



November 2015  
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A PUBLICATION OF THE INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY

# Sought through Prayer and Meditation

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## Upcoming COIN Deadlines

December 2015 Issue:  
November 18<sup>th</sup>

Topics: *Step Twelve*  
*Tradition Twelve*  
*Twelfth Step Principle*  
*(Service)*

January 2016 Issue:  
December 16<sup>th</sup>

Topics: *Step One*  
*Tradition One*  
*First Step Principle*  
*(Acceptance)*

February 2016 Issue:  
January 20<sup>th</sup>

Topics: *Step Two*  
*Tradition Two*  
*Second Step Principle*  
*(Hope)*

Please email all COIN submissions to [coin@aasanjose.org](mailto:coin@aasanjose.org).

## The COIN Team

Editor: Stephanie L.



## *Letter from the Editor*

Dear Fellow Members,

As you take time to reflect this month on all that you are thankful for, we hope that the submissions in this month's issue give you pause to contemplate your own Eleventh Step and your conscious contact with your Higher Power.

We're so grateful to all of you who take the time to share your talent and your experience, strength, and hope with us through The COIN. We're still finding ourselves scrambling to fill the pages each month. Whenever you feel inspired, please, take the time to write (or draw! or photograph!) and submit whatever it is that strikes you that you think our fellow members might enjoy and benefit from. The COIN is such a powerful vehicle through which to share our stories! It doesn't matter how short, or if it's not on the topic of the month.

The COIN is also trying to expand events coverage and we're looking for some on-the-ground "reporters" to cover AA events in and around Santa Clara Valley. If you're interested in getting involved, please give Central Office a call (408.374.8511) or email us at [coin@aasanjose.org](mailto:coin@aasanjose.org).

Thank you for the opportunity to be of service. As we head into the Thanksgiving holiday, we at Central Office wish you and your families a beautiful holiday season.

*Stephanie L.*



## A Member Turns to Visualizing to Find God and Learn to Let Go

Raised with no religion, a Higher Power has always been an unknown to me. But, being the curious child I was, I would often wonder to myself who this “God” was and what did He looked like.

Early in my sobriety, I was struggling with this again and seriously questioning His existence. Although I had done my own faith search in my early 30s, became a Catholic (after I *swore* I never would), I still struggled to find that connection. When I hit my bottom, I started to believe that He might not exist at all.

One meeting, a woman shared how she was struggling with her Higher Power and the connection. Her sponsor told her to try and visualize her original concept of her Higher Power and that that would help her connect. Instantly, I was brought back to my childhood, when I walked to school and would contemplate this “God” entity. Once I saw street workers, with their hard hats, working on the road. That’s when I decided that my Higher Power looked like one of those road construction men. Ever since, whenever I was reminded of this first vision of my Higher Power, the prayers began to flow.

Did I turn it all over to Him then and there? No. I worked through my program and started to believe that I could trust in this Higher Power.

I have a hard time letting go, as we all do, so I began to visualize what letting go looked like. For me, it’s like a bouquet of balloons. I slowly let go of one string at a time, until the entire bunch is floating up, with no chance of me jumping up and grabbing it again. When I do this, it is a huge relief to not carry the burden, and with that relief comes trust that my Higher Power will show me His path for me and give me the strength to do the footwork.

I do not practice spiritual perfection. In fact, I often have to go through some pain to begin to turn it over. The process provides me with the progress I need to practice it a little better each time. I do not like being told how to pray, but if I believe I have a connection with my Higher Power, we are talking all the time. He knows me well and understands my form of communication. He knows that, when I get in enough pain, I will call out for His guidance.

– Jessica B



## Like a River, Spirituality Flows from Hope to Faith to Belief

The fall season is upon us; all the animals are busy getting ready for yet another change in the seasons as the abundance of food begins to slowly shift to get stored for the upcoming winter months

Yet I ask myself, are we ready to change like the seasons? Are we ready to prepare for the winter, to start another chapter of life and enrich ourselves, nurturing our roots to grow deeper during the winter to allow for a peaceful and stronger mind?

Since I was a child growing up in a home that had a weak Catholic faith, it was only natural that I had lots of questions regarding religion. Where is your soul? Where is God? How does He help? When does He help?

These questions went unanswered by the members of the clergy and more importantly, by my family; it was frowned upon for me to question the Catholic faith, and I was either disregarded or made to feel guilty for having doubts. In fact, at the age of 11, I was thrown out of catechism after asking too many of these questions.

I typically would ask for God's help. When it didn't arrive due to my impatience it was impossible for me to see a Higher Power at this young, unguided age. I didn't believe that my parents had any spiritual faith; they went to Mass on Sundays and on Christmas Eve, but we typically left promptly after it had ended, and neither church nor God were mentioned again

until the following Mass. It was not clear to me how God and faith fit in with the real problems of day-to-day life. In my opinion, the Bible was just a book written about Jesus and some other fictitious people. If there was a God, why would he let His son suffer so much? It made no sense to me.

When I traveled to Italy and saw the wealth that the Catholic Church has amassed over the years and the way it treated people who got divorced, I found it blasphemous and hypocritical. What's more, the Church has always been against abortion and gay marriages. When I was in college and was able to develop my opinions regarding religion, those opinions were strongly based on my own Catholic experiences, which in all cases were negative.

At the time, my concept of God was limited: I either had blind faith or I didn't; if I sinned, I was punished or would go to a scary place called Hell. Why believe these theories about a God when there were more factual, logical ideas being presented by scientists like Darwin and his theory of evolution. All I wanted and needed was for someone to hold my hand and in a kind way explain that there is room for it all, and that spirituality can and does fit in somewhere in the middle – that it is possible to have a faith in things we can't understand or that science can't explain.

Still, in my experience, whenever I have a bad day or suffer through a tragedy or major struggle, it is *God* I call out to to help me. So after twenty-plus years of using alcohol as my Higher Power and pushing God as I understood Him away, it makes perfect sense that after just a short time in recovery, the gravity of spirituality has only just recently started to seep into my core.

Why would I not have faith during difficulties or tragic times? Was my fragile ego too weak to admit that there might be something that could help me, just a little? I often think now of all the small coincidences that happen on a daily basis in my life that seem to be mini-miracles. The more I open the door to these mini-miracles, the more they appear.

These small gifts can only be seen when we have our minds and hearts open to faith. Small miracles and gifts happen every day if we are present and open enough to accept them and not try to understand their meaning. The closer I am to having faith (as distinct from hope and belief), the easier things are for me to accept.

**Hope** as I know it can lead me down dead-ends and put me in a place of placing unrealistic expectations on people and things in a world where I have no control over the outcome. For instance, I bought a lottery ticket, hoping that I would win; then the numbers were called and I didn't win, but I play over and over again and never win. Sooner or later, I give up hope and stop playing.

**Belief** is more factual – a shared understanding that a person has had an experience and passed it along to us for our comprehension of a circumstance. I believe that the sun will come up tomorrow – it's pretty simple to believe that.

**Faith** is an educated decision that is realistically attainable when I have a better than average chance of getting a type of reward or achieving a certain outcome. Let's say for example that I want to run a company of my own; if I merely *hope* I can start and sustain a company, that's very different from getting motivated and into action and setting up an LLC, having *faith* that it will take off.

Spirituality – *faith* – in my opinion is an area in the middle when science and the Bible can't explain certain events. It's closer to Buddhism for me: knowing that I have a chance to direct my faith and spirituality. There needn't be a spiritual book or reading that holds you to a certain code of principals, just your own faith, which is more fluid, like a river. The seasons also help keep your spirituality changing throughout the year. Like when there is a heavy rainfall, it fills a stream that becomes a river, spirituality too changes through the seasons as we continue to modify and adjust our faith on a daily basis.

Hope is the first step toward faith, and faith will turn into belief; if we wait long enough, spirituality will flow like a giant river.

– Michael H.

## Sought through Prayer and Meditation, and through Others

One Easter, our dog, Cody, a chocolate cockapoo, jumped onto our kitchen table and ate a pound of bacon while we greeted guests at the front door. On Thanksgiving, I caught him running out of the living room with a giant wedge of brie in his mouth.

Over five years ago, I told my first sponsor that I saw God in the eyes of Cody. She seemed quite amused by this, and I pointed out to her that “dog” is “God” spelled backwards.

As a kid, I often felt like the other shoe might drop – that I was going to get into trouble, that I was a bad kid. Like Cody, I was mischievous, and my own defiant, emotional makeup and the chronic chaos, ridicule, and

criticism in a small house with nine kids colored my outlook a dark, pessimistic shade of gray.

That sponsor told me to write the sentences, “I know from past experience that everything is going to be alright” and “I can be compassionate.” She told me to find a quiet place to read these sentences a few times during the day. This first attempt at meditation during early sobriety had a very positive impact on me.

As I started Step 11, I strived to try and reach the God of my understanding. I read and reread the literature, and felt a sort of pressure to know him. I was left feeling a little



dejected and wrapped in self-pity on and off for a few days.

When I started praying each morning for God to direct my thinking away from self-pity, dishonesty, and self-seeking, saying an initial “thank you” to Him for my wonderful life, the cloud lifted. I started to feel even more connected to people at work and more

l o v i n g  
toward my  
h u s b a n d .  
The effect  
this simple  
act of prayer  
had was  
amazing, just  
asking God  
to guide my  
t h o u g h t s ,  
words, deeds,  
a n d  
emotions.

T h e  
T h u r s d a y  
n i g h t  
meditation at  
St. William

Catholic Church in Los Altos was one of the first meetings I found during early sobriety. On one particular Thursday, which I was on my Eleventh Step, I focused on the area between my thoughts. I sensed God’s love in the form of a warm glow inside me and felt very refreshed afterwards. For some reason, the slogan “Easy Does It” kept coming to mind that night.

For whatever reason, the following day was horrendous. I laid on the couch that night, feeling totally overwhelmed. I tried to recapture the serenity I was feeling the night before, but it seemed a

lifetime removed from where I was. In the past, no doubt I’d have reached for a drink, but instead I thought back to the type of thinking that always ensued in the past – the self-pity over the events of the day, kind of like rubbing my face in excrement or as I heard at a meeting that Sunday, “a self-imposed crisis.” After eating a small meal and going to

bed, I woke up the next day feeling refreshed, with clear thinking *and* a clear conscience.

As I write this article, I reflect on Step 11, trying to absorb the wisdom to lighten my work day tomorrow. I’m reminded that when I let go of a problem, I don’t solve the

problem but free myself for other things. Sometimes direction comes from within during or following meditation. More often than not, it comes from others – even a beloved pet, like Cody. God speaks to us through others and uses us as instruments of his peace.

At night, I try to remember to identify two forces in my life: self-will and God’s will. I also try to remember to thank God for the day.

Our dog Cody passed away in 2010. The love that I feel for him is in fact divine.

– Joan K.



## Opening the Door and Letting God in Every Morning

Somewhere in those first few chapters of the Big Book, there is a part about willingness and simply opening the door to a Higher Power. Or about a key, or unlocking the door, or something along those lines. I love that idea and I've begun to incorporate it into my own prayers.

Most mornings when I begin my prayers, I say "Okay God, I've got the door swung wide open this morning. Come on in. I'll leave it open all day long for you." I can only hope that this will help start my day totally open to having a power higher than me – and perhaps the highest purest essence of me – along with me as I start my day. Prayer and meditation are both pretty personal things, so all I can really share with others is that I find that they help a ton. So Step Eleven is a consistent practice for me on a daily basis.

I don't know if it matters whether or not I get down on my knees (though often I do). My sponsor always suggests I get on

my knees if I'm really struggling. And I can't say for certain which method of meditation is the best for me yet; I've tried a few, and I know that I feel better prepared to start my day if I've even just had five or ten minutes of quiet breathing.

On more difficult days, I often realize that I haven't connected to my Higher Power enough. The morning ritual of prayers and a meditation was a start, but just not enough for that day. On those days, when I remember, I stop and ask my Higher Power again and again to come on in... to join me for the next part of the day so that I can do my best, be my best.

I am still very newly sober, and I know that this relationship that I'm developing with my Higher Power will grow and will change. I invite this unfolding. I look forward to seeing where it takes me in six more months, in a year, in twenty years. I know that if I keep inviting my God into my day, into my thoughts and into my heart, that the relationship will unfold and deepen. I will connect more and intuit more and that my God's guidance will bring me peace.

The Prayer of St. Francis, which is a suggested prayer for this Step, is one of the most beautiful I have encountered. The most powerful line, for me, is "It is by self-forgetting that one finds." I only wish self-forgetting was so easy. But my daily prayers and meditation help me to get out of self a little bit and to see the big picture, and help to see how I can be useful and supportive and connected each day.

– Katie S.



# The Price of a Postage Stamp: Our Public Relations Policy Is Based on Attraction Rather Than Promotion

Around 1977, I wrote to the Grapevine to get support for a postal stamp celebrating the fiftieth anniversary of AA. I had received support and letters of recommendation to the postal department from congressmen, senators, and alcoholism counselors' professional organizations.

I was disappointed to get a response referencing this Tradition and denial of placing an article in the Grapevine encouraging members to write letters of support. No stamp was ever issued featuring AA. Time passed and I gained a better understanding of the in-

tention behind our Traditions and the wisdom in the Grapevine's decision.

The Traditions are for our unity, but, like the Steps, they also benefit personal recovery. Being self-supporting, having an ultimate authority (a loving God), staying out of public controversy – just to name a few – have benefited my recovery and serenity. It was my attraction to the AA lifestyle that kept me coming back long enough to find sobriety and continue to celebrate recovery.

– Ronald S., Prescott Valley, AZ  
(Reprinted from *AA Grapevine*)



## The Eleventh Tradition

*Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.*

Ours is not a secret society... we carry the message anywhere we can—



Alcoholics who have recovered through our program are themselves the strongest attraction that AA has. When people are asked what led them to seek AA help, the answer given most often is: "An AA member." Their chances would have been slim if all of us had remained completely in hiding. But many of us have chosen to tell our friends, neighbors, employers, co-workers, doctors, or spiritual advisers that we are in AA—and when we do so, we are not breaking our anonymity in the meaning of this Tradition.

Suppose a sick alcoholic never has the good fortune to meet an AA. How is such a person going to find us? The search will be difficult if the local group thinks it should be anonymous, too. The Tradition is talking about "personal anonymity," remember? Alcoholics will not be attracted to AA if they don't know that it exists or if they have distorted, unfavorable impressions of its members or its program.

Giving the general public an accurate picture of AA is the chief job of our public information committees. In addition, they often carry the message to certain groups—from police officers to personal directors—whose work includes contact with active alcoholics.

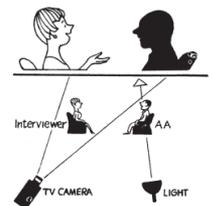
But, we must ever be aware that self-appointed messiahs speaking for AA through public media can do us great damage!



## How to Be Anonymous on Television

Information about AA is being offered to the public through all the communications media, in print and over the air. On radio, it's easy to guard members' anonymity, of course. But TV (not in wide use when the Traditions were written) is another matter. According to a Conference opinion, members are breaking their anonymity when they are identified on TV as AA's and their faces are shown—whether or not their names are given. And yet this medium, with its vast audiences, cannot be ignored.

Different techniques have been employed to preserve anonymity on TV: masks; screens; back-lighting that shows AA's only as silhouettes; camera angles showing them only from the back. The "shadow" method diagrammed here is simple, relaxed—and appropriate. For we are not selling personalities—we are explaining AA. Personal anonymity breaks in the public media not only may discourage timid prospects; they may threaten the anonymity-breaker's own sobriety, by violating the spirit of the AA program and Traditions...



## Concept Eleven is Alive and Well – More or Less

Remember when Tradition 9 said that AA needs the least possible organization? Well, Concept 11 says that in our corporate operations, we need the *best* possible organization. Specifically, it says that AA's board of trustees in New York, responsible for our two non-profit service corporations, should always have the best possible committees, corporate directors, and executives. This may seem obvious, but you might find parts of it surprising, especially in light of events at the Conference level over the last few years. Here are some highlights of Bill's writing on Concept 11, printed in the back of the AA Service Manual (available from Central Office or your GSR).

**Committees...** Most of the Trustees' work is done by committees, which then report their progress or make recommendations that the trustees vote on. There are "standing" committees for ongoing things like finance, literature, and public information (see page S-18 in your Service Manual for a list), and "ad hoc" committees for temporary special issues that come up, such as the recent concern about predators in AA. Committees create literature and videos, explore tough issues, and suggest policies on everything from budgets to how we carry the message in remote countries. Committee members include Trustees, Directors (see below), and sometimes AA staff or members with special abilities. For instance, a local past delegate served as an "appointed committee member" on the Trustees' Literature Committee to manage the writing of the pamphlet "It Sure Beats Sitting In A Cell." And a few years ago, a teenage AA member served as an ACM to represent the

views of younger members on a Trustees' committee.

**Boards of Directors...** Separate boards oversee AA World Services, Inc. (AAWS) and The AA Grapevine, Inc. Like any other corporate board, they set direction and policy, and hire an executive to do the work. The Trustees fill some director slots themselves, and for others, they select Directors who know business, finance, law, or just AA. Each year, the selected board is approved by a vote at the General Service Conference. As with the trustees, the director role is unpaid but quite demanding, involving many hours of reading, emailing, and conference calls, plus eight trips to New York every year.

**Executives...** GSO's General Manager and Grapevine's Publisher implement the policies of the boards of directors, managing our active non-profit companies for our sometimes-difficult membership on tight budgets. The Concepts say that one person should always be clearly responsible for a thing (never two or more), and given a clearly defined authority – not micromanaged. Bill discusses four principles that relate to executives: (1) Executives must discern between executing an existing policy and forming a new one, and often seek guidance when forming a new one, as in Concept Three. (2) We must give our paid workers should be paid a competitive salary. Members who contribute a few hundred dollars per year in the basket shouldn't ask other members to contribute tens of thousands by working below the market rate. Lives depend on their hard work, so we should hire the best and pay them reasonably well. (3) Staff members should

rotate regularly, like service workers. This refers mainly to about a dozen alcoholic staffers who each work a specific “desk” (PI, CPC, Corrections, etc.) and respond to information requests from AA members and from the general public; they rotate to a different “desk” every two years. (4) Workers should have a voice and be consulted in matters that affect them (as in Concept 4. For this reason, about 16 executives and staff members get a voice and a vote at the annual General Service Conference, where our largest decisions are made.

**Oddly enough...** Near the end of the chapter, as he does in Concept Four, Bill offers some dated advice on the role of female employees. (The Concepts were first published in 1962.) But he does insist that roughly half of the rotating staff members should be women.

**Finally, and perhaps most interestingly...** While he discusses our corporate structures in Concept Eleven, Bill predicts that from time to time, people will suggest merging the two service corporations or otherwise changing our current corporate structure. He lists some of the reasons they’ll suggest this, and provides two pages of reasons why he thinks it’s a bad idea. This is shocking to some, because over the last few years that very issue was repeatedly raised (for exactly the reasons Bill predicted) and passionately debated among the Trustees and Directors. It was decided to keep them separate for now. But for those who wonder why they should bother to learn about the Concepts or AA’s non-profit companies, this recent debate may provide a compelling answer.

– Jim F.

## ***Experience, Strength & Hope***

With each new edition of the Big Book of Alcoholics Anonymous, new stories have been added to reflect the current membership of AA, its growth, and the diversity of our fellowship. Have you ever wondered what happened to the stories that were dropped to make room for the new ones?

*Experience, Strength & Hope* is a Conference-approved collection of the 56 stories that at one time appeared in earlier editions of the Big Book, but are not contained in the current edition. Twenty-three of the stories appeared in the first edition and were written by some of the original 100 members. The rest were removed from the second and third editions. So, with *Experience, Strength & Hope* and a fourth edition of *Alcoholics Anonymous*, you will have all of the stories ever published.

As Bill wrote, “The story section of the Big Book is ... the equivalent of hearing speakers at an AA meeting.” In this case, the stories provide a fascinating look at our earliest members, the evolution of the fellowship, and the unique challenges faced in our earlier days.

*Experience, Strength & Hope* is available at Central Office for only \$8.50 (plus tax). It is just one of several books at Central Office that may not be available at your meetings. Drop in to see what else we have to offer.

– Michael H.

## A 12-Step Call Can Save a Life, But It Doesn't Always

When I hit my bottom, I was given the gift of desperation and the willingness to go to a residential treatment program. While I was in treatment, I met a man and became very close to him. We bonded over the mutual destruction our disease had caused in our lives – divorce, the loss of our children, financial ruin, and complete and utter demoralization. He was a blessing during those early days of sobriety, and his friendship was a gift.

I got out before he did, so when it was time for him to leave, I picked him up. It was a Tuesday morning. I'd had a few weeks to get my footing in the rooms of AA and to start building the foundation for my recovery. By G-d's grace I had come to believe, beyond the shadow of a doubt, that I was an alcoholic that my life had become unmanageable, and that the G-d of my understanding could restore me to sanity.

My friend was not so lucky. By that Friday, he was drinking and using again. That was late September of last year. By early October, he fully entrenched back in his old ways, which included toxic quantities of vodka and other substances, visits to the ER and the drunk tank, and the vile, dire consequences that the progression of alcoholism entails.

I'll never forget the afternoon of October 7, 2014. It was one of those quintessentially beautiful Northern California days – bright sun, blue sky,

warm even with the hint of Fall upon us. I was going to meetings every day and was struggling through the wreckage I had created while immersing myself in our program the way a vigorous, desperate, and nascently hopeful newcomer often does. I'd been in regular contact with his girlfriend, who naturally was gravely concerned about his downward spiral.

We decided to 12-Step him, and we confronted him in the dank motel room he'd holed himself up in since his last release from the ER. It was equal parts disgusting, terrifying, eye-opening, and reaffirming to see where this man was mere weeks out of treatment: He was filthy, for one thing, with a gash on his head and bruises everywhere. He was red and swollen, and he was utterly incoherent, unable to form a thought or a sentence. He stumbled and fell more than once and needed help to get to the bathroom – help which clearly had not been available prior to our arrival. It was the worst thing I had ever seen.

Somehow, we convinced him to get into the car with us to go to Valley Med to detox. On the way there – and this is the reason I'll never forget the actual calendar date – I got the phone call that my father had finally succumbed to his cancer. It was a surreal moment, the three of us in that car together, trying to save Pete's life having just learned of my father's death.



Anyway, we got to Valley Med and my friend at first refused to get out of the car, but with the help of some EMTs we did manage to get him to intake. The long and the short of it is, he refused to check himself in, and they had no grounds to hold him, so thus ended the 12-Step call. He went on his way, somewhere, and I went on about the grim business of preparing to say goodbye to my father.

After that day, my sponsor rightly advised me that I needed to “lovingly detach” from the situation until such time as the guy actually wanted to save himself. So I did. I kept hoping that I’d see them at a meeting one day, or get a call that he was finally ready to surrender. Sadly, that day never came, and on October 18 – one year and eleven days later – I got the message I’d been dreading from the girlfriend: He died.

It’s not for me to understand why

some of us can recover from the seemingly hopeless state of mind and body that is active alcoholism while others drown themselves, body, mind, and soul. I do know *how* we do it, and thank G-d for the 12 Steps, and for the program as Bill so clearly laid it out for us, and for those who came before us to show us the way. Most of all, thank G-d for His grace in showing us the way out when we seek to find it and do the hard work.

I share this story because I don’t ever want to forget my friend and what he went through, but more so because I need to remember that that’s where this disease brings us if we don’t stay in the solution. If ever I am tempted to look to alcohol as a solution to any of life’s problems, I pray that I’ll remember that there, but for the grace of G-d, goes any one of us.

– Stephanie L.

## Honoring Sponsors at the Annual Take Your Sponsor to Brunch

The 9th annual Take Your Sponsor to Brunch was by all accounts a huge success. Held on Saturday, October 10 at the Lincoln Glen Church in San Jose, 347 AA sponsors and sponsees came together to honor the Twelfth Step and the First Tradition, enjoy a beautiful buffet pancake breakfast – which included vegan, sugar-free and gluten-free options! – and hear AA member and nationally known comedian Mark L. deliver a powerful message that also had the room in stitches.

Linda A., Intergroup Activities Chair of the Santa Clara Valley, said it took the

work of many tireless volunteers to pull the events together.

“I would like to send out a special thank you for all the love and support I received, all the people who joined in to help put it together,” Linda said.

She recognized all the volunteers who came early to cook and set up, as well as those who helped clean up afterwards; the door ticket collectors and those who sold (and bought) presale and raffle tickets and helped set up the raffle displays; and everyone who donated raffle prizes.

– Stephanie L.

November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 PI/CPC MEETING-Workshop 5:30pm Meeting 6pm Our Savior's Lutheran Church, 1224 N. Winchester Blvd. at Tulip, SC	2	3 SOUTH COUNTY GENERAL SERVICE WORKSHOP: 7pm	4 INTERGROUP MEETING: 7:30pm Trinity Church, 3151 Union Ave., SJ OUTREACH MEETING: 6:30pm	5	6	7 SECRETARY'S WORKSHOP: 10am, Central Office
8	9	10	11 CENTRAL OFFICE CLOSED NORTH COUNTY GENERAL SERVICE MTG: 7:30pm	12	13	14
15	16 BRIDGING THE GAP MEETING: 7pm	17 SOUTH COUNTY GENERAL SERVICE MEETING: 7pm	18	19	20	21 DIVER/12 <sup>TH</sup> STEPPERS WORKSHOP: 10am, Central Office
22	23	24 H&I COMMITTEE MEETING: 7pm 1980 E. Hamilton Ave., SJ	25	26 CENTRAL OFFICE CLOSED	27 CENTRAL OFFICE CLOSED	28 CENTRAL OFFICE CLOSED
29	30					

## December 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 SOUTH COUNTY GENERAL SERVICE WORKSHOP: 7pm	2 INTERGROUP MEETING: 7:30pm Trinity Church, 3151 Union Ave., SJ OUTREACH MEETING: 6:30pm	3	4	5 SECRETARY'S WORKSHOP: 10am, Central Office 4th Annual Tamale Party, Central Office, 11am to 2pm
6 PI/PCP MEETING: -Workshop 5:30pm Meeting 6pm Our Savior's Lutheran Church, 1224 N. Winchester Blvd. at Tulip, SC	7	8	9 NORTH COUNTY GENERAL SERVICE MTG: 7:30pm	10	11	12
13	14	15 SOUTH COUNTY GENERAL SERVICE MEETING: 7pm	16	17	18	19 DIVERTER/12 <sup>TH</sup> STEPPERS WORKSHOP: 10am, Central Office
20	21 BRIDGING THE GAP MEETING: 7pm	22 H&I COMMITTEE MEETING: 7pm 1980 E. Hamilton Ave., SJ	23	24 CENTRAL OFFICE CLOSED	25 CENTRAL OFFICE CLOSED	26 CENTRAL OFFICE CLOSED
27	28	29	30	31		

## MEETING CHANGES

### NEW

**Donuts & Steps:** Tuesday, 6:30 pm, Alano Club West, 1555S. 7th Street, Bldg K, near Alma, San Jose.

**10:10 Tuesday/Thursday:** Tuesday and Thursday, 10:10 am, Covenant Presbyterian Church: 670 E. Meadow Dr., at Middlefield Rd, Palo Alto..

**Nooner at the Club:** Monday, 10am, Alano Club West, 1555 S. 7th Street, near Alma, San Jose.

**Serenity Circle:** Thursday, 8pm, Alano Club West, 1555 S. 7th Street, Building K, near Alma, San Jose.

**Big Book Study:** Saturday, 6pm, FFG, Foothill Covenant Church, 1555 Oak Avenue, Los Altos.

**Big Book Study:** Sunday, 6pm, FFG, Foothill Covenant Church, 1555 Oak Avenue, Los Altos.

### CHANGED

**Third Tradition:** First Christian Church, 80 S. 5th St., San Jose **Changed from Mon, Tues, Wed @ 7 am to Tues, Wed., Thurs., @ 11:30 am.**

**Desi's In Recovery:** Saturday, 4 pm, Covenant Presbyterian Church: 670 E. Meadow Dr, Palo Alto **Meets in room #5.**

**Open AA:** Monday, 6pm, Alano Club West, 1555 S. 7th Street, Building K, near Alma, San Jose. **Time changed to 6:30pm.**

**Saratoga Family Group:** Friday, 8:15pm, Federated Church, 20390 Park Place (entrance off of Oak Place), Saratoga. **Time changed to 7pm**

**MidWeek Spiritual Progress:** Wednesday, 8pm, Church of Christ, Campbell. **Moved to Christ the Good Shepherd Lutheran Church, 1550 Meridian Avenue, San Jose.**

**Better Way of Living** Wednesday, 6pm, Church of Christ, Campbell. **Moved to Christ the Good Shepherd Lutheran Church, 1550 Meridian Avenue, San Jose.**

### NO LONGER MEETING

**Los Gatos Tuesday Night:** Tuesday, 8pm, Faith Lutheran Church, 16548 Ferris & Spencer, Rm 14, Los Gatos..

**Donuts & Steps:** Monday, 10 am, Alano Club West, 1555S. 7th Street, Bldg K, near Alma, San Jose.

**Primary Purpose Group Beginners Big Book Workshop:** Monday, 7pm, Morgan Hill Bible Church, 15055 Monterey Road, Morgan Hill.



## October 2015 Statistics

Daytime Phone Calls to Central Office.....365

Daytime 12-Step Calls.....13

(Evening 12-Step call information is not available.)

The Central Office website  
receives an average of  
8,000 hits each month!

**I AM RESPONSIBLE...**

**WHEN ANYONE, ANYWHERE,**

**REACHES OUT FOR HELP,**

**I WANT THE HAND OF AA**

**ALWAYS TO BE THERE.**

**AND FOR THAT:**

**I AM RESPONSIBLE.**

To all the members and groups who support us,

WE THANK YOU!

## Birthday Contributions



Birthday Celebrant	Years	Contributions	Birthday
Abe G.	1	Anonymous	10/01/2014
Douglas G.	28	Douglas G.	10/03/1987
Barbara W.	26	Anonymous	10/03/1989
Mike D.	19	Mike J.	10/12/1996
Joe B.	20	Joe B.	10/16/1995
Rose W.	39	Anonymous	10/31/1976
In Memory of Milton B.	35	Anonymous	10/06/80



### 133 YEARS OF SOBRIETY!

If you would like to participate or honor a friend, please use the birthday forms at your meeting or at Central Office. Birthdays are listed in recognition of contributions made to Central Office on a member's behalf for a sobriety milestone, either by themselves or for a friend, and will be listed in this section unless requested otherwise.

## INTERGROUP MEETING MINUTES

October 7, 2015

- Carol B., Intergroup Chairperson, opened the meeting at 7:30 p.m. followed by a Moment of Silence and the Serenity Prayer.
- Christopher read the definition of Intergroup.
- Kara read the 12 Traditions.
- 7 New Intergroup Reps:
  - Doug, TGIF (Friday Noon, Palo Alto)
  - Omar, Firing Line (Monday 8 p.m., San Jose)
  - Kara, Sufficient Substitute (Monday-Friday Noon, Willow Glen)
  - Christopher, Monday Night Downtown Steppers (San Jose)
  - Tom, Living With Others (Friday 8:15 p.m., South San Jose)
  - Ari, We Care Group (Daily, Milpitas)
  - Evan, 10 O'Clock High (Tues/Thurs 10 p.m., Saratoga)
- Visitors
  - (none)
- Birthdays:
  - Dan, 30 years
  - Carol, 11 years
- 7<sup>th</sup> Tradition
- Corrections or Additions to the agenda (none)
- Corrections or Additions to the previous month's minutes (minutes approved as submitted)
- Treasurer's Report – Joe: In June our balance was \$134. Last 3 months' collection amount was \$331; rent and refreshments costs were paid, leaving us with a balance of \$263 + our \$300 prudent reserve.
- 57 voting Intergroup representatives in attendance.

### Reports

#### Intergroup Chair, Carol B.

- Intergroup reps, please verify that we have your correct email address. Thank you Bradley for making coffee tonight. Also thanks to Ross for being our PA system sound engineer for the next year!
- Elections are being conducted this evening, and committee reports will be offered only as time permits.
- Carol's takeaway messages are as follows: PI/CPC is now meeting the first Sunday of the month at 6:00 p.m. at Our Savior's Lutheran Church, 1224 Winchester in Santa Clara.
- Next month we will be conducting a group inventory; please let your groups know this.
- Central Office will be having its annual Tamale Party Saturday on December 5<sup>th</sup> from 11 a.m. to 2p.m.
- The deadline for November COIN submissions is October 21 (Topics: Step 11, Tradition 11, Concept 11, the 11<sup>th</sup> Step principle – *spirituality*).
- There is a need for phone support at Central Office from 11:30 a.m. to 2 p.m. on Tuesday; please let Central Office know if you're available.

#### Hospitals & Institutions, Tina

- The purpose of H&I is to carry the message of Alcoholics Anonymous to the alcoholic who is confined. H&I meets the 4<sup>th</sup> Tuesday of each month at 7 p.m. at the First Congregational Church of San Jose, 1980 Hamilton Ave. at Leigh, San Jose 95125. Orientation for new H&I representatives is at 6:30 p.m. before the regular H&I business meeting.
- Taking meetings into Kaiser and Stanford is still on hold. We need service volunteers for secretaries, speakers, and coordinators. Please contact Tina. Area 71 thanks you for your contributions: Highest month total at \$6,377.02! YTD total is \$49,881.73.

**Nominating Committee, Mary Pat**

- Mary Pat introduced Eric, who facilitated the elections for Intergroup Secretary and Alternate Secretary and two positions on the Central Service board. The Secretary/Alternate Secretary positions' requirements were explained.
- Mary, Corina, and Deborah were each given two minutes to reflect on their qualifications prior to voting.

**Elections**

- The results were as follows:  
Secretary elect: Corina/Alternate Secretary: Deborah
- Darcy, Larry, Mike, Greg, and Judith were each afforded two minutes to reflect on their qualifications for Central Service Board,
- The results were as follows:  
Board members elect: Darcy and Mike

**Other Announcements**

**Linda, Take Your Sponsor to Brunch (TYSTB)**

- We have an excellent speaker scheduled for TYSTB; we need more donations for raffle prizes. Thank you so much for your support!

**Rose, Group Inventory**

- The IGR response re. suggested questions for the Group Inventory to be conducted in November was somewhat limited, so another email will be forthcoming. Your participation is greatly appreciated.

**Open Forum**

- The 7<sup>th</sup> Tradition count tonight was \$100.
- Thank you Bradley for cleaning up tonight for Ryan, who was absent.
- Meeting closed with the Responsibility Statement.

**LOCAL EVENTS**

- |             |   |
|-------------|---|
| November 26 | Gilroy Groups Alcathon: 7511 Gourmet Alley, Gilroy. Meetings start at 6:30 a.m.; last meeting starts at 8 p.m. Bring: a side dish to share.           |
| November 26 | Serenity First Fellowship Thank-A-Thon and Potluck: 304 North 6th Street, San Jose; 9 a.m. to 9 p.m. Bring: side dishes, bread, salads, or a dessert. |
| December 5  | 4 <sup>th</sup> Annual Tamale Party, 11:00 a.m. to 2:00 p.m., Central Office, 274 E. Hamilton Avenue, Suite D, Campbell.                              |
| December 25 | Gilroy Groups Alcathon: 7511 Gourmet Alley, Gilroy. Meetings start at 6:30 a.m.; last meeting starts at 8 p.m.  |
| December 31 | Gilroy Groups Alcathon: 7511 Gourmet Alley, Gilroy. Meetings at 6 p.m., 8 p.m., 10:30 p.m., 12:30 a.m., 2:00 a.m., 3:30 a.m., and 5:00 a.m.           |
| January 1   | Gilroy Groups Alcathon: 7511 Gourmet Alley, Gilroy. Meetings start at 6:30 a.m.; last meeting starts at 8 p.m.  |

## INTERGROUP INVENTORY 2015

Following are the questions selected for the Intergroup Inventory:

1. How does your group use Central Office? What other services would you like?
2. Do we emphasize the importance of service sponsorship vs. recovery sponsorship? How can we do it better?
3. Do reps feel comfortable speaking at meetings, express doubt, and ask questions?
4. As an Intergroup rep, how can I do more to support the service committees such as Diverter, Outreach, and PI/CPC?
5. Do new Intergroup reps and committee members stick with us, or does the turn-over seem excessive? If so, why? What can we as a group do to retain members?
6. What's on your mind?

The inventory meeting was held during the monthly Intergroup meeting on November 4 at 7:30 p.m. at Trinity Presbyterian Church in San Jose.

The results of this inventory will appear in the Coin in the next month or two.

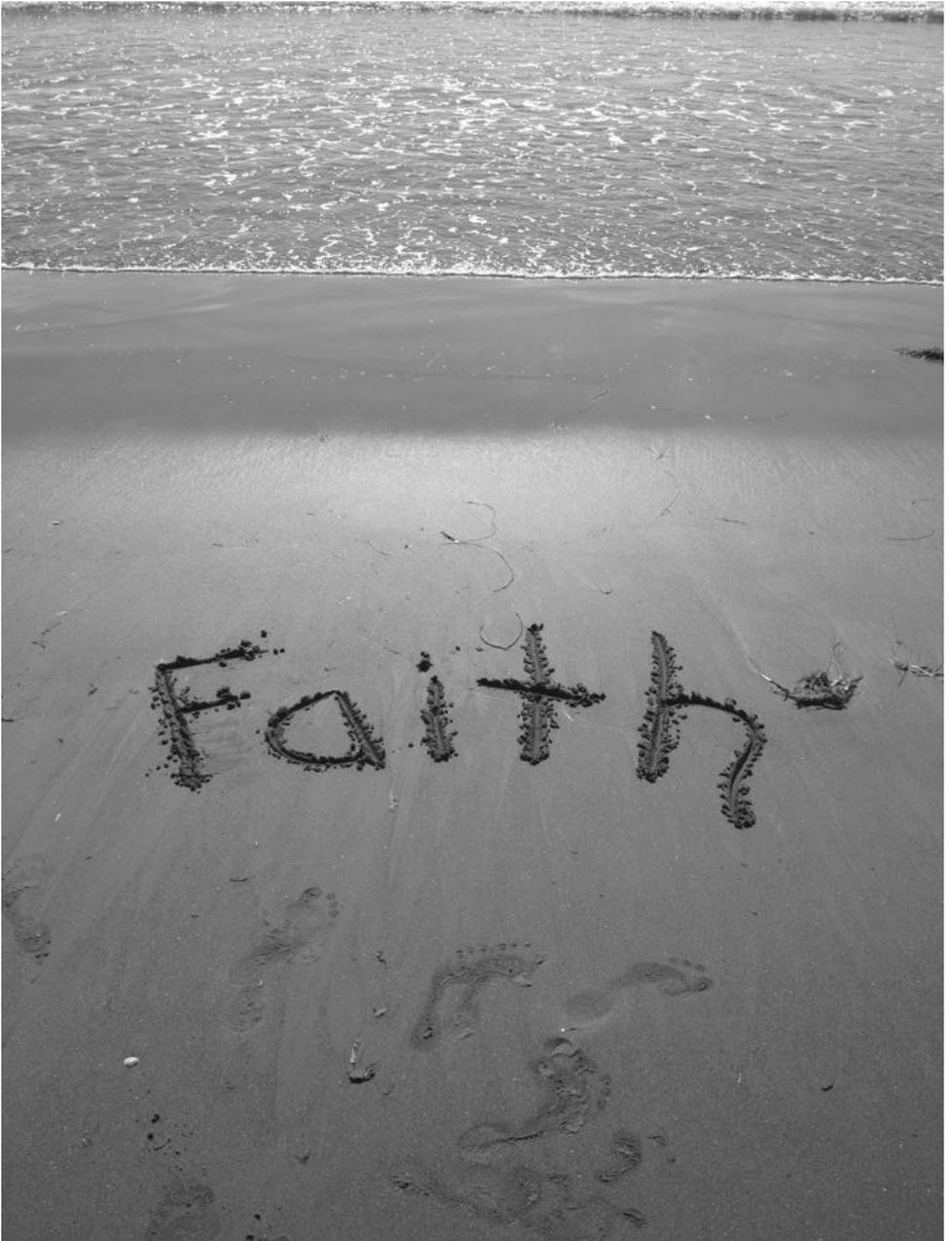


Photo submitted by Cris T.

## INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

## Profit &amp; Loss

October 2015

	Oct 15	Oct 14	Jan - Oct 15
<b>Ordinary Income/Expense</b>			
<b>Income</b>			
3030 · Contributions-General	10,804.49	8,344.34	121,363.15
3050 · Group Insurance (Group premium payments)	0.00	576.00	4,882.50
4999 · Uncategorized Income	0.00	0.00	10.00
8010 · Literature Sales	3,732.29	4,163.17	41,939.51
8020 · Meeting Guide Sales	584.50	448.00	5,716.76
8050 · Activities Committee	4,028.66	4,629.00	10,007.08
8055 · Central Office Events	0.00	0.00	3,617.00
8060 · Newsletter	5.00	10.00	605.00
<b>Total Income</b>	<b>19,154.94</b>	<b>18,170.51</b>	<b>188,141.00</b>
<b>Cost of Goods Sold</b>			
5000 · Cost of Goods Sold			
5100 · Cost of Inventory Sold	3,261.22	3,040.39	34,177.76
5150 · Cost of Meeting Directories	496.54	155.53	4,382.72
<b>Total 5000 · Cost of Goods Sold</b>	<b>3,757.76</b>	<b>3,195.92</b>	<b>38,560.48</b>
<b>Total COGS</b>	<b>3,757.76</b>	<b>3,195.92</b>	<b>38,560.48</b>
<b>Gross Profit</b>	<b>15,397.18</b>	<b>14,974.59</b>	<b>149,580.52</b>
<b>Expense</b>			
6010 · Alarm Service	207.00	207.00	828.00
6015 · Activities Committee Expense	0.00	2,533.07	3,495.24
6025 · Central Office Events Expense	0.00	0.00	2,607.18
6030 · Accounting and Legal Fee	0.00	0.00	975.00
6070 · Bank Credit card charges (Credit card costs and fees)	36.71	94.71	919.02
6140 · Conferences - Exec. Dir.	790.74	-66.00	1,690.60
6150 · Unity Day Expense	0.00	0.00	1,500.00
6160 · Copier Expense	1,024.54	227.88	3,773.67
6190 · Depreciation Expense	0.00	0.00	708.00
6220 · Insurance - Worker Compensation	0.00	0.00	698.49
6225 · Insurance - Emp. Health Plan	1,451.85	0.00	3,871.60
6240 · Employee HRA Plan	1,136.24	600.58	7,115.09
6245 · Internet Access Charges	25.00	28.12	156.53
6320 · Newsletter Expense	0.00	-66.78	226.50
6330 · Office Expense	218.98	272.09	2,083.33
6350 · Office Furnishings - Expense	0.00	0.00	695.55
6370 · Office Paper Supply	0.00	0.00	2,897.00
6380 · Payroll Taxes	701.38	813.33	7,048.90
6410 · Postage	45.81	515.01	2,668.30
6480 · Rent	2,217.25	2,153.90	23,536.53
6510 · Repairs & Maintenance	0.00	0.00	305.00
6540 · Salaries - Office	8,470.75	10,631.79	77,822.90
6560 · Payroll Expenses	0.00	12.40	978.06
6600 · Signing Services	200.00	200.00	1,900.00
7050 · Telephone	326.54	159.10	1,785.26
7060 · Travel	131.46	0.00	793.92
9080 · Sales Tax (Sales tax paid on purchases)	4.66	0.00	3.19
<b>Total Expense</b>	<b>16,988.91</b>	<b>18,316.20</b>	<b>151,082.86</b>
<b>Net Ordinary Income</b>	<b>-1,591.73</b>	<b>-3,341.61</b>	<b>-1,502.34</b>
<b>Other Income/Expense</b>			
<b>Other Income</b>			
8030 · Interest Income	6.59	20.53	231.99
<b>Total Other Income</b>	<b>6.59</b>	<b>20.53</b>	<b>231.99</b>
<b>Net Other Income</b>	<b>6.59</b>	<b>20.53</b>	<b>231.99</b>
<b>Net Income</b>	<b>-1,585.14</b>	<b>-3,321.08</b>	<b>-1,270.35</b>

## INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

## Balance Sheet

As of October 31, 2015

ASSETS		
<b>Current Assets</b>		
<b>Checking/Savings</b>		
1010	Petty Cash	323.15
1020	First Republic Bank (Checking account)	1094.54
1021	(PR) First Rep. Bank CD 0429 (12 Mo. CD @ .5%, 08/12/16)	17,663.92
1023	(PR) First Rep. Bank CD 3228 (12 Mo. CD @ .35%, 02/05/16)	15,530.74
1026	(PR) First Rep. Bank CD 7619 (12 Mo. CD @ .5%, 06/21/16)	6,171.76
1027	(PR) First Rep. Bank CD 7681 (3 Mo. CD @ .1%, 10/29/15)	6,085.42
1028	(PR) First Rep. Bank CD 6955 (12 Mo. CD @ .35%, 08/29/15)	20,082.42
<b>Total Checking/Savings</b>		<b>85,951.95</b>
<b>Accounts Receivable</b>		
1110	Accounts Rec - Group Deposits	-2,797.88
<b>Total Accounts Receivable</b>		<b>-2,797.88</b>
<b>Other Current Assets</b>		
1250	Literature Inventory	21,243.64
1310	Prepaid Insurance	4,935.17
13700	Payroll Service Customer Asset (Payroll Service Customer Asset)	-384.65
1499	Undeposited Funds	1,608.82
<b>Total Other Current Assets</b>		<b>27,402.98</b>
<b>Total Current Assets</b>		<b>10,557.05</b>
<b>Fixed Assets</b>		
1630	Office Equipment	50,520.42
1640	Office Furnishings - Asset	7,757.80
1641	Less Accumulated Depreciation	-36,347.97
1680	Leasehold Improvements	300.00
1681	Less Accumulated Amortization	-300.00
<b>Total Fixed Assets</b>		<b>21,930.25</b>
<b>Other Assets</b>		
1860	Deposits	1,993.85
<b>Total Other Assets</b>		<b>1,993.85</b>
<b>TOTAL ASSETS</b>		<b>134,481.15</b>
<b>LIABILITIES &amp; EQUITY</b>		
<b>Liabilities</b>		
<b>Current Liabilities</b>		
<b>Other Current Liabilities</b>		
2100	Payroll Liabilities (Payroll Liabilities)	-959.71
2240	Sales Tax Payable (due quarterly)	350.84
2500	Group Deposits for Literature (Group Literature Accounts)	29.48
2600	Unity Day	2,086.31
<b>Total Other Current Liabilities</b>		<b>1,506.92</b>
<b>Total Current Liabilities</b>		<b>1,506.92</b>
<b>Total Liabilities</b>		<b>1,506.92</b>
<b>Equity</b>		
2740	Temporarily Restricted Funds	10,842.08
3000	Opening Bal Equity	1140
3900	Unrestricted Funds	123,391.10
<b>Net Income</b>		<b>-1,270.35</b>
<b>Total Equity</b>		<b>132,974.23</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>		<b>134,481.15</b>

**INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.**  
**Group Contributions**  
 October 2015

	Oct 15	Jan - Oct 15
1 INV Early Bird Group 70968	0.00	275.00
1 Inv Freedom Fellowship 70940	0.00	3,021.56
1 INV Fremont & Hollenbeck Group 70971	0.00	629.19
1 INV Fremont & Manet Group 70975	490.00	1,400.00
1 INV Gilroy Groups 70906	0.00	1,626.00
1 INV One Day at a Time 70903	0.00	8,671.94
1 INV R and B Group 70972	0.00	1,208.00
1 INV Saturday Nite Live Group 70905	70.00	700.00
1 INV Serenity Discussion 210 (Wed)	0.00	672.69
1 INV Serenity First Fellowship 70902	0.00	137.50
1 INV South County Fellowship 70954	300.00	3,000.00
1 INV Spiritual Progress Group 70979	0.00	3,300.00
1 INV Winchester Fellowship 70960	150.00	325.00
3rd Steppers Book Study (Wom) 610 (	27.50	699.11
A Vision For You 687 (Sat.)	0.00	1,140.05
A Vision for You Women's 802 (Tues)	165.00	315.00
A.B.C. Women's Group 58 (Mon.)	0.00	467.41
ACYPA	0.00	1,573.93
Alano Club Group 190 (Wed.)	0.00	17.00
Alano Club West	106.75	106.75
Almaden Valley Discussion 30 (Sun.)	0.00	251.30
Attitude Adjustment SJ 861 (Thur.)	0.00	105.00
B.F.E.	0.00	126.00
Back to Basics Saratoga Noon 151 (Tu)	0.00	707.00
Beginners & Beyond LG 345 (Sat.)	0.00	70.00
Berryessa Group 527 (Wed.)	227.50	919.80
Big Book Men's Group (Men) 106 (Tu)	0.00	246.40
Big Book Speakers Group 289 (Fri.)	0.00	870.10
Big Book Step Study (Men) 325 (Fri.)	0.00	252.70
Big Book Study MIpts 347 (Sat.)	0.00	322.00
Bill's Basement 384 (Fri.)	0.00	21.04
Birthday Contribution 00951	284.00	1,866.00
Boiled Owls (Men's) 816 (Wed)	0.00	3,130.00
Bon Air Siding BB Study 202 (Wed.)	0.00	168.00
Bowers Fellowship 46 (Sun.)	0.00	351.74
California Ave. Supper Group 715 (Th)	0.00	938.56
Cambrian Saturday Night (Chips) 376 (	0.00	1,260.00
Campus Group 234 (Thur.)	0.00	326.85
Character Defect Freedom 201 (Tue)	154.00	774.00
Chip Winners (Chips) 168 (Wed.)	0.00	642.38
Chips and Dyps (Chips) 559 (Tues.)	240.00	664.20
Completely Out of Context 127 (We)	0.00	23.26
Desi's In Recovery (723)	0.00	115.00
Downtown Steppers (Men) 392 (M)	0.00	226.00

	Oct 15	Jan - Oct 15
Early Fresh Start 793 (Sat.)	0.00	19.75
Early Monday Night 68 (Mon.)	0.00	255.50
Early Tuesday Group 119 (Tues.)	205.03	1,213.93
Easier Way Group 290 (Fri.)	166.00	812.00
East Enders Group 720 (Thur.)	0.00	125.00
East Valley Group 322 (Fri.)	0.00	218.40
Eleventh Step Meditation Mtg 276 (Th)	105.00	175.00
Entire Abstinence 467 (Mon.)	0.00	233.54
Evergreen Group 884 (Thur.)	0.00	420.00
Fireside Big Book Study 809 (Tues.)	0.00	175.00
Firing Line (The) 404 (Mon.)	0.00	1,386.18
Free to Be Me SJ (Women) 736 (Tue)	0.00	140.00
Friday Big Book Study 702 (Fri)	175.63	557.27
G 4@4 Group 70925	0.00	571.87
G Attitude Adjustment Hour (965)	0.00	873.52
G Cornerstone Fellowship Group 701	0.00	50.00
G Milpitas We Care Group 70934	0.00	980.00
G Primary Purpose Group 70910	0.00	100.00
G Remember We Deal With Alcohol 7	0.00	747.91
G Sober & Free Conference 70928	0.00	208.00
G Sunrise Group of Palo Alto 70963	0.00	2,870.00
G Sunrisers Group/Dennys 70932	317.61	4,395.39
G Third Tradition Women's Gp, The 71	127.23	1,185.44
G We Care Group 70934	441.00	791.00
G West Valley Fellowship 70942	249.20	632.80
Gay & Lesbian AA Big Book Disc146 (T	0.00	70.00
Gay & Lesbian Sober Experience 896 (	0.00	70.00
Gay Living Sober Group 21 (Sun.)	0.00	525.00
Gay Men & Women Together 85 (M	0.00	861.41
Gay Men's Freedom 262 (Thur.)	0.00	448.52
Gay Reflections on the Solution 841(W	0.00	95.25
Get Up and Go (Women) 187 (Sat.)	490.00	2,660.00
Get Well Group 17 (Sun.)	165.24	601.38
Grace Group of AA 352 (Sat.)	0.00	689.50
Grateful Live Group 535 (Mon.)	240.00	664.20
Gratitude Group 339 (Sat.)	0.00	39.00
Happy Destiny (Women) 109 (Tues.)	394.80	2,005.80
High Hope (Men's) 239 (Sat.)	861.70	861.70
Higher Power Hr BB (Chips) 871 (Thu)	0.00	1,050.00
HOW Group 71 (Mon.)	0.00	936.50
Humbly Asked 87 (Sun.)	0.00	210.00
In the Basement 545 (Sun.)	0.00	140.00
In the Solution 647 (Sat.)	0.00	306.60
Invaders Group 44 (Sun.)	0.00	600.00

**INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.**  
**Group Contributions**  
 October 2015

	Oct 15	Jan - Oct 15
Joy of Living PA 464 (Wed.)	240.00	664.20
Just For Today 238 PA (Thur.)	240.00	664.20
Ladies Amethyst AA Study Group 749	159.57	783.44
Lesbians Living the Promises 349 (F)	0.00	393.00
LGBT Happy Destiny Group 621 (Sat.)	0.00	574.07
Living in the Solution MH(W) 33 (Sat.)	0.00	70.00
Living Solutions 728 (Fri.)	1,338.00	1,338.00
Living with Serenity (Chips) 599 (Wed)	0.00	245.00
Los Altos Group 225 (Thur.)	0.00	427.89
Los Altos Men's Group 59 (Mon.)	75.00	1,170.00
Los Gatos Big Book 664 (Mon.)	0.00	263.40
Los Gatos Chips 413 (Sat.)	0.00	201.67
Meditation Meeting LA 39 (Sat.)	0.00	66.00
Men's 4th Step Group 320 (Fri.)	0.00	111.00
Men's Big Book (Caveman Gp) 659 (Sat)	0.00	1,911.00
Men's Freedom from Alcohol 606 (Wed)	0.00	350.00
Men's Group 97 (Mon.)	0.00	661.13
Men's Honesty Group 26 (Sat.)	322.00	1,479.80
Men's Single Problem Study Gp 220 (Th)	0.00	1,146.96
Men's Topic Meeting 137 (Tues.)	0.00	183.00
Midday Women's Group 91 (Mon.)	230.54	1,039.68
Monday at a Time 208 (Mon.)	0.00	367.17
Mountain Miracles 882 (Thur.)	0.00	274.40
Mountain View Group 350 (Sat.)	120.40	750.12
New Nooners 808 (Mon.)	0.00	380.00
New People's Group 3 (Sun.)	0.00	301.00
New Steps for Living 20 (Sun.)	0.00	461.22
Newcomers, Oldtimers (Women) 769	0.00	73.66
No Bull Big Book 655 (Fri.)	0.00	735.00
Other Wednesday Nite, The (Men) 209	0.00	600.00
Personal 00911	41.55	2,103.46
Plaza Del Rey Group 52 (Sun.)	0.00	653.00
Positive Outlook Group SJ 368 (Sat.)	0.00	88.55
Primary Purpose - Beginners 864	0.00	0.00
Queer and Sober 671 (Sat.)	0.00	451.50
Recovery Roulette 326 (Thurs.)	0.00	82.60
Roots 344 (Sat.)	0.00	93.45
Rule #62 Men's Meeting 049 (Thur)	0.00	298.10
Saturday Morning Los Gatos 777 (Sat)	0.00	1,197.00
Saturday Night Promises 847 (Sat.)	0.00	1,189.00
Second Tradition Group Spkr 721 (Sat)	0.00	521.00
Serenity Speaker Meeting 533 (Sun)	0.00	451.10
Serenity Speaker Meeting 533 (Sun)	0.00	463.45
Shared Gift, The (Women) 61 (Mon)	0.00	762.60

	Oct 15	Jan - Oct 15
Signs of Sobriety (ASL) 402 (Mon.)	0.00	25.00
Single Problem Topic (Men's) 582 (Mon)	0.00	1,207.50
Sisters in Sobriety 548 (Thur.)	0.00	207.20
Sisters Seeking Serenity 858 (Wed.)	0.00	705.20
Sizzler Group 27 (Sun.)	0.00	427.00
Sober Mafia 204 (Sun.)	0.00	804.95
South Side Group 323 (Thurs.)	0.00	42.00
South Valley Men's 845 (Thur.)	0.00	678.01
South Valley Women's Surrender 881	0.00	126.00
Spiritual Awakening 813 (Tues.)	0.00	433.20
Spiritual Step Study 233 (Sun.)	803.18	2,238.04
St. Luke's Group 113 (Tues.)	0.00	490.00
Step Along (Women's) 638 (Wed.)	0.00	96.17
Step Study (Women) LG 820 (Wed.)	0.00	534.73
Sunday Night Recovery 23 (Sun.)	0.00	700.00
Sunshine Group noon 243 (Thur.)	0.00	280.00
T.G.I.F. Speaker/Discussion 298 (Fri.)	240.00	664.20
Ten O'Clock High 890 (Tues.)	420.00	701.50
There Is a Solution (Men) MH 732 (Th)	0.00	600.00
Think Tank (Men's) 361 (Sat.)	0.00	870.00
Third Tradition SJ 511 (Mon.)	0.00	50.00
Third Tradition SJ 514 (Thur.)	0.00	100.00
Trinity Group 370 (Sat.)	0.00	140.00
Truly Happy Hour 324 (Fri.)	0.00	276.50
Tuesday Night Happy Hour 796	118.00	198.00
Tuesday Night Men's Mtg 525 (Tue)	0.00	1,139.00
Tuesday Noon Step Study 556 (Tues)	0.00	420.00
Unknown	0.00	1,027.49
Veterans of Alcohol North 338 (Tue)	0.00	100.00
Villages Group of AA, The 406 (Mon)	0.00	765.00
Waves of Healing 526 (Mon.)	0.00	445.00
We Are Not Saints 12 & 12 520 (Tues)	0.00	60.00
We Have Arrived (Men's) 819 (Mon)	43.06	98.28
West Valley Fellowship 427 (Wed.)	0.00	183.40
West Valley Fellowship (Chips) 374 (Sat)	0.00	184.80
What's Happening Today 552 (Thur)	0.00	3.00
Wisdom to Know 651 (Mon.)	0.00	543.20
Women's Brunch 640 (Sat.)	240.00	1,020.00
Women on the Move 570 (Wed.)	0.00	454.94
Women Sharing the Solution 519 (Th)	0.00	277.20
Women to Women 704 (Sat.)	0.00	250.00
<b>TOTAL</b>	<b>10,784.49</b>	<b>121,243.15</b>

~ 2015 ~

“THANKSGIVING DAY”  
~“THANK – A – THON”~

\*\*\*\*\*

9 AM to 9 PM

SERENITY FIRST  
FELLOWSHIP

*Meetings Every Hour and a Half*

*~and~*

- “POTLUCK” -

at: 6<sup>th</sup> & Julian

PLEASE BRING:

***Side Dishes – Breads***

***Salads - Desserts***

*304 North 6<sup>th</sup> Street*

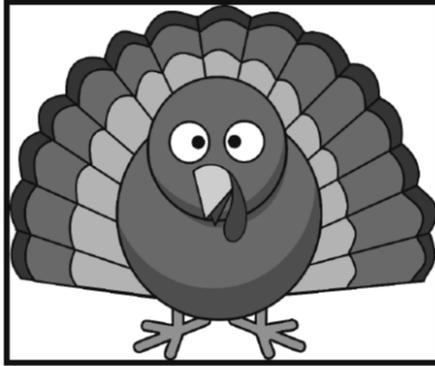
*“Upstairs”*

Please send news and information about your group's activities before the end of the month so we can publish them in the COIN.

We accept them in any format, but emailing a flyer is best:

[aasanjose@comcast.net](mailto:aasanjose@comcast.net).

**GILROY GROUPS**  
**2015 ALCATHON – NOVEMBER 26TH**



**FIRST MEETING STARTS AT 6:30 AM**  
**MEETINGS FOLLOW AT:**  
**8AM, 9:30AM, 11:00AM, 1:30PM, 3PM,**  
**4:30PM, 6PM, 8PM**

\*\*\*\*\*

Please bring a side dish to share!

7511 Gourmet Alley

Gilroy, CA 95020

## Prayer and Meditation Labyrinth



Labyrinths offer the opportunity to walk in meditation to that place within us where the rational merges with the intuitive and the spiritual is reborn.

– Unknown

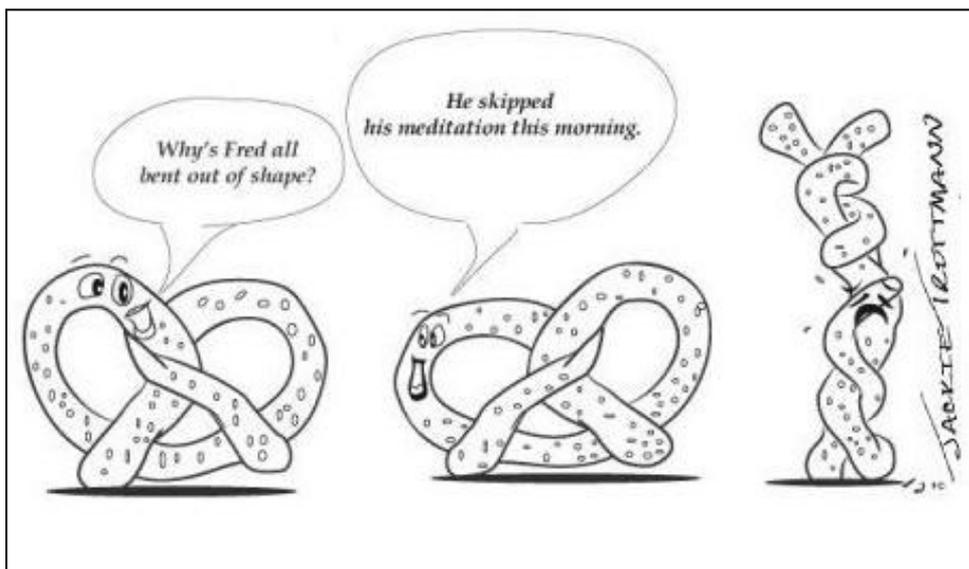
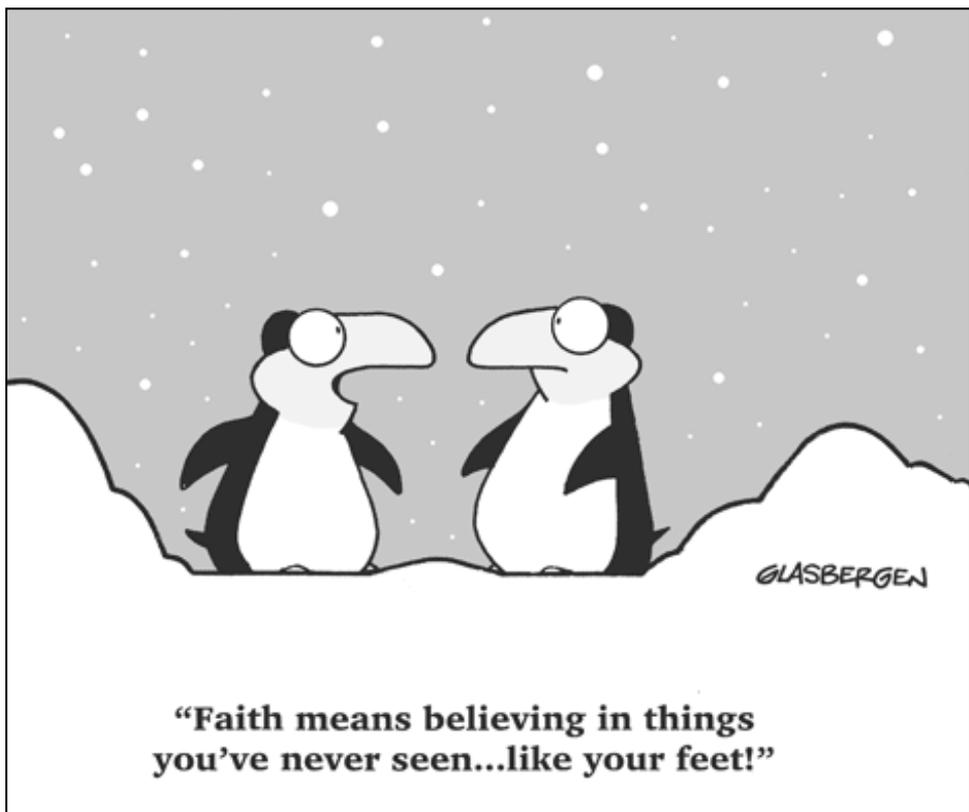
### What is the name of the new book published by The AA Grapevine?

Be sure to pick up next month's COIN for the answer!

Get it right and get a free subscription! 🤔

Answer to last month's trivia: The original 100 lb. phone on display at Santa Clara County Intergroup Central Office has no dial!





INTERGROUP CENTRAL OFFICE IS HOSTING ITS

# ***4<sup>TH</sup> ANNUAL HOLIDAY TAMALE PARTY***

**SATURDAY,  
DECEMBER 5<sup>TH</sup>  
11 A.M. - 2 P.M.**



**We'll provide the tamales and drinks...**

**Want to bring something??**

How about some rice, beans, salad, chips and salsa...you get the idea!  
UNLESS you make a mean tamale. THEN BRING THOSE!

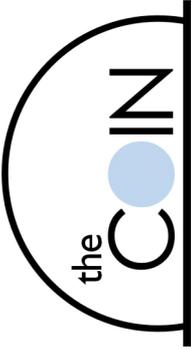
OR Just come on down and eat and have fun!

*Come join us for a special time of  
fellowship, friendship and gratitude.*

Central Office, 274 E. Hamilton  
Ave. Suite D, Campbell

Questions: Give us a call! 408-374-8511

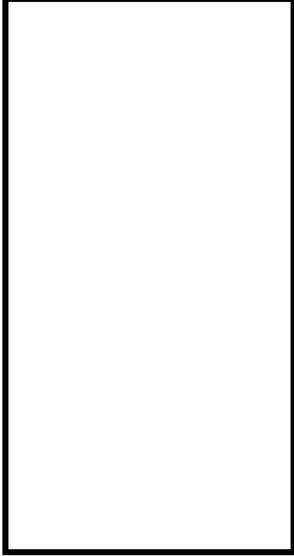




**Intergroup Central Office**

of Santa Clara Valley, Inc.  
274 E. Hamilton Avenue, Suite D  
Campbell, CA 95008

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