October 2018
Volume 13 | Number 10
The COIN Team
Editor Toni F.

Upcoming COIN Deadline
November 2018 Issue: October 17th
Topics: Step Eleven, Tradition Eleven, Eleventh Step Principle (Spiritual Awareness)
Please email all submissions to coin@aasanjose.org.

The 10th Step
“Continued to take personal inventory and when we were wrong promptly admitted it”

How has the 10th Step changed your life?

In this Issue...
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The COIN Team
Editor Toni F.
AA and the Redemptive Power of Love

At 44 years old, I was a broken man. Alcohol and my own destructive behavior had left me and many around me nothing but wreckage and hopelessness. I could not stop drinking and to continue could only lead to complete madness and death. In October of 1984, I attended my first meeting of Alcoholics Anonymous. This began a process which gave me back my life…a life worth living. A major aspect of this has been Love and Redemption.

AA fosters this in many ways. First is the 12 Step Program of Recovery. This is the foundation upon which all else follows. It is a very specific set of simple suggestions. These, when followed, open the path to sobriety, forgiveness and personal redemption. Many experience serenity for the first time in their lives. Millions of suffering alcoholics have followed this path.

Second is the fellowship itself. Thousands of local AA groups hold meetings every week in almost every corner of the world. There, members gather to share their stories, and introduce newcomers to the program of Alcoholics Anonymous. Close personal friendships, some lasting the remainder of our lives, are formed in the groups. A very real community is formed. Love creates redemption. We are genuinely friendly, and a community is created where members consciously work to promote the well-being of others. We also work to recognize and alleviate the personal suffering of our fellows. There is something more. We learn to practice these principles in all our affairs…not just in AA, but in our relationships with the world outside AA.

Finally there is the world-wide fellowship. When we travel we are confident that there are AA members almost everywhere. They welcome us and introduce us to their communities. They help us to feel comfortable there. Love has blossomed out of our common distress and formed a great universal bond. Redeemed, we have been shown “the language of the heart”. This is the real fellowship. No surprise that we are suffused with gratitude.

Our commitment continues: “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”

Bob (80 years old, Sunnyvale, CA)
The Tenth Step and its Promises

There are many different ways to work the steps. Assuming we get a sponsor, go to meetings, don’t drink and get into service we are well on our way to a better life. But, ‘on our way’ is a long way away from becoming ‘happy, joyous and free’. Having worked with people over the course of two decades, as well as experiencing my own journey, some things have become clear. I’ve seen many newcomers get sober, get involved, get stuck, then get drunk. For those of us whose drinking became a nightmare, the idea of going back to that life is scary. Hopefully, it scares me into action. There is even a chapter in our Big Book with that name (wink, wink), focused on steps 5 through 11.

When I was new, I got a sponsor and began working the steps. Each step helped me to feel more like a part of AA and this fellowship. Although I did my best, I’m sure that I did not work the steps as well as I could have, and know I’m not alone. What is the solution? I hear some people talk about working the steps again for the second, third, fourth, fifth time. Some say they work them annually. But, did Bill, Dr. Bob and the other founding AA’s really mean we should keep working the steps over again ourselves? I’ve heard other people ask rhetorically, “Where in the Big Book does it say ‘lather, rinse, & repeat’?”

My sponsor tells me that it’s dangerous to convey to newcomers that we do the steps ‘over and over again’ for one primary reason. When people share about working the steps again for the second, third, fourth, fifth time, the message sent to newcomers is that they don’t have to be “…fearless and thorough from the very start”. The message newcomers receive is that they don’t need to share everything in their 5th step with their sponsor. People often talk about how critical a thorough 4 & 5 is to long term sobriety. I know I left one thing off of my 5th step. However, God had a way of making sure I quickly shared that with my sponsor. What a blessing! Yes, throughout our journey there is more to be revealed, but doesn’t that come through steps 10, 11 & 12?

Of course, there is always the need for formal inventories; digging deeper into our character defects and motivation. I’m not suggesting regular inventories aren’t appropriate, but they aren’t ‘working the steps again’.

I’m so glad when I was new that I didn’t hear working the steps multiple times was an option. If I had, I doubt I would have come clean. I’m sure I would have convinced myself that I would share it with my sponsor ‘the next time I go through the steps.’ The information I didn’t want to share was exactly the type of thing we alcoholics drink over. As people say, you are only as sick as your secrets. Steps 1 through 9 are what we need to do to become comfortable not drinking and get right with the rest of the world. Steps 10, 11 and 12 are what we need to do to continue to grow, on a daily basis. These are what are often called ‘the maintenance steps’. Whatever you want to call them, I believe that our founding members were really clear that in steps 10, 11 and 12, we recovering alcoholics will find what we need to stay comfortably sober.

In step 10, the first half, “Continued to take personal inventory…” is a
combined 4th and 5th step. We take our own inventory at the end of the day, noting what we could have done better. Then step 10, second half, “…and when we were wrong promptly admitted it.” is a combined 8th and 9th step. We need to own up to the things we did wrong. If we’ve treated someone poorly or have injured them, we must repair those things which can be repaired. Of course, ‘promptly’ means that we do it as soon as we realize we’ve harmed someone. I sometimes hear people talk about the ‘10th step challenge’ – great encouragement to focus on this vitally important step!

Assuming that we have thoroughly done our 5th step, the 10th step becomes a working part of our sober life. The Big Book also states that we need to do this step daily, and for the rest of our lives. “…grow in understanding and effectiveness…not an overnight matter. It should continue for our lifetime.” Then, step 11 incorporates both steps 2 and 3 “…improve our conscious contact with God…” along with steps 6 and 7, seeking humility and praying for “…knowledge of His will for us…”

Of course, we have our 12th step which encourages us to get involved in service to others and to carry the message to those who are still suffering. I know that each time I take a newcomer through the steps, my understanding of all 12 steps improves. I also believe that I’ve dug a little deeper into my past, my behaviors and the things which motivate me each and every time I guide another through these steps. That is part of the beauty of ‘working with others’. Some think of step 12 as just sponsorship, but in reality it encompasses so much more. I have yet to find in the Big Book or the Twelve Steps and Twelve Traditions any reference to doing the steps more than once. The secret is ten, eleven and twelve on a daily basis!

‘The promises’ is a common topic in meetings, though some newcomers think only of the 9th step promises. Many are offered throughout the steps and the Big Book (3rd, 5th, 9th & 10th). My favorites are the 10th step Promises. They can be found beginning at the bottom of page 84… Enjoy!

Anonymous

**LOCAL EVENTS**

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<tr>
<td>October 5</td>
<td>77th Anniversary Celebration - Palo Alto Group Doors Open 7pm Meeting @ 7:30pm</td>
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<td>October 5-7</td>
<td>Livin’ the Dream, South Lake Tahoe, <a href="http://www.laketahoefallfestival.net">www.laketahoefallfestival.net</a></td>
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<td>October 5-7</td>
<td>NCCAA 71st Fall Conference, Fresno, Pre-register <a href="http://www.norcalaa.org">http://www.norcalaa.org</a></td>
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<td>October 6</td>
<td>Sponsor Brunch, 11am - 2pm, Lincoln Glen Church, 2700 Booksin Ave., SJ</td>
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<td>October 21</td>
<td>Sober &amp; Free Silent Auction, 2pm, 1625 Patio Dr., SJ</td>
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<td>October 27</td>
<td>Early Bird Group Presents—Stayin Alive #11, 6pm to 11 pm, Calvary United Church</td>
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<tr>
<td>November 11</td>
<td>Sponsorship a How to Discussion, 1pm, Los Gatos Rec Ctr., 208 E. Main St., Los Gatos</td>
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The Wreckage of the Past
Desperation Outweighed the Denial

Coming from a life that was anything but normal to the life I live today was difficult to imagine at the point when I became desperate enough to consider the possibility that could salvage what time I had left on this planet. The life I led before I entered the A.A. program was like a ball in a pinball machine bouncing from one issue to another and trying to survive the endless pursuit of success but always ending in defeat and going down the drain only to wake up the next morning and starting the same game all over again.

They say that insanity is doing the same thing over and over expecting a different result. Running from the realities of life was easy with the help of John Barleycorn. It gave me that brief feeling of peace that I got about half way through my second drink, which quickly lead to "oblivion and the awful awakening to face The hideous Four Horsemen-- Terror, Bewilderment, Frustration and Despair" (B.B. Ch. 11). Not understanding how the obsession to drink, and the relief that it gave me, had ruled out any kind of inquiry into the idea of quitting drinking until desperation outweighed the denial and I sought out Alcoholics Anonymous.

As I look back on my journey through the A.A. program, and all of the mental relearning that has been involved, I can only say that if I could relive it all over again, the only thing I would change is the doubts I had at every level of development. Arriving with a skeptical mind, I had a slow but determined attitude from the very start. I think that it has served me well, but in hind sight, it was the unlearning of the ego driven habits that had been the source of all of my misguided mentality and a failed, selfish way of life. If, however, I hadn't experienced it in the way it evolved for me, I would not be capable of passing it on to the next person that enters this process with all of the doubts that seem to be so common to the recovery process.

The one thing that I can say for sure is that knowing what I know today, and what I have experienced up to this point, if I had the opportunity to do it all over again, the only thing I would change, would be, the speed at which I let go of all of my selfish, fearful and skeptical way of accepting the simplicity of the of the program and I would cut to the chase. In a nutshell I might explain it like this:

• Be accountable by doing the best I can to clean up the wreckage of the past and making restitution,
• Adopt and apply unselfish principles and motives in all of the decision making process and,
• Accept every human being I know, exactly as they are with love and compassion.

This understanding of life has evolved for me over the past forty eight years in the A.A. program and has provided a peace of mind that is well above anything that I could have contemplated. Without peace of mind there can be little happiness. Today, there is very little conflict in my life. The only discomfort I feel is when I am in a situation that I cannot remove myself from. That is rare and completely resolved as the time comes when I can detach myself without being judgmental and critical as I move on. That pinball machine is quiet, as is my heart, and the principles I live by today make it so. Who could ask for more?

Rick R.
Do you enjoy reading The COIN? 
Consider writing for us...

The pages of The COIN don’t fill themselves.

Lately, we’re finding it a challenge to fill the pages, and we’d love to hear more about the experience, strength, and hope of our local membership.

We appreciate articles with divergent viewpoints and ask that they be kept to more than 500 words. It is, of course, editorial policy.

Email your contribution to coin@aasanjose.org today!

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Birthday Contribution

**CELEBRANT:**

Name ____________________________
Address ____________________________
Sobriety Date ____________________________
Amount of contribution: $________

**CONTRIBUTOR:**

Name ____________________________
Address ____________________________

We would like to print this information in the COIN, unless you indicate otherwise below:

Print celebrant name? Yes No
Print contributor name? Yes No

We truly appreciate this contribution and celebrating this milestone. Thank you!
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<td>SOUTH COUNTY GENERAL SERVICE WORKSHOP: 7pm, 1st Congregational Church, 1980 Hamilton Ave., SJ</td>
<td>OUTREACH MEETING: 6:45pm INTERGROUP MEETING: 7:30pm ELECTRONIC BASKET COMMITTEE 6:30 P.M. Trinity Church, 3151 Union Ave., SJ</td>
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<td>SECRETARY'S WORKSHOP: 10am, Central Office, 274 E. Hamilton Ave., Suite D., Campbell</td>
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<td>OUTREACH MEETING: 6:45pm, INTERGROUP MEETING: 7:30pm, ELECTRONIC BASKET COMMITTEE, 351 Union Ave., SJ</td>
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<td>U&amp;I COMMITTEE MEETING: 7pm, 1980 E. Hamilton Ave., SJ</td>
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**Events:****
- **November 2018**
- **Sunday, November 4:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Sunday, November 11:** Central Office Closed
- **Monday, November 12:** Central Office Closed
- **Tuesday, November 13:** Central Office Closed
- **Wednesday, November 14:** Central Office Closed
- **Thursday, November 15:** Central Office Closed
- **Friday, November 16:** Central Office Closed
- **Saturday, November 17:** Central Office Closed
- **Sunday, November 18:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Monday, November 19:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Tuesday, November 20:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Wednesday, November 21:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Thursday, November 22:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Friday, November 23:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Saturday, November 24:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Sunday, November 25:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell

**Locations:**
- **Central Office:** Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **Outreach Meeting:** Outreach Meeting: 6:45pm, Trinity United Methodist Church, 583 E. Fremont Ave., Sunnyvale
- **Secretary’s Workshop:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
- **U&I Committee Meeting:** U&I Committee Meeting: 7pm, 1980 E. Hamilton Ave., SJ
- **Secretary’s Workshop:** Secretary’s Workshop: 10am, Central Office, 274 E. Hamilton Ave., Suite D, Campbell
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August 2018 Statistics

Daytime Phone Calls to Central Office...169
Daytime 12-Step Calls..........................3
(Evening 12-Step call information is not available.)

The Central Office website receives an average of 15,000 hits each month!

I AM RESPONSIBLE...
When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.
And for that: I AM RESPONSIBLE.

To all the members and groups who support us, WE THANK YOU!

MEETING CHANGES

New Meetings

Reflection and Meditation: Tue, 12:30 pm, St. Lukes 20 University Ave., Los Gatos

Changed Meetings

12x12 Women’s Discussion: Wed., 7pm, Leverton Masonic Center 380 W. Dunne, Morgan Hill
Use to be in Gilroy at the Foothill Church at 10:30am

Please be responsible:

If there are any changes to your meeting, location, format, or your meeting is discontinued, please contact Central Office ASAP and update your information. Don’t send a newcomer to an empty room!
## Birthday Contributions

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<td>Kathy S.</td>
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<td>Anonymous</td>
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<td>Marianne G.</td>
<td>32</td>
<td>Carol B., Marianne G.</td>
<td>09/21/1986</td>
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### 190 Years of Sobriety!

If you would like to participate or to honor a friend, please use the birthday forms at your meeting or at Central Office. Birthdays are listed in recognition of contributions made to Central Office on a member’s behalf for a sobriety milestone, either by themselves or for a friend, and will be listed in this section unless requested otherwise.
INTERGROUPEETING MINUTES
September 5, 2018

• Robby W. Intergroup Chairperson, opened the meeting at 7:30 pm followed by a moment of silence and the Serenity Prayer. The definition of Intergroup (T.J.) & Twelve Traditions (Richard) was read.
• New Intergroup Reps: (New IG Rep meeting tonight by Alt Chair Francis - Thanks!)
  - T.J. - Women on the Move, Wednesday, 6:00pm, San Jose
  - Susan - ABC Women's Group, Monday, 7:30pm, Los Altos
  - Rich - Men's Single Problem Study, Monday, 8:00pm, San Jose
• Visitors – Gavin
• Birthdays: Mary, 8/25, 3 years; Jaye, 8/31, 4 years; Julie, 8/8, 5 years; Susan, 8/16, 8 years; Jane, 8/8, 24 years; Bonnie, 8/9, 33 years
• Observation of 7th Tradition – $110.32 tonight
• Corrections or Additions to the Agenda – (none)
• Tonight's Voting Member Count is 39

Reports

Intergroup Chair - Robby W.
• Thank you to Larry and team for setting up our PA system. Tonight, I have added our Nominating Committee to the Agenda. The committee will be presenting us with their nominees for the service positions within Intergroup as well as the Central Service Board.
• If you are a Committee member presenting your report tonight, please line up 3 deep, and highlight your "Take Away".

Central Service Board - Carol B.
• The Board of Directors met August 23rd.
• The Treasurer’s Report as of July 31, 2018 was as follows:
  • Group Contributions for July 2018 were $22,781.17, up 113% compared to June 2018. Group contributions YTD were $121,873.75, up 17% over last year. Overall this year we are doing well compared with 2017.
  • Total Ordinary Income YTD was $169,822.42, up 9.9% over the same period last year.
  • Gross Profit YTD was $145,077.44, up 13.5% over the same period last year.
  • Total Expenses YTD were $119,028.77, up 3.8% over the same period last year.
  • Total Interest income YTD was $395.99, up 150% over the same period last year.
  • Net Income YTD was $26,738.36, up 61% over the same period last year.
• Our Prudent Reserve is fully funded (6 months operating expense) at $98,753.76.
• The Board completed Bruce’s performance review.
• The Board was brought up to date re our Diverter program and options for implementing a new service.

Central Office – Bruce K.
• First and foremost, you may have heard that we're having trouble getting our Diverter system back up and running, this time with AT & T since Comcast no longer supports the call forwarding feature we use, and AT & T does. It is our hope that AT & T will be out tomorrow morning and we can be back in business. Meanwhile, Louie and his intrepid volunteers have been taking extra-long shifts and the calls have been covered.
• We're receiving many kudos for the new office decor. There have also been some frowns, but we want you to come down and see for yourself.

• The Pacific Regional Forum is coming to town this weekend and this is something we strongly recommend. This is your chance to see "A.A. as a whole", how it operates throughout the United States and Canada, as well as the rest of the world. Meet G.S.O. staff, officers, Trustees of the General Service Board, Delegates, and others. Ask the questions you always wanted to ask. And, by the way, this is so important that Central Office will be closed on Saturday, so staff can attend.

• Did you know, Central Office now has the Big Book on CD in the Navajo language, as they have no written language.

• And Central Office fairs well.

Website - Josh R.
• After over 4 years, Josh is moving. We would like to thank him for his service, help with the website - 170 groups use our app, and 93,000 people used ours in the last 30 days. We need a new web servant. WordPress skills are a plus!

Activities Committee - Carole
• We had about 330 people show up to the Old Timer's Meeting. Took in over $500, and $74 profit. The biggest turnout was from Spiritual Progress. The CD from this event will be made soon.

• The Sponsor Brunch is coming up on October 6th, at Lincoln Glen Church in San Jose, from 11:00am-2:00pm. Tickets are on sale now at Central Office, and if you buy presale, you get early admission! There are many service opportunities, email aasanjos@comcast.net or call Central Office and leave a message for Carole R.

Twelfth Step - Alex S.
• We are still looking for more volunteers. To make this service more accessible to members I offer my service to come and meet members to orientate them. I can be contacted by phone and time can be arranged. Six months of sobriety is required. Thank you and I hope we can get some new volunteers.

Day Time Office – Joe (no report)

Nights and Weekends Diverter Coordinator – Louie
• We have a new Wednesday Diverter Coordinator, Cathyann C. She has been working the Diverter for about 8 years, and like our other Daily Coordinator, Carol B. she has long term sobriety and is very service oriented. I would like to welcome her.

• We currently have only one shift available. It is an overnight shift from midnight to 6:00am the 4th Friday of each month. Keep in mind that while specific shifts come and go quickly, if you want to be a diverter and the specific day and/or time you like is not currently available, please take the Diverter Workshop anyway. Note your preferences on the Workshop Form and we will try to let you know when something matching is available.

• The Diverter Workshop will be held at its monthly scheduled time of the 3rd Saturday, which this month is September 15th, at 10:00am, at the Intergroup Central Office. No appointment needed, just show up. Sobriety requirement for the Diverter is 1 year and a working knowledge of the 12 Steps and 12 Traditions.

• Takeaway: Please encourage your groups to attend Service Workshops, regardless of their current service interests. It enhances their horizons and helps them understand all the
things that Intergroup does for A.A. and the alcoholic that is still suffering.

Secretary Workshop – Kathy R.
• The Secretary Workshop is the first Saturday if the month at 10am at Central Office. The purpose of the Workshop is to discuss the Secretary's role as the facilitator of the meeting, making sure it starts and ends on time. He or she chooses the chairperson and often greets newcomers.
• We discuss how to handle difficult situations as they come up, and how to deal with disruptive people, etc. We go over the Twelve Traditions, discuss how they are to the meeting what the Twelve Steps are to an individual. Without them there wouldn't be meetings.
• TAKE AWAY: Encourage new secretaries or those wishing to become secretaries to come to the workshop the first Saturday of the month, 10:00am at Central Office

Outreach Committee - Kevin
• The purpose of the committee is to serve as the ambassadors for Intergroup. We do this by the following:
• Educate local AA groups about the purpose, activities and service opportunities of Intergroup and Central Office.
• Encourage all AA groups to participate in Intergroup.
• Ensure the accuracy of Santa Clara County AA Meeting Directory.
• We visited several meetings last month from Palo Alto down to San Jose encouraging intergroup representation and checking that the meeting guide is correct. We are looking for more volunteers to go to meetings.
• I have flyers at the table please bring these to your groups. Thank you.
• We meet at 6:45 the 1st weds of the month here before intergroup if someone is interested but cannot come to the meeting I am willing to meet with them privately. My name and number are on the agenda. Any questions?
• Take Away. Looking for volunteers who would like to attend different meetings.

Newsletter Committee – Toni
• The deadline for the October issue (topics: Step 10, Tradition 10, Perseverance) is Sept. 19. Anyone interested should email coin@aasanjose.org. We are interested in recovery articles.

Nominating Committee – Kathy R.
• We are proud to present the following members for nomination to open positions for the October 2018 elections for Intergroup and Central Service Board:
  ◊ Nominee for Intergroup Chair:
    * Frances C., 10/25/09, homegroup is Veterans of A.A., Intergroup Rep, Intergroup Alternate Chair 2, project manager at design company
  ◊ Nominees for Intergroup Alternate Chair:
    * Mary S., 8/25/15, homegroup is Spiritual Progress, Intergroup Rep, Intergroup Recording Secretary
    * Jaye S., 8/31/14, homegroup is Ladies Amethyst, been meeting secretary, literature, chip chick, greeter, coffee, snacks, Intergroup Rep, alt recording secretary, and Intergroup recording secretary, kitchen admin manager at corporate catering company.
  ◊ Nominee for Recording Secretary:
    * Pam S., 9/30/06, Intergroup Rep, Phone List Coordinator, Meeting Secretary, Alt
Recording Secretary, oversees research at a university, listens by taking notes, anxious to learn and be engaged.

◊ **Nominee for Alternate Recording Secretary:**
  * Tamlyn R.

◊ **Nominees for Central Service Board:**
  * Mary M., 1/06/84, Intergroup Rep, Yes Woman, involved in H & I, Elmwood, management
  * Susan P., 8/16/10, homegroup is Ladies Amethyst, secretary, Intergroup Rep, GSR, Outreach, Bridging the Gap,
  * Jon M., 1/11/13, homegroup is Spiritual Progress, Intergroup Rep, secretary, greeter, setup, cleanup, BBQ volunteer, General Manager of a scrap metal facility for 32 years.
  * Rob W., 4/09/08, homegroup is Gay & Lesbian Sober Experience, Intergroup Rep 8 years, Intergroup Alternate Chair, Intergroup Chair, service for the Billy De Frank Center, various service for the Sober and Free group, business partner in a salon, and mortgage underwriter
  * Debbie H., 11/25/08, on the Boxer rescue board, meeting secretary, formed meeting, event sales director, has accounting degree
  * Joey N., 12/30/11, homegroup is Strong Desire, GSR, PICPC, is on the board at Stanford
  * Chris W., 9/03/09, secretary, Intergroup Rep, H & I, service at the VA Hospital, Director of Operations at an ecommerce company

◊ **2018 Nominating Committee Members:**
  * Kathy R., Chair
  * Mary Pat P.
  * Darcy S.
  * Bob E.

**Old/Ongoing Business**

● More discussion about the Sponsorship Workshop.
  ◊ Jacob brought up that it should be a panel, Q & A session, Naan agrees.
  ◊ Dan says it should not be regimented, more casual.
  ◊ Sarah brought up that if it's a small group, we may not get all the different ways of sponsorship, and it should be a monthly workshop.
  ◊ Bill said he was never comfortable sponsoring because he didn't know how and would love this to pass. Several intergroup reps had the same feeling.
  ◊ Alex says it should be more of a "one-off" to be better formatted. He was concerned that it would be too regimented. Robby stated that it would be more like the secretary workshop, organic in nature with suggested formats from sponsorship brochure and aa big book.
  ◊ Motion that a committee be formed, with a 2nd and 3rd.
  ◊ Voted by show of hands. 37 yay, 2 opposed, no comments from those who opposed. The motion passed.
  ◊ Sara volunteered to form the committee with several members agreeing to help.

**New Business**

**North County General Service - Jacob S.**
• We just got back from our General Service summer assembly in Fortuna California. It was awesome! We discussed more about whether it is time for a 5th edition of The Big Book and if literature on meditation be helpful for the fellowship.

• On a local note, we had our 2018 Pacific Regional forum in San Jose last week it was great also. The general service board is intensively working on how we can better our communication through the conference all the way down to the groups. Please ask your G.S.R. what they thought.

• Our district is in the process of electing new servants to follow the spirit of rotation.

• You’re always welcome to come out and see what we do anytime. The address is on page 9 of your meeting guide. Hope to see you there.

South County General Service - Nicolas G.

• This is an exciting time because this weekend we will have the Pacific Regional Forum. This is when our workers from New York come and have some fun with the Fellowship and where you can ask about certain topics or anything directly. It comes about every 30 years so If you have a chance, stop by.

• Our District meeting is every 3rd Tuesday of the month. We just passed a motion to adopt Venmo as an option for 7 traditions.

Hospitals & Institutions - Tommy O. (no report)

Bridging the Gap - Jane

• Bridging the Gap 7pm the 3rd Monday on Hamilton & Leigh, needs volunteers and committee members.

PI/CPC – Louisa

• For September, PI/CPC is honoring National Recovery Month by having members post AA approved flyers on public bulletin boards to inform the public of our website and phone information. Flyers say: If you want to drink that's your business. If you want to stop that's ours. A tear sheet with the AA diverter number is on the flyer. See your Intergroup Rep. for the flyers.

• Discussions around promotion versus attraction arouse. This flyer is from NYC office and already in use. The spirit of attraction is to get word out if you want to stop we are here. Robby states that Louisa called them before the meeting to ask if she could present this information and he had same question. We also are conducting an information table for the Cupertino City Employee Health Fair.

• We welcome new committee members. We meet the first Sunday of every month at 5:30, workshop 6 pm meeting at Our Savior’s Lutheran Church on Winchester and Tulip in Santa Clara.

SCCYPAA – Emily (no report)

Sober and Free - Heather

• Dates for the Sober & Free Conference next year are May 3-4, at the Billy De Frank Center.

• There is a movie night, Grease, Saturday Sept 22, at 6:00pm, doors open at 5:30pm. There will also be a 20 min A.A. speaker, and a 20 min Alanon speaker. The cost is $15 donation. Go to soberandfree.org for more information.

Open Forum – (no report)
Sponsorship
*a how-to discussion*

~

Sunday, November 11th, 2018
- Seven Styles of Sponsorship -

**Time: 1:00-2:30pm**

**Spiritual Progress Group**
Los Gatos Adult Recreation Center
208 East Main Street
Los Gatos, CA

---

**Roundtable sharing of sponsorship experience**

*on topics including:*
- Preparing to Sponsor
- Finding Sponsees
- The First 30 Days
- The First Year
- Long-term "Maintenance" Sponsorship
- Common Challenges
- Changing Sponsors

---

*Seven Speakers!*  
*Learn from the experience of others!*

~

Newcomers & oldtimers are welcome
SUNDAY
OCTOBER 21, 2018
2-4 PM
1625 PATIO DRIVE
SAN JOSE

SOBER & FREE
SILENT AUCTION
TICKETS ONLY $5!

CONTACT
INFO@SOBERANDFREE.ORG
TO RESERVE YOURS TODAY!
77th Anniversary Celebration

Palo Alto Group

at the
Lucie Stern Community Center
Come Celebrate the Oldest Surviving Meeting on the Peninsula

October 5, 2018
Main Speaker Raymundo L

Doors Open 7:00
Meeting Starts 7:30
Dance / Potluck Dinner 9:00
Music by DJ Yung Spliff

Suggested Donation $10

1305 Middlefield Rd, Palo Alto, CA 94301
FEBRUARY 1-3, 2019
SYMPOSIUM ON
A.A. HISTORY

SAN FRANCISCO
BAY AREA
El Retiro San Inígo
300 Manresa Way
Los Altos, California

THE
BROAD
HIGHWAY

A weekend gathering that brings together
researchers and lovers of A.A. history to share
the experience, strength and hope of the
members and groups who came before us.

All Inclusive Registration
Shared Room $325 / Private $400
Housing & Meals included
$25 discount code expires Aug 1: EARLYBIRD25

www.aahistorysymposium.org

A.A. on Reservations
San Quentin Group
Bill’s “Spook” Sessions
Debate over Special
Purpose Groups
The Spanish Big Book
Al-Anon Pioneers
AND A SPECIAL
PRESENTATION BY THE
G.S.O. ARCHIVIST
SANTA CLARA COUNTY INTERGROUP PRESENTS the 12th ANNUAL SPONSOR BRUNCH

Take your sponsor to brunch
Saturday OCT 6, 2018
brunch served 11–2pm
No flour, sugar and vegan options available.

“Though three hundred thousand have recovered in the last twenty five years, maybe half a million more have walked into our midst, and then out again”
–Bill W. on Sponsorship, Grapevine, April 1961

Tickets are on sale at Central Office!

$10.00 donation per person

LOCATION: LINCOLN GLEN CHURCH - 2700 BOOKSIN AVENUE, SAN JOSE, CA

Recovery Meeting at 1PM * Raffle following the speaker!

Get out of self and into service...volunteer to help at the event or donate your craft item, jewelry, art, gift cards for the raffle. Presale tickets are available with your Intergroup rep after Sept 5 and at Central Office.

To get involved contact us at:
Central Office (408) 374-8511 aasanjose@comcast.net
Leave a message for: Carole R., Activities Chair ’18-19
## Profit & Loss
### September 2018

<table>
<thead>
<tr>
<th>Ordinary Income/Expense</th>
<th>Sep 18</th>
<th>Sep 17</th>
<th>Jan - Sep 18</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3030 · Contributions - General</td>
<td>9,281.56</td>
<td>12,440.48</td>
<td>140,742.39</td>
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<tr>
<td>3060 · Group Insurance (Group premium payments)</td>
<td>25.00</td>
<td>0.00</td>
<td>4,970.00</td>
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<tr>
<td>8010 · Literature Sales</td>
<td>3,252.50</td>
<td>3,569.98</td>
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<td>8020 · Meeting Guide Sales</td>
<td>221.50</td>
<td>699.50</td>
<td>3,495.50</td>
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<td>8050 · Activities Committee</td>
<td>360.00</td>
<td>490.00</td>
<td>7,601.27</td>
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<tr>
<td>8055 · Central Office Events</td>
<td>0.00</td>
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<td>8060 · Newsletter</td>
<td>189.60</td>
<td>223.10</td>
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<tr>
<td><strong>Total Income</strong></td>
<td>13,330.16</td>
<td>17,423.06</td>
<td>198,499.41</td>
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<td><strong>Cost of Goods Sold</strong></td>
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<tr>
<td>5000 · Cost of Goods Sold</td>
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<td>3,145.47</td>
<td>32,359.64</td>
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<td><strong>Total COGS</strong></td>
<td>3,171.38</td>
<td>3,145.47</td>
<td>32,359.64</td>
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<td><strong>Gross Profit</strong></td>
<td>10,158.78</td>
<td>14,277.59</td>
<td>166,139.77</td>
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<tr>
<td><strong>Expense</strong></td>
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<td>6015 · Activities Committee Expense</td>
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<td>6030 · Accounting and Legal Fee</td>
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<td>0.00</td>
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<td>6140 · Conferences</td>
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<td>1,071.81</td>
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<td>6190 · Depreciation Expense</td>
<td>1,199.25</td>
<td>1,199.25</td>
<td>3,597.75</td>
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<td>6220 · Insurance - Worker Compensation</td>
<td>0.00</td>
<td>170.75</td>
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<td>6225 · Insurance - Emp. Health Plan</td>
<td>600.59</td>
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<td>6230 · Insurance - General Liability</td>
<td>1,209.25</td>
<td>0.00</td>
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<td>6240 · Employee HRA Plan</td>
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<td>775.40</td>
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<td>6330 · Office Expense</td>
<td>2,011.49</td>
<td>2,143.67</td>
<td>18,086.20</td>
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<tr>
<td>6380 · Payroll Taxes</td>
<td>341.58</td>
<td>698.46</td>
<td>6,542.05</td>
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<td>6480 · Rent</td>
<td>3,384.50</td>
<td>2,537.95</td>
<td>23,117.95</td>
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<td>6540 · Salaries - Office</td>
<td>3,722.13</td>
<td>9,370.70</td>
<td>78,659.93</td>
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<tr>
<td>6560 · Payroll Expenses</td>
<td>237.51</td>
<td>118.49</td>
<td>1,294.49</td>
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<td><strong>Total Expense</strong></td>
<td>15,103.71</td>
<td>19,595.47</td>
<td>155,292.95</td>
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<tr>
<td><strong>Net Ordinary Income</strong></td>
<td>-4,944.93</td>
<td>-5,317.88</td>
<td>10,846.82</td>
</tr>
</tbody>
</table>

### Other Income/Expense

<table>
<thead>
<tr>
<th>Other Income/Expense</th>
<th>Sep 17</th>
<th>Jan - Sep 18</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Other Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8025 · Rebate</td>
<td>0.00</td>
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<tr>
<td>8030 · Interest Income</td>
<td>10.37</td>
<td>57.54</td>
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<tr>
<td><strong>Total Other Income</strong></td>
<td>10.37</td>
<td>154.99</td>
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<tr>
<td><strong>Net Other Income</strong></td>
<td>10.37</td>
<td>154.99</td>
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<tr>
<td><strong>Net Income</strong></td>
<td>-4,934.56</td>
<td>-5,162.89</td>
</tr>
</tbody>
</table>
### INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

#### Balance Sheet

**As of September 30, 2018**

<table>
<thead>
<tr>
<th>Assets</th>
<th>Sep 30, 18</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
</tr>
<tr>
<td>Checking/Savings</td>
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</tr>
<tr>
<td>1010 · Petty Cash</td>
<td>172.13</td>
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<tr>
<td>1020 · First Republic Bank (Checking account)</td>
<td>34,911.70</td>
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<tr>
<td>1021 · (PR) First Rep. Bank CD 0429 (12 Mo. CD @ 6%, 08/12/17)</td>
<td>17,967.03</td>
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<td>1023 · (PR) First Rep. Bank CD 3228 (12 Mo. CD @ 6%, 02/05/18)</td>
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<td>1027 · (PR) First Rep. Bank CD 7681 (12 Mo. CD @ 3%, 4/29/17)</td>
<td>15,201.30</td>
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<td>1028 · (PR) First Rep. Bank CD 6955 (8 Mo. CD @ .6%, 01/02/18)</td>
<td>20,353.95</td>
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<tr>
<td>1029 · (PR) First Rep. Bank CD 8182 (10 Mo. CD @ 1.0%, 12/08/17)</td>
<td>15,238.78</td>
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<tr>
<td>1031 · (PR) First Rep. Bank CD 9158 (20 Mo. @ 2%, 3/7/18)</td>
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<tr>
<td>Total Checking/Savings</td>
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<tr>
<td>Accounts Receivable</td>
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<tr>
<td>1110 · Accounts Receivable - Group Deposits</td>
<td>-1,839.16</td>
</tr>
<tr>
<td>Total Accounts Receivable</td>
<td>-1,839.16</td>
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<tr>
<td><strong>Other Current Assets</strong></td>
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</tr>
<tr>
<td>1250 · Literature inventory</td>
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<tr>
<td>1310 · Prepaid Insurance</td>
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<tr>
<td>13700 · Payroll Service Customer Asset (Payroll Service Customer Asset)</td>
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<tr>
<td>1499 · Undeposited Funds</td>
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<td>Total Other Current Assets</td>
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<tr>
<td><strong>Total Current Assets</strong></td>
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<td><strong>Fixed Assets</strong></td>
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<td>1630 · Office Equipment</td>
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<td>1640 · Office Furnishings - Asset</td>
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<tr>
<td>1641 · Less Accumulated Depreciation</td>
<td>-31,489.72</td>
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<tr>
<td>1680 · Leasehold Improvements</td>
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<td>1681 · Less Accumulated Amortization</td>
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<tr>
<td>Total Fixed Assets</td>
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<td><strong>Other Assets</strong></td>
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<tr>
<td>1860 · Deposits</td>
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<td><strong>Total Other Assets</strong></td>
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</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>163,244.58</strong></td>
</tr>
</tbody>
</table>

| Liabilities & Equity | |
| **Liabilities** | |
| **Current Liabilities** | |
| Credit Cards | |
| 2075 · American Express | 403.69 |
| Total Credit Cards | 403.69 |
| **Other Current Liabilities** | |
| 2100 · Payroll Liabilities (Payroll Liabilities) | -2,213.96 |
| 2111 · Direct Deposit Liabilities | -3,699.10 |
| 2240 · Sales Tax Payable (due quarterly) | 1,061.33 |
| 2340 · Accrued Vacation | 9,811.90 |
| 2600 · Unity Day | 3,921.28 |
| Total Other Current Liabilities | 8,881.45 |
| **Total Current Liabilities** | 9,285.14 |
| **Total Liabilities** | 9,285.14 |
| **Equity** | |
| 3100 · Prior period adj - vacation | -11,704.67 |
| 3900 · Unrestricted Funds | 153,796.19 |
| **Net Income** | 11,887.92 |
| **Total Equity** | 153,959.44 |
| **TOTAL LIABILITIES & EQUITY** | **163,244.58** |
## Group Contributions
September 2018

| Group                                      | Men's Freedom from Alcohol 506 (Wed.) | Men's Group 97 (Mon.) | Men's Honesty Group 26 (Sat.) | Men's Single Problem Study 59 (Mon.) | Men's Single Problem Study Up 220 (Mon.) | Men's Topic Meeting 137 (Tues.) | Midday Women's Group 91 (Mon.) | Monday at Time 298 (Mon.) | Mountain Miracles 882 (Thur.) | Mountain View Group 350 (Sat.) | New Noomers 808 (Mon.) | No Bull Big Book 665 (Fri.) | Off the Top 371 (Thur.) | Open AA - Tues. 070/94 | Other Wednesday Night (Men) 209 (Tues.) | Palo Alto E-Z Does It 842 (Fri.) | Pass It On Group 418 (Sun.) | Personal 091/11 | Phoenix Group 623 (Sun.) | Plaza Del Rey Group (Sun) 052 | Primary Purpose Beginners Big Book 107 (Fri.) | Queen and Sober 671 (Sat.) | San Martin Candlelites 378 (Sat.) | Saturday's Reflections 622 (Sat.) | Saturday Morning Los Gatos 777/00 (Sat.) | Saturday Night Promises 847 (Sat.) | SCLYPAAA Second Tradition Group Sprkr/21 (Sat.) | Serenity Saturday 899 (Sat.) | Serenity Speaker Meeting 633 (Sun.) | Shared Life, The (Women) 81 (Mon.) | Simply AA - 301 (Tues.) | Single Problem Topic (Men's) 582 (Mon.) | Sisters Seeking Serenity 858 (Wed.) | Sizzler Group 2/ (Sun.) | Sober and Free Convention 70928 | Sober in the Park 668 (Sun.) | Sober Mantis 204 (Sun.) | Sober Thoughts 499 (Wed.) | Solutions for Gay Women 870 (Thur.) | South Valley Men's 84b (Thur.) | South Valley Women's Surrender 88 (Thur.) | Spiritual Awakening 815 (Tues.) | Spiritual Step Study 233 (Sun.) | St. Luke's Group 110 (Tues.) | St. Mark's Group 270 (Thur.) | Starting the Steps 753 (Fri.) | Step Along (Women) 638 (Wed.) | Step Study (Women) LG 820 (Wed.) | Strong Desire 88 (Mon.) | Sunday Night Recovery 23 (Sun.) | Sundowner's Dinner Mtg (Chips) 768 (Mon.) | Sunshine Group noon 245 (Thur.) | T.G.I.F. Speaker/Discussion 299 (Fri.) | There is a Solution (Men) MH 732 (Thur.) | Think Tank (Men's) 361 (Sat.) | 106 Early Big Book Stud 172 (Sat.) |
|--------------------------------------------|--------------------------------------|-----------------------|--------------------------------|--------------------------------------|----------------------------------------|-------------------------------|-----------------------------|---------------------------------|-----------------------------|---------------------------------|-----------------------------|--------------------------------|-------------------------------|-----------------------------|---------------------------------|--------------------------------|--------------------------------|---------------------------------|--------------------------------|-------------------------------|--------------------------------|--------------------------------|-----------------------------|--------------------------------|-------------------------------|--------------------------------|--------------------------------|-----------------------------|--------------------------------|-----------------------------|--------------------------------|}

### Interests

- **Men's Freedom from Alcohol 506 (Wed.)**
- **Men's Group 97 (Mon.)**
- **Men's Honesty Group 26 (Sat.)**
- **Men's Single Problem Study 59 (Mon.)**
- **Men's Single Problem Study Up 220 (Mon.)**
- **Men's Topic Meeting 137 (Tues.)**
- **Midday Women's Group 91 (Mon.)**
- **Monday at Time 298 (Mon.)**
- **Mountain Miracles 882 (Thur.)**
- **Mountain View Group 350 (Sat.)**
- **New Noomers 808 (Mon.)**
- **No Bull Big Book 665 (Fri.)**
- **Off the Top 371 (Thur.)**
- **Open AA - Tues. 070/94**
- **Other Wednesday Night (Men) 209 (Tues.)**
- **Palo Alto E-Z Does It 842 (Fri.)**
- **Pass It On Group 418 (Sun.)**
- **Personal 091/11**
- **Phoenix Group 623 (Sun.)**
- **Plaza Del Rey Group (Sun) 052**
- **Primary Purpose Beginners Big Book 107 (Fri.)**
- **Queen and Sober 671 (Sat.)**
- **San Martin Candlelites 378 (Sat.)**
- **Saturday's Reflections 622 (Sat.)**
- **Saturday Morning Los Gatos 777/00 (Sat.)**
- **Saturday Night Promises 847 (Sat.)**
- **SCLYPAAA Second Tradition Group Sprkr/21 (Sat.)**
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- **Sober and Free Convention 70928**
- **Sober in the Park 668 (Sun.)**
- **Sober Mantis 204 (Sun.)**
- **Sober Thoughts 499 (Wed.)**
- **Solutions for Gay Women 870 (Thur.)**
- **South Valley Men's 84b (Thur.)**
- **South Valley Women's Surrender 88 (Thur.)**
- **Spiritual Awakening 815 (Tues.)**
- **Spiritual Step Study 233 (Sun.)**
- **St. Luke's Group 110 (Tues.)**
- **St. Mark's Group 270 (Thur.)**
- **Starting the Steps 753 (Fri.)**
- **Step Along (Women) 638 (Wed.)**
- **Step Study (Women) LG 820 (Wed.)**
- **Strong Desire 88 (Mon.)**
- **Sunday Night Recovery 23 (Sun.)**
- **Sundowner's Dinner Mtg (Chips) 768 (Mon.)**
- **Sunshine Group noon 245 (Thur.)**
- **T.G.I.F. Speaker/Discussion 299 (Fri.)**
- **There is a Solution (Men) MH 732 (Thur.)**
- **Think Tank (Men's) 361 (Sat.)**
- **106 Early Big Book Stud 172 (Sat.)**

### Inquiries

- **Intergroup Central Office of Santa Clara County, Inc.**

### Contact Information

- **Address:**
- **Phone:**
- **Email:**

### Additional Information

- **Group Numbers:**
  - Men's Freedom from Alcohol 506 (Wed.)
  - Men's Group 97 (Mon.)
  - Men's Honesty Group 26 (Sat.)
  - Men's Single Problem Study 59 (Mon.)
  - Men's Single Problem Study Up 220 (Mon.)
  - Men's Topic Meeting 137 (Tues.)
  - Midday Women's Group 91 (Mon.)
  - Monday at Time 298 (Mon.)
  - Mountain Miracles 882 (Thur.)
  - Mountain View Group 350 (Sat.)
  - New Noomers 808 (Mon.)
  - No Bull Big Book 665 (Fri.)
  - Off the Top 371 (Thur.)
  - Open AA - Tues. 070/94
  - Other Wednesday Night (Men) 209 (Tues.)
  - Palo Alto E-Z Does It 842 (Fri.)
  - Pass It On Group 418 (Sun.)
  - Personal 091/11
  - Phoenix Group 623 (Sun.)
  - Plaza Del Rey Group (Sun) 052
  - Primary Purpose Beginners Big Book 107 (Fri.)
  - Queen and Sober 671 (Sat.)
  - San Martin Candlelites 378 (Sat.)
  - Saturday's Reflections 622 (Sat.)
  - Saturday Morning Los Gatos 777/00 (Sat.)
  - Saturday Night Promises 847 (Sat.)
  - SCLYPAAA Second Tradition Group Sprkr/21 (Sat.)
  - Serenity Saturday 899 (Sat.)
  - Serenity Speaker Meeting 633 (Sun.)
  - Shared Life, The (Women) 81 (Mon.)
  - Simply AA - 301 (Tues.)
  - Single Problem Topic (Men's) 582 (Mon.)
  - Sisters Seeking Serenity 858 (Wed.)
  - Sizzler Group 2/ (Sun.)
  - Sober and Free Convention 70928
  - Sober in the Park 668 (Sun.)
  - Sober Mantis 204 (Sun.)
  - Sober Thoughts 499 (Wed.)
  - Solutions for Gay Women 870 (Thur.)
  - South Valley Men's 84b (Thur.)
  - South Valley Women's Surrender 88 (Thur.)
  - Spiritual Awakening 815 (Tues.)
  - Spiritual Step Study 233 (Sun.)
  - St. Luke's Group 110 (Tues.)
  - St. Mark's Group 270 (Thur.)
  - Starting the Steps 753 (Fri.)
  - Step Along (Women) 638 (Wed.)
  - Step Study (Women) LG 820 (Wed.)
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### Notes

- **Total Groups:**
  - **Interests:**
  - **Inquiries:**
  - **Contact:**

### Additional Resources

- **Website:**
- **Social Media:**
- **Other Articles:**

### Further Actions

- **Attend a Group Meeting:**
- **Contact the Office:**
- **Visit the Website:**
- **Follow on Social Media:**

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**The COIN 23**
EARLY BIRD GROUP OF AA PRESENTS:

STAYIN ALIVE #11

OCTOBER 27TH, 2018

Speaker: Robert P.

POTLUCK…Mystery and Regular Food Appreciated

MURDER MYSTERY DINNER THEATER
WHO DONE IT?

Everyone gets to play...

DJ • Dancing • Costume Contest

Raffle with awesome prizes: 1/$1.00 or 7/$5.00

TICKET DONATION: $5.00 PRE-SALE OR $7.00 AT THE DOOR

AGE RESTRICTION: 12 years and older

LOCATION:
Calvary United Methodist Church, 729 Morse Street, San Jose CA 95126

TIME: 6 - 11 p.m. (FREE Speaker meeting: 6 p.m.)

FOR MORE INFORMATION CALL:
Francis [ ] or Ed [ ]

WE ARE NOT A GLUM LOT!