



Santa Clara County Monthly Intergroup Newsletter

Volume I Issue 11

www.aasanjose.org

November 2006

CONCEPT ELEVEN

From The Twelve Concepts for World Service illustrated, © 1986, Alcoholics Anonymous World Services, Inc.

Short Form: *The Trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.*

The following are "several principles ... which apply to AA World Services, Inc. and the AA Grapevine, Inc.

1. The status of executives: No active service can function well unless it has sustained and competent executive direction. This must always head up in one person, supported by such assistants as he needs. That person has to have ample freedom and authority to do his job, and he should not be interfered with so long as his work is done well.

2. Paid workers, how compensated: Each paid executive, staff member or consultant should be recompensed in reasonable relation to the value of his or her similar services or abilities in the commercial world. Cheap help is apt to feel insecure and inefficient. It is very costly in the long run. This is neither good spirituality nor good business. Assuming service money is available, we should therefore compensate our workers well.

Rotation among paid staff members: At AA's General Service Office, most staff members' assignments are changed every two years. When engaged, each staff member is expected to possess the general ability to do, or to learn how to do, any job in the place – excepting for office management.

Full "participation" of paid workers is highly important: We have already discussed the necessity of giving key paid personnel a voting representation on our committees and corporate boards. They should enjoy a status suitable to their responsibility, just as our volunteers do.

In This Issue

It Was Worth It	page 2
Central Office Corner	page 3
Tradition 11	page 4
My Disease	page 5
Birthdays	page 6
Step 11	page 7
Meeting Changes	page 8
Auntie Alkie	page 9
Calendar	page 12
Financials and Minutes	
SECRETARY'S PAGE	



Alano Club West

Is temporarily closed for repairs.

Weekday meetings at

6:00 AM—7:30 AM—10:00 AM and noon

Are being held at DENNY'S

1390 S. First Street at

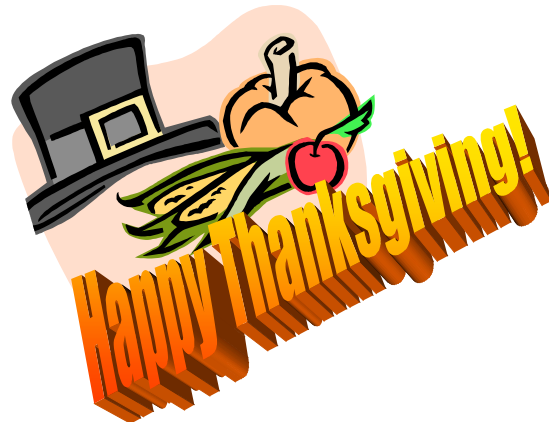
Alma & S. First or Monterey Highway

UNTIL FURTHER NOTICE

Conference Approved Pamphlets Get a Facelift

Over the next few months, you will begin to see a new design for our Recovery, Unity and Service pamphlets. The new look includes a large initial – R, U, or S – so members can identify the category of each pamphlet. The colors of the new pamphlets are intended to be more eye-catching, and the design more current. We hope to renew interest in the pamphlets and attract more people to read the AA message.

The first four pamphlets to come off the press with the new design are "This is AA," "44 Questions," "The Jack Alexander Article About AA," and "The AA Group." Pamphlets will get the new cover design as they go back to press for reprint. Most pamphlets will have the updated look by Fall 2007.



Bruce & Chuck from Central Office attended the Central Office Managers Conference in Akron. Bruce's comments:

IT WAS WORTH IT

(How Chuck survived the Akron trip)

We almost lost Chuck in the Chicago airport. If it hadn't been for an angel of mercy who appeared with a wheel chair, Chuck would still be crawling the last 100 feet to the plane on Concourse B (he was determined to get to Akron). In spite of all this agony, Chuck says, "It was worth it."

And it was. We got into Akron Wednesday afternoon and, after settling into our motel, we were transported to the oldest meeting in A.A., the Schoolhouse Group of Alcoholics Anonymous. Not much has changed since the early days, except the meeting is now held in a much larger room. There were over 250 people in attendance, but – and we found this interesting – fewer than 20 people considered this their home group.

Thursday was our day and our tour guide, Bob, was himself an A.A. archivist; his guidance and presentation were special. Our first stop was St. Thomas Hospital, where Dr. Bob, with the help and complicity of Sister Ignatia, detoxed thousands of drunks. The hospital has been remodeled and upgraded, but is still recognizable from outside. Three months prior to our arrival, the chapel had been remodeled, complete with an archives display in the general area where this work with alcoholics was done. You'll recall that Dr. Bob often talked about carrying a four ounce medicine bottle stuffed in his socks (to avoid detection). In 1986, during a remodel of Dr. Bob's house, one of these bottles was found and is now on display in these archives. As we found everywhere we went, there was so much to see and so little time.

We passed the Mayflower Hotel (now an office building) a couple of times during the day, but didn't stop to go inside. We were told there was an historical display in the basement. We never got back to see it, although we were filled with the most honorable and sincere of intentions.

The Gate Lodge of the Stan Hywet estate (we know it as the Seiberling Estate) was a treat. This is where Bill and Dr. Bob first met, at the invitation of Henrietta Seiberling. Although Dr. Bob extracted a promise that the meeting would last no more than 15 minutes, these two men talked for over 6 hours in a little room (the library) perhaps 10 feet by 10 feet. That conversation was the prelude to countless thousands of similar conversations we continue today, and its power was palpable in that room. We still feel it.

Dr. Bob was, by all accounts, a humble man. He is buried with Anne in a graveyard in Akron, with a very simple, quietly elegant stone marking the spot. Their names and their dates of birth and death are engraved on that stone – nothing else. Humility may be hard to define, but it's readily apparent in that headstone. Folks put flowers around the headstone and birthday chips on top, the only indications of the love and admiration we have for this couple.

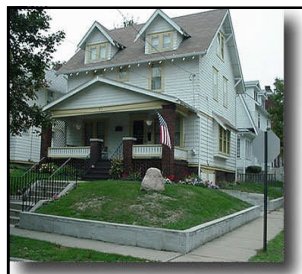
The Akron Central Office is big. The actual operations part of the office would fit in our outer office, but they devote a hallway around the perimeter of the office and two large rooms to archives. They even have an "Archives Lab", locked and used only by their archivist. They have a wall-sized stained glass rendering of "The Man on the Bed" and an outside alcove painted floor to ceiling to look exactly like a Big Book on a shelf. We could have spent two or three days in there, easily.

As we climbed the steps (there are twelve) from the sidewalk to the front door of 855 Ardmore Ave., Dr. Bob's house, we could see Roger, dressed in black from head to toe, holding the door with his body while standing on his one remaining leg. He greeted each of us as we entered. I knew what was coming, and yet was completely vulnerable as he grabbed my hand warmly in both of his, looked me squarely in the eye, and said simply, "Welcome home." The house is three floors and a basement, filled with stories and history. I toured the house while Chuck had coffee and cookies in Dr. Bob's kitchen and hobnobbed on the front porch. From the kitchen balcony where Dr. Bob would hoist his booze from the bootlegger to the cozy living room where drunks would discuss their future and the future of A.A. in front of the fireplace, we could imagine, but only barely, the chaos and joy that once prevailed in this warm place.

And if this wasn't enough, we still had the Conference to attend – three days and nights of workshops, meetings, and seminars. We had a choice among three workshops given in each time slot (usually two sets of workshops in the morning and two in the afternoon), so Chuck would go to one and I'd go to another. We gathered much good information – too much to put in this limited space. In a nutshell, we learned that we are blessed with supportive, well informed Intergroup Representatives and involved, knowledgeable Board Members. We do most things just fine.

But, as Bill W. would remind us, "The good is often the enemy of the best." We can and we will do better. We returned from Akron armed with good information and a renewed dedication to our service to you and your group.

Thank you for sending us.



Dr. Bob's House



The Gatehouse

SPONSOR – Sober Person Offering Newcomers Suggestions On Recovery

STEPS – Suggestions To Every Problem Sober

NUTS – Not Using The Steps

GOD - Good Orderly Direction – Group Of Drunks

HOPE- Happy Our Program Exists

KISS- Keep It Simple, Surrender

HOW – Honesty, Open-mindedness, Willingness

PROGRAM - People Relying On God Relaying A Message

BIG BOOK – Believing In God Beats Our Old Knowledge

SLIP – Sobriety Losing Its Priority

EGO – Edging God Out

DENIAL – Don't Even Notice I Am Lying

ACTION – Any Change To Improve Our Nature

Remember– Central Office
Now accepts credit cards!

CENTRAL OFFICE CORNER



November is unofficially dubbed “Gratitude Month” in A.A. and your staff at Central Office is truly grateful for the support you’ve given us this year. And that support is not just financial. You spend countless hours volunteering to assure there is always a live voice on our end of the line when someone calls us – no matter what time of day or night. You fold and tape seemingly endless supplies of Newsletters, Divorter packets, and other mailings. You gave up the better part of a weekend to dab on some fresh paint. You participate in service meetings and activities, Unity Day, 12th Step work, sponsorship and otherwise serve in so many ways. Thank you, thank you.

We do still need your continued financial help. Central Office is certainly not in any desperate condition; all the bills are paid and there’s money in the bank. There are needs, however. Your “special workers” should be adequately compensated (not yet accomplished), office equipment and furnishings need repair and replacement, our prudent reserve is over \$40,000 below the established goal, and we still need to mark up the literature prices to cover operating costs.

Please remind your groups of these needs. Your personal contributions are also appreciated and are tax deductible. Many of us look for places to give during the holiday season. Please put Central Office on your list.

CENTRAL OFFICE NOW HAS THE TWELVE STEPS AND TWELVE TRADITIONS ON CD

(audio)



\$28.00

The Santa Clara County Monthly Intergroup Newsletter is published by the Santa Clara County Central Office of Alcoholics Anonymous. Opinions expressed are the writers’, not those of Alcoholics Anonymous as a whole. Publication of any article does not imply endorsement by Alcoholics Anonymous of Santa Clara County Central Office, except when Conference-approved publications are quoted. Quotations from AA books and pamphlets and the 12 Steps and 12 Traditions are reprinted with permission of AA World Services, Inc.; quotations and cartoons from *The Grapevine* are reprinted with the permission of AA Grapevine, Inc.

Contributions from AA members are welcome and will be printed as space allows. Submissions can be sent via email or should be typed or neatly handwritten. The editors reserve the right to edit content for length, clarity, and relation to AA Traditions. All material, including announcements, should be submitted by the 25th of the month prior to publication.

Tradition Eleven by Bill W.

From Grapevine©, October 1948

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Providence has been looking after the public relations of Alcoholics Anonymous. It can scarcely have been otherwise. Though we are more than a dozen years old, hardly a syllable of criticism or ridicule has ever been spoken of AA. Somehow we have been spared all the pains of medical or Providence has been looking after the public relations of Alcoholics Anonymous. It can scarcely have been otherwise. Though we are more than a dozen years old, hardly a syllable of criticism or ridicule has ever been spoken of AA. Somehow we have been spared all the pains of medical or religious controversy and we have good friends both wet and dry, right and left. Like most societies, we are sometimes scandalous – but never yet in public. From all over the world, naught comes but keen sympathy and downright admiration. Our friends of the press and radio have outdone themselves. Anyone can see that we are in a fair way to be spoiled. Our reputation is already so much better than our actual character!

Surely these phenomenal blessings must have a deep purpose. Who doubts that this purpose wishes to let every alcoholic in the world know that AA is truly for him, can he only want his liberation enough. Hence, our messages through public channels have never been seriously discolored, nor has the searing breath of prejudice ever issued from anywhere.

Good public relations are AA lifelines reaching out to the alcoholic who still does not know us. For years to come, our growth is sure to depend upon the strength and number of these lifelines. One serious public relations calamity could always turn thousands away from us to perish – a matter of life and death indeed!

The future poses no greater problem or challenge to AA than how best to preserve a friendly and vital relation to all the world about us. Success will rest heavily upon right principles, a wise vigilance, and the deepest personal responsibility on the part of every one of us. Nothing less will do. Else our brother may again turn his face to the wall because we did not care enough.

So the Eleventh Tradition stands sentinel over the lifelines, announcing that there is no need for self-praise, that it is better to let our friends recommend us, and that our whole public relations policy, contrary to usual customs, should be based upon the principle of attraction rather than promotion. Shot-in-the-arm methods are not for us – no press agents, no promotional devices, no big names. The hazards are too great. Immediate results will always be illusive because easy shortcuts to notoriety can generate permanent and smothering liabilities.

More and more, therefore, are we emphasizing the principle of personal anonymity, as it applies to our public relations. We ask

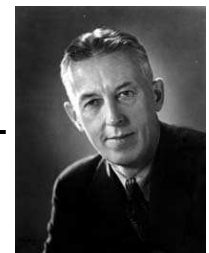
of each other the highest degree of personal responsibility in this respect. As a movement we have been, before now, tempted to exploit the names of our well-known public characters. We have rationalized that other societies, even the best, do the same. As individuals, we have sometimes believed that the public use of our names could demonstrate our personal courage in the face of stigma, so lending power and conviction to new stories and magazine articles.

But these are not the allures they once were. Vividly, we are becoming aware that no member sought to describe himself in full view of the general public as an AA, even for the most worthy purpose, lest a perilous precedent be set which tempt others to do likewise for purposes not so worthy.

We see that on breaking anonymity by press, radio, or pictures, any one of us could easily transfer the valuable name of Alcoholics Anonymous over onto any enterprise into the midst of any controversy.

So it is becoming our code that there are things that no AA ever does, lest he divert AA from its sole purpose and injure our public relations. And thereby the chances of those sick ones yet to come.

To the million alcoholics who have not yet heard our AA story, we should ever say, "Greetings and welcome. Be assured that we shall never weaken the lifelines which we float out to you. In our public relations we shall, God willing, keep the faith."



MY TRADITIONS CHECKLIST

From the AA Grapevine, Inc.

Do I sometimes promote AA so fanatically that I sometimes make it seem *unattractive*?

Am I always careful to keep the confidences reposed in me as an AA member?

Am I careful about throwing AA names around – even within the fellowship?

Am I ashamed of being a recovered, or recovering, alcoholic?

What would AA be like if we were not guided by the ideas in Tradition 11? Where would I be?

Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

My Disease

My last drink was Halloween night, October 31, 1981. I had a date with a woman I was terribly fond of, and a bad thing happened. I woke up the following morning, and knew that I had had my last drink. The pain of my self-inflicted loneliness had become too much for me to bear. I simply could not drink alcohol any longer. The alcoholic symptoms I was experiencing were blackouts, drunk driving tickets, impotence, domestic violence and "lost days" at work. There were days I would go to work, and I could barely tie my shoelaces, much less explain to a client where their dividends were. I simply had to hold on to my job as a stockbroker as I needed the image of a professional to cover up the tragedy of my life. I'm happy to report that all of these behaviors were related disorders, and as soon as I quit drinking they were never repeated.

A friend of mine called me and said that he had heard that I had quit drinking and asked if I would like to go to an AA meeting. I didn't want to go, but I went to the meeting to support him. There are some of us that attend our first meeting and feel as if we are at "home" at last. That was not my experience. I knew some of the guys, and they tried to make me feel welcomed, but I hated AA. All I heard from the sharing was a lot of talk about relationships with people in the fellowship, and how much they enjoyed going to conventions and social events. I never heard that alcoholism was a disease, and I did not hear the importance of "keep coming back". Those things were probably discussed, but I did not hear them. My friend asked if I was going to go back, and I said no. I was just not going to drink anymore.

I kept my promise to myself, but November 1, 1981 is not my sobriety date. Here's what happened to me. I became increasingly disappointed with Northern California and wanted to move (restless), my three children were getting more disobedient and lazy and I handled the situation by yelling at them at the top of my lungs so as to correct their behavior (irritable), and I wanted more money so that I could quit my job and stop having to deal with clients' demands (discontented). In short, I was very uptight, and I was getting little anonymous notes at work saying "we liked you better when you drank".

All of this changed when I met *Her*. She was a lovely woman, and we fell in love. She smoked "non habit-forming marijuana" on a daily basis. She noticed my tense state and suggested that I take the "edge off" by joining her in a toke. I relented, justifying the behavior by telling myself I was not drinking. I enjoyed the experience, and agreed that I felt more relaxed and I seemed to get along better with other people and had no hangover.

Her and I didn't last very long, but I had developed a new dependence and this new so-called "soft" drug dominated my life, and I could not go a day without getting high. I had simply substituted one symptom of my disease for another. This symptom substitution set about to very subtly ruin my life and the lives of my family over the next 3 1/2 years until I got on the program in May 1985. By conforming to the principles of the

12 steps of AA and making my recovery program my Number One priority, I have remained clean and sober one day at a time ever since. I keep coming back.

It seems that I have a disease that is progressive in nature. It has two main components; the allergy of the body and the obsession of the mind. It seems that at birth I was predisposed to develop alcoholism. Both my mother and father were alcoholics as were my grandfathers and most of my uncles. I have three children – two daughters and one son. My daughters can take a drink, not take a drink. They don't seem to have a problem. My son began having serious behavioral problems from the time that he began to experiment at age 14 until he came into the program at 17. He's 35 now, and still clean and sober 18 years later. AA's 12 steps have worked in his life as well as mine.

My body is allergic to alcohol, and other mind-altering substances. It seems that when I ingest alcohol into my body my liver does not metabolize this chemical the same way it does in a normal person's body. When a normal person has a few drinks their face may become flushed or they may feel nauseous. I called these people "amateur drinkers" and scoffed. The fact is they are having a normal reaction to the toxins in booze. With me, my liver metabolizes these poisons at an abnormally slow rate which allows me to give the appearance of being able to "hold my liquor". What's really going on is that this abnormal metabolic rate is causing my liver to secrete chemicals into my bloodstream that ultimately reach my brain and a "phenomenon of craving" for more alcohol is set into motion, and I am unable to stop drinking. It is the first drink that gets me drunk.

Now, I am also allergic to poison oak. I know I am allergic, so I avoid coming into contact with it. I don't go around looking for poison oak to change the way I feel or to give me a little "liquid courage" so I can ask a woman to dance. This is where the obsession of the mind for alcohol comes into focus. My body will never recover from its allergic condition. In fact, it seems to progress even when I don't drink. Alcoholics who go back to drinking after long periods of abstinence report that they rarely start where they left off. Rather, they report that it is usually worse soon after ingesting alcohol.

Why would I want to drink when I objectively look at the effects this allergy has on my life? My experience has been that not drinking, but having no spiritual program to guide my life and to enrich my connection with a Higher Power, I become so "restless, irritable and discontent" that I need some relief; relief that I know will come at once by taking a few drinks. Dealing with this obsessive state of mind so that this chronic illness can be arrested and a sick person may be healed is the main focus and great miracle of Alcoholics Anonymous and the 12 steps.

Billy D. Los Gatos

(Publisher's Note: A.A. does not engage in medical or scientific research or hold opinions in such areas. We do encourage the exchange of information and divergent opinions in this Newsletter. Please write us with your thoughts and views.)

Step 11: *Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for the knowledge of His will for us and the power to carry that out.*

Step 11 Experience:

Emotional Balance

In a recent Step study meeting I attended, someone stood up and read from the 11th step, "And let's remember that meditation is in reality intensely practical. One of its first fruits is emotional balance" (page 101). Wow. There is a solution. I don't have to live with my mood swings. I can pick up the tool of meditation. A few days later my sisters in sobriety gave me a meditation pillow, a candle, and some incense for my 17th AA birthday. I love how God works.

As I enter my eighteenth year of sobriety, my life is extremely full of the gifts of sobriety – many close and important relationships and meaningful work. With these gifts comes more responsibility to make sound decisions, be kind, and rely on God. Emotional balance has never been so wanted, needed and desired. The 11th step tells me how to attain it: meditation.

Aby, San Jose



And:

This is huge step about which volumes could be written. What I know about meditation is that it is more about a quiet heart than a quiet head; that it is more important what happens off the meditation pillow than on it; that when I quiet my breath, my mind and heart quiet down as well; that when I am on the meditation pillow I am as harmless as I will ever be; that to be harmless in deed and thought is indeed a tall order. This step speaks about seeking not about finding, but of encouraging me to continue to seek. It tells me how to pray. "Asking for the knowledge of His will for us and the power to carry that out." The program has taught me that "please" in the morning and "thank you" at night are wonderful prayers.

Experience has taught me that the power of God is in each and every moment and the more I can reside there, the more I can experience conscious contact.

Sharen D-R. San Jose

Another thought about Step Eleven:

As I think about the Eleventh Step and prayer and meditation, I see that there is another promise hidden in this step. It says that when we reach Step Eleven we have developed a conscious contact with God, (the God of our understanding). This step shows us the way to *improve* our conscious contact. We can't improve on something we don't have. Therefore, we must have developed it during the process of working the Steps!

So, those of us who came to AA as agnostics now have a way to hook into the Power and amp it up!

Today I call my Higher Power God and I have conscious contact throughout the day. The rest of the time it's unconscious contact and it seems that if God wants my full attention he lets me know!

When I was newly sober I had a long term practice of formal meditation. I believe that was one of the catalysts for wanting to get sober. I was concerned about prayer and someone said "Don't worry about it. If you go to a meeting everyday you are saying two prayers and if you say "Please" in the morning and "Thanks" at night, you're covered! Today I don't do as much formal meditation but I listen for the still, small voice throughout the day. Often it speaks to me through people. If I hear the same thing from three unrelated individuals I figure it's something to pay attention to!



AA works for people who believe in God.
 AA works for people who don't believe in God.
 AA never works for people who believe they are God!

Telephone Calls Received During June

Daytime at Central Office 551
 Daytime 12 Step Calls 7
 Evening and Weekend calls 448



Evening 12 Step Call information is not available.

WHEN ANY ALCOHOLIC, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.

Groups contributing to your Central Office make it possible to provide telephone service and coverage so that someone is always available to the caller in need. We also have a listing in the white and yellow pages of the phone books for all the cities in Santa Clara County. **WE THANK YOU!**

SPEAKER MEETINGS

Weekender Speaker Meeting

Sundays at 6 p.m.

Good Shepherd Lutheran Church
 1735 Hecker Pass Road, Gilroy

Grapevine Speakers Meeting

Fridays at 8 p.m.

Presbyterian Church
 San Tomas & Homestead, Santa Clara

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Saturday Night Speakers—8 p.m.

Alano Club of San Jose

1122 Fair Avenue, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church
 1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church
 Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

Deleted -

Sandia Big Book Study, 1251 Sandia Ave., Sunnyvale, Wednesday 7:00PM

Topic Discussion Mtg, Saturday Nite Live, Thursday, 4:00PM

Happy Hour Big Book & Step Study, Saturday Nite Live, Tuesday, 4:00 PM

Moved -

Young & Sober, Saturday Nite Live, Thursday 10:00 PM, moved to Immanuel Lutheran Church, 14103 Saratoga Ave., Saratoga

Sunlight of the Spirit, Saturday Nite Live, Tuesday, 10:00 PM, moved to Immanuel Lutheran Church, 14103 Saratoga Ave., Saratoga

449 Acceptance Group, Mid-Peninsula Alano Club, 1155 Reed Ave., Sunnyvale, Tuesday, Noon.

Changed -

Women's Topic Discussion, Saturday Nite Live, Sunday Time changed to 10:00 AM

Men's Single Problem Discussion, Thurs., Campbell. Time changed to 8:00 PM

Carry the Message, Serenity First Fellowship. Time changed to 1:30 PM.

We Are Not Saints, moved to Southside Community Center, 5585 Cottle Rd, Rm 6

New -

The Rigorous Honesty Group, Wed., 7:00 PM, John Burns Garden Apartments, 850 Agnew Rd (Community Room)

Naked Truth Group, Friday, 8:00PM, 20600 Aldercroft Heights, Los Gatos

Willow Glen AA, Friday, 8:15PM, St. Frances Church, 1205 Pine, at Newport, San Jose

Sub "21" Young People, Friday, 8:15PM, St. Frances Church, 1205 Pine, at Newport, San Jose

AA Literature Discussion Group, Tues. Noon, United Methodist Church, 655 Magdalena Ave., Los Altos

PLEASE SEE INSIDE THIS ISSUE FOR MEETING INFORMATION FOR ALANO CLUB WEST.

Ask Auntie Alkie

Dear Auntie Alkie:

Bill Wilson loved to write and reference terms of science such as Einstein, God of the Atom, etc. Alcoholics Anonymous is primarily a program of mathematics and surfaces in the very daily language we use. Twelve Steps, page 449, 86, 25, etc. Thirty days, one year, twenty seven years are usually considered a measurement of success. So we are naturally disappointed when someone that has ten years announces that they have less than thirty days because of a slip. Fear strikes some of us when a fellow AA person seems to fail our expectations and we thank them for going out for us.

In truth, time is a variable. This has been proven and demonstrated in practical physics. So time does slow down as our velocity increases; by its square. Astronauts come back from long missions seconds behind the earthly time in which they left. If we were to travel half the speed of light, this principle would be obvious with much larger time differences.

So does the intensity working our programs affect the actual time we have. In other words, if we work real hard (adding speed and energy), will we pack more recovery and spirituality into our beings. Maybe someone with ten years might really have twenty and another with thirty years might have six. Other than anniversaries with chips (not covered in the program of Alcoholics Anonymous) what is our measure? Should there be a measure? Does it actually help the newcomer or does it intimidate that person?

So, what does this all mean? Maybe it is the "exact nature" of being "rocketed into the fourth dimension"; another damn number!

Phil R.

Dear Phil

I don't have a clue about any of this. How about if we ask our readers for comment?

I'm just attempting to keep it simple!

Dear Auntie Alkie,

I keep hearing stories about how AA "used to be". Some people with about twenty years say AA is getting soft and we are not following our Traditions and it used to be better.

Newcomer

Dear Newcomer,

This is kind of like the stories some parents tell their children about walking ten miles in the snow to school! I have been in AA a long time and people seem to think that however they perceived AA when they were new is how AA is "supposed to be"!

All I know is that sometimes the form is different but the substance is always the same. Principles don't change and our 12 Steps and 12 Traditions are based on principles so they are unchanging. Bill W talked about how things would change with time. And how we needed to accept change. We have more women and young people. We have AA in over 175 countries in the world. Meeting formats are different even in the U.S. So change is inevitable. Our Traditions are what protect AA from change that's detrimental to AA.



Dear Auntie Alkie,

I hear people at meetings talking about Self Honesty. I can't believe anyone would actually lie to themselves! Maybe to their spouse or boss but to themselves?

Confused

Dear Confused,

People don't realize they are lying to themselves. They rationalize harmful behavior, insist that their motives are pure and that they have been victimized. We call it denial! (Don't Even Notice I Am Lying!) It's way more than a river in Egypt!

Dear Auntie Alkie,

What's the difference between a meeting and a Group? Do I have to sign up to be in a Group?

Want to be a member

Dear Want to,

Any two or three alcoholics gathered together for sobriety may call themselves an AA Group, provided that as a group, they have no there affiliation. (Tradition 4)

You are an AA member if you say you are. (Tradition 3)

Any meeting can be a Group and a Group may have as many meetings as the Group chooses.

You don't have to sign up but it's a good idea to choose a Group as your "Home Group" so you will go there often enough for people to get to know you and you will get to know them.



NCAA Conference Held In Chico

The 59th Annual Fall Conference for NCCAA was held in Chico, CA on October 6,7,8 2006. NCCAA (Northern California Conference of Alcoholics Anonymous) is a group of Northern California Fellowships that meet to share ideas and networking while carrying the message of Alcoholics Anonymous. In addition to Marathon Meetings, each day was filled with Panels on various aspects of Alcoholics Anonymous, AA Committees, and featured speakers from other areas.

Friday evening kicked off the Conference with a speaker meeting. Lee Y of Lake Mary Fl., was unable to speak as scheduled and Marty from Riverside stepped in with a heartwarming and hilarious story of alcohol addiction and spiritually guided recovery through AA.

Saturday featured a General Service Speaker meeting, Old Timers Panel, H&I Panel. A special highlight was the evening Speaker meeting with Marilyn S, of Los Angeles, another memorable speaker with an inspirational story of recovery through the program of Alcoholics Anonymous. The evening concluded after a festive dance!

Marathon meetings resumed on Sunday in addition to an All Services panel and closing speaker, Sandy H., of Pocatello, ID. NCCAA Conferences are an excellent way for newcomers and not so newcomers to fellowship in a spiritually uplifting environment with many others who are committed to recovery in AA. The next Conference will be held on March 16, 17, 18, 2007 in Foster City, CA. For more information visit the NCCAA Web Site at WWW.NCC-AA.ORG. All are invited to attend. See you at the next Conference!

In Love and Service,

Randy S

Region 70 H&I Chair

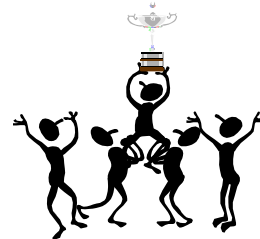
ASK Bill:

Q - Was the writing of the Big Book a difficult job?

A - As the chapters were done, we went to A.A. meetings in New York with the chapters in the rough. It wasn't like chicken-in-the-rough, the boys didn't eat those chapters up at all. I suddenly discovered that I was in a terrific whirlpool of arguments. I was just the umpire. I finally had to stipulate, "Well boys, over here we have the holy rollers who say we need all the good old-fashioned stuff in the book, and over here you tell me we've got to have a psychological book, and that never cured anybody, and they didn't do very much with

us in the missions, so I guess you will have to leave me just to be the umpire. I'll scribble out some roughs here and show them to you and let's get the comments in." So we fought, bled and died our way through one chapter after another. We sent copies out to Akron and they were peddled around and there were terrific hassles about what should go in this book and what should not.

Meanwhile, we set drunks up to write their stories or we had newspaper people to write the stories for them to go in the back of the book. We had an idea that we'd have a text and then we'd have stories all about the drunks who were staying sober. (Transcribed from tape, Fort Worth, Tx., 1954)



The Real Story About AA

Alcoholics Anonymous is a fellowship designed and administered by a bunch of ex-drunks whose only qualification is that they can't hold their booze and don't want to learn how. It has no rules, dues, or fees; nothing that any sensible organization seems to require. At meetings, the speaker starts on one subject and winds up talking about something entirely different and concludes by saying that he doesn't know anything about the program except that it works, The groups are always broke, yet always seem to have money to carry on. They are always losing members but seem to grow. They claim A.A. is a selfish program but always seem to be doing something for others. Every group passes laws, edicts, rules, and pronouncements which everyone ignores. Members who disagree with anything are privileged to walk out in a huff, quitting forever, only to return as though nothing happened and be greeted accordingly. Nothing is ever planned 24 hours ahead, yet great projects are born and survive magnificently. Nothing in A.A. is according to Hoyle. How can it survive? Perhaps it is because we have learned to live and laugh at ourselves. God made man; He made laughter too. Perhaps He is pleased with our disorganized efforts and makes things run right no matter who pushes the wrong button. Maybe He is pleased, not with perfection, but because we are trying to be nobody but ourselves. We don't know how it works but it does and members keep receiving their dividend check from their A.A. investments.



THAT AIN'T IN THE BOOK! (Oh, Yeah?) Reprinted from The Denver Central Office Newsletter, October 2006
 We hear a lot of stuff in meetings that can't be reconciled with the Program as described in the Big Book of Alcoholics Anonymous. The following is something we often hear, along with what the 1st Edition of our basic text has to say on the subject.

“Ninety Meetings in Ninety Days”

Page 15, paragraph 2 – “We meet frequently so that newcomers may find the fellowship they seek.”

Page 19, paragraph 2 – “None of us makes a sole vocation of this work, nor do we think its effectiveness would be increased if we did.”

Page 59, paragraph 3 – “Here are the steps we took, which are suggested as a program of recovery.”

Do you have a “myth” about AA that you would like to share with us? Send it to aasanjose.org and title it, Newsletter.

Listen to Marty Mann

Fifty years ago, millions of Americans sat by their radios and listened to *This I Believe*. For five minutes each day, they heard from statesmen and secretaries, teachers and cab drivers, all of whom spoke about their most deeply held beliefs. The link below is an original essay from Marty Mann, who was the 1st woman to achieve permanent Sobriety in AA and the founder of the National Council on Alcoholism. I think you will enjoy it, this I believe.

<http://www.npr.org/templates/story/story.php?storyId=464572>
 8



Communication

Often, I sense the deep meaning of the phenomenon of Alcoholics Anonymous, but I cannot begin to fathom it. Why, for instance, at this particular point in history has God chosen to communicate His healing grace to so many of us?

Who can say what this communication actually is -- so mysterious and yet so practical?

We can only partly realize what we have received and what it has meant to each of us.

It occurs to me that every aspect of this global enfoldment can be related to a single crucial word.

The word is communication.

- Bill W., July 1960 c. 1988 *The AA Grapevine, Inc., The Language of the Heart*, p. 243



Unity

In the world about us we saw personalities destroying whole peoples. The struggle for wealth, power, and prestige was tearing humanity apart as never before.

If strong people were stalemated in the search for peace and harmony, what was to become of our erratic band of alcoholics?

As we had once struggled and prayed for individual recovery, just so earnestly did we commence to quest

for the principles through which AA itself might survive. On anvils of experience, the structure of our Society was hammered out.

c. 1953 AAWS, *Twelve Steps and Twelve Traditions*, pp. 130-131
 With permission, Alcoholics Anonymous World Services, Inc.

Thought to Ponder . . .

There is no strength without unity.

AA-related 'Alconym' . . .

ANONYMOUS =

Actions, **N**ot **O**ur **N**ames, **Y**ield **M**aintenance **O**f **U**nity and **S**ervice.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 IG Meeting Outreach Comm. PI/CPC Comm.	2	3	4 Secretaries Workshop
5	6	7	8	9	10	11 PI Workshop
12	13	14	15 North County General Service Mtg.	16	17	18 Newsletter Comm.
19	20	21	THANKSGIVING ALCOTHON , November 22, 23, and 24. Meetings every other hour as follows: Wed: noon to 10PM, Thurs: 7AM to 10PM, Fri.— 7AM to 10PM. Freedom Fellowship Group, 327 Moffett Blvd., Suite B, Mountain View			
26	27	28 South County General Service Mtg. H & I meeting	29	30		

OUTSIDE CALIFORNIA**19th Annual Roundup, Miracle On the River,**

Nov 10-12, Lake Havasu City, AZ

Call Dennis: 928-505-5403, or Homer: 928-505-5157

Las Vegas Roundup, November 23 – 26Info and registration online at: www.lasvegasroundup.com**WACYPAA, 10th Annual Western Area Conference of Young People, Dec 29—Jan 1**

Seattle WA, Contact Josh: 425-879-9958, Sarah: 206-778-7679

Or Kevin: 206-355-6992. Online at www.wacypaa10.org**INTERNATIONAL EVENTS****43rd International Women's Conference**February 15—18, 2007, Detroit, MI www.iaawc.org**EVENTS AROUND CALIFORNIA****River City Roundup 2006**

Hosted by Gay and Lesbian members of AA

November 10—12, 2006, Sacramento, CA www.rcru.com**23rd Annual Serenity In Yosemite**

November 17—19, 2006, Yosemite National Park

Call (209) 966-8300 or Email: serenityyosemite.com**14th Annual Shasta Winterfest**

January 26-28, 2007

Red Lion Hotel, Redding, CA ,

For info write: Shasta Winterfest, P.O. Box 494927, Redding, CA 96049-4927

SANTA CLARA COUNTY INTERGROUP COUNCIL

MINUTES MONTHLY MEETING

November 1, 2006

- Bill D, Intergroup Chairperson, opened the meeting at 8pm, followed by A Moment of Silence, and the Serenity Prayer.
- Deborah read the Definition of Intergroup.
- There were people 47 attending.
- Craig read the Twelve Traditions.
- There was one addition to the agenda under new business: A request by PI/CPC for funds to participate in an upcoming conference.
- There were no corrections to the previous month's minutes.
- Intergroup Council Treasurer's Report: Chuck G.

Beginning Balance:	10/04/06	\$56.74	Prudent Reserve:	\$90.00
Contributions:	10/04/06	82.00		
Refreshments:	10/04/06	15.00		
Contribution to Central Office:		50.00		
Balance:	10/30/06	\$73.74	Prudent Reserve:	\$90.00
- Announcements: Freedom Fellowship is holding an Alco-thon during Thanksgiving on November 22, 23 and 24.
- Birthdays: Michael, 13yrs; Brian, 10yrs; Lizz, 2yrs; Pat, 5yrs; Deborah, 2yrs; Alison, 4yrs.

Reports:

1. Intergroup Chair – Bill
 - a. No report, but asked for group input on the December Potluck Dinner, traditionally held immediately prior to the December Intergroup meeting. Kathy Holye volunteered to coordinate the list of people bringing food.
2. Central Service Board – Mary Pat
 - a. The board completed its work on the Policies and Procedures and are handing them over to the new board. She and Pat G. thanked IG for being able to serve over the past two years.
3. Central Office – Bruce
 - a. Bruce provided a detailed description of his and Chuck's visit to Akron for the IG Secretary Convention.
 - b. Bruce gave a workshop on interpersonal skills at the convention.
 - c. One outcome of the convention is that Bruce learned that IG does about 1/3 of its job very, very well, 1/3 of its job pretty well, and 1/3 has room for improvement.
 - d. Bruce distributed a Self-Support card describing the 7th Tradition.
 - e. New items available at Central Office: Emotional Sobriety, published by The Grapevine, and The Twelve Steps and The Traditions of Alcoholics Anonymous, a 6 CD set for \$28.00.
 - f. The finances are in good shape.
 - g. The copier broke down, but is expected to be fixed by tomorrow.
4. PI/CPC – Francisco
 - a. The PI committee has been very active during the past month, making presentations at a church youth group, DUI classes in Gilroy and San Jose.

They are scheduled to present next spring at both Gunn High School in Palo Alto, and Menlo Atherton High School. Fourteen high schools now have Big Books in their libraries. The committee will be making an effort to do more with CPC next year.

5. Twelfth Step Committee
 - a. Daytime – Kevin: No report.
 - b. Nights and Weekends – Maxine: A Diverter Recognition Luncheon was held on October 21. There are several shifts open. All diverter workers are asked to call the person they are relieving to let them know they have taken over the shift. Thanks to Bruce for sending her diverter volunteer information in a timely fashion so that she can get the new volunteers scheduled right away.
6. Outreach Committee – Paul C.
 - a. Introduced the committee to new reps. Sally D. elected as new Chairperson. Mike is serving as secretary for another year. New members (especially women) are very much welcome.
7. Newsletter – Pat G.
 - a. The current issue is almost complete. Encouraged reps to send in articles and ideas.
8. Other Service Committee Reports
 - Unity Day – Peter reported that the final meeting to wrap up this year's Unity Day was held. Gerry R. will be stepping down as Chairperson in a month or two.
 - Northern California Council of Alcoholics Anonymous – Dennis. No report.
 - Hospitals and Institutions – No report.
 - BTG – No report
 - North County General Service – April reported that elections would be held on November 2. The Fall Assembly is in early November in Antioch.
 - South County General Service – Raymundo reported on two presentations.

UNFINISHED BUSINESS - None

NEW BUSINESS

- December Intergroup Potluck. A sign up list was circulated.
- Setup Person for IG meetings – Kevin rotating out. Chris volunteered to take the position. He was unanimously approved for the position.
- Public Information requested \$200 to participate in the upcoming California School Nurses Association Conference in Santa Clara. Following a discussion, a motion to approve the request was made, seconded, and approved.

OPEN FORUM

- Liz announced an upcoming Gratitude Dance sponsored by SCCYPAA.
- Alano West is temporarily closed for repairs. Meetings are currently being held at Denny's Restaurant on 1st St. in San Jose.
- Chris announced that the only meeting in Santa Clara County offering ASL is in serious need of support.

With no further business, the meeting was adjourned at 9:07pm.

Respectfully submitted,

Alison

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Profit & Loss

October 2006

	<u>Oct 06</u>	<u>Oct 05</u>	<u>Jan - Oct 06</u>
Ordinary Income/Expense			
Income			
3030 · Contributions-General	11,374.66	9,218.83	101,058.23
8010 · Literature Sales	4,798.04	5,010.16	59,874.33
8020 · Meeting Guide Sales	635.00	0.00	635.00
8060 · Newsletter Subscriptions	45.00	10.00	715.00
Total Income	<u>16,852.70</u>	<u>14,238.99</u>	<u>162,282.56</u>
Cost of Goods Sold			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold (Excl. Mtg. Dir. after 6/1/06)	2,285.23	3,137.33	36,636.26
5150 · Cost of Meeting Directories (After 6/1/06)	1,958.91	0.00	1,958.18
Total 5000 · Cost of Goods Sold	<u>4,244.14</u>	<u>3,137.33</u>	<u>38,594.44</u>
Total COGS	<u>4,244.14</u>	<u>3,137.33</u>	<u>38,594.44</u>
Gross Profit	<u>12,608.56</u>	<u>11,101.66</u>	<u>123,688.12</u>
Expense			
6010 · Alarm Service	177.00	168.00	708.00
6030 · Accounting and Legal Fee	572.76	1,655.76	6,212.84
6060 · Amortization of Improvements	0.00	0.00	6.50
6070 · Bank Credit card charges (Credit card costs and fees)	69.77	0.00	166.05
6120 · Computer Expenses	125.00	0.00	1,198.00
6140 · Conferences - Office Manager	299.80	537.08	1,789.99
6150 · Unity Day Expense	0.00	0.00	590.00
6160 · Copier Expense	260.17	0.00	1,046.44
6190 · Depreciation Expense	0.00	0.00	2,422.75
6200 · Diverter Expense	249.98	0.00	249.98
6220 · Insurance - Worker Compensation	0.00	0.00	512.02
6230 · Insurance - General Liability	132.00	132.00	1,096.84
6240 · Employee HRA Plan	549.70	0.00	5,896.72
6245 · Internet Access Charges	39.90	19.95	199.50
6280 · Miscellaneous Expense	0.00	0.00	0.00
6330 · Office Expense	172.37	245.90	4,255.84
6350 · Office Furnishings - Expense	162.36	0.00	678.69
6370 · Office Paper Supply	235.50	375.67	672.12
6380 · Payroll Taxes	572.17	496.49	5,287.32
6410 · Postage	148.20	277.48	1,845.46
6480 · Rent	2,342.25	2,153.90	22,234.15
6510 · Repairs & Maintenance	0.00	40.55	88.21
6540 · Salaries - Office	6,310.25	5,989.48	62,096.83
6600 · Signing Services	400.00	200.00	2,200.00
7010 · Taxes and Licenses	0.00	0.00	60.00
7050 · Telephone	301.12	404.74	1,429.11
9080 · Sales Tax (Sales tax paid on purchases)	0.00	-0.29	0.00
Total Expense	<u>13,120.30</u>	<u>12,696.71</u>	<u>122,943.36</u>
Net Ordinary Income	<u>-511.74</u>	<u>-1,595.05</u>	<u>744.76</u>
Other Income/Expense			
Other Income			
8030 · Interest Income	191.63	315.85	1,922.77
Total Other Income	<u>191.63</u>	<u>315.85</u>	<u>1,922.77</u>
Net Other Income	<u>191.63</u>	<u>315.85</u>	<u>1,922.77</u>
Net Income	<u><u>-320.11</u></u>	<u><u>-1,279.20</u></u>	<u><u>2,667.53</u></u>

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Balance Sheet
 As of October 31, 2006

	Oct 31, 06
ASSETS	
Current Assets	
Checking/Savings	
1010 · Petty Cash	225.00
1035 · Bank of America (Bank account)	5,805.68
1036 · Bank of America CD 5247 (10 mo CD @ 4.16%, 01/17/07)	12,461.13 *
1039 · Bank of America CD 5717 (12 mo. CD @ 3.73%, 1/23/07)	14,807.31 *
1040 · Bank of America CD 5718 (12 mo. CD @ 3.73%, 1/23/07)	14,822.21 *
1041 · Bank of America CD 5931 (18 mo. CD @ 3.39%, 2/28/07)	14,569.05 *
1042 · Capital Preservation Fund (Treas. fund currently @ 4.45%)	3,218.82 *
Total Checking/Savings	65,909.20
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	-671.93
Total Accounts Receivable	-671.93
Other Current Assets	
1250 · Literature Inventory	16,644.29
1310 · Prepaid Insurance	832.91
Total Other Current Assets	17,477.20
Total Current Assets	82,714.47
Fixed Assets	
1630 · Office Equipment	38,150.80
1640 · Office Furnishings - Asset	2,197.84
1641 · Less Accumulated Depreciation	-16,034.50
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	-130.75
Total Fixed Assets	24,483.39
Other Assets	
1860 · Deposits	1,993.85
Total Other Assets	1,993.85
TOTAL ASSETS	109,191.71
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
2240 · Sales Tax Payable (Sales Tax Payable)	392.54
Total Other Current Liabilities	392.54
Total Current Liabilities	392.54
Total Liabilities	392.54
Equity	
2740 · Unrestricted Funds	95,777.91
3900 · Retained Earnings	10,518.73
Net Income	2,502.53
Total Equity	108,799.17
TOTAL LIABILITIES & EQUITY	109,191.71

* Our Prudent Reserve Accounts total: **\$59,878.52**
 This represents 5.44 months of operating expenses. The Board established
 goal is 9 months operating expenses.

9:39 AM
11/01/06
Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions**

October 2006

	<u>Oct 06</u>	<u>Jan-Oct 06</u>		<u>Oct 06</u>	<u>Jan-Oct 06</u>
1 INV Freedom Fellowship 70940	165.00	743.40	Mon. Los Altos Men's Group 59	0.00	262.00
1 INV Fremont & Hollenbeck Group 70907	0.00	1,050.00	Mon. Los Gatos Big Book 664	0.00	87.00
1 INV R and B Group 70972	233.66	2,060.59	Mon. Men's Group 97	0.00	308.00
1 INV Saturday Nite Live Group 70905	0.00	1,706.78	Mon. Men's Single Problem Study 89	250.00	2,585.00
ACYPAA	0.00	628.75	Mon. Men's Single Topic Discussion 582	0.00	595.00
Birthday Contribution 00951	725.00	4,399.50	Mon. Midday Meeting 714	0.00	105.00
Copier Contributions	0.00	900.00	Mon. Midday Women's Group 91	0.00	544.40
Fri. 12 Steps at Noon 303	60.00	290.00	Mon. Night Chip 405	133.20	133.20
Fri. Big Book Speakers Group 289	0.00	34.04	Mon. Shared Gift (The) (Women) 61	0.00	227.50
Fri. Big Book Study 8.00P Cupt 284	0.00	120.00	Mon. Signs of Sobriety 402	0.00	25.00
Fri. Easier Way Group 290	0.00	829.29	Mon. Source of Strength (Women) 501	0.00	70.00
Fri. East Valley Group 322	0.00	575.00	Mon. South Valley Women's Surrender 88	0.00	60.20
Fri. Fireside Group 297	0.00	41.00	Mon. Villages Group of AA (The) 406	100.00	1,144.00
Fri. Gut Level Group 288	0.00	140.00	Oldtimers Meeting 80935	0.00	71.00
Fri. In the Chapel 13	0.00	41.00	Personal 00911	5.00	1,167.25
Fri. Lakewood Group 332	0.00	97.30	Sat. Attitude Adjustment 443	0.00	170.00
Fri. Lesbians Living the Promises 349	0.00	288.46	Sat. Beginners & Beyond 345	0.00	314.00
Fri. Living Solutions 728	0.00	101.63	Sat. Big Book Study 8.00P 347	100.00	200.00
Fri. Men's 4th Step Group 320	0.00	50.00	Sat. Cambrian Saturday Night 376	0.00	1,854.44
Fri. No Bull Big Book 655	0.00	280.00	Sat. Early Bird 414	0.00	160.00
Fri. Saratoga Group 328	0.00	566.00	Sat. Get Up and Go (Women) 187	0.00	316.28
Fri. Saratoga Serenity Group 329	0.00	315.00	Sat. Grace Group of AA 352	0.00	467.40
Fri. Starting the Steps 753	0.00	380.00	Sat. High Hope 239	144.00	695.20
Fri. Steps to Serenity 331 Snvle	100.00	100.00	Sat. In the Solution 647	0.00	140.00
Fri. Suit Up and Show Up 126	0.00	30.00	Sat. Living in the Solution (Women) 33	0.00	60.00
Fri. T.G.I.F. Speaker/Discussion 298	777.80	1,550.20	Sat. Meditation Meeting 39	0.00	91.00
Fri. Women Preparing for the Weekend 691	187.00	330.50	Sat. Men's Honesty Group 26	0.00	854.70
G Agnews Noon Meetings 70921	490.00	2,385.95	Sat. Morning Fellowship 381	0.00	60.00
G Cornerstone Service Group 70908	695.20	2,715.66	Sat. Morning Los Gatos 777	0.00	1,330.00
G Forged From Adversity Group 70957	223.63	2,446.14	Sat. Mountain View Group 350	0.00	404.87
G Fremont & Manet Group 70975	0.00	560.00	Sat. Newcomers, Oldtimers (Women) 769	0.00	227.50
G Gilroy Groups 70906	241.50	241.50	Sat. Night Promises 847	0.00	325.00
G Higher Power Hour 70952	0.00	490.00	Sat. Positive Outlook Group 368	0.00	317.80
G Milpitas We Care Group 70934	266.60	1,350.05	Sat. Roots 344	0.00	560.00
G Seeking Guidance Group 70976	973.00	2,618.00	Sat. Saturday 6PM Meeting 413	0.00	136.50
G Serenity First Fellowship 70902	0.00	200.00	Sat. Second Tradition Group Spkr 721	0.00	815.00
G Sober & Free Conference 70928	0.00	397.20	Sat. Think Tank (Men) 361	700.00	2,800.00
G South County Fellowship 70954	140.00	1,400.00	Sat. Trinity Group 370	0.00	93.66
G Sunrise Group of Palo Alto 70963	0.00	483.00	Sat. Wake Up Meeting 342	0.00	70.00
G Sunrisers Group/Carrows 70932	552.62	4,546.23	Sat. Women's Brunch 640	140.00	771.57
G Third Tradition Women's Grp(The 70979	0.00	1,585.00	Sober and Free Convention 70928	0.00	409.20
G Winchester Fellowship 70960	300.47	865.47	Sun. AA Birthday Gilroy Group 4	0.00	70.00
Intergroup Council 80909	50.00	94.00	Sun. Almaden Valley Discussion 30	0.00	259.00
Memorial Contributions	20.00	933.00	Sun. Eastside Step Study 45	0.00	182.00
Mon. A.B.C. Women's Group 58	0.00	269.20	Sun. Gay Reflections on the Solution 841	0.00	43.00
Mon. As Bill Sees It 6.00P 518	0.00	449.40	Sun. Get Well Group 17	0.00	175.00
Mon. Downtown Steppers (Men) 392	0.00	96.65	Sun. Humbly Asked 8.00A 87	0.00	210.00
Mon. From Within 863	0.00	413.04	Sun. In the Basement 545	0.00	60.00
Mon. Gay & Lesbian Sober Experience 896	0.00	118.30	Sun. Invaders Group 44	0.00	100.00
Mon. Gay Men & Women Together 85	0.00	145.19	Sun. Live and Let Live 24	0.00	140.00
Mon. Grateful Live Group 535	298.90	1,165.50	Sun. Living Sober 21	0.00	311.81
Mon. HOW Group 71	0.00	643.00	Sun. Men's Underground Book Study 401	0.00	115.00
Mon. Joy of Living Meeting 92	0.00	349.56	Sun. New People's Group 3	0.00	158.00

9:39 AM
11/01/06
Accrual Basis

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions**

October 2006

	<u>Oct 06</u>	<u>Jan-Oct 06</u>		<u>Oct 06</u>	<u>Jan-Oct 06</u>
Sun. New Steps for Living 20	0.00	474.84	Tues. Freethinkers of the Valley 29	0.00	280.00
Sun. Pass It On Group Los Altos 418	0.00	257.95	Tues. Gay/Lesbian AA Big Book Disc 146	0.00	218.62
Sun. Plaza Del Rey Group 52	0.00	70.00	Tues. Happy Destiny (Women) 109	366.02	1,598.95
Sun. Progress Not Perfection 229	0.00	385.00	Tues. Los Gatos Tuesday Night 110	0.00	210.00
Sun. Sizzler Group 27	0.00	280.00	Tues. Men's Basic Step Study Group 891	0.00	545.88
Sun. Speaker Meeting 18	121.00	326.00	Tues. Palo Alto Men's Meeting 525	0.00	140.00
Sun. Spiritual Progress Group 8	101.50	101.50	Tues. Palo Alto Step Study 752	166.87	615.07
Sun. Spiritual Step Study Group 233	0.00	850.00	Tues. St. Luke's Group 113	0.00	1,370.00
Sun. Step by Step Group 5	0.00	70.00	Tues. Tuesday Night Saratoga Group 152	0.00	509.23
Sun. Sunday Early Evening 682	0.00	630.00	Tues. Veterans of Alcohol (open) 874	91.00	511.00
Sun. Sunday Night Recovery 23	0.00	100.00	Tues. We Are Not Saints 520	0.00	45.00
Thurs. 3rd Steppers Book Study (Wom) 610	50.64	50.64	Tues. We Care Step Study 128	0.00	662.90
Thurs. Basic Big Book 710	0.00	350.00	Tues. Winchester Mystery Meeting 102	140.00	280.00
Thurs. California Avenue Supper Group 715	0.00	525.00	Tues. Women's Topic Disc. Group	219.96	219.96
Thurs. Campus Group 234	0.00	625.00	Unknown	0.00	906.66
Thurs. Eleventh Step Meditation Mtg 276	0.00	90.30	Wed B.F.E. Book Study (in residence)	400.00	1,150.00
Thurs. Evergreen Group 884	70.00	140.00	Wed. Berryessa Group 527	0.00	426.40
Thurs. Evergreen Women 36	0.00	110.00	Wed. Better Way of Living 197	155.00	155.00
Thurs. Fireside Men's Book Study	0.00	402.67	Wed. Chip Winners Group 168	0.00	575.57
Thurs. Free to Be Me (Women) 736	0.00	105.00	Wed. Courage to Change 145	276.00	276.00
Thurs. Gay Men's Freedom 262	0.00	469.70	Wed. Eleventh Step Group 167	0.00	70.00
Thurs. Just For Today 238	20.00	280.00	Wed. Gay Alcoholics Living / Sobriety 742	0.00	140.00
Thurs. Los Altos Group 225	70.00	210.00	Wed. Inspiration Big Book 195	0.00	150.00
Thurs. Men's Single Problem Study 220	0.00	1,314.00	Wed. Jaywalkers	0.00	43.40
Thurs. Mountain Miracles 882	0.00	714.00	Wed. Ladies Amethyst AA Study Group 749	0.00	140.00
Thurs. Noon Discussion 272	0.00	331.55	Wed. Living with Serenity (Chip) 599	0.00	105.00
Thurs. Pathfinder 543	0.00	65.00	Wed. Lodestar Group / Sober Thoughts 499	0.00	100.00
Thurs. Rincon Men's Fellowship 567	210.00	490.00	Wed. Men's Freedom from Alcohol 606	0.00	350.00
Thurs. Sisters in Sobriety 548	0.00	155.74	Wed. Midweek Spiritual Progress 213	0.00	700.00
Thurs. Sober Times 227	0.00	151.20	Wed. Noon Discussion 177	0.00	245.00
Thurs. South Valley Group (Chips) 267	0.00	168.00	Wed. Other Wednesday Nite (Men) 209	0.00	1,124.20
Thurs. South Valley Men's 845	0.00	290.00	Wed. Serenity Discussion 210	188.78	1,094.00
Thurs. Spiritual Progress 269	0.00	770.00	Wed. Sober Thoughts 499	0.00	80.00
Thurs. St. Mark's Group 270	0.00	380.61	Wed. Step Study (Women) LG 820	0.00	156.80
Thurs. Starlight Solutions (Home) 750	0.00	72.68	Wed. Steps & Traditions 893	210.00	210.00
Thurs. Sunshine Group 243	0.00	210.76	Wed. Sundowners' Dinner Meeting 768	145.91	145.91
Thurs. There Is a Solution (Men) 732	0.00	482.20	Wed. Women on the Move 570	0.00	353.91
Thurs. What's Happening Today 552	0.00	569.10	Wed.. 4th Dimension Grp (in residence)	0.00	40.00
Thurs. Women Sharing the Solution 519	0.00	601.30		7,442.92	62,261.29
Tues. 12 Steps & HOW (Women) 25	0.00	308.00			
Tues. 449 Acceptance Group 157	0.00	100.00			
Tues. A Vision for You Women's 802	0.00	148.37			
Tues. AA Love & Tolerance Big Book 416	0.00	100.00			
Tues. Back to Basics Saratoga Noon 151	0.00	285.50			
Tues. Basic AA Text Study 803	71.73	71.73			
Tues. Big Book Discussion Group 107	0.00	274.70			
Tues. Caring & Sharing 148	30.00	70.00			
Tues. Design for Living 200	0.00	210.00			
Tues. Down to Earth Group 563	127.67	266.67			
Tues. Early Tuesday Group 119	0.00	194.60			
Tues. El Camino Group 108	70.00	387.32			
Tues. End of the Line Men's Group 147	0.00	1,544.18			
Tues. Fireside Big Book Study 809	0.00	21.00			