



FOCUS: LOSS IN SOBRIETY

Over the past few months, the fellowship has lost some of its long-time members. Friends around me have lost folks who were way too young to pass from us. I guess it is supposed to be that way—life on Earth does come to a conclusion for all living things.

Knowing that death is the normal order of things doesn't seem to help me feel better. A list of the "classic" stages of grief is: 1) Denial, 2) Anger, 3) Bargaining, 4) Depression, 5) Acceptance. I have found myself in those stages for periods as people have lost their battles with diseases, have passed suddenly, or finally succumbed to advanced age.

One member, who had been fighting cancer for a period of time, had the grace to have a "living wake" for himself while he was still alive. He had let us know that he was ill and that gave us time to progress through those stages. There were prayers and hopes for his recovery. There were opportunities to see him—and, unfortunately, to see the disease progress in him. Yet there was always a fellowship

around him, giving encouragement and comfort. I always had hope—at first hope for his recovery and, later, hope for him to be as comfortable in his last days as possible. And while my hopes for his recovery didn't come true, my hopes and prayers for him to be comfortable did. At that living wake, we (there were lots of us there!) got to tell him and show him that we loved him. I got to tell him that he had made a huge positive difference in my life.

After my friend passed, there was also a memorial service for him. It had laughter and some tears. It had stories of dedication, service and love. His friends, family, sponsees, sponsor, and employees all participated. There was some closure to a life too short but a life well lived.

In the end, I have come to acceptance. I'm reminded in the rooms of AA that acceptance does not mean liking something, it means acknowledging what is true. And when that truth becomes part of me, I can once again find some peace and serenity. The Big Book says (Pg. 84) "And we have ceased fighting

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Monthly Topics

Here's lookin' at you!! Happy June to all you Gemini and Cancer friends. We are greeting SUMMER, for sure! Summer Solstice (longest day of the year) is on June 21. June is busting out all over! This month we celebrate an assortment of things: Aquarium, Candy, Dairy, Fight-the-Filthy-Fly, Gay Pride, National Accordion Awareness, National Adopt-a-Cat, National Fresh Fruit & Vegetables, Rose, and Turkey Lovers. National Donut Day happens on the first Friday in June, and Flag Day on the 14th; Father's Day arrives on the third Sunday of June. Enjoy!

This month's featured meeting is the Sizzler Group at the Denny's Restaurant on Bascom Ave., in Campbell Sunday mornings at 9:00 a.m. See story on Pages 2-3.

This month's topic is Coping with Loss in Sobriety, and stories begin on this page and continue on Pages 4-5. Also, this month is Tradition Six: No endorsement, financial help outside AA, or promotion.

Next month's topic is Becoming Your Best in Sobriety. Deadline is June 19th. Please submit your stories on this or the Seventh Tradition to OdaatCOIN@yahoo.com or COIN@AASanJose.org. And thanks so much for all your writing,!

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FEATURE: Sizzler Group



Sizzler Group, Sundays 9:00 a.m. @ Denny's Restaurant, 2060 S. Bascom Ave., Campbell, CA

This coming June will mark 37 years since the Sizzler Group started meeting. Someone recently asked, "Why would you call an AA meeting Sizzler when you meet at Denny's?" Just ask any oldtimer and they will tell you why. On June 13, 1976 Jack Holt started an AA meeting at the Sizzler Restaurant in the Almaden Fashion Plaza. There were 80 people who attended that Sunday morning in June, Al E. was the chair and the topic was "Self-Honesty." One of the attendees was Charlie B. who was the sixth member of the original Alcoholics Anonymous group of 1935.

Since each group is autonomous to the whole, every meeting differs a bit from the next. It was decided from the beginning that Alanon members would be welcome to participate throughout the meeting and we continue that tradition today. Meeting on a Sunday morning at a restaurant has its advantages. Members can order breakfast before the meeting starts and enjoy some chow while listening to others share. Since Sunday mornings are typically busy, patrons

waiting to be seated always give a look of disdain when we merrily pass by to take our spots in the meeting room.

The meetings during that first year were well attended with an average head count of 75-80 people. In the meeting log on March 27, 1977 it was noted in the summary: Attendance 99 + God = 100. As time went on, the meeting moved to Capitol Lanes in 1978, then to Sambo's Restaurant in 1982, and on to Willow Glen Inn sometime in the 80s. In the Spring of 1989, Willow Glen Inn closed for a remodel. The meeting moved again, temporarily, to Alano Club West on Minnesota. At this point the meeting lost a number of regular attendees.

When the restaurant reopened, the banquet room no longer allowed smoking so it was decided to meet in the bar area where smoking was permitted. Meeting in the bar created some humorous situations. On Super Bowl Sunday, we were closing the meeting when an unruly crowd gathered at the door, impatiently waiting for us to finish and anxious to start their pre-game activities. On another occasion, two young ladies came in and sat at the bar just before the

meeting started. One of our members asked the women if they were there to attend the meeting. They asked "what meeting?" When they were told it was going to be an AA meeting, they quickly got up and bolted out the door.

The meeting met at the bar for a number of years until the owners decided to remodel and sell the restaurant. We moved again, down the street to a small café. When the new owners of the restaurant let us know that they preferred we meet elsewhere, the meeting was on the move again. This time we relocated to the Denny's Restaurant on Bascom Avenue - into a bar again. This bar was not in operation, however, and after a few years, it was remodeled into the meeting room where we still meet today. After so many moves our membership has dwindled but certainly not the AA Spirit. Sunday brunch couldn't get any better than this. Good food, friends and fellowship. Last week, I took a quick glance at the meeting summary and noted the Attendance: 21 + God = 22. After 37 years God is still with us.

Anonymous

COPING WITH LOSS IN SOBRIETY

Loss sucks. No doubt about it. But it's a part of life. As they say, nothing lasts forever. Working the steps has led me to a spiritual awakening, though. The process has allowed me to come to believe and depend on a power greater than myself. This dependence has, in turn, allowed me to have faith that I can adjust or adapt to changes in my circumstances. This is a perfect example of what we read in Step Three of the Twelve Steps and Twelve Traditions: "The more we become willing to depend upon a Higher Power, the more independent we actually are. Therefore dependence, as A.A. practices it, is really a means of gaining true independence of the spirit."

How does this dependence, and resulting independence, correspond to loss? Well, it's what lets me adjust to my life after the loss. Whether it's the loss of a person, a job, a home, a pet, an ability, or anything else I can think of, my life will go on. And my life will be different. There will be days when the loss impacts me

significantly. What am I going to do on those days? I'm going to do what Alcoholics Anonymous taught me to do to maintain my spiritual fitness. I'm going to go to meetings and I'm going to talk about how I feel and I'm going to reach out to a newcomer or to someone I love who is hurting, too. I'm going to pray. I'm going to say the Serenity Prayer over and over and over. Because, after all, the loss cannot be changed, and I need the serenity to accept that.

There will eventually be days when the loss impacts me less. I may even move into that phase of grief where I'm accepting enough of the loss that I can be grateful for ever having the person, the thing, the ability in the first place. Those days are definitely bittersweet. This is the time where I can thank my higher power that I was a part of something wonderful enough that I hurt to lose it. And I can continue to adjust to my life without it.

The adjusting part can be hard, for sure, but it can also be rewarding.

Taking note of where I've made progress and being grateful for that always bolsters my spirit and my faith. I try to remember that this is a very good time to reach out to those who love me. They've experienced losses, too, and, no matter how old the loss is, it still helps the healing process for them when they can show love and concern for someone with a more recent loss. And I try to remember that someday I'll be able to help someone going through his or her loss, because I've walked through mine.

In the Twelve Steps and Twelve Traditions, in Step Seven we read that self-centered fear manifests itself primarily in the fear of losing something we have or failing to gain something we demand. That tells me that loss can be a slippery slope for me. Thank you, COIN staff, for giving me the opportunity to reflect on how to cope with loss when it comes my way . . . for it surely will.

Ceased The Fight

continued from page 1.

anything or anyone..."

My friend is gone from his Earthly life. I know that he wants us to keep up the altruistic work he was doing here. And that while it is okay for me to mourn his loss, I need to remember the twinkle in his eye, his knowing grin, and that a certain paragraph at the bottom of page 129 in the Big Book will always be his to read.

Anonymous

CATASTROPHIC GRIEF

The grief counselor told me that I had “catastrophic grief.”

My parents had died within four months--to the EXACT DAY--of each other!

My mother passed away after an extended illness in June 2011. Surprisingly, my father died in October that year. He had health issues; however, I am certain that he really died of a broken heart. After being married to my mother for 46 years, my father lost his will to live.

In many ways, I find similarities between getting sober and dealing with grief. Somehow, I knew that I could not get sober, and I could not go through grief, alone. Just as Alcoholics Anonymous is my support group and helped me stay sober a day at a time; attending a grief group specifically for the loss of parents helped me tremendously. In AA, we have the phrase: “This too shall pass.” I believe that being sober and having the ability to feel my feelings regarding my grief, that time was the best healer of all! I attend AA meetings for an hour/hour and a half. The grief support group session usually lasted for an hour and a half. I still attended AA meetings while grieving, however, the grief support group became like a “home group” for me during this time. Just as AA taught me how to live life sober, the grief group taught me how to cope with my parents’ deaths.

Instead of bottling up my feelings by drinking them away like I did prior to getting sober, I chose to talk about how I was feeling on a weekly (sometimes daily) basis. Thank goodness that in AA we are encouraged to seek help when we have outside issues! When I attended AA meetings, I would share “in a general way” about my personal grief and loss. In my grief support group, I shared in a more specific, honest way.

The biggest similarity between getting sober and coping with the loss of loved ones, was learning how to

“do” holidays and celebrations once again. When I was getting sober, I would think: “A holiday is coming up! How will I ever stay sober?” Fortunately for me, there were plenty of holiday Alcohons that kept me sober my first few seasons. Regarding my grief during the holiday time, I would say something to the effect of, “Thanksgiving or Mother’s Day is coming up. How will I ever survive it?” I must admit, the first holidays without my parents here were the roughest! I cried, prayed, napped, attended AA meetings--whatever it took in order for me to cope with my losses. And guess what> I did not drink, no matter what I felt!

The main difference between my sobriety and my grief process, is that I think that I was much more gentle and kinder with myself in grief. I gave myself permission to feel my feelings and in group, we were allowed to cry as much as we needed to. I realize that grief is a very personal issue, and that everyone experiences it differently.

After a year and a half of pouring out my heart and soul on a regular basis in a grief support group, I realized that I had reached a different level. Perhaps it was Acceptance? Serenity? My realization occurred when I attended a grief group session in January this year. There was a new member who was completely “raw” and crying profusely. She was new to grief. It was then that I had a moment of clarity and I realized that I was no longer “new” to grief. I had learned some coping skills after attending grief group awhile. It was time for me to move on with my life and move out of the grief support group. I still think of my parents constantly with love. In fact, I had a lovely Mother’s Day. I don’t think I even cried once this year!

I am forever grateful to Alcoholics Anonymous, which made seeking help possible. I am so glad that I have worked the 12 Steps (and continue to

do so!) and that I was able to make amends to my parents and be the REAL daughter that my Higher Power intended me to be. I was able to enjoy my parents for the first few years of my sobriety and let go of my resentments. I am so grateful to have tools in my life today: for coping with loss, and for living life!

Kathleen H., San Jose, CA

WE HAVE A NEW ADDRESS

To write to the COIN, send stories to either ODAATCOIN@yahoo.com OR the new email address at Central Office: COIN@AASanJose.org.

CUSTODIANS IN AA

Getting sober young, at 20, has had so many advantages – many are incredibly obvious. My family and I were saved many of the devastating consequences that are often suffered by persons afflicted for decades with active alcoholism. Funny, when I was newly sober I wasn't truly conscious of the incredible lifelong gift I had been given. My perspective has significantly changed.

One not so obvious advantage of getting sober young was that I, for many years, relied upon other, more mature, members to protect the program by knowing the traditions, being active in General Service and Intergroup, articulating concerns when issues arose that challenged the integrity of the program, and celebrating the rich history of our incredible program. Not only did I rely on them, I took for granted that “they” would always be there and serve to protect AA. Now, more than 23 years sober, I am aware that the responsibility of caring for and guarding our beloved program is one that I share.

Recently, I attended our local Intergroup meeting and left incredibly hopeful for the future of AA. In early sobriety, I was an Intergroup

Representative for one of my meetings and did not leave – those meetings with a feeling of hope and enthusiasm. Something has changed since then; much in me. At the recent meeting, there were 67 Intergroup representatives participating on behalf of their respective groups. The conversation was lively, focused around finding solutions to challenges the fellowship faces, expanding our reach so that more become aware of what AA is and what it can do for those suffering with alcoholism. The passion and enthusiasm for AA was palpable.

Over the years, I have had the good fortune of studying the history of AA by participating in book studies in which we read some of the early writings and collections found in the Grapevine. I have visited some of the significant historical sites; in particular GSO in New York City and the Smith home, the Gate House, and gravesite of Bob and Anne Smith in Akron, Ohio. I went to the International Conference in Toronto and have been active in our local service structure including my home group. All of these experiences, coupled with being a member who is sponsored and who sponsors others

through the 12 steps, have transformed me.

I am now one of the custodians of AA, as is each member. A custodian is one who is responsible for and takes care of something. Beyond the miracle of getting sober is the miracle of being transformed into a member that cares enough to remain active enough to serve as a custodian of this incredible program. This change is, in part, the result of “sticking with the winners,” volunteering to serve the fellowship in many different capacities, being mentored by people who serve AA, studying the history of AA, and having a home group. Early in recovery I heard, “You cannot think yourself into right action, but you can act yourself into right thinking.” It has happened for me and I hope it happens for countless others as that is our greatest insurance that the program will remain strong for all who need it now and in the future.

I know today that I am truly blessed to be a member of the program and I stay active in it, a demonstration of my gratitude.

Anne

TRADITION SIX

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

I heard about a woman who had moved out of the Santa Clara valley to southern California, and when she became familiar with her new neighborhood was surprised to see a movie star in one of the meetings she attended. She said it was quite a shock to see such a famous person in that room, but once she'd been there a while, it was commonplace

to see famous folks along with all the other alcoholics she knew. The thing is, she told us that whenever he spoke at a conference or was called to speak somewhere, he wouldn't let anyone use his last name or promote that he was the speaker, based on his “movie” reputation. The same holds true for that man telling people on television or in the movies he appears in that he is a member of Alcoholics Anonymous. We are not promoting AA. We cannot be financed by rich people who may affect us adversely because they “have a vested interest” in us. It may be fine for a radio station to solicit funds to stay open as a “member-sponsored” broadcast, but

we are not in the business of advertising, and money is not our primary purpose. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. We don't do that with funds, just like we don't purchase property to open an AA office or dwelling.

When I first got sober, I thought it would be just lovely to buy a home with a huge lot next to it where I could have meetings for everyone who wanted to come. There are people who have invested time and money and effort into making Alano Clubs work, and I have heard many stories about the disagreements that

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Editor's Bag

Happy June, everyone! AA is celebrating its 78th Birthday on June 10th, the day widely known as the date of Dr. Bob's last drink. According to the AA timeline, Dr. Bob and Bill spent hours working out the best approach to alcoholics, a group known to be averse to taking directions. Realizing that thinking of sobriety for a day at a time makes it seem more achievable than facing a lifetime of struggle, they hit on the twenty-four hour concept.

In June of 1941, Ruth Hock received a newspaper clipping of the Serenity Prayer that had been printed in the New York Herald Tribune. Ruth and many AA members in New York and elsewhere immediately felt this prayer's relevance to AA's principles. Soon, the prayer was printed on cards and was being passed out to AA members everywhere. The prayer has since become a central part of AA heard in meetings around the world.

The prayer's authorship is generally attributed to well-known Protestant theologian Dr. Reinhold Niebuhr.

As we roll into summer, schools will be out, traffic will hopefully die down without all the buses and parents driving kids to and from activities, but remember now that we're sober, other drivers may not be. This is the time for summer picnics, fun in the sun, and plenty of beer and spiked lemonade. Be careful! Thank God for our being able to live without alcohol, stay in the moment, and be courteous and respectful – most of the time...!

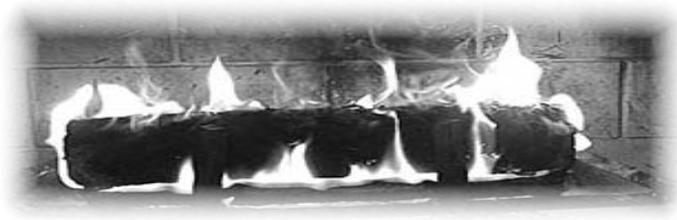
DON'T FORGET... Founders Day on June 10th (which will happen at Central Office on June 8th).

Fran



Topics Upcoming & Deadlines

July	Becoming Your Best in Sobriety	6/20/2013
	Tradition 7: Fully Self-supporting, no outside contributions	
August	Serenity – Getting It, Keeping It	7/24/2013
	Tradition 8: Forever Non-Professional	
September	Overcoming Obstacles	8/21/2013
	Tradition 9: How organized does one need be??	



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LOSS

Loss. Loss is part of life, as is healing and closure thru the grieving process. It is natural and normal. There are different types of "loss" -- death of a loved one, divorce, loss of a job, theft of possessions one holds dear, financial loss, loss of one's home -- to name only a few.

My modus operandi was, of course, to call on "the King" (Alcohol) to get me through. I used King Alcohol to take the edge off, to not think or hurt...because he was my best buddy...always there for me, in good times and bad.

My mother passed two and a half years before I came to AA. When called by the hospital at two in the morning to be told she had died, a reaction of nooooooooooooooooo set in immediately, followed by a feeling of disbelief and helplessness. Like, this can't be. There is a mix-up...it's not my mother. I was powerless...there was nothing I could do about it.

And so the process began. I felt her with me all the time. I heard her footsteps on the back stairs, just as I had my Dad's. Things happened that I was sure was her spirit. I wanted her to return for sooooo long; I would never see her again. My heart was broken. I so wished she could have lived to see me get a grip on my drinking. So, I decided to quit drinking for good and all...on my own...for my mother.

That lasted for 65 days, then gradually, I was back to my closet housewife drunk drinking habits, which seemed to me to be a good release for my grieving...it always took the edge off. The King never failed to help me see that I needed him. Needless to say, closure and healing was put on the back burner. I had the misguided conception that by drinking over it, it would be gone. Wrong. However, when I got sober, I did get healing and closure thru the Steps.

Two years and three months later, I went to my first AA meeting. Then,

an unexpected grieving process set in big time... for the loss of King Alcohol. I had such mixed emotions...I was sad to be losing my best friend. Unbearable??? Sort of. No matter how many times he had stabbed me in the back, he remained my King...it seemed rather apparent he did not have my best interests at heart...yet here I was...as I started counting my days and going to meetings...longing for it to have been different for me... longing for me to have been a social drinker who could manage my King Alcohol with style and dignity. Not!

Then next...the grieving process set in for me...for the years that I worshipped the King...for the lost years I could never get back which I had devoted to a mindset of thinking I needed King Alcohol for anything and everything inside and outside of my house, no matter what.

The "pink cloud" ensued. Acceptance of my disease set in. The Doctor's Opinion and Bill's Story helped me through the newcomer process, as did my precious first sponsor. Many, many times I had the thought that I could not "do this"...it was so hard...dang... why me, God, why couldn't I keep my best friend...why do I have to be an alcoholic? How will I ever get through anything sober!! Nooooooooooooooooo!. So, kicking & screaming & hurting & swearing inside myself...I continued... one day at a time. I found through the Third Step that I could make a decision to give it all to God, just one day at a time. I was addicted to worry and thinking, so one of my new sober friends taught me to tell myself: "I trust you, God, no matter what" to get me through the times and circumstances like those I had used King Alcohol for. Easy Does It was in my head all the time.

I missed my actions, reactions, feelings and emotions under the influence. They had become habit, given to me by my King. Nooooooooooooo! No, no, no. But, I learned to see everything through a new pair of glasses.

It got easier. Life got better. My sadness for my double loss dissipated. I was taught that it was okay to love myself and hate the King.

In sobriety, I have learned how to handle life's losses the AA way... with dignity and grace, including Acceptance of the grieving process for whatever loss God has me go through, and come out with healing and closure. Yes, it hurts, yes there is sadness. It's life. I have gone from..."I can't do this!! It hurts. Giving in to King Alcohol" to "I can do this! Giving it to God. One Day At A Time" by HIS Grace.

Last, but not least, is the fellowship of Alcoholics Anonymous...the people who support each other and hold each other up...through loss and whatever else the trial may be.

Several years ago, one of my "ladies" taught me; "God never brings me to it not to get me through it." To God be the Glory!

Danette G., San Jose

WITH LOSS ... SERVICE

Recently, I celebrated ten years of sobriety -- now in the "double digits" club, yet still feeling very much an adolescent in this program. As is now habit, I am taking stock of what has transpired over the past 12 months. The promises have been coming true since I walked through the doors of Alcoholics Anonymous and they are ever more meaningful now.

I was diagnosed with brain cancer in February and I cannot even begin to describe the devastating impact of this news. All of the promises are inspiring through the awfulness of my situation, but the one I am attending to most states that "We will lose interest in selfish things and gain interest in others." This is my saving grace, now and hence forward as I am gripped by fear, and struggling to stay on a spiritual path. I am compelled to write this article about the many lessons service has brought me, by participating in my own recovery -- and service happens to be one of the pillars of our program, along with recovery and unity.

All of our steps relate in one way or another to being of maximum service to God and my fellows, but in my eyes Step 7 is especially pertinent, stating that we "humbly asked him to remove our shortcomings." The epiphany for me was and is how my service work has been transformative from inside out. It is said that the world record for sobriety is 24 hours,

however, by continuing to suit up and show up God has given me some level of humility. Praying to be free of the bondage of self makes me more useful in every aspect of my life, not just in Alcoholics Anonymous. I have participated in recovery at many levels of service, and realize now that every commitment makes it possible for AA to sustain itself -- from meeting level to being involved in other service bodies, such as H&I, Intergroup and the like. As a newcomer, I first aspired to the secretary position because it meant all eyes were on me, or so I thought. From there I imagined achieving service stardom by climbing some imaginary ladder. This, I now understand, is quite contrary to the principle of humility, bringing about a whole new outlook that is also part of the promises, which means I recognize we are God's children and equal in His world.

After some years of searching, I have finally found my niche and passion in General Service work. Of course the pamphlet titled, "The GSR may be the most important person in the room" was immediately appealing, as self-centeredness has not totally left me. I remember at five years of sobriety the self-imposed pressure I felt at this juncture. In turn, my sponsor gently reminded me that no one expected me to suddenly be the president of AA, as if there is such a thing. That

was only a sign that some ego deflation was in order. Experience has shown me that General Service work is grounded in fostering the unity of the fellowship as a whole, rather than promoting the egos of a few, although we are all human and do not always behave along spiritual lines.

Step Seven can also be translated into the notion of being right-sized, easier said than done for this alcoholic. In other words, the feeling of being no more or no less than any other trusted servant. Along these lines, tradition two tells us that "our leaders are but trusted servants; they do not govern," going along with the reality that gathering a group conscience can be a bit like herding cats. Concept One also expresses this idea that final authority and responsibility and ultimate authority for AA services should always reside in the collective conscience of our whole fellowship. All of the service titles allow our society to function and remain whole. What I find most remarkable is this attitude of humility among our General Service officers. As our area delegate has explained, his role is to be the best listener possible as SGRS go to the microphone and share their group's consensus, as opposed to being driven by glory and accolades. It is simply a labor of love.

Carrie E.

TRADITION SIX

continued from page 5

happen even within a partnership situation. In early sobriety, it seemed like such a noble idea, but I had no idea about the logistics of running any kind of a non-profit organization that would become an ideal. Bill and Bob had the right ideas with the Twelve Traditions and they laid them out straight for us. Don't get involved

in making this profitable; it doesn't work. Focus on the alcoholic who still suffers, and be fully self-supporting.

If I had been able to buy that house I fantasized about back in 1987, I would have tired of feeding and waiting on every coffee-slurping alcoholic who ever made it through my door in about a week. Maybe less.

Thank you, Alcoholics Anonymous, for being so straight.

ARCHIVES

Recently, I had the opportunity to go with a group of AA members to our Area Archives Work Day and Open House in Walnut Creek. It was fantastic! There is a large drawer dedicated to Santa Clara County archives. We spent a few hours poring over the treasures and organizing the files. I was excited to see a poem written and signed by Jack H. in 1960. It was incredibly beautiful.

Saturday Night Live has a dedicated file – there were fliers for the infamous Saga of Suzie the Souse play in

the 80s, typed minutes from business meetings, and a formal letter from John C. about the participation of non-alcoholics in open AA meetings. It was such a blast to see the names of my friends and the service commitments they held twenty-plus years ago. I guess service really does help us to stay sober. Lenore M., Bob K., Diane O., and Rich M., you are all well documented!

There was also a file dedicated to the Fair Avenue Alano Club in San Jose. What fun! Did you know they

used to have beauty pageants at the Alano club in the 70s? Can you even imagine? See the image below for details.

The Area Archives Work Day and Open House are open to all AA members. They are held on the second Saturday of every month from 12:30 to 4:00pm at 193 Mayhew Way, Walnut Creek, CA 94597.

Nichole L., Archives Chair

Alano Club Of San Jose
1122 FAIR AVE.
SAN JOSE, CALIF. 95122
97-1878

Miss Alano Club of
1971

BEAUTY PAGEANT

April 3, 1971
9:30 PM

8 beauties to compete
in a TALENT contest
for Miss Alano Club of 1971

Come and see
these beauties
perform!

This will be a big
Saturday night
at the Club!

Much Fun!
Everybody welcome!
No Charge!

IF IT IS FOR AA - WE ARE FOR IT!
go to meetings

June 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 2013 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	July 2013 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					1 SECRETARY'S WORKSHOP 10am, Central Office ARCHIVES WORK DAY 11:15am, Central Office
2	3	4 SCCYPAA BUSINESS MEETING 6:30pm	5 PI/CPC WORKSHOP: 5:30 PI/CPC MEETING: 6pm OUTREACH MTG: 5:45pm INTERGROUP MTG: 7:30pm	6	7	8 PI/CPC Workshop 10am, Central Office FOUNDER'S DAY AT CENTRAL OFFICE!! Viewing of "In Our Own Words" and Ice-Cream
9	10	11	12 NORTH COUNTY GENERAL SERVICE MEETING 7:30pm	13	14	15 DIVERTER/12TH STEPPERS WORKSHOP 10am, Central Office
16 Father's Day	17 BRIDGING THE GAP MEETING: 7:00pm 1980 E. Hamilton Ave., SJ	18 SO COUNTY GENERAL SERVICE MEETING: 7pm	19	20	21 Solstice	22
23/30	24	25 H & I Committee 7:00pm	26	27	28	29

LOCAL EVENTS

- June 8** Central Office Honors Founder's Day Celebration "In Our Own Words" Replay, IPM, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- June 8** Early Bird Group of AA 3rd Annual Picnic BBQ & Potluck: 11AM, Redwood Grove at Kelly Park, 1300 Senter Rd., San Jose
- Aug 18** Unity Day (all day) Free food, free entertainment, free speaker meetings. Milpitas Community Center, 457 E. Calaveras Blvd., Milpitas, CA 95035. See flyers coming soon.
- Oct. TBD** Annual "Take Your Sponsor to Brunch", Date TBD, 11AM - 2PM, Lincoln Glen Church, 2700 Booksin Ave., San Jose

CALIFORNIA EVENTS

- Jun. 6-9** A.A. Desert Pow Wow, Renaissance Esmeralda Resort, 44-400 Indian Wells Lane, Indian Wells, CA 92210
- Jun. 7-9** Humboldt County Intergroup Campout 2013: Triumphant Life Camp, 12 miles east of Bridgeville on Hwy. 36, CA
- June 22 & 23** Cache Creek Group 26th Meeting on the River, Santa Rosa, CA www.cache-creek-group.org
- July 11-14** Serenity in the Sierras Campout XXIV: Camp Richardson, South Lake Tahoe
- 8/30-9/1** 2013 Redwood Coast Roundup, Eureka,
- Sept. 5-8** 8th International Seniors in Sobriety Conference, Town & Country Resort Hotel, San Diego, CA www.aasis2013.org
- Sept. 21** 7th Annual Hand-In-Hand Women's Day of Unity, Happy Joyous & Free, First Baptist Church of Lodi, 267 N. Mills Ave., Lodi
- Sept. 27-29** 39th Annual Woman To Woman San Diego, www.womantowomansandiego.com

July 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																																																																																																																																																												
	1	2 SCYPAA BUSINESS MEETING 6:30pm	3 PI/CPC WORKSHOP: 5:30 PI/CPC MEETING: 6pm OUTREACH MTG: 5:45pm INTERGROUP MTG: 7:30pm	4 Independence Day OFFICE CLOSED	5	6 SECRETARY'S WORKSHOP 10am, Central Office ARCHIVES WORK DAY 11:15am, Central Office																																																																																																																																																																																																																												
7	8	9	10 NORTH COUNTY GENERAL SERVICE MEETING 7:30pm	11	12	13 PI/CPC Workshop 10am, Central Office																																																																																																																																																																																																																												
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EVENTS AROUND THE COUNTRY AND GLOBE

June 7-9 Founder's Day Herald 78th Anniversary of A.A. www.akronaa.org
July 11-14 55th ICYPAA, Arizona Biltmore, 2400 East Missouri Ave., Phoenix, AZ 55th.icypaa.org

WE WANT TO HELP YOU SPREAD THE WORD!!

Please send news and information about your group's activities before the end of the month so we can get them in the COIN. We accept them in any form, but emailing a flyer is best: aasanjose@comcast.net

Telephone Calls Received During May 2013

Daytime at Central Office.....**336**

Daytime 12 Step Calls.....7

(Evening 12 Step Call information is not available.)

An average of just over 8,000 hits are made on our website each month!!

**I AM RESPONSIBLE...
WHEN ANYONE, ANYWHERE,
REACHES OUT FOR HELP,
I WANT THE HAND OF A.A.
ALWAYS TO BE THERE.
AND FOR THAT: I AM RESPONSIBLE.**

To all the members and groups who support us,
WE THANK YOU!

SPEAKER MEETINGS

Grapevine Speakers Meeting

Fridays at 8 p.m.

United Presbyterian Church

728 W. Fremont Ave. (at Hollenbeck), Sunnyvale

Second Tradition Group of AA

Saturdays at 8 p.m.

Lincoln Glen Church, 2700 Booksin Ave, San Jose

Remember We Deal With Alcohol

Saturdays at 8 p.m.

St. Mark's Church

1957 Pruneridge Ave., Santa Clara

Saturday Nite Live Group

Fridays at 8 p.m.

1388 S. Bascom at Stokes, San Jose

Speaker Meeting—VA Hospital

Sunday at 11:15 a.m.

3801 Miranda Ave., Palo Alto

Saturday Morning Fellowship

Saturday at 10 a.m.

United Presbyterian Church

Fremont & Hollenbeck, Sunnyvale

MEETING CHANGES

NEW

As Bill Sees It: Fri., 10:30AM, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

Basic Instincts for Men: Sun., 1:30PM, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

Daily Reflections: Mon., 10:30AM, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

Stick to Sobriety: Tues., 10:30AM, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

Came to Believe: Thurs., 10:30AM, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

Bonair Siding Big Book Study: Wed., 12 Noon, 340 Bonair Siding Road, Stanford University Campus, Zones Conference Room. Across from Parking and Transportation Dept. Metered Parking. Quarters Available.

Decision of Your Life Group: Sat., 8PM, 1557 Michigan Avenue #20, Alviso.

Willow Glen Book Study: Tues., 12 Noon, Elaine's Cafe, 1383 Lincoln Ave., San Jose.

Recovery Roulette: Thurs., 8PM, Rock Church, 929 Weddell Ct., Sunnyvale.

Go with God: Mon., 8PM, 586 N. 1st Street, Suite 230, San Jose.

Let's Talk About Recovery: Wed., 10:30AM, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

CHANGED

Steps & Traditions: Wed., 8:15PM, Oak Grove Baptist Church, 479 Blossom Hill Rd. at Snell Ave. Former South San Jose Kaiser Meeting that has a new location.

Sufficient Substitute: Mon.-Fri., 12 Noon, United Methodist Church, 1420 Newport Ave., San Jose. Effective immediately, all Sufficient Substitute noon meetings have moved to Dwell Christian Church, 1292 Minnesota Ave., San Jose.

Serenity at Noon: Mon.-Fri., 12 Noon, Comunidad Cristiana de San Jose, 2371 Ringwood Ave., San Jose. Please note: As of April 1st, all Serenity at Noon meetings will move to a new location at Red Cross, 2731 N. 1st Street, San Jose.

Starting the Steps: Fri., 6:45PM, Kaiser Santa Teresa Hospital, 275 Hospital Parkway, San Jose. Location has moved to Kaiser Permanente San Jose Medical Center, 5755 Cottle Rd., Bldg. 3, Rm. 2, San Jose.

NO LONGER MEETING

Noon Gratitude: Sun., 12 Noon, Serenity First Fellowship, 304 N. 6th Street (at Julian), San Jose.

Fast Start Group: 5:30PM, Fri., Fremont & Manet Group, St. John's Lutheran Church, 581 E. Fremont Ave. (at Manet)

Basic Big Book Study: 7PM, Tues., 591 N. King Rd., San Jose.

NO LONGER WITH US

Sadly, we have lost two more members of our fellowship. On April 27, 2013, at the age of 82, Professor Charles L. passed away from the lingering effects of Parkinson's and Alzheimer's. He was a gentle, good man, and a regular attendee at the Think Tank Men's meeting during the 1990s. He especially wowed the group with his broad intellectual knowledge and his phenomenal personal road rage driving episodes. He'll be missed.

On May 8th at the age of 77, Sheila M., a nurse for the past 60 years, passed away unexpectedly. She had 40 years of sobriety. With her tiny stature, quiet voice and direct way of telling it like it is, she always had her audience in the palm of her hand. She was a great influence for many people, and had become an inspiration after she lost her husband, Al, only three years ago. She will be missed every Saturday morning at the In the Solution Group, where she shared regularly.

Birthday Contributions

BIRTHDAY CELEBRANT	YEARS	CONTRIBUTIONS	BIRTHDAY
Janet P.	4	Carol B.	06/02/2009
Linda McB.	2	Linda McB.	05/29/2011
Bonnie R.	34	Linda McB.	05/29/1979
Janie T.	46	Larry T.	03/25/1967
Larry T.	48	Larry T.	05/05/1965
Peggy Z.	39	Aileen B.	05/29/1974
Marion F.	28	Aileen B.	05/18/1985
Dee Dee S.	5	Carol B.	05/19/2008

HAPPY BIRTHDAY TO ALL!! 206 YEARS OF SOBRIETY!!

If you would like to participate or honor a friend,
please use the birthday forms at your Meeting or Central Office.

CLASSIFIED – HELP WANTED – ON-GOING

YOU ARE NEEDED !!!

Bill Wilson learned that in order to stay sober he had to work with other alcoholics. My sponsor sent me down to Central Office on the day I had six months, and told me to sign in as a 12th Step volunteer. I did, and I stayed sober.

Please pass the word at your meetings and to your sponsees that A.A. needs 12th Step volunteers with six months or more of sobriety willing to 12th Step and to return calls from suffering alcoholics asking for the hand of A.A.

Note the importance of this service: Recently a suffering alcoholic called the hotline at 7:00 a.m. The diverter worker who took the call spent two hours trying to find someone to take his call. The 12th Step worker was able to take the individual to his first meeting. We need YOU!



A. A. Needs Your Help!

We are in need of 12-Step volunteers. If you are available to take 12-Step phone calls and/or go out on a 12-Step call (although, never alone!), come to the workshop and sign up!

We are especially in need of Women 12-Step Volunteers

Every 3rd Saturday of each month
10 AM
Central Office
274 E. Hamilton Ave. Suite D., Campbell
408-374-8511

InterGroup Minutes: May 1, 2013

- Gloria V., Intergroup Chairperson, opened the meeting at 7:33 PM, followed by a Moment of Silence and the serenity prayer.
- John read the definition of Intergroup.
- Fernando read the 12 traditions.
- New Intergroup Reps: Judi, Caring & Sharing Group, Tuesday at 8:00pm
- Visitors : Sarah, Katelyn, Paul T.
- Birthdays: Robby, 5 yrs., Bruce, 30 yrs., Fran, 25 yrs., Laura, 34 yrs., Mitch, 3 yrs., Susie, 6 yrs., Bill D, 31 yrs. in March
- 7th tradition.
- Corrections or Additions to the agenda (None)
- Corrections or Additions to the previous month's minutes (None)
- Treasurer's Report – Laura (next report in June)
- 67 voting representatives in attendance.

REPORTS

Intergroup Chair, Gloria V.

- If you need extra time for your report, please let me know 1 week in advance of the meeting.

Central Service Board, Annie

- We're doing well. April was a good month financially; we were in the black, and we have a \$2500 profit year to date. At our Board meeting last week, we talked about insurance for meetings. This information will be presented during the Old Business portion of tonight's meeting.

Central Office, Bruce

- We have a new ceiling in the office, installed by the landlord, so spring cleaning is now complete.
- We have completed our search for and research into an insurance proposal for umbrella coverage for our meetings and groups. This will be discussed more fully as an agenda item later.
- Plans for our Founder's Day event at Central Office on June 8 continue. We have a new projector screen. It's readily portable and can be used for many events, as you can see here before you. We're keeping the plans pretty simple, with popcorn and ice cream for the movie and a discussion following. Billy D. will be moderating the discussion. We will consider a second showing of the movie if demand warrants a second showing.
- I attending the Pre-Conference Assembly in Antioch on Saturday, April 6 and will be attending the Post-Conference Assembly in Livermore on May 18.
- And Central Office fares well.

PI, Ramon

- On May 8th we're making a presentation at a domestic violence counseling class, and we'll be making two more presentations later on. If anyone is interested in participating, please contact Ramon.
- May 21 we're presenting at the Community Health Class at Santa Clara University from 1:45-3:15.
- Ramon will come to meetings/groups if there is any interest in a PI/CPC workshop. He will be conducting a PI/CPC workshop at the Cornerstone Fellowship Group in June.
- We conduct a PI workshop at 5:30 before our regular monthly PI/CPC meeting held at 6:00pm at Trinity Presbyterian Church before the 7:30 Intergroup Meeting. We also have a PI/CPC workshop the 2nd Saturday of the month, 10:00am at Central Office.

CPC, Larry

- On April 28th we had a literature table at the Healthy Living Fair held at Our Lady of Refuge Church at 2165 Lucretia Avenue in San Jose from 9am-2pm.
- We received word from the General Service Office that the National Association of American Indian Physicians will meet July 29-August 4 at the Hyatt in Santa Clara.

12 Step Committee, Bill

- If your home group has 50 or more members, at least 10 of whom will attend the workshop, the Twelfth Step committee will bring a workshop to your group! The workshop, which takes no more than an hour, will be held immediately after your recovery meeting, or as mutually agreed. To schedule a workshop for your group, contact Central Office via phone or email or contact the committee via email at billd82@gmail.com. We could do as many as two of these workshops/month if there is sufficient interest. Individual members can always attend the monthly workshop held on the third Saturday at Central Office at 10:00am.

Daytime Coordinator, Mike M. , No report.

Nights & Weekends Diverter Coordinator, Tommy O.

- All is well. Diverter shifts are full. Some 12 Step volunteers are complaining that they don't get any calls from the diverter. One solution is for the 12th Step volunteers to call the diverter to request that any 12th Step calls be diverted to them during that particular shift.

Outreach Committee, Kathy Ann C., Kathy Ann is ready and eager to start.

COIN, Fran

- Fran wants to get the next two newsletters done early because Brian, who does the COIN layout, is going on vacation. Ask your groups to get their articles in now. The June topic is Coping with Loss in Sobriety. There will be a featured meeting, and we can always use articles on the Traditions (they can be short!). July features Becoming Your Best in Sobriety. The August topic is Serenity.

Activities Committee, Robby W.

- October 5 is the date for the Take Your Sponsor to Brunch event, to be held at Lincoln Glen Church; Lincoln Glen will not raise our rental rate. The Boiled Owls Group won the Chili Cook off, with the Veterans of Alcohol Group coming in second.

Communications Committee, Leona

- Leona reported results of the online survey to determine what people are looking for on the website, which provided helpful feedback. 48% of respondents visited the website 3 times/month. The #1 reason for going to the website was to look up meetings; second was to find Central Office's location; and third was to learn about events in Santa Clara County. Two comments were that it is frustrating for newcomers to go to a listed meeting and find that it is no longer meeting, and that the event section is not kept up to date.
- The new website is finished! There are two versions: it can be viewed on a computer screen or on a phone via a mobile app. There is a new search tool for finding meetings. The difficulty in the upload tool for getting the COIN newsletter onto the website has been resolved. The new website is not yet live; it should be available in a week or two. The current version can be viewed at <http://aasjonline.com>. The new website was developed with Open Source Code. Our goal is to help people find meetings. It is possible to view all meetings held at Freedom Fellowship, Saturday Night Live, and the Serenity First Fellowship. Contact Leona at Leona@aasanjose.org.

OLD/ONGOING BUSINESS

- Bruce has been researching what insurance companies are willing to write insurance policies for meetings that are required by their landlords to have their own insurance. Nonprofits' Insurance Alliance of California (NIAC) is writing insurance policies for nonprofits. Central Office will switch its insurance carrier from State Farm to NIAC so insurance can be available for any group that needs it. Intergroup will have an additional cost of \$2,210/year, or \$190/month to make this policy available to groups. This will be a general commercial liability policy providing \$1.2 million coverage for damage to rental property. Twenty groups in attendance were interested in this type of coverage.
- A motion was made and seconded that Intergroup take on an additional expense to provide this type of insurance coverage at the rate of \$2,210/year; the policy will run from June 1, 2013 through May 31, 2014 with NIAC. The motion passed.
- A motion was made and seconded to assess group premiums as follows:
- Annual cost breakdown:

1-2 meetings/week at one location	\$50/meeting
3-10 meetings/week	\$25/meeting
11 or more meetings/week	\$250 for 1st 10 meetings + \$10 for each additional meeting
- The motion passed.

OTHER SERVICE COMMITTEE REPORTS**Unity Day, Josh**

- The date is August 18. We are waiting for the Milpitas City Council May Board Meeting the week of May 6 to determine if they will waive various fees so our cost will continue to be \$750 instead of the normal charge of \$2300. We are looking at backup site options if we have to change the location of this year's Unity Day. Josh's phone number is 404/433-0242; joshharrison@gmail.com.

NCCAA, Open, No report.**Hospitals and Institutions, Robert**

- We are looking for speakers to go to our supported facilities.

Bridging the Gap, Kate R.

- Larry reported that the purpose of Bridging the Gap is to help people make the transition from jails and facilities to their first AA meeting. Meetings are held the third Monday of the month at 7:00 at First Congregational Church, 1980 Hamilton Avenue (Hamilton & Leigh), San Jose.

North County General Service, Eric

- For the past two weeks, CNCA's delegate attended the General Service conference in New York, where she represented groups all across Northern California and reported on what groups here in Santa Clara County thought about a variety of Agenda topics that were discussed in March. We will be hearing her report about the results of this year's conference on May 18 at the Post-Conference Assembly in Livermore, CA.
- Often, I'm asked what General Service is all about. One of its many functions is translating AA literature into various languages so alcoholics around the world can get the message in their native language. In February, an AA member at the Early Tuesday 7PM Group in Mountain View was talking to a new member after the meeting. The newcomer, who had a slight accent, spoke Urdu at home. The two talked a while longer, and the veteran AA asked the newcomer to come back next week. When the veteran went home, he looked through his library of foreign language Big Books and found two copies of the Urdu Big Book, published in 2003 by the General Service Office. Urdu is a language spoken in South Asia, primarily Pakistan, India, Nepal, and Bangladesh. The next week, he was able to give a copy of the book to this newcomer.
- Contributions from groups locally and around the country helped fund the translation of that book. They made that book available for sale here and around the world so that one day, some newcomer in Mountain View would be able to get the message in a language he understood so that he could stay sober. General Service sometimes feels remote and obscure, but for a least one member in Mountain View, it was instrumental in his sobriety.

South County General Service, Miguel, No report.**SCCYPAA, Open, No report.****OPEN FORUM**

- The Serenity First Downtown Fellowship now has a meeting at 4:30 pm Sunday in addition to the meetings Monday through Friday at 10:30am, 6th & Julian.
- Susan S. asked about recovery meetings in Vietnamese and Tagalog. Meetings in these languages are not specifically highlighted in our meeting directory.
- H&I needs a new coordinator for Mariposa.
- Saturday Nite Live will celebrate its 32nd anniversary May 18 from 10-4pm at Willow Street Park in San Jose; there will be a Chili Cook off at 11:00.
- John stated that the three meetings at Lucy Stern will save \$850 in insurance premium costs with the new insurance offered through Central Office.
- Thanks to Gavin for making coffee tonight!

The meeting was adjourned at 8:55pm.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Profit & Loss

May 2013

	May 13	May 12	Jan - May 13
Ordinary Income/Expense			
Income			
3030 - Contributions-General	9,647.64	8,215.45	55,878.55
3050 - Group Insurance (Group premium payments)	250.00	0.00	250.00
8010 - Literature Sales	3,422.51	3,991.48	21,033.20
8020 - Meeting Guide Sales	573.00	856.50	2,967.00
8050 - Activities Committee	0.00	0.00	4,338.44
8060 - Newsletter Subscriptions	0.00	25.00	75.00
Total Income	<u>13,893.15</u>	<u>13,088.43</u>	<u>84,542.19</u>
Cost of Goods Sold			
5000 - Cost of Goods Sold			
5100 - Cost of Inventory Sold	2,382.66	2,878.50	14,689.88
5150 - Cost of Meeting Directories	192.64	225.12	2,411.99
Total 5000 - Cost of Goods Sold	<u>2,575.30</u>	<u>3,103.62</u>	<u>17,101.87</u>
Total COGS	<u>2,575.30</u>	<u>3,103.62</u>	<u>17,101.87</u>
Gross Profit	11,317.85	9,984.81	67,440.32
Expense			
6010 - Alarm Service	0.00	0.00	414.00
6015 - Activities Committee Expense	0.00	150.00	2,295.52
6030 - Accounting and Legal Fee	0.00	0.00	1,025.00
6070 - Bank Credit card charges (Credit card costs and fees)	95.80	226.87	524.06
6120 - Computer Expenses	0.00	0.00	144.81
6160 - Copier Expense	48.16	71.70	419.01
6190 - Depreciation Expense	0.00	0.00	236.00
6220 - Insurance - Worker Compensation	0.00	0.00	232.25
6230 - Insurance - General Liability	147.25	114.08	801.59
6231 - Insurance - CGL Group Umbrella	2,176.00	0.00	2,176.00
6240 - Employee HRA Plan	295.90	444.10	4,673.65
6245 - Internet Access Charges	32.59	29.95	152.39
6320 - Newsletter Expense	0.00	0.00	493.79
6330 - Office Expense	-215.59	129.14	1,200.60
6370 - Office Paper Supply	869.45	345.11	1,035.02
6380 - Payroll Taxes	537.92	531.41	3,382.17
6410 - Postage	3.50	340.40	557.80
6430 - PI/CPC	49.71	0.00	249.71
6480 - Rent	2,090.55	2,534.00	10,896.20
6540 - Salaries - Office	7,031.62	6,962.40	34,146.03
6560 - Payroll Expenses	90.78	80.02	502.48
6600 - Signing Services	200.00	0.00	1,000.00
7010 - Taxes and Licenses	0.00	0.00	80.00
7050 - Telephone	164.58	270.39	883.09
7060 - Travel	0.00	42.09	40.39
9080 - Sales Tax (Sales tax paid on purchases)	0.00	155.01	-0.40
Total Expense	<u>13,618.22</u>	<u>12,426.67</u>	<u>67,561.16</u>
Net Ordinary Income	-2,300.37	-2,441.86	-120.84
Other Income/Expense			
Other Income			
8030 - Interest Income	4.37	41.89	49.26
Total Other Income	<u>4.37</u>	<u>41.89</u>	<u>49.26</u>
Net Other Income	<u>4.37</u>	<u>41.89</u>	<u>49.26</u>
Net Income	<u><u>-2,296.00</u></u>	<u><u>-2,399.97</u></u>	<u><u>-71.58</u></u>

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Balance Sheet

As of May 31, 2013

May 31, 13

ASSETS

Current Assets

Checking/Savings

1010 · Petty Cash	147.19
1020 · First Republic Bank (Checking account)	5,376.66
1021 · First Republic Bank CD 0429 (12 Mo. CD @ .4%, 08/12/2012)	17,518.74 **
1023 · First Republic Bank CD 3228 (12 Mos. CD @ .6%, 02/05/2013)	16,440.21 **
1025 · First Republic Bank CD 7266 (12 Mos. CD @ .05%, 01/06/2013)	20,085.13 **
1026 · First Republic Bank CD 7619 (15 Mos. CD @ .05%, 06/21/2013)	15,007.50 **
1027 · First Republic Bank CD 7681 (3 Mo. CD @ .05%, 04/16/13)	15,001.86 **

Total Checking/Savings

89,577.29

Accounts Receivable

1110 · Accounts Rec - Group Deposits	-1,561.06
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Total Accounts Receivable

-1,561.06

Other Current Assets

1250 · Literature Inventory	18,806.32
1310 · Prepaid Insurance	1,650.01
1499 · Undeposited Funds	1,055.71

Total Other Current Assets

21,512.04

Total Current Assets

109,528.27

Fixed Assets

1630 · Office Equipment	30,259.02
1640 · Office Furnishings - Asset	7,507.80
1641 · Less Accumulated Depreciation	-33,953.17
1680 · Leasehold Improvements	300.00
1681 · Less Accumulated Amortization	-300.00

Total Fixed Assets

3,813.65

Other Assets

1860 · Deposits	1,993.85
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Total Other Assets

1,993.85

TOTAL ASSETS

115,335.77

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Other Current Liabilities

2240 · Sales Tax Payable (due quarterly)	803.14
2600 · Unity Day	1,628.87

Total Other Current Liabilities

2,432.01

Total Current Liabilities

2,432.01

Total Liabilities

2,432.01

Equity

2740 · Temporarily Restricted Funds	10,842.08
3900 · Unrestricted Funds	102,133.26
Net Income	-71.58

Total Equity

112,903.76

TOTAL LIABILITIES & EQUITY

115,335.77

**Our Prudent Reserve Accounts total \$84,053.44 This represents 100% of the Board established goal of 6 months of operating expenses.

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions

May 2013

	May13	Jan - May13		May13	Jan - May13
1 Inv Freedom Fellowship 70940	0.00	170.38	G Sunrise Group of Palo Alto 70963	0.00	1,550.49
1 INV Fremont & Hollenbeck Group 70907	0.00	350.00	G Sunrisers Group/Carrows 70932	390.29	2,119.80
1 INV Fremont & Manet Group 70975	0.00	840.00	G Third Tradition W omen's Gp, The 70979	612.99	2,192.37
1 INV One Dayat a Time 70903	363.22	1,703.60	G W e Care Group 70934	0.00	490.00
1 INV R and B Group 70972	0.00	2,545.35	Gathered Together for Sobriety43 (Sun.)	0.00	87.00
1 INV SaturdayNite Live Group 70905	70.00	350.00	Gay & Lesbian Sober Experience 896 (Mon.)	0.00	78.00
1 Inv Seeking Guidance Group 70976	0.00	630.00	GayMen & W omen Together 85 (Mon.)	304.00	364.00
1 INV South CountyFellowship 70954	210.00	1,470.00	Get Up and Go (W omen) 187 (Sat.)	0.00	1,519.45
1 INV Spiritual Progress Group 70904	0.00	2,600.00	Get Well Group 17 (Sun.)	0.00	292.32
1 INV W inchester Fellowship 70960	75.00	150.00	Grace Group of AA 352 (Sat.)	0.00	350.00
12 Keys to Freedom 334 (W ed.)	0.00	125.10	Grateful Live Group 535 (Mon.)	0.00	667.00
12 Steps at Noon 303 (Fri.)	175.00	315.00	HappyDestiny(W omen) 109 (Tues.)	420.00	875.00
4 Directions 855 (Fri.)	0.00	86.10	HappyHour W G 652 (Fri.)	0.00	540.00
A Vision for You W omen's 802 (Tues.)	0.00	110.00	Happy, Joyous & Free 650 (Tues.)	60.00	60.00
A.B.C. W omen's Group 58 (Mon.)	0.00	70.00	HOW Group 71 (Mon.)	0.00	632.00
Almaden ValleyDiscussion 30 (Sun.)	0.00	245.00	HumblyAsked 87 (Sun.)	0.00	350.00
Attitude Adjustment SJ 43 (Sat.)	186.00	186.00	In the Basement 545 (Sun.)	0.00	52.00
Attitude Adjustment SJ 861 (Thur.)	0.00	154.00	In the Solution 647 (Sat.)	0.00	516.90
Back to Basics Saratoga Noon 151 (Tues.)	0.00	101.00	Intergroup Council 80909	0.00	600.67
Big Book Men's Group (Men) 106 (Tues.)	0.00	175.00	Ladies Amethyst AA StudyGroup 749 (W ed.)	0.00	358.91
Big Book Speakers Group 289 (Fri.)	0.00	105.00	Lesbians Living the Promises 349 (Fri.)	0.00	120.00
BirthdayContribution 00951	541.00	1,707.00	Liquor W as But A Symptom 203 (Thur.)	200.00	330.00
Boiled Owls (Men's) 816 (W ed)	0.00	1,061.00	Living in the Solution MH (W) 33 (Sat.)	0.00	111.78
Bowers Fellowship 46 (Sun.)	0.00	49.00	Los Altos Big Book 860 (Thurs.)	0.00	504.58
Cambrian SaturdayNight (Chips) 376 (Sat)	0.00	1,019.90	Los Altos Group 225 (Thur.)	150.00	150.00
Campus Group 234 (Thur.)	272.40	272.40	Los Altos Men's Group 59 (Mon.)	280.00	280.00
Candlelight Group 380 (Sat.)	0.00	50.00	Los Gatos Big Book 664 (Mon.)	0.00	225.00
Character Defect Freedom 201 (Tues)	0.00	364.00	Men's 4th Step Group 320 (Fri.)	30.00	110.00
Chip Winners (Chips) 168 (W ed.)	0.00	1,074.48	Men's Basic Step StudyGroup 891 (Tues.)	0.00	131.00
Chips and Dyps (Chips) 559 (Tues.)	0.00	600.00	Men's Group 97 (Mon.)	0.00	470.83
EarlyBird SJ 244 (Thur.)	72.00	72.00	Men's HonestyGroup 26 (Sat.)	0.00	896.00
EarlyTuesdayGroup 119 (Tues.)	0.00	665.35	Men's Single Problem StudyGp 220 (Thur.)	0.00	471.00
Easier W ayGroup 290 (Fri.)	0.00	479.50	MiddayW omen's Group 91 (Mon.)	0.00	571.88
East ValleyGroup 322 (Fri.)	0.00	350.00	Mondayat a Time 208 (Mon.)	0.00	92.00
El Camino 108 (Tues)	0.00	190.00	Mountain Miracles 882 (Thur.)	104.00	104.00
End of the Line Men's Group 147 (Tues.)	0.00	279.65	Mountain View Group 350 (Sat.)	0.00	168.00
Evergreen Group 884 (Thur.)	70.00	70.00	NewNooners 808 (Mon.)	50.00	120.00
Fireside Drunx 400 (Mon.)	0.00	70.00	NewSteps for Living 20 (Sun.)	0.00	313.60
Free to Be Me SJ (W omen) 736 (Tues.)	0.00	35.00	No Bull Big Book 655 (Fri.)	581.46	581.46
G Attitude Adjustment	0.00	285.90	Other W ednesdayNite,The (Men) 209 (W ed)	0.00	363.00
G GilroyGroups 70906	210.00	210.00	Pass It On Group 418 (Sun.)	0.00	127.87
G Higher Power Hour 70952	189.90	754.80	Personal 00911	0.00	560.31
G Remember W e Deal W ith Alcohol 70938	0.00	166.60	Plaza Del ReyGroup 52 (Sun.)	171.00	171.00
			Rincon Men's Fellowship 567 (Thur.)	0.00	420.00

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Group Contributions
May 2013

	<u>May13</u>	<u>Jan - May13</u>	<u>May13</u>	<u>Jan - May13</u>
Saturday's Reflections 622 (Sat.)	133.00	217.00		
Saturday6PM Meeting 413 (Sat.)	0.00	204.72		
SaturdayMorning Los Gatos 777 (Sat.)	1,680.00	1,680.00		
Second Tradition Group Spkr 721 (Sat.)	0.00	1,374.50		
SerenityDiscussion 210 (Wed.)	0.00	123.00		
Shared Gift, The (W omen) 61 (Mon.)	483.35	483.35		
Single Problem Study(Men) 212 (Wed.)	0.00	166.59		
Single Problem Topic (Men's) 582 (Mon.)	0.00	157.00		
Sisters Seeking Serenity 858 (Wed.)	0.00	360.00		
Sober in the Park 688 (Sun.)	0.00	200.00		
Solutions for GayW omen 870 (Thur.)	0.00	117.00		
South ValleyMen's 845 (Thur.)	0.00	197.35		
South ValleyW omen's Surrender 88 (Mon.)	0.00	85.08		
Spiritual Awakening 813 (Tues.)	277.00	565.00		
Spiritual Step Study 233 (Sun.)	677.76	1,258.10		
St. Luke's Group 113 (Tues.)	0.00	275.00		
St. Mark's Group 270 (Thur.)	0.00	725.00		
SundayNight Recovery 23 (Sun.)	0.00	100.00		
Sundowner's Dinner Mtg (Chips) 768 (Wed.)	100.00	100.00		
Sunshine Group noon 243 (Thur.)	100.00	100.00		
Think Tank (Men's) 361 (Sat.)	0.00	700.00		
TrinityGroup 370 (Sat.)	0.00	225.00		
TrulyHappyHour 324 (Fri.)	180.00	352.00		
TuesdayNight Men's Mtg 525 (Tues.)	0.00	391.00		
TuesdayNight Saratoga Group 152 (Tues.)	0.00	300.00		
TuesdayNoon Step Study 556 (Tues)	0.00	140.00		
Up the Creek-DailyReflections 745 (Tue.)	0.00	100.00		
Veterans of Alcohol NorthH 338 (Tues.)	0.00	150.00		
Villages Group of AA, The 406 (Mon.)	0.22	350.48		
We Are Not Saints 12 & 12 520 (Tues.)	0.00	85.00		
We Care Step Study 128 (Tues.)	203.00	203.00		
Wisdom to Know 651 (Mon.)	0.00	140.00		
W omen's Topic Disc. Group 103 (Tues.)	0.00	172.00		
W omen on the Move 570 (Wed.)	0.00	505.00		
W omen to W omen 704 (Sat.)	25.05	179.05		
TOTAL	<u>9,647.64</u>	<u>55,878.55</u>		

Intergroup Central Office
of Santa Clara County, Inc.
274 E. Hamilton Ave., Suite D
Campbell, CA 95008

Non-Profit Org.
U.S. Postage
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San Jose, CA
Permit No. 3556

RETURN SERVICE REQUESTED



REMEMBER ...

PERSONAL CONTRIBUTIONS TO CENTRAL OFFICE
(any amount, to a maximum of \$3000.00 per year, please)
ARE CHEERFULLY RECEIVED AT:

INTERGROUP CENTRAL OFFICE
274 E. HAMILTON AVE., SUITE D
CAMPBELL, CA 95008

*(*your contributions are tax deductible)*

