE CROSSED OVER the line to join the huge mass of other competent, successful people who have a booze problem, you will be relieved to know that attitudes toward alcoholism have changed a lot. Twenty years ago it was seen as the product of personal weakness and incurable personality flaws. Incredibly, some psychiatrists even argued it was a form of suppressed homosexuality (drinking is oral, see, and ...). But as 40-year-long studies of Harvard students and kids from inner-city Boston have determined, there's no clear-cut future- alcoholic personality. In fact, the people who seemed most likable and well adjusted when young turned out to be a tad more likely to run into trouble.

There is no litmus test for borderline alcoholism, and if you're interested in finding out exactly how much you can drink without technically qualifying as a person with a drinking problem, don't bother.

The only important judge of whether you're an alcoholic is yourself, because that's who has to correct the problem, and as everyone knows, alcoholics are fabulous at coming up with reasons why their excessive consumption doesn't mean they qualify. It's part of being a salesman, I can hold it, I can stop anytime, etc. The simplest definition is almost a tautology: If alcohol is causing you problems, and **you keep drinking anyway. you've got a problem with alcohol.**

Don't gauge yourself by whether you're having alcohol-related difficulties at work, Says George Vaillant, the professor of psychiatry at Harvard Medical School who runs those studies of Harvard students:

"The Last symptom before you're sleeping in the Bowery is trouble at work. Everything else occurs first." For a variety of reasons, executive and professional types probably can hide alcohol abuse from co-workers better than most. Much earlier indicators: spats with the wife, falling asleep and ignoring the

kids, warnings from your doctor that certain liver enzymes are high, gastric trouble, sexual dysfunction, car accidents.

You want numbers anyway. Ounces, probably. First, a not-so-amusing observation that researchers have made when they ask people how much they drink: The numbers don't add up. Of the 447 million gallons of pure alcohol consumed annually in the US--that's equivalent to more than 500 cans of beer per adult--mysteriously, 40% to 60% cannot be accounted for in surveys. Some of that is because pollsters didn't quiz the folks living under the bridge abutments. But more often, people report their most common drinking pattern--what they have on Mondays, Tuesdays and Thursdays- -and ignore poker night on Wednesdays, happy hour on Fridays, all-day sipping and parties on Saturday, and six-packs with football on Sundays. It adds up very quickly, and a lot of people who find themselves neck deep in trouble with booze are stunned to realize how much they really consume.

These are the numbers, and be careful how you use them. First, experts do not define a "drink" as a large water goblet brimming with scotch. A drink is a half-ounce of ethanol, the amount in one 12- ounce beer, an ounce and a half of 80-proof liquor, or four ounces of wine.

Beginning about 17 years ago, Dr. Marc Shuckit, of the veterans' hospital in San Diego, gave controlled doses of liquor to more than 450 college students. About half were the sons of alcoholics, and half were not.

Shuckit found that roughly 40% of the students with alcoholic fathers had low reactions to alcohol, based on several measures, while only 10% of the other students could hold liquor well. Ominously, he found in follow-up studies that 60% of the sons of alcoholics who could drink a lot without much effect went on to become alcoholics. Only 15% of the students who got drunk quickly became alcoholics.

Why? Nobody knows for sure. Shuckit says he can't find evidence that the hollow-leg students had personalities different from the easily sloshed ones. It seems, though, that people who get drunk easily simply drink less. They are less likely to consume so much that their bodies adapt to the high doses and need ever bigger amounts to get high. If they drink a lot with their fraternity brothers on Friday, they're too sick on Saturday to do it again. The two-fisted drinkers, admired in some perverse way by their peers for their prowess, are ready to party again on Saturday. They may gradually develop a circle of other high-tolerance friends, where everyone is drinking two or three times as much as a normal person just to get the same effect.

Source: Fortune Magazine
March 1995



NAME THE NEWSLETTER

At UNITY DAY

POPULAR VOTE WINS!!

SPEAKER MEETINGS

Weekender Speaker Meeting

Sundays at 6 p.m.

Good Shepherd Lutheran Church
1735 Hecker Pass Road, Gilroy

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church

San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

790 Coe Avenue (Willow Glen) SJ

Saturday Night Speakers—8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale



Telephone Calls Received During July

Daytime at Central Office 508

Daytime 12 Step Calls 9

Evening and Weekend calls 368

Evening 12 Step Call information is not available.

WHEN ANY ALCOHOLIC, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.

Groups contributing to your Central Office make it possible to provide telephone service and coverage so that someone is always available to the caller in need. We also have a listing in the white and yellow pages of the phone books for all the cities in Santa Clara County.

WE THANK YOU!

MEETING CHANGES

Deleted -

Sandia Big Book Study, 1251 Sandia Ave., Sunnyvale, Wednesday 7:00PM

Moved -

449 Acceptance Group, Mid-Peninsula Alano Club, 1155 Reed Ave., Sunnyvale, Tuesday, Noon.

Changed -

Men's Single Problem Discussion, Thurs., Campbell. Time changed to 8:00 PM



New:

SCCYPAA Speaker Meeting, 3rd Saturday each month, Mid-Peninsula Alano Club, 1155 Reed Ave., Sunnyvale, 8:00PM

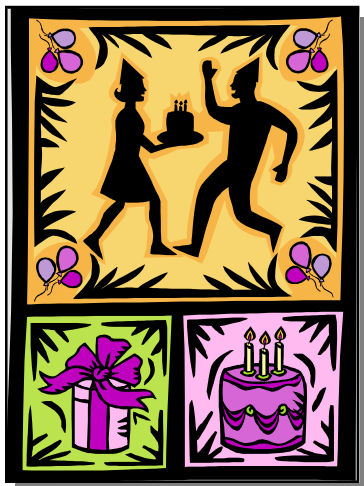
Four Week Step Study Meeting Begins

Sept. 12 at Denny's on Bascom Ave. (across from The Pruneyard) at 7 PM)

S W A T = Surrender, Willingness, Acceptance, Trust.
Thought to Ponder . . .The task ahead of us is never as great as the Power behind us.

Birthdays Contributions

Name	Years	Gift From	Birthday
2nd Tradition Group	296	Various Members	numerous
Linda D.	28		07/17/1978
Nancy H.	20		07/17/1986
Paul G.	1	Mom	07/19/2005
Ed S.	22		07/20/1984
Bert J.	24		07/20/1982
Al E.	55	The Colonel & Pat C.	07/22/1951
Diane E.	2	Anonymous Friends	In Memoriam



HAPPY BIRTHDAY

For a total of

445 YEARS OF SOBRIETY

and for a total contribution **\$464.00**

If you would like to participate or honor a friend, please use
the birthday forms at your Meeting or Central Office.

(Continued from page 2)

journey—the truth. That's a major change!

Here is the way it went when I finally got rigorously honest in all the steps. I let down the distrust barrier and let it all go when sharing my 5th step. We did steps 6 and 7 that same day. I was waiting for a miracle. I thought all my character defects would just disappear—I guess. He told me to make my 8th step list using my 4th & 5th as a guideline, but there were many others I had harmed that didn't show up in those steps. Just be honest and come back to him and we would decide who to actually make amends to. It is very hard to just talk about the 8th step alone. All the steps before made it possible for me to do an honest 8th step.

I left my sponsor's house thinking about the list. Suddenly I remembered, I just did steps 6 & 7 before 8. I was entirely ready to have my defects of character removed, had prayed and humbly asked God to remove my shortcomings. The thought came to me that there were some people that I was not going to make amends to. They were wrong—it was their entire fault. Sound familiar? This is where I discovered that just because I prayed for my character defects to be removed that it didn't mean they were gone. I had a choice to make. I could continue with the character defects I had practiced—pretty much all my life—or I could start to change. I chose to change. I started trying to look at myself, to catch my character defects as I practiced, I became conscious of them. I have to practice this everyday! I have to try to see myself the way other people see me! I also have to be willing to learn how to forgive others and myself, praying for my enemies. This also takes a lot of practice. I made an honest list, including the ones I wasn't willing to make amends to. This was the real beginning to peace and serenity.

Thank God for Step 10, though. I couldn't remember everyone that I had harmed at that time. As I remember things, sometimes years later, I promptly made my amends.

Practice! Practice! Practice! Mike I.

Great Example!

Intergroup Central Office
274 E Hamilton #D
Campbell, CA 95008

We are a group of AA Women from the Santa Clara Valley who have been getting together at the beach about once a year to celebrate sobriety. This year we experienced some difficulties finding a rental and decided to disband our group as such. The group would like to donate the rental deposit money,(\$700), to our beloved Central Office.

With gratitude,
Jinny S

Dear Women on the beach,
Thank you so much for your generous contribution. As you know, it will be put to good use!
Your Central Office



Bill W & Dr. Bob on 78 RPM Vinyl Records

In April 1947 Rockhill Records released a two volume set of Bill & Dr. Bob speaking.



Two-thirds of the population consumes alcohol, but 10% of drinkers drink half of all alcohol consumed!

AUGUST 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Secretaries Workshop
6	7	8	9 IG Meeting Outreach Comm. PI/CPC Comm.	10	11	12 PI Workshop
13	14	15	16 North County General Service Mtg.	17	18	19 Newsletter Comm. SCCYPAA
20	21	22 South County General Service Mtg.	23	24	25	26
27	28	29 H & I Committee	30	31		

LOCAL EVENTS

UNITY DAY -August 27, 2006 See flyer in this Newsletter

OLDTIMERS MEETING September 16, 2006

See flyer in this Newsletter

EVENTS AROUND CALIFORNIA

2006 Redwood Coast Roundup August 25—27, 2006,

Fortuna, CA www.redwoodcoastroundup.org.

20th Annual AA Rally September 29—October 1, 2006,

Crescent City, CA Barry S. (707) 464-4485

or George L. (707) 464-8151

22nd Annual Women's Symposium

August 13, 2006, Pleasant Hill, CA

Call Denise P. (925) 285-3785

Summer Serenity in the Sierras

August 11—13, 2006, Oakhurst, CA

River City Roundup 2006

Hosted by Gay and Lesbian members of AA

November 10—12, 2006, Sacramento, CA www.rcru.com

23rd Annual Serenity In Yosemite

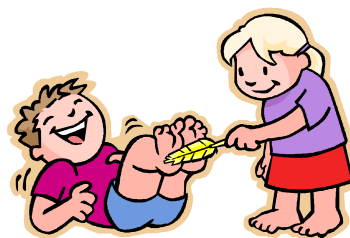
November 17—19, 2006, Yosemite National Park

Call (209) 966-8300 or Email: serenityyosemite.com

INTERNATIONAL EVENTS

43rd International Women's Conference

February 15—18, 2007, Detroit, MI www.iaawc.org



SANTA CLARA COUNTY INTERGROUP COUNCIL

MINUTES MONTHLY MEETING

August 2, 2006

- Xavier, Intergroup Chairperson, opened the meeting at 8:01pm, followed by A Moment of Silence, and the Serenity Prayer.
- Darrin read the short Definition of Intergroup.
- There were 50 people attending.
- Elfrieda read the Twelve Traditions.
- There was one addition to the agenda: Brian K. asked IG to consider/discuss a new policy that would allow meetings that are held in private homes be included in the Meeting Directory. No action was taken.
- There was one correction to the previous month's minutes: Jerry R noted that IG donated \$650 to Unity Day as opposed to \$600 previously reported.
- Intergroup Council Treasurer's Report: Chuck G.

Beginning Balance:	07/05/06	\$30.86	Prudent Reserve: \$90.00
Contributions:	07/05/06	\$47.00	
Refreshments:	07/05/06	\$12.00	
Rent is paid to October 1, 2006			
Balance:	08/02/06	\$65.86	Prudent Reserve: \$90.00
- Announcements: SCCYPAA is hosting a speaker meeting and dance the 3rd Saturday of every month at the Mid-Peninsula Alano Club. Call Liz at 408-509-1438 for further information.
- Birthdays: Francisco, 4 years; Mary, 3 years; Brian K., 6 years; and Ed, 22 years.

Reports:

1. Intergroup Chair – Xavier
 - a. Apologized for any inappropriate influence he may have had in the election of Maxine Sanchez (his wife) as Diverter Coordinator.
 - b. IG elections are due to take place in October. Asked for volunteers for this year's Nominating Committee. Open positions are Intergroup Chair, Intergroup Alternate Chair, 3 Central Service Board Members, Diverter Coordinator, and Refreshment Coordinator. Marshall R, 408-373-5212; Kathy H, 408-781-3044; and Jerry R 408-262-2778 volunteered to form the Nominating Committee. They were charged with finding a fourth member for the committee. Mary Pat volunteered to provide the committee with copies of job descriptions for the open positions.
2. Central Service Board – Mary Pat
 - a. Ninety-nine percent of the time of the recent CSB meeting was devoted to policy review. This task should be completed by the time the new board members are elected.
 - b. Prudent Reserve is currently 4 months behind due to the cost of the new copier.
3. Central Office – Bruce
 - a. No Newsletter yet due to newsletter staff commitments.
 - b. Financially, July is a little slower this year than last.
 - c. Introduced new Diverter Coordinators Maxine and Mel, who have stepped in when Joyce Huckabee had to resign due to other commitments. The group expressed unanimous appreciation to Joyce for doing this difficult job.
 - d. Bruce will attend the Northern California Central Office Managers Meeting in Santa Rosa later in August.
 - e. Central Office now takes credit cards for purchases and contributions.
 - f. The Grapevine is now offering an auditory subscription, although feature stories may be heard initially free of charge. The website is aagrapevine.org/gv/current.

- g. Noted that the sign-in sheet for IG has grown since last January from 2 ½ pages to 6 pages due to many new members.
 - h. Bruce celebrated 2 years as Central Office's manager on July 12. (A rousing round of applause of appreciation.) He expressed his gratitude.
4. PI/PCP – Francisco
- a. The position of vice-chair has been filled.
 - b. Reported on upcoming presentations to DUI classes, etc.
 - c. Will have a table as well as conduct a workshop at Unity Day.
 - d. Their contact list is up-to-date with e-mail addresses for better efficiency.
 - e. The next workshop is at Central Office at 10am on August 12.
 - f. The Book Coordinator position is currently open. Many books distributed to public libraries. Those that are left over are being distributed to high schools. Looking for more volunteers to assist with this effort. New volunteers will need to take the workshop first.
5. Twelfth Step Committee
- a. Daytime – No report
 - b. Nights and Weekends – Maxine
 - a. Reported on a meeting with Mel, Bruce, and herself to plan Diverter Workshop at Unity Day, a possible separate Diverter Workshop for new and experienced diverter workers and coordinators.
 - b. The next coordinator meeting is at CO on 8/12 from 1-3pm.
 - c. The Alternate Diverter list needs updating.
 - d. Strongly encouraged IG reps to announce to their groups the need for diverters.
 - e. Discussed the difficulty for diverter workers to find someone willing to make 12 step calls.
 - f. Contact Maxine at 408-686-0342 or (cell) 408-499-3338, and Mel at 408-295-5699.
6. Outreach – Paul C
- a. Welcomed Kathy, a new member to the Outreach Committee
 - b. Noted that the many visits to many of the groups is paying off with a number of new IG reps in attendance. Aim is to grow IG.
 - c. Outreach Committee meets before IG at 7pm at CO on the 1st Wednesday of the month.
 - d. Contact Paul at 408-358-2464.
7. Other Service Committee Reports
- Unity Day: Jerry R reported plans are going well for Unity Day, August 27, in Milpitas. Many workshops, great speakers, free food. Bring your sponsees and sponsor.
 - NCCAA: No Report.
 - H&I: Robert reported that H&I needs volunteers. Qualifications range depending on the institution. Committee meets on the 4th Tuesday of each month at Lee and Hamilton, 7pm. Contact Robert at 408-497-5151.
 - BTG: No Report.
 - North County General Service: Brian K. Summer Assembly is in Fortuna on August 12.
 - South County General Service: Raymundo reported on the election of a new DCM.

UNFINISHED BUSINESS - None

NEW BUSINESS – Liz agreed to be the SCCYPAA liaison with Intergroup.

OPEN FORUM – None

With no further business, the meeting was adjourned at 9:07pm.

Respectfully submitted,

Alison S.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Profit & Loss
July 2006

	<u>Jul 06</u>	<u>Jul 05</u>	<u>Jan - Jul 06</u>
Ordinary Income/Expense			
Income			
3030 · Contributions-General	12,520.08	13,743.23	74,552.57
8010 · Literature Sales	4,988.14	5,833.04	43,055.65
8060 · Newsletter Subscriptions	25.00	20.00	595.00
Total Income	<u>17,533.22</u>	<u>19,596.27</u>	<u>118,203.22</u>
Cost of Goods Sold			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold (Excl. Mtg. Dir. after 6/1/06)	2,394.47	3,422.37	27,219.32
5150 · Cost of Meeting Directories (After 6/1/06)	722.51	0.00	990.48
Total 5000 · Cost of Goods Sold	<u>3,116.98</u>	<u>3,422.37</u>	<u>28,209.80</u>
Total COGS	<u>3,116.98</u>	<u>3,422.37</u>	<u>28,209.80</u>
Gross Profit	14,416.24	16,173.90	89,993.42
Expense			
6010 · Alarm Service	177.00	168.00	531.00
6030 · Accounting and Legal Fee	690.26	442.88	5,588.15
6060 · Amortization of Improvements	0.00	0.00	3.25
6120 · Computer Expenses	0.00	29.95	873.00
6140 · Conferences - Office Manager	0.00	0.00	1,352.65
6150 · Unity Day Expense	0.00	0.00	590.00
6160 · Copier Expense	399.70	0.00	533.17
6190 · Depreciation Expense	0.00	0.00	3,222.75
6220 · Insurance - Worker Compensation	0.00	0.00	743.35
6230 · Insurance - General Liability	0.00	0.00	565.09
6240 · Employee HRA Plan	549.70	0.00	4,047.77
6245 · Internet Access Charges	19.95	19.95	139.65
6330 · Office Expense	482.98	66.66	3,281.46
6350 · Office Furnishings - Expense	0.00	0.00	516.33
6370 · Office Paper Supply	0.00	0.00	317.96
6380 · Payroll Taxes	524.48	543.95	3,705.57
6410 · Postage	282.75	0.00	1,416.26
6480 · Rent	2,217.25	2,153.90	15,457.40
6510 · Repairs & Maintenance	0.00	0.00	88.21
6540 · Salaries - Office	6,180.29	6,050.77	43,014.26
6600 · Signing Services	0.00	250.00	1,350.00
7010 · Taxes and Licenses	0.00	0.00	60.00
7050 · Telephone	22.00	404.23	555.98
9080 · Sales Tax (Sales tax paid on purchases)	0.00	-0.06	0.00
Total Expense	<u>11,546.36</u>	<u>10,130.23</u>	<u>87,953.26</u>
Net Ordinary Income	2,869.88	6,043.67	2,040.16
Other Income/Expense			
Other Income			
8030 · Interest Income	166.41	60.10	1,343.69
Total Other Income	<u>166.41</u>	<u>60.10</u>	<u>1,343.69</u>
Net Other Income	166.41	60.10	1,343.69
Net Income	<u><u>3,036.29</u></u>	<u><u>6,103.77</u></u>	<u><u>3,383.85</u></u>

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Balance Sheet
As of July 31, 2006

ASSETS

Current Assets

Checking/Savings

1010 · Petty Cash	225.00
1035 · Bank of America (Bank account)	8,084.40
1036 · Bank of America CD 5247 (10 mo CD @ 4.16%, 01/17/07)	12,331.16 *
1039 · Bank of America CD 5717 (12 mo. CD @ 3.73%, 1/23/07)	14,668.76 *
1040 · Bank of America CD 5718 (12 mo. CD @ 3.73%, 1/23/07)	14,683.51 *
1041 · Bank of America CD 5931 (18 mo. CD @ 3.39%, 2/28/07)	14,445.10 *
1042 · Capital Preservation Fund (Treas. fund currently @ 4.45%)	3,170.91 *

Total Checking/Savings 67,608.84

Accounts Receivable

1110 · Accounts Rec - Group Deposits	-443.27
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Total Accounts Receivable -443.27

Other Current Assets

1250 · Literature Inventory	16,075.41
1310 · Prepaid Insurance	1,232.66

Total Other Current Assets 17,308.07

Total Current Assets 84,473.64

Fixed Assets

1630 · Office Equipment	37,893.18
1640 · Office Furnishings - Asset	2,197.84
1641 · Less Accumulated Depreciation	-16,834.50
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	-127.50

Total Fixed Assets 23,429.02

Other Assets

1860 · Deposits	1,993.85
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Total Other Assets 1,993.85

TOTAL ASSETS 109,896.51

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Other Current Liabilities

2240 · Sales Tax Payable (Sales Tax Payable)	342.46
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Total Other Current Liabilities 342.46

Total Current Liabilities 342.46

Total Liabilities 342.46

Equity

2740 · Unrestricted Funds	95,777.91
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3900 · Retained Earnings	10,393.73
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Net Income	3,382.41
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Total Equity 109,554.05

TOTAL LIABILITIES & EQUITY 109,896.51

* Our Prudent Reserve Accounts total: **\$59,299.44**
This represents 5.41 months of operating expenses. The Board established goal is 9 months operating expenses.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions**

July 2006

	Jul 06	Jan - Jul 06		Jul 06	Jan - Jul 06
1 INV Freedom Fellowship 70940	25.00	553.40	Mon. Men's Single Problem Study 89	1,835.00	2,335.00
1 INV Fremont & Hollenbeck Group 70907	1,050.00	1,050.00	Mon. Men's Single Topic Discussion 582	595.00	595.00
1 INV R and B Group 70972	0.00	1,361.58	Mon. Midday Meeting 714	0.00	105.00
1 INV Saturday Nite Live Group 70905	0.00	1,566.78	Mon. Midday Women's Group 91	0.00	392.76
ACYPAA	0.00	628.75	Mon. Signs of Sobriety 402	0.00	25.00
Birthday Contribution 00951	464.00	3,110.50	Mon. South Valley Women's Surrender 88	0.00	60.20
Copier Contributions	0.00	900.00	Mon. Villages Group of AA (The) 406	0.00	715.00
Fri. 12 Steps at Noon 303	0.00	170.00	Personal 00911	39.00	1,151.14
Fri. Big Book Speakers Group 289	0.00	34.04	Sat. Attitude Adjustment 443	170.00	170.00
Fri. Easier Way Group 290	0.00	519.80	Sat. Big Book Study 8.00P 347	100.00	100.00
Fri. East Valley Group 322	50.00	300.00	Sat. Cambrian Saturday Night 376	315.00	1,190.00
Fri. Fireside Group 297	0.00	41.00	Sat. Early Bird 414	0.00	160.00
Fri. Gut Level Group 288	70.00	140.00	Sat. Grace Group of AA 352	0.00	467.40
Fri. In the Chapel 13	0.00	25.00	Sat. High Hope 239	0.00	551.20
Fri. Lakewood Group 332	0.00	97.30	Sat. In the Solution 647	140.00	140.00
Fri. Lesbians Living the Promises 349	94.25	288.46	Sat. Living in the Solution (Women) 33	0.00	60.00
Fri. Living Solutions 728	0.00	101.63	Sat. Meditation Meeting 39	0.00	91.00
Fri. No Bull Big Book 655	0.00	140.00	Sat. Men's Honesty Group 26	0.00	854.70
Fri. Saratoga Group 328	0.00	341.00	Sat. Morning Fellowship 381	0.00	60.00
Fri. Saratoga Serenity Group 329	0.00	315.00	Sat. Morning Los Gatos 777	0.00	1,330.00
Fri. Starting the Steps 753	280.00	380.00	Sat. Mountain View Group 350	0.00	194.87
Fri. Suit Up and Show Up 126	0.00	30.00	Sat. Newcomers, Oldtimers (Women) 769	0.00	227.50
Fri. T.G.I.F. Speaker/Discussion 298	0.00	772.40	Sat. Saturday 6PM Meeting 413	0.00	136.50
Fri. Women Preparing for the Weekend 691	0.00	143.50	Sat. Second Tradition Group Spkr 721	365.00	815.00
G Agnews Noon Meetings 70921	490.00	1,895.95	Sat. Think Tank (Men) 361	0.00	2,100.00
G Cornerstone Service Group 70908	0.00	2,020.46	Sat. Trinity Group 370	0.00	43.66
G Forged From Adversity Group 70957	420.00	1,529.60	Sat. Wake Up Meeting 342	70.00	70.00
G Fremont & Manet Group 70975	0.00	560.00	Sat. Women's Brunch 640	0.00	351.57
G Higher Power Hour 70952	0.00	490.00	Sober and Free Convention 70928	0.00	409.20
G Milpitas We Care Group 70934	0.00	664.11	Sun. AA Birthday Gilroy Group 4	70.00	70.00
G Seeking Guidance Group 70976	630.00	1,645.00	Sun. Almaden Valley Discussion 30	0.00	259.00
G Serenity First Fellowship 70902	25.00	150.00	Sun. Eastside Step Study 45	0.00	112.00
G Sober & Free Conference 70928	0.00	397.20	Sun. Gay Reflections on the Solution 841	43.00	43.00
G South County Fellowship 70954	140.00	980.00	Sun. Get Well Group 17	0.00	175.00
G Sunrise Group of Palo Alto 70963	0.00	238.00	Sun. Humbly Asked 8.00A 87	0.00	210.00
G Sunrisers Group/Carrows 70932	401.41	3,079.68	Sun. In the Basement 545	0.00	60.00
G Third Tradition Women's Grp(The 70979	0.00	1,585.00	Sun. Invaders Group 44	0.00	100.00
G Winchester Fellowship 70960	81.49	565.00	Sun. Living Sober 21	0.00	311.81
Intergroup Council 80909	0.00	44.00	Sun. Men's Underground Book Study 401	0.00	115.00
Memorial Contributions	0.00	361.00	Sun. New People's Group 3	0.00	158.00
Mon. A.B.C. Women's Group 58	0.00	269.20	Sun. New Steps for Living 20	0.00	310.84
Mon. As Bill Sees It 6.00P 518	0.00	169.40	Sun. Pass It On Group Los Altos 418	0.00	257.95
Mon. Downtown Steppers (Men) 392	0.00	96.65	Sun. Plaza Del Rey Group 52	0.00	70.00
Mon. From Within 863	0.00	323.87	Sun. Progress Not Perfection 229	0.00	245.00
Mon. Gay Men & Women Together 85	0.00	145.19	Sun. Sizzler Group 27	0.00	280.00
Mon. Grateful Live Group 535	0.00	483.00	Sun. Speaker Meeting 18	75.00	205.00
Mon. HOW Group 71	0.00	363.00	Sun. Spiritual Step Study Group 233	0.00	850.00
Mon. Los Altos Men's Group 59	90.00	262.00	Sun. Step by Step Group 5	0.00	70.00
Mon. Los Gatos Big Book 664	0.00	87.00	Sun. Sunday Early Evening 682	630.00	630.00
Mon. Men's Group 97	0.00	308.00	Sun. Sunday Night Recovery 23	0.00	100.00

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions**

July 2006

	<u>Jul 06</u>	<u>Jan - Jul 06</u>		<u>Jul 06</u>	<u>Jan - Jul 06</u>
Thurs. Basic Big Book 710	0.00	140.00	Tues. We Care Step Study 128	347.90	662.90
Thurs. California Avenue Supper Group 715	210.00	525.00	Tues. Winchester Mystery Meeting 102	0.00	140.00
Thurs. Campus Group 234	0.00	625.00	Unknown	0.00	906.66
Thurs. Eleventh Step Meditation Mtg 276	0.00	90.30	Wed B.F.E. Book Study (in residence)	0.00	750.00
Thurs. Evergreen Group 884	0.00	70.00	Wed. Berryessa Group 527	426.40	426.40
Thurs. Evergreen Women 36	0.00	110.00	Wed. Chip Winners Group 168	0.00	421.57
Thurs. Fireside Men's Book Study	0.00	402.67	Wed. Gay Alcoholics Living / Sobriety 742	0.00	70.00
Thurs. Free to Be Me (Women) 736	0.00	105.00	Wed. Inspiration Big Book 195	0.00	150.00
Thurs. Gay Men's Freedom 262	178.50	469.70	Wed. Jaywalkers	0.00	43.40
Thurs. Just For Today 238	50.00	260.00	Wed. Living with Serenity (Chip) 599	0.00	105.00
Thurs. Los Altos Group 225	0.00	140.00	Wed. Lodestar Group / Sober Thoughts 499	0.00	100.00
Thurs. Men's Single Problem Study 220	0.00	1,314.00	Wed. Men's Freedom from Alcohol 606	0.00	350.00
Thurs. Mountain Miracles 882	0.00	392.00	Wed. Midweek Spiritual Progress 213	0.00	350.00
Thurs. Noon Discussion 272	0.00	331.55	Wed. Noon Discussion 177	0.00	140.00
Thurs. Pathfinder 543	0.00	65.00	Wed. Other Wednesday Nite (Men) 209	0.00	1,124.20
Thurs. Rincon Men's Fellowship 567	0.00	280.00	Wed. Serenity Discussion 210	145.00	905.22
Thurs. Sisters in Sobriety 548	40.74	155.74	Wed. Sober Thoughts 499	0.00	80.00
Thurs. Sober Times 227	0.00	151.20	Wed. Step Study (Women) LG 820	0.00	156.80
Thurs. South Valley Men's 845	0.00	290.00	Wed. Women on the Move 570	0.00	241.25
Thurs. Spiritual Progress 269	0.00	350.00	Wed.. 4th Dimension Grp (in residence)	40.00	40.00
Thurs. St. Mark's Group 270	150.00	380.61		7,113.78	47,854.87
Thurs. Starlight Solutions (Home) 750	14.00	14.00			
Thurs. Sunshine Group 243	136.76	210.76			
Thurs. There Is a Solution (Men) 732	0.00	482.20			
Thurs. What's Happening Today 552	0.00	569.10			
Thurs. Women Sharing the Solution 519	0.00	453.60			
Tues. 12 Steps & HOW (Women) 25	0.00	224.00			
Tues. 449 Acceptance Group 157	0.00	100.00			
Tues. AA Love & Tolerance Big Book 416	0.00	100.00			
Tues. Back to Basics Saratoga Noon 151	0.00	185.50			
Tues. Big Book Discussion Group 107	0.00	180.90			
Tues. Caring & Sharing 148	0.00	40.00			
Tues. Design for Living 200	140.00	210.00			
Tues. Down to Earth Group 563	0.00	139.00			
Tues. Early Tuesday Group 119	0.00	194.60			
Tues. El Camino Group 108	56.00	317.32			
Tues. End of the Line Men's Group 147	914.90	1,544.18			
Tues. Fireside Big Book Study 809	0.00	21.00			
Tues. Freethinkers of the Valley 29	0.00	280.00			
Tues. Gay/Lesbian AA Big Book Disc 146	0.00	218.62			
Tues. Happy Destiny (Women) 109	376.73	1,232.93			
Tues. Los Gatos Tuesday Night 110	70.00	210.00			
Tues. Men's Basic Step Study Group 891	0.00	415.86			
Tues. Palo Alto Men's Meeting 525	0.00	140.00			
Tues. Palo Alto Step Study 752	0.00	348.60			
Tues. St. Luke's Group 113	420.00	1,120.00			
Tues. Tuesday Night Saratoga Group 152	0.00	277.48			
Tues. Veterans of Alcohol (open) 874	0.00	210.00			
Tues. We Are Not Saints 520	45.00	45.00			