

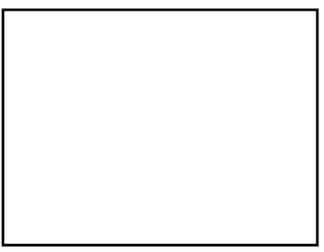
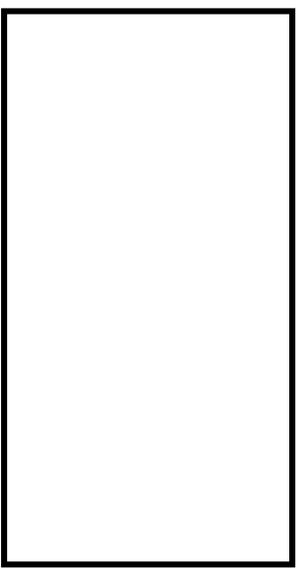


January 2020

Volume 15 | Number 1

A PUBLICATION OF THE INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY

**Intergroup Central Office of Santa Clara County, Inc.
274 East Hamilton Avenue, Suite D | Campbell, CA 95008
RETURN SERVICE REQUESTED**



Writing for the COIN

Q: Who writes the COIN?

A: You do.

This is a publication forum for your personal stories celebrating sobriety and recovery. We welcome your stories, opinion pieces, learnings, questions, thoughts and ideas.

Q: What about sketches, photos, art and flyers?

A: Yes, please!

These are all welcomed and appreciated. We want to give AA members a chance to publish their original artwork and photos. We are not a glum lot and love humor, so please send in jokes and cartoons as well. We want the COIN to have a comprehensive listing of all upcoming events and flyers; email your event info as early as possible.

Q: What do I write about?

A: There are monthly newsletter topics that can be found in the COIN.

Each month's topic is Step X, the Principle behind Step X, and Tradition X, where X is the number of the month. January=1 and December=12. For example, January's topics are Step One, Honesty, and Tradition One. Stories pertaining to a month's holidays or historic events are also accepted. For example, articles pertaining to a new year/new start in January, relationships and romance in February, stories about the founding of AA in June, independence in July, gratitude and giving thanks in November, etc. can all be fitting subject matter.

Write your stories in the first person (using "I" statements). Share your sobriety experience, strength and hope: the wisdom you've gleaned, the mistakes you've made, the fun, the troubles, and humor you've found in recovery. If you hear something at a meeting that makes you see things in a different light, write about it. If you've stayed sober through a difficult experience, write about it. Help us teach and learn from each other. Most importantly, help carry the message of AA.

Q: What are the submission deadlines?

A: Deadlines are published in each month's COIN.

If you miss the deadline, you may still submit materials, but they may be saved for inclusion in a future COIN publication. Stories and art are published at the discretion of the COIN editor and the Central Office executive director.

Q: When is the month's published COIN available?

A: Usually by the first Wednesday of the month.

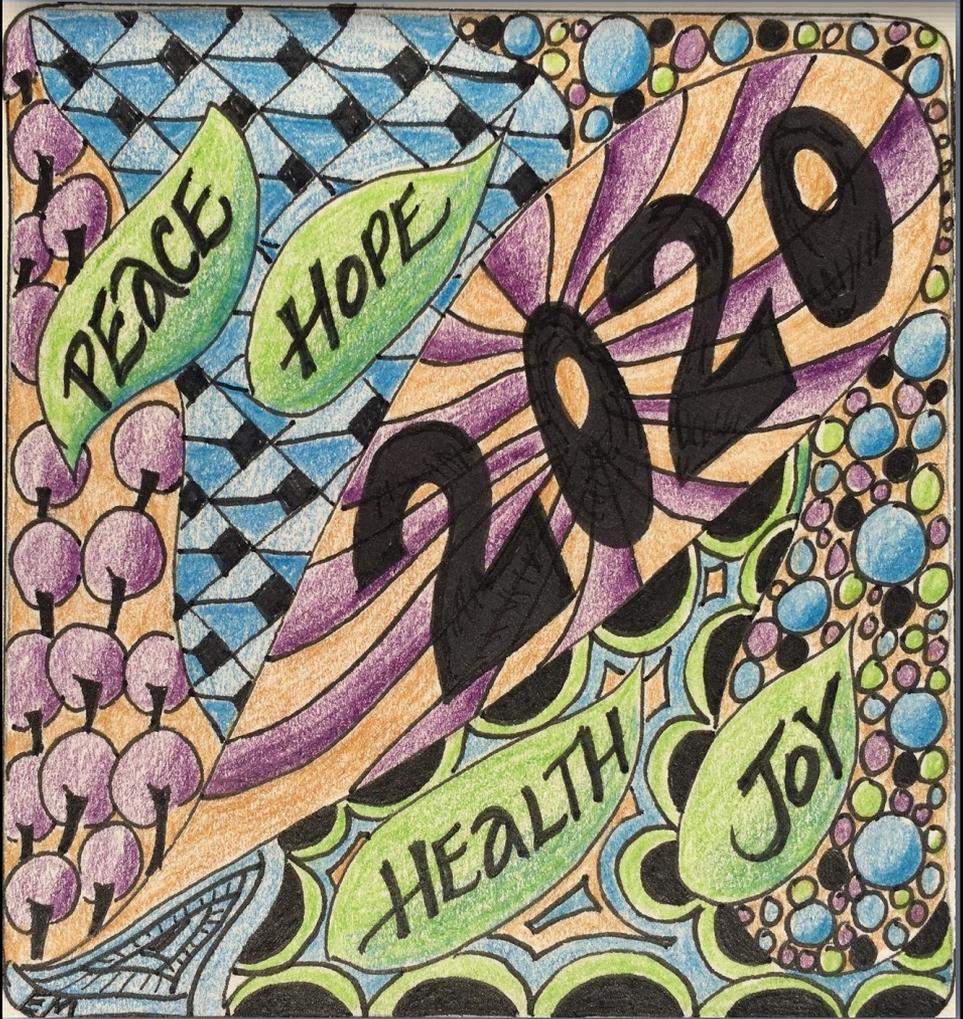
A small print run of several hundred draft copies for the month is available at the monthly Intergroup business meeting; the print run is completed the following day. Mailing takes place two days after the Intergroup meeting. Volunteers are needed every month to help fold the COIN and prepare it for bulk mailing.

Q: Anything else?

A: Yes.

Please keep the Twelve Traditions of AA in mind as you write, and take special care to respect other members' anonymity. Have fun!

Send your contributions to: coin@aasanjose.org



The COIN is published on behalf of the Santa Clara County Intergroup Service Group of Alcoholics Anonymous (Intergroup). Opinions expressed are the writers', and publication of any article, event, or other information does not imply endorsement by Alcoholics Anonymous, Intergroup, or Central Office. Quotations from AA books and pamphlets, and the Twelve Steps and Twelve Traditions are reprinted with permission of AA World Services, Inc.

Letter from the Editor



Dear Readers,

Happy New Year! Whether you subscribe to the school of thought that the year 2020 is the end of the decade or the start of a new one, I sincerely hope this new year brings peace, joy, and blessings to everyone, everywhere.

As the many puns of perfect vision and hindsight pepper our conversation, I can't wait to see what this new year brings us in recovery. These last few years of sobriety have brought so much beauty to my world. But it took a massive overhaul of old thinking. Until I was ready and willing to go to any lengths, recovery just kept going in one year and out the other. As I sit here and mull over my 2020 resolutions, I can't help but reflect on how much pain my alcoholism brought and the wake of destruction it left behind. Myopathy and pride fueled years of suffering; I couldn't possibly comprehend making sobriety my number one priority. Now I understand. Today I see. Ahhh, hindsight.

With the new pair of glasses I wear today, there's clarity and a better understanding of my purpose in life. Looking at life through these new lenses, I'm amazed at how much I didn't know I was missing.

As we begin the new calendar year, we start at the very beginning in January with Step One, Tradition One, and the topic of Honesty. I am pleased to introduce a new contributor to the COIN, Elizabeth M; she has offered her artistic talent and creative ideas in service to our newsletter. She is the artist of our January COIN cover. She will be a regular contributor to a new section, "Expressive Arts."

Thank you to all who have been submitting articles and content for the COIN. Please continue to send in your contributions. I look forward to hearing from you.



Sincerely,

Mel M
COIN Editor

Next Month's Issue (February 2020)

Topics: Step Two, Hope, & Tradition Two

Please email all submissions to coin@asaanjose.org by Jan 22.

Expressive Arts Corner

Meditative Art: Zentangles into the New Year!

Do you ever have a hard time meditating and finding “the flow?” I’ve stared at lighted candles, sat in silence, repeated mantras, and so on. I still struggled to get into that *flow*. I understand that meditating is a practice that is best done consistently and to be patient to *get into the flow*.

Then I discovered meditative, artistic “Zentangles.” I loved the creative process and continue creating them today. I use the process as another tool in my recovery toolbox to help me meditate. The method was designed by Maria Thomas and Rick Roberts back in 2003, and today the technique is used worldwide.

For the next couple of months, I’ll submit artwork and art tips to help find and continue “the flow” to hopefully give an outlet for everyone’s creative nature. Give it a try and see if it works for you.

Happy New Year!
Elizabeth M

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AA Traditions Checklist

Tradition One

Our common welfare should come first; personal recovery depends upon AA unity.

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward. (Long form)

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious precludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

These questions above were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Honesty At Its Best



Life wasn't going well for me when I showed up on the scene
 But I was ready for the change, whatever that would mean.
 The life I'd lead was scandalous; I think you get the gist
 And to get rigorously honest, was the first thing on my list.

When practicing this principle, I was brutal from the start
 But it sometimes caused reactions, and it wasn't very smart.
 My wife asked me a question while trying on some jeans
 Did they make her look extended? Well, you know what I mean.

That put me in a quandary and, I knew I had to lie,
 If I must be that rigorous, well, I guess I'm gonna die.
 I told a friend about it, and he said, "you got it right."
 Kindness trumps the rigorous clause, and you've got to keep it light.

He gave a definition, and for our purpose, I believe
 Kind honesty is devoid of all motives to deceive.
 It gives a little wiggle room and, I think God wouldn't mind
 If self-righteousness takes a little hit if only to be kind.

I've learned there are few absolutes, and my conscience is my guide
 And I must put self-honesty first, when, these things I must decide.

- Rick R

The COIN wants to hear from you. We are interested in publishing as many stories from as many members as possible, and we welcome new writers, artists, cartoonists and photographers. Any and all mediums to communicate the message of recovery are welcome! Please email your submissions:

An Education in the Art of Living

Sharing Our Experience, Strength, and Hope

For the newcomer, the first 164 pages of *Alcoholics Anonymous* (the Big Book) contain the framework of how to overcome the disaster of a life consumed by alcoholism. As I drank myself into the corner of life and ran out of options, I desperately searched for answers, and something told me to try Alcoholics Anonymous. There I found people who had overcome most of the troubling issues of life.

Each chapter of *Alcoholics Anonymous* has a particular subject, and the authors explain specific areas of our lives where we could improve our thoughts and behaviors. It seems that if we did what they suggested in those 164 pages, everything would be fine with us alcoholics, but wait!

Next, the founders of A.A. published *Twelve Steps and Twelve Traditions* to give more amplifying information as to how to incorporate the steps into our daily lives. As I continued to progress in the program, it caused me to seek a deeper understanding of the seriousness of this disease and how severe my symptoms were. The first 164 pages just scratched the surface, but they gave me a challenge as to what degree of commitment I would pursue as I began to uncover defect after defect in a thousand facets of my sick mentality. Fear, insecurity, and my ego dogged my every step. As I became strong enough to overcome my ego-driven approach to these issues, my conscience started getting a foothold, and it motivated me to dig deeper and pursue a life based on unselfishness and to abandon

the faulty thinking of the past. As I continued to grow in my sobriety, I spent more time delving into my understanding of my higher power. I was encouraged to read a book by Emmet Fox, *The Sermon on the Mount*, considered to be the inspiration that the founders of the A.A. program incorporated into the spiritual solution for the doubters like me, and it removed all those doubts.

Next, I had to learn how to become a good husband, father, friend, coworker, and so on. As we share our experiences, we are in the state of learning how to solve those thousand facets of our sick mentality.

My wife came home from an Al-Anon meeting in my early years of sobriety, all excited about the topic of “examining our motives.” That one concept changed my entire way of thinking about my behavioral problems. “Selfishness - Self-centeredness! That, we think, is the root of our troubles,” *Alcoholics Anonymous*, pg.62. If selfishness is the root (motive), then unselfishness is the obvious solution. That simple understanding set in place a habit of living by unselfish motives, and as a result, I am not ashamed of anything I do today. I have a clear conscience, and it is so much easier than I thought it would be. It doesn’t say generous; it just says unselfish. DUH!

The world is full of supporting information concerning all the facets of the different mental troubles the alcoholic is faced with when seeking answers. When we use the word, love, I thought it was a feeling, but I found a different

perspective on what it meant to love in a book by Scott Peck, *The Road Less Traveled*, that defines love as caring for and nurturing another person's soul. Love is an action word, and I can love everyone, even if they don't reciprocate the sentiment, by sincerely wanting the best for them and offering my help.

I encourage everyone who finds it difficult to experience the quiet satisfaction that they expect to receive from the program, to find the answers by looking deeper into the subject. Seek out the solutions that help you to set in place those principles and habits which lead to, as an old friend refers to as, *peace of mind and a quiet heart*.

- Rick R



Full Circle

They say this is the only step that we have to do perfectly, Step One. It also states that the only requirement for membership is the *desire* to stop drinking. When I was a newcomer, I nodded and "yeah'd" my way through the steps. I always knew I was an alcoholic. I always knew that I wished I wasn't the way I was, and to say my life was unmanageable would have been an underserving upgrade in the description of how capable I was at my life.

The part I missed, which is the most crucial part, was the powerlessness. I couldn't comprehend what it meant to let something have power over me. It meant it ruled me. It ran me; it was my master. I lived to drink, so my mind told

re•cov•er•y

[rə'kʌv(ə)rē]

Noun

1. A return to a normal state of health, mind, or strength
2. The moment you realize life is worth living

me, and the resulting actions from my behaviors under the influence were beyond my imagination or control. If ever there was a more fabulous puppeteer than alcohol, I have yet to see it.

Honesty is coming to grips with the self-realized admission that when I put that drink in my body, after that moment, all hell breaks loose. I couldn't manage to look myself in the mirror without shaming myself only to drink more. The moment I finally became honest with myself that I was powerless, it felt like defeat. I thought I was losing my life. I thought I had lost any humanity I ever had; I had lost all human decency.

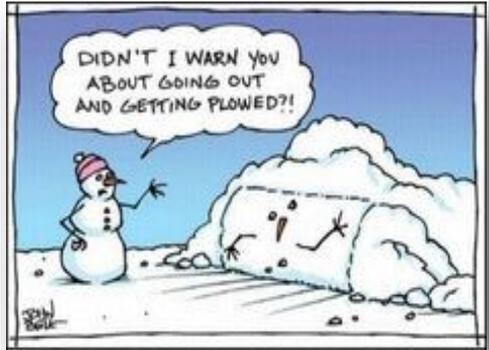
Perception, perspective, and awareness are incredible because, since that moment, I have been anything but defeated. My higher power spoke to me. I found the rooms of A.A. and people who were willing to look me in the eye when I couldn't even lift my head. I had to be honest across the board. I always took from people who weren't in a position to help me when I was in my disease; thus, when I came to a place where people were willing to help, I didn't want it. My mind told me that I had to do it alone. I had to show everyone I could do it. After *taking* for so long in all the wrong ways from all the wrong people

in all the wrong moments, it felt wrong to *take* again.

Repetition sticks, and so did the incessant love from the people in the program. I began to realize *when* to ask for help, *how* to ask for help, and that it is ok to *need help*. Getting sober and coming back from the grips of darkness is something with which people are ready, willing, and wanting to help. Someone once told me, "If you want to get sober, A.A. and the people in it will go to hell and back for you. If you don't want to get sober, you can go to hell all by yourself." I was offended until I realized that I had a considerable amount of people willing to endure with me my battle to and through recovery and that in my willingness, I could come out on top.

Who honestly wants a refund on their misery? I don't, and today I choose to stay. I no longer fear to admit that I let something so terrible run my life because due to this program and the unity, the selflessness of its members, the understanding and unconditional love I have a loving higher power today. The only time things are unmanageable are when I think I am in charge. Luckily now, I know better. Life is to be lived, enjoyed, and shared. I am grateful to A.A. and its members for my privilege to be one among the many that make this program come full circle. I cannot say thank you enough for those who came before me and upheld the A.A. traditions and those who were there to extend their hands when I needed it most. Thank you.

- Vanessa B



Alcohol is an Insidious Foe

As I begin to distance myself from substances, it becomes clear that I need a solution that includes a complete upheaval of my mental and emotional existence. It's not enough to only remove one or two aspects of my life, but rather to completely redesign my responses if I want to be successful.

Over the years of drinking and using, my mindfulness was slowly chipped away until I found myself reduced to functioning from my primordial brain. Wondering where it all went wrong, I asked myself the question: What came first? My negative thinking or my excessive drinking?

How sneaky my disease can be! Just when I think I have escaped it, it makes its attempts through other means. Perhaps another substance, a relationship, anger, co-dependence. I can even manage to overdo a hobby: healthy or not. Like the real recovering alcoholic that I am, I can take a hobby, become an expert overnight, and suddenly spread myself thin all over again. For me: balance is not an easy task. Replacing one addiction with another, however, is simple.

Therefore, it is crucial that I not only

admit I am powerless over alcohol, people, places, and circumstances. I must also concede to the fact that I am powerless over my irrational reasoning; I must trust my sponsor and my higher power from here on out.

For me to think I can pick and choose my program and then expect results that are different from what I experienced before falls under the definition of insanity. On the other hand, since insanity is where I have lived in most of my actions, it would make sense that is where I would prefer to dwell.

Not anymore. If I am to move forward and live a happy, joyous, and free life, I must exercise the muscle of utilizing the steps in my day to day life. I long for happiness. I long for freedom. If nothing else: the journey to this place is worth treading, for, at the end of it, I will be filled with esteem for trying. It is possible for all of us.

- Rimi K

Step Zero & Step One

Step Zero: *Concede to Our Innermost Self*

Step One: *Admitted We Were Powerless*

“We learned that we had to concede to our innermost selves that we were alcoholics. This is the first step in recovery.” (Big Book pg. 30) What does that mean to me? I thought I was doing it when I admitted that I was an alcoholic but I soon learned better. Recently I heard a member referring to it as *Step Zero*, and I can see what he meant. There is a difference in *conceding* to my innermost self, and the act of *admitting* to others that I am an alcoholic. Without the *concession*, I could not really *admit* it

to myself or to anyone else. Once I got it done on the inside, the outside part came much more natural. When it became apparent that drinking wasn't working for me anymore and, in fact, it was going to lead to an early end, I showed up at the doors of AA wanting the pain to stop, and I thought that I was addressing the problem of alcoholism. As I look back on it now, I realize that I was only dealing with the *surface issues* and not the *root causes* of my problems. Even so, it was a beginning. It took quite a while for me to understand the importance of looking at the more profound flaws in my value system and to address them at that level. When I began to do this, it started to change the surface issues that are caused by those character flaws. At a meeting recently, I heard a young man share that “alcohol wasn't his problem, that alcohol was the treatment for his problem until it stopped working, then he had to stop drinking and learn to deal with those deeper problems if he were to get any relief at all. I found that to be very insightful for someone his age and time in the program. I believe that if I want to live a full and happy life, I must examine the *innermost motives* for what I do. That, I think, is the source of my problems. If my intentions are honest, unselfish, and based on sound principles, and if I am strong enough to do what is right in each of these actions, I become more at peace with myself, and I have fewer regrets. As it often happens, alcoholics resist complete surrender until they have come to the point where they have lost more than they were willing to lose, or they are about to lose some-

thing they are unwilling to lose. Now they have to decide whether or not they want to continue to go down that road to destruction. In A.A., we sometimes hear the term, "THE GIFT OF DESPERATION." Painful as it sounds, the veterans of A.A. know the importance of reaching bottom if we have any chance of practicing the rest of the program at the level of our innermost selves, for that is where our problems lie, and that is also where real solutions lie. If I don't understand this about myself, I will keep repeating the mistakes of the past and probably waste much of the precious time God gave me. I wish I could say that it was easy, but just knowing this was only the beginning. My EGO dogged my every step. It takes diligence and commitment to stay the course. In the portion of Ch. 5 that we read at the beginning of each meeting, the text mentions honesty three times, and without some degree of honesty, with ourselves especially, we have little chance of success. If, however, we can muster the strength to take that leap of faith, the rewards will be immeasurable.

In the words of Shakespeare, "This above all: to thine own self be true, and it must follow, as the night the day, Thou canst not then be false to any man."

- Rick R



My Basis for Recovery is Honesty

My basis for recovery is honesty. As I continue to work on my personal growth, I realize honesty is an onion whose layers I am constantly peeling. As I write this article for January's edition of "The COIN," I sit and reflect on the last four years. I got sober on 12/15/15. I worked as honest of a 4th and 5th step I could at the time. The reality of that time in my life was that I was unwilling to be entirely honest with another man or with God, but really and, most importantly, with myself. I was deep in denial about the reality of my life and how I chose to live it.

On August 23, 2016, with eight months and eight days of sobriety, I was arrested because I was unwilling to be honest about how I was earning a living. I wasn't honest about turning my will and my life over to God. I could turn most things over but I was unwilling to turn over my money, and I was unwilling to even talk to my sponsor about it. I lied to everyone in my life. I told them all I was done. I told them that I had moved on and blah, blah, blah. I justified my level of honesty or lack thereof.

Many of my friends know a common saying of mine is, "God did for me what I couldn't do for myself." That arrest on that day was a massive blessing. I got to walk through the next two years and six months sober and facing serious time. I got to work on honesty and integrity in a way that was beautiful and painful. On October 1, 2017, I learned I would be coming here to Elmwood for one year and six months. I found myself grateful that, though the punishment for dishon-



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stopping it before it comes out of my mouth or cleaning it up after it does. As I love myself more, I become less interested in impressing you or hiding me; my dignity increases and its maintenance is directly tied to my level of honesty.

I'm grateful for a blessed life and AA and Al-Anon for teaching me how to live.

- Rahul A.

esty was painful, I was thankful it occurred.

This has been a powerful time of reflection. I come home on 7/20/20. In the ten-plus months that I have been here, I have had an incredible opportunity to reflect on how my honesty or lack of it has so negatively impacted my life. I see how most if not all of the guys here have had dishonesty destroy their lives.

After my arrest, I worked at living an honest life and I found it was hard. I sucked at it actually. I would tell white lies I didn't need to and I'd exaggerate things that didn't need to be. In lots of reflection and step work in two programs, I've come to see that my lying was fueled by my self-oathing. I hated me, and I was certain you did too, no matter what you said or how you acted.

It wasn't until I started working on self-love that I could make a dent in my dishonesty. Thank God we get to do this thing called life one day at a time. Thank God I got to come to this very painful place and support myself with dignity and love. More importantly, I allowed the horror of this place to crack my shell and allowed your love to flow into my soul.

I still catch myself lying or exaggerating, but I have gotten much better at

Where Did Anger and Fear Bring Me?

I came into A.A. many times, and each time in, I entered with a lot of anger at a lot of people. As my sponsor says, "The actors changed, but the play was always similar: same victim mentality, same pity pot, and the same disappointment in external people, institutions and principles."

This time was the same. Nineteen months ago, I was angry, scared, and in complete self-will, determined, and all-knowing exactly how my circumstances should be for all to be well and of course: so I could remain sober.

My sobriety banked on little, but a lot banked on my sobriety, including two precious little girls who had been punished enough at their young ages as a result of my disease. I had it all figured out. That, right there, was the exact problem. I, I, I. Me, me, me. Will, will, will.

Anger served as my drive for many months. I stayed sober because I would show them all I could do it. Women kicked me out of meetings because of my running toddlers: that didn't stop

me. I was denied service commitments because I had gone out so many times I couldn't be deemed as dependable enough to be granted such a big commitment.

I had made a commitment to myself. I would keep coming back: no matter what. Even if going into the rooms felt like weathering a snowstorm pushing me out the door, I would keep coming back. Even if the whispers of women were making me panic, I would keep coming back. Not every experience has been like this, of course. I stuck around long enough to feel the love in these

rooms, and eventually in my heart; that is the very magic of Alcoholics Anonymous. The kind of love that I have been hard-pressed to find anywhere else as freely as I have found it here (only after knowing where to look).

If I could go back to my old self who walked into the rooms for the first time, I would tell that entitled young lady that sobriety only gets harder. Coming back gets harder. The disease gets worse, and there is absolutely nothing worth drinking over. Don't stop five minutes before the miracle.

- Rimi K

Step One & A Prayer

"We admitted that we were powerless over alcohol—that our lives had become unmanageable."

"We know that little good can come to any alcoholic who joins A.A. unless he has first accepted his devastating weakness and all its consequences. Until he so humbles himself, his sobriety—if any—will be precarious. Of real happiness he will find none at all.

Twelve Steps and Twelve Traditions, p.21

God,

I admit that I am powerless over alcohol.

I admit that my life is unmanageable when I try to control it.

Please help me, today, to understand the true meaning of powerlessness.

Please remove from me all denial and self-deception about my alcoholism.

- Anonymous

**Powerless
Not Helpless**

You Are Gone. I Miss You Not.

Dear Alcoholism,

You are something unseen but so damn destructive.
 You came into my life in my time of deep pain.
 I was being abused not by fists or belts, a route I would have preferred.
 You soothed me; you made the pain disappear; you were my everything.
 I loved what you did; for eight years, I thought I controlled you.
 You, however, know you owned me, you knew I was yours.

I was 19. I loved her dearly, my first love, our hearts connected in love, I need you not, I was done.

You started with me at 11, you owned me at 12, and now at 19, you let me see I was powerless.

I tried to fight, I stopped going to the bars, I stopped the frat parties, I hid in my room, I stayed away, but you controlled my memories with euphoric recall.

You were never going to let me go.

I lost her at 20, I lost a new her at 22, at 35 I lost my wife of 10 years, she was the love of my life.

You simply laughed as I tried to kill you over ten years: therapy, EMDR, God, 12 step pray, yoga. Like a puck, it all rolled off your back.

I might have lost my love, my dignity, my money, my freedom, but I never lost my soul. I never stopped fighting.

You raged as you saw your grip loosed. You held me from 11 to 37, 26 years! You showed me the comforter, the close friend, the fierce rage.

I knew what you were. You were evil; you were a corrosive virus that wanted me dead. It was at 37 after a 26-year fight, I won. I might have been defeated over and over, but I was never beaten.

You are gone. I miss you not.

I am grateful I came to this dark place free of you. In a cage, I live free.

Dear Alcoholism, I see you are, as I couldn't see you then. You are viler than the man who abused me, darker than the dirtiest of his kind. You are a predator who preyed on a child, looking for hope, comfort and safety. You are Evil incarnate and I am FREE!

- Rahul A

"What doesn't kill us gives us something new to write about."

- Julia Wright

January 2020 Calendar

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Intergroup or Outreach Meeting this month. Central Office Closed	2	3	4 SECRETARY'S WORKSHOP: 10am, Central Office, 274 E. Hamilton Ave., Suite D, TAMALE PARTY 11-2PM
5 PI/CPC WORKSHOP: 5:30pm, PI/CPC MEETING: 6pm, Our Savior's Lutheran Church, 1724 N. Winchester Blvd. at Tulip, SC	6	7 SOUTH COUNTY GENERAL SERVICE WORKSHOP: 7pm, 1st Congregational Church, SJ	8 NORTH COUNTY GENERAL SERVICE MTG: 7:30pm Trinity United Methodist Church 583 E. Fremont Ave., Sunnyvale	9	10	11
12 SCOPAA BUSINESS MTG. Alano West at 12 Noon 1555 S. 7th Street, Bldg K.	13	14	15	16	17	18 DIVERTER/12 TH STEPPERS WORKSHOP: 10am, Central Office, 274 E. Hamilton Ave., Suite D., Campbell
19	20 BRIDGING THE GAP MTG: 7pm, 1st Congregational Church, 1980 Hamilton Ave. at Leigh, SJ	21 SOUTH COUNTY GENERAL SERVICE MEETING: 7pm, 1st Congregational Church, 1980 Hamilton Ave., SJ	22	23	24	25
26	27	28 H&I COMMITTEE MEETING: 7pm, 1980 E. Hamilton Ave., SJ	29	30	31	

February 2020 Calendar

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 SECRETARY'S WORKSHOP: 10am, Central Office, 274 E. Hamilton Ave., Suite D., TAMALE PARTY 11-2PM
2 PI/CPC WORKSHOP: 5:30pm, PI/CPC MEETING: 6pm, Our Savior's Lutheran Church, 1224 N. Winchester Blvd. at Tulip, SC	3	4 SOUTH COUNTY GENERAL SERVICE WORKSHOP: 7pm, 1st Congregational Church, SJ	5 INTERGROUP MEETING: 7:30pm Trinity Church, 3151 Union Ave., SJ	6	7	8
9 SCCPAA BUSINESS MTG. Alano West at 12 Noon 1555 S. 7th Street, Bldg K.	10	11	12 NORTH COUNTY GENERAL SERVICE MTG: 7:30pm First United Meth Church 535 Old San Jose Road Sunnyvale at Fair Oaks	13	14	15 DIVER/12 TH STEPPERS WORKSHOP: 10am, Central Office, 274 E. Hamilton Ave., Suite D., Campbell
16	17 BRIDGING THE GAP MTG: 7pm, 1st Congregational Church, 1980 Hamilton Ave. at Leigh, SJ	18 SOUTH COUNTY GENERAL SERVICE MEETING: 7pm, 1st Congregational Church, 1980 Hamilton Ave., SJ	19	20	21	22
23	24 H&I COMMITTEE MEETING: 7pm, 1980 E. Hamilton Ave., SJ	25	26	27	28	29

Central Office Statistics & AA Meeting Updates



December 2019 Statistics

Daytime Phone calls to Central Office....**186**

Daytime 12-Step calls.....**6**

(Evening 12-Step call information is not available)

The Central Office website receives an average of 15,000 hits each month!

I AM RESPONSIBLE...
WHEN ANYONE, ANYWHERE,
REACHES OUT FOR HELP,
I WANT THE HAND OF AA
ALWAYS TO BE THERE.
AND FOR THAT:
I AM RESPONSIBLE.

To all the members and groups who support us,

WE THANK YOU!

AA MEETING UPDATES:

OPENED

Big Book Step Study
Friday, 7:30pm
Quaker San Jose Friends
Meeting Place, San Jose

LOCATION CHANGE

SIZZLER Group
Sunday, 9am
Denny's Restaurant
2060 S. Bascom, Campbell

General Service District 04
2nd Wednesday, 7:30pm
Orientation for New GSR's
at 6:45pm
First United Methodist Church
of Sunnyvale
535 Old San Francisco Road,
Sunnyvale

CLOSED

12 Step Discussion
Friday, 8pm
Conxion Community Center
749 Story Rd., #10, Campbell

Birthday Contributions & Events Listing



Birthday Celebrant	Years	Contributor	Birthday
Mary K.	8	Anonymous	12/01/2011
Val Z.	22	Val Z.	12-16-1997
Kent G.	35	John S.	12/20/1984
Karen J.	10	Anonymous	12/24/2009

75 Years of Sobriety!

Birthdays are listed in recognition of contributions made to Central Office on a member's behalf for a sobriety milestone. Contributions can be made by the birthday celebrant or in honor of a friend and will be listed in this section, unless requested otherwise.

In keeping with A.A.'s Seventh Tradition of self-support, we accept contributions only from A.A. members. Please use the birthday forms found at your meeting, at Central Office, or on-line at <https://aasanjose.org/product/contribute>.

LOCAL EVENTS

- January 10 - 12 Sobriety by the Bay, Grace Cathedral: 1100 California St., S.F.
 January 25 Switch Hitters, Doors Open 6:30 pm \$20.00
 Center for Spiritual Living: 1195 Clark St., San Jose
- February 8 AA Sweetheart Speaker Meeting and Spaghetti Dinner, Calvary
 United Methodist Church: 729 Morse Street, SJ
- February 29 Agenda topic Workshop, Alano Club of San Jose, Noon
- March 13-15 NCCAA 73rd Annual Spring Conference, Holiday Inn Downtown SJ

EVENTS AROUND THE COUNTRY AND GLOBE

- March 6-8 PRAASA: Westin La Paloma Resort, Tucson Arizona

Central Office Hours

Central Office

274 E. Hamilton Ave, Suite D
Campbell, CA 95008

Office Hours

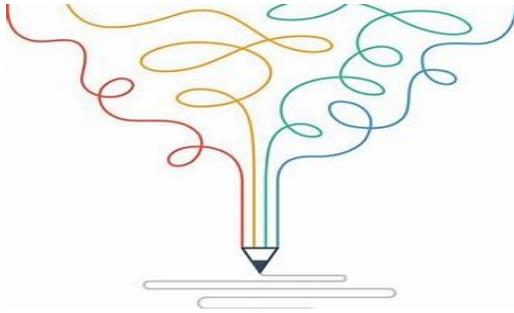
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Opens (AM)	10:00	10:00	10:00	10:00	10:00	10:00	Closed
Closes (PM)	4:30	6:30	6:30	4:30	4:30	2:00	

24 HOUR HELPLINE: (408) 374-8511

Speakers Meetings

	Time	Meeting	Location
Friday	08:00pm	Speakers Meeting	Saturday Nite Live 1954 Camden Ave. San Jose, CA 95124 (West San Jose)
	08:00pm	Grapevine Speakers	Sunnyvale Presbyterian Church 728 W Fremont Ave. (at Hollenbeck) Sunnyvale, CA 94087
Saturday	10:00am	Saturday Morning Fellowship	Sunnyvale Presbyterian Church 728 W Fremont Ave. (at Hollenbeck) Sunnyvale, CA 94087
	06:00pm	Stinking Rose	7511 Gourmet Alley Gilroy, CA 95020
	06:00pm	Saturday Evening Speaker Meeting	1224 N Winchester Blvd. Santa Clara, CA 95050
	08:00pm	Second Tradition Group Speaker Meeting	Lincoln Glen Church 2700 Booksin Ave. San Jose, CA 95125 (Willow Glen)
Sunday	06:15pm	Serenity Speakers	West Valley Presbyterian Church 6191 Bollinger Rd. Cupertino, CA 95014

COIN Schedule of Topics & Submission Deadlines



2020 COIN Schedule of Topics

	Newsletter Issue Month	Submission Deadline	Step & Tradition	Virtue	
	January	18-Dec	1	Honesty	
Next Month →	February	22-Jan	2	Hope	←
	March	19-Feb	3	Faith	
	April	18-Mar	4	Courage	
	May	22-Apr	5	Integrity	
	June	20-May	6	Willingness	
	July	17-Jun	7	Humility	
	August	22-Jul	8	Love	
	September	19-Aug	9	Justice	
	October	23-Sep	10	Perseverance	
	November	21-Oct	11	Spiritual Awareness	
	December	18-Nov	12	Service	



To include your upcoming event in the February issue of the COIN, send your event information to coin@asaanjose.org by January 22nd!



BIRTHDAY CONTRIBUTION

CELEBRANT:

Name _____

Address _____

Sobriety Date _____

Amount of contribution: \$ _____

CONTRIBUTOR:

Name _____

Address _____

We would like to print this information in the COIN, unless you indicate otherwise below:

Print celebrant name? Yes No

Print contributor name? Yes No

We truly appreciate this contribution and celebrating this milestone.

Thank you!

INTERGROUP MEETING MINUTES

Wednesday, December 4, 2019

Recording Secretary, Jill B

- Opening: A moment of silence followed by the *Serenity Prayer*
- Readings: Definition of Intergroup – Tiffany, Twelve Traditions—Jaye
- Introduction of New Intergroup Representatives— Jaye (Alternate Chair)
 - Monthly meetings held at 7pm before the start of the 7:30 IG meeting
 - New rep, Gloria, Saturday Morning Los Gatos 9am, 16548 Ferris Ave, Los Gatos, CA (Faith Lutheran Church)
- Visitors: Wendy, Susan, Mary, Nancy
- Birthdays
 - Mary, Sep 1, 8 years
 - Neerali, Nov 22, 10 months
 - Debbie, Nov 25, 11 years
- Corrections to tonight's meeting agenda: None
- Corrections to last month's meeting mins in the COIN: None
- 7th Tradition: \$72 + \$10 for birthday donation (Mary)
- Tonight's voting member count: 42

Intergroup Chair—Frances C

Thank you to Michelle O for making our coffee.

- Open Service Position(s):
 - Coffee and Clean-up (make coffee, purchase supplies, clean-up post-meeting)
Service commitment: 1/month for 1 year, requires 1 year of sobriety
 - Tim M will take coffee position. Marquis will take clean-up position.
- Introduction of new coordinators:
 - 12th Step List Coordinator: Blake
 - Secretary Workshop Coordinator: Cheryl
- Updating Intergroup Procedure Guide
 - What's in the guide?
 - Guidelines on how we run our meetings, nominations and elections process, different intergroup service positions and roles and responsibilities.
 - Why are we changing it?
 - Last updated in 2011
 - Service positions have evolved, we will need to update. Also we need to have a record of sobriety requirements and responsibilities so that we can fill these positions faster.
 - What do we need from the group?
 - We are putting together a committee to update the procedures guide and we wanted to invite anyone who would like to be included. Specifically we are looking for individuals who have had experience updating the AA procedure

guides in the past.

- The date we are meeting is still TBD, please send contact info of anyone who is interested in contributing.

COMMITTEE REPORTS

Central Service Board (CSB) (Elected group overseeing Central Office Operations) - Robbie W

- Central Service Board meet last week. New hours – please continue to spread the word.
- In the process of reviewing the office procedures and making sure we are inclusive to everyone.

Central Office (CO) - Bruce, Executive Director

- Twice a year, the managers of the Central Offices in Northern California get together to share information, best practices, new ideas etc. In November, we all gathered in San Francisco and the biggest takeaway for me was the opportunity to spend time with the CNCA delegate, Teddy, and to discuss matters of concern to all of us.
- I also attended the Fall Assembly of CNCA. It's important that we keep our various services connected and do the best we can for the alcoholic who hasn't yet found us. I'm not currently in General Service so have no vote, but they do give me a voice, as they would any of us.
- The Holiday Tamale Party is this Saturday, December, 7, 11:00am – 2:00pm, and we could use some volunteers to setup, cleanup, and help serve. You will have the time of your life! Also, please grab some flyers for distribution. We don't want anyone to miss this social event of the year!
- Central Office fairs well.

Website (Responsible for updating the AA website) - Priya

- Nothing new to report

Activities: (Organizes activities for Santa Clara County AA) - Tiffany, Marquis (Alternate)

- Thanks for coming to the potluck tonight!
- Next event is the Chili cook-off in March and we are looking for volunteers to help organize.

Twelfth Step (Phone and visitation contact with callers in need) - Blake

- Nothing new to report

Daytime Office (Purpose: receives all incoming phone calls to Central Office during daytime) -

- All positions are full, but looking for alternates

Nights & Weekends Diverter Coordinator (The Diverter Coordinator works with Diverter Volunteers who provide after-hours phone coverage for AA in Santa Clara County) - Carol B

- I'm happy to report that Diverter schedules had a successful, easy adjustment to Central Office's new hours.
- The Diverter sobriety requirement is 1 year; the service term is at least 1 year, but many serve longer. Each diverter volunteer goes through a training workshop before assuming a diverter shift. The workshop is held the third Saturday of each month (this month it's December 21), 10:00am at Central Office. In addition to the sobriety requirement, it is also important that the diverter has a working knowledge of the 12 steps and the 12 traditions.
- Please encourage your group members to attend the diverter workshop to understand how this service helps the alcoholic who still suffers and note that Diverters can take their shift wherever they happen to be: at home, at a meeting, at dinner, or out of town. This is an easy way to help another alcoholic, whether it's a newcomer or a person with long sobriety who is struggling.
- At this point, all diverter shifts are full – but that could change any minute. Please think about becoming a diverter yourself if you don't yet have a shift; it's a great way to appreciate your sobriety.

Secretary Workshop (Discuss the secretary's role as the facilitator of an AA meeting) - Cheryl

- No report

Outreach Committee (Intergroup's liaison with groups and meetings) - Dal M.

- **Looking for a new Outreach Liaison** – (2 year commitment and 2 year sobriety requirement). Dal received 4 reports of dark meetings and was only able to get to one; it wasn't dark. This is Dal's last meeting. Role entails: Collect reports of dark meeting (s) and check on those meetings. Also, role involves going to meetings that don't have Intergroup Reps and informing those meetings as to what Intergroup is all about.

Newsletter Committee (Compile and edit the AA Santa Clara County Newsletter) - Mel M.

- January topics are Step 1, Honesty, and Tradition 1. Deadline for submissions is December 18th, 2019.
- Full list of 2020 topics and deadlines is included in the COIN.
- Looking for more voices, more newsletter contributions. Mel asking sponsors to invite their spouses to write articles. Artwork and humor is also appreciated.

Old/Ongoing Business

- Decide in December if we skip Jan 1st meeting or reschedule.
 - 25 votes today to cancel meeting; meeting will be canceled.
- Central Office can send an email for the month of January to let people there won't

be a meeting. Go to the Central Office website to sign up to get emails. Check your spam if you are not getting an email.

- Update on cost to fix amplifier (Frank offered to check with his friend)
 - Will circle back with Frank: Frances will call Frank.

Motions

- Nothing new to report

New Business

- Nothing new to report

North County General Service (District 04) - Julie N

- Nothing new to report

South County General Service (District 40) - Scott

- Fall assembly held. Did pass 2 motions.
 - 1st Motion: Decision was made to have a subcommittee on accessibility and will have depository of information.
 - 2nd motion: 5th Edition of big book will be produced with 3rd and 4th appendices with new stories in the back of the book. Will hopefully be an agenda topic?
- Did an inventory and heard some good things to see about changes.
- Next meeting will be 12/17 at The First Congregational Church on 1980 Hamilton Ave (corner of Hamilton and Leigh). Will have their yearly potluck and games at 7:00 PM - bring a dish. Good time to elect new reps – good way to have your voice heard.

Hospitals & Institutions (Purpose: Carrying the message to those confined to correctional & mental health facilities) - Lisa

- Sends thanks for the generosity.
- Lot of help is still needed to fill positions in H&I (secretaries, speakers, etc.)

Bridging The Gap (Primary purpose is to introduce AA to new released inmates. Helps alcoholics just released from hospitals, treatment centers or correctional facilities transition to AA in their local community) - Christina C.

- No report

Public Information (PI/CPC) (Purpose: Our information voice to the general public & professional) - Luisa

- No report

Sober and Free — Jenny S.

- No report

SCCYPAA (Young People in AA) - Ben

- No report

Open Forum (What's on your mind?)

- From NCCAA (Northern CA Council of AA) - We have a good opportunity to bring the NCCAA conference here to San Jose. Would love to see a good turnout. The local history of Bill W's visit to SF and of his meeting with Nick from Oakland will be shared at the conference. NCCAA had its first conference in 1946 or 1947. Next year's conference will be March 14, 15, 16, 2020 (see flyer). Dinner, speaker and dance (fundraiser). Attendance has been dropping in previous years and need enough \$\$ to cover the cost of conference. You can register tonight! Conference is \$20, and the website is www.norcalaa.org. Will be held @ Holiday Inn North First Street (San Jose). Planning meeting is 12/14 at 4:00 PM at Denny's 1390 South First Street; cross-street is Alma.
- Should we have a group inventory to ensure we are fulfilling our group purpose? We can do some research and check when our last IG group inventory was taken; this will be new business for the February IG meeting.
- Compared to 2018, 2019's revenue is down \$25,000. Groups need to make sure treasurers are making their contributions to Central Office. Everyone can look in the back of the COIN to see group contributions; please ensure your group is listed.
- Reasons for the lower revenue this year / Suggestions for increasing 2019
 - Expenses (rent and insurance) have increased.
 - Meeting contributions are down. \$1, today, is not the same as \$1 in the 1940's.
 - A number of meetings don't know about IG. The Outreach service position is an important position to inform groups.
 - 2018 was a stellar year for contributions (previous years' contributions are published in the COIN and online at Central Office's website). When contributions were low in the past, a second basket was passed around meetings.
 - It's possible end-of-year donations/contributions are still in process.
 - Encourage people to contribute more than \$1 dollar (remind each other).
 - Venmo use? Some meetings pass a laminated card with Venmo info.
 - Suggestion made to announce at the beginning of the meeting what it costs to run the meeting and to remind people to be generous.

Take-away: IG reps need to speak with meeting treasurers regarding contribution issues and the suggestions above.

Cleanup Announcement

- If you can please assist in cleaning up the space around you, we would like to return this space cleaner than we found it.

Treasurer's Report—Mary

- Voting count: 42
- 7th Tradition: \$72

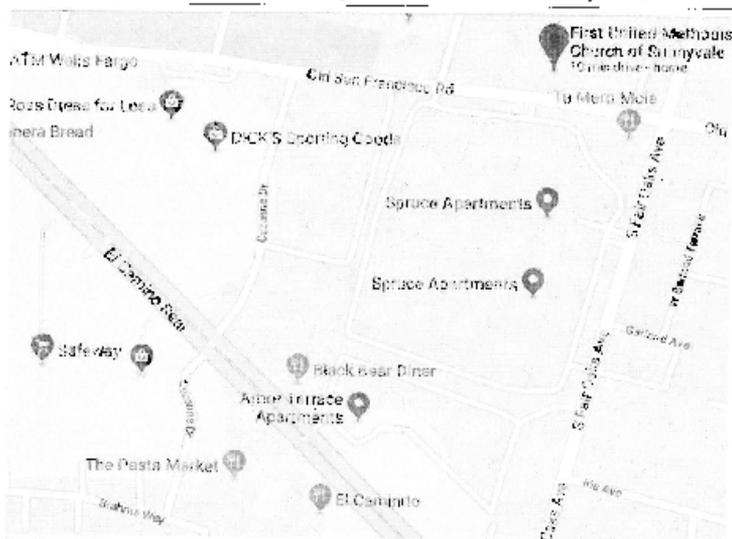
Close with the Responsibility Statement: "Who is Responsible? I am responsible..."

Notice: District 04 Moving beginning February 12th



We're Moving

General Service Santa Clara County North (District 04)



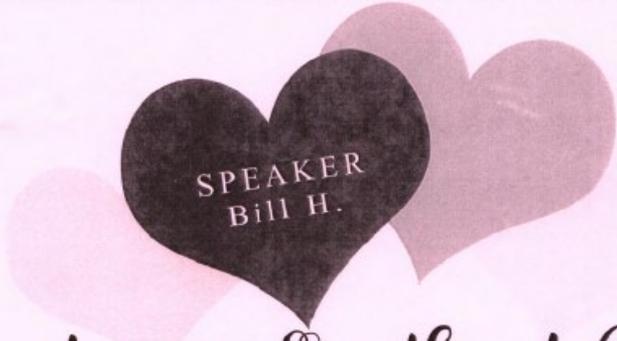
**First United Methodist Church of Sunnyvale
535 Old San Francisco Road Sunnyvale, CA 94086**

District 04 is moving due to the sale of Trinity United Methodist Church. Our monthly District meeting which is held on the 2nd Wednesday of the month at 7:30 PM (New GSR Orientation 6:45) will now be having meetings at The First Methodist Church of Sunnyvale located at 535 Old San Francisco Road Cross Street: Fair Oaks

Event: Saturday, February 8th, 6-9pm
“Sweetheart Speaker Meeting”

PRESENTED BY

The NCCAA Host Committee, San Jose
NCCAA Conference, March 13 - 15th, 2020, Holiday Inn to register, www.norcalaa.org



SPEAKER
Bill H.

*Invite your Sweetheart for an
Early Valentine Celebration*

♥ AA Sweetheart Speaker Meeting ♥
and Spaghetti Dinner

SATURDAY

8 Feb

6:00PM-9:00PM

CALVARY UNITED
METHODIST CHURCH

729 Morse Street, San Jose, CA 95126

Tickets: \$7 (donation) or \$10 at the door (donation)
Dinner includes; Spaghetti, Green Salad, Bread
Rolls, Dessert, Coffee and Tea

— *Valentine Door Prizes and 50/50 Raffle* —

Raffle tickets, \$1 each (donation) or 7 for \$5 (donation)

Wayne (650) 678-1059 or Mike B. (408) 770-7717 for more info.

Event: Friday-Sunday, March 13-15

NCCAA
73rd Annual
Spring Conference

**Northern California
Council of
Alcoholics Anonymous**

San Jose, CA

Holiday Inn San Jose-Silicon Valley 1350 North 1st St San Jose, CA 95112
March 13, 14, 15, 2020

Friday March 13, 2020	
2:00 PM	Registration Opens
3:30 PM	Early Bird Meeting
5:30 PM (AI-Anon)	
8:00 PM	Open Speaker Meeting
	Dave B. Torrance, CA
Saturday March 14, 2020	
9:30 AM	General Service Panel
11-12:30 PM	Open Group delegates business meeting (Election for new NCCAA Chairperson)
1:00 PM	Hospital & Institution Panel
3:30 PM	Young People's Meeting
	David D. Los Gatos, CA
5:30 PM (Spanish)	Maria Lupita C. Salina, CA
8:00 PM	Open Speaker Meeting
	Carl M. Covina, CA
10:00 PM	Dance Following Free Drawing
Sunday March 15, 2020	
9:00 AM	All A.A. Services Panel Meeting
10:30 AM	Open Speaker Meeting
	Nicole C. Cupertino, CA

Marathon
Meetings



AI-Anon and Spanish Participation Fellowship – Panels – Speakers – Marathon Meetings

PRE-REGISTRATION CUT OFF DATE IS MARCH 1ST, 2020
CONFERENCE RATE FOR HOTEL CUT OFF DATE IS FEBRUARY 5TH, 2020

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

Juntas en
Español



VISIT OUR WEBSITE AT -<http://www.norcalaa.org>

Event: Saturday January 25th



SWITCH HITTERS

PRESENTED BY
SOBER & FREE

SATURDAY, JANUARY 25, 2020
DOORS OPEN AT 6:30
A.A & AL-ANON SPEAKERS 7 PM
SHOW STARTS AT 7:30
TICKETS \$20
EMAIL INFO@SOBERANDFREE.ORG FOR TICKETS TODAY!!
CENTER FOR SPIRITUAL LIVING
1195 CLARK ST. SAN JOSE

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.
Profit & Loss
December 2019

		Dec 19	Dec 18	Jan - Dec 19
Ordinary Income/Expense				
	Income			
	3030 · Contributions-General	21,034.16	17,542.19	175,327.97
	3050 · Group Insurance (Group premium payments)	0.00	87.50	3,905.00
	8010 · Literature Sales	3,335.43	4,340.11	48,855.32
	8020 · Meeting Guide Sales	284.00	324.00	4,730.80
	8050 · Activities Committee	0.00	0.00	8,832.76
	8055 · Central Office Events	706.00	0.00	2,611.00
	8060 · Printing	462.37	347.79	4,559.67
	Total Income	25,821.96	22,641.59	248,822.52
	Cost of Goods Sold			
	5000 · Cost of Goods Sold	2,872.65	3,688.61	43,692.94
	Total COGS	2,872.65	3,688.61	43,692.94
	Gross Profit	22,949.31	18,952.98	205,129.58
	Expense			
	6015 · Activities Committee Expense	0.00	10.91	7,160.79
	6025 · Central Office Events Expense	1,147.69	0.00	2,743.37
	6030 · Accounting and Legal Fee	0.00	885.00	2,750.00
	6140 · Conferences	0.00	0.00	861.70
	6150 · Unity Day Expense	0.00	0.00	1,500.00
	6190 · Depreciation Expense	1,199.25	1,221.25	4,797.00
	6220 · Insurance - Worker Compensation	152.50	160.25	641.80
	6225 · Insurance - Emp. Health Plan	662.71	600.59	7,704.04
	6230 · Insurance - General Liability	1,506.00	1,506.00	5,727.25
	6240 · Employee HRA Plan	384.00	510.76	6,618.34
	6330 · Office Expense	1,261.55	1,352.74	20,565.33
	6380 · Payroll Taxes	1,108.97	795.92	9,188.42
	6480 · Rent	3,403.50	3,384.50	37,522.50
	6540 · Salaries - Office	14,630.24	7,912.83	108,160.98
	6560 · Payroll Expenses	19.51	128.50	1,595.76
	Total Expense	25,475.92	18,469.25	217,537.28
	Net Ordinary Income	-2,526.61	483.73	-12,407.70
	Other Income/Expense			
	Other Income			
	8025 · Rebate	0.00	89.48	519.69
	8030 · Interest Income	91.49	21.78	1,442.83
	Total Other Income	91.49	111.26	1,962.52
	Net Other Income	91.49	111.26	1,962.52
	Net Income	-2,435.12	594.99	-10,445.18

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.**Balance Sheet**

As of December 31st, 2019

	Dec 31, 19
ASSETS	
Current Assets	
Checking/Savings	
1000 · Prudent Reserve	
1021 · (PR) First Rep. Bank CD 0429 (12 Mo. CD @ 1.49%, 08/12/19)	18,305.36
1023 · (PR) First Rep. Bank CD 3228 (12 Mo. CD @ .7%, 02/05/19)	17,032.80
1027 · (PR) First Rep. Bank CD 7681 (12 Mo. CD @ .7%, 4/29/19)	15,486.09
1028 · (PR) First Rep. Bank CD 6955 (12 Mo. CD @ .6%, 01/02/20)	20,674.78
1029 · (PR) First Rep. Bank CD 8182 (10 Mo. CD @ .6%, 8/8/19)	15,416.45
1031 · (PR) First Rep. Bank CD 9158 (20 Mo. @ 1.98%, 11/7/19)	13,644.05
Total 1000 · Prudent Reserve	100,559.53
1010 · Petty Cash	195.88
1020 · First Republic Bank (Checking account)	20,532.52
Total Checking/Savings	121,287.93
Accounts Receivable	
1110 · Accounts Rec - Group Deposits	-2,700.70
Total Accounts Receivable	-2,700.70
Other Current Assets	
1250 · Literature Inventory	20,030.38
1310 · Prepaid Insurance	144.25
13700 · Payroll Service Customer Asset (Payroll Service Customer Asset)	-0.01
1499 · Undeposited Funds	3,091.35
Total Other Current Assets	23,265.97
Total Current Assets	141,853.20
Fixed Assets	
1630 · Office Equipment	26,982.05
1640 · Office Furnishings - Asset	6,039.78
1641 · Less Accumulated Depreciation	-28,950.34
Total Fixed Assets	4,071.49
Other Assets	
1860 · Deposits	1,993.85
Total Other Assets	1,993.85
TOTAL ASSETS	147,918.54
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Credit Cards	
2075 · American Express	3,896.93
Total Credit Cards	3,896.93
Other Current Liabilities	
2240 · Sales Tax Payable (due quarterly)	1,003.86
2340 · Accrued Vacation	3,133.53
2600 · Unity Day	3,536.53
Total Other Current Liabilities	7,673.92
Total Current Liabilities	11,570.85
Total Liabilities	11,570.85
Equity	
3900 · Unrestricted Funds	146,792.87
Net Income	-10,445.18
Total Equity	136,347.69
TOTAL LIABILITIES & EQUITY	147,918.54

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions

December 2019

	Dec 19	Jan - Dec 19
1 INV Early Bld Group 70968	0.00	350.00
1 Inv Freedom Fellowship 70940	100.00	1,169.40
1 INV Fremont & Hollenbeck Group 70907	875.55	2,605.06
1 INV Milroy Groups 70906	162.00	2,493.00
1 INV Men Seeking Guidance Group	0.00	700.00
1 INV One Day at a Time 70903	2,015.71	13,897.11
1 INV R and B Group 70972	0.00	3,471.81
1 INV Saturday Nite Live Group 70905	0.00	450.00
1 INV Serenity Discussion 210 (Wed.)	0.00	420.00
1 INV South County Fellowship 70954	300.00	4,200.00
1 INV Spiritual Progress Group 70979	1,500.00	6,714.00
1 INV Sufficient Substitute 313	0.00	6,775.00
1 INV Sunnyvale Noon Fellowship 70975	0.00	2,460.00
1 INV Winchester Fellowship 70960	0.00	1,781.47
12 Step Discussion 855 (Fri.)	0.00	10.00
3rd Steppers Book Study (Wom) 610 (Thur.)	0.00	762.06
A Vision For You 687 (Sat.)	0.00	602.00
A Vision for You Women's 802 (Tues.)	170.00	170.00
A.B.C. Women's Group 58 (Mon.)	0.00	659.50
Almaden Valley Discussion 30 (Sun.)	0.00	40.00
Back to Basics Saratoga Noon 151 (Tues.)	0.00	1,001.00
Beginners & Beyond LG 345 (Sat.)	0.00	205.97
Better Way of Living 197 (Wed.)	140.00	427.00
Beyond Two-Stepping 491 (Sat)	350.00	350.00
Big Book 103 (Thurs.) 455	0.00	364.00
Big Book Speakers Group 289 (Fri.)	0.00	67.20
Big Book Study MIpts 347 (Sat.)	0.00	352.05
Birthday Contribution 00951	0.00	1,498.00
Boiled Owls (Men's) 816 (Wed)	0.00	2,092.00
Bowers Fellowship 46 (Sun.)	0.00	1,846.28
California Ave. Supper Group 715 (Thur.)	0.00	604.80
Cambrian Saturday Night (Chips) 376 (Sat)	0.00	490.00
Campus Group 234 (Thur.)	0.00	85.69
Character Defect Freedom 201 (Tues)	0.00	384.25
Chip Winners (Chips) 168 (Wed.)	0.00	556.50
Conscious Contact Mediation Grp LG 663	0.00	300.00
Courage to Change (Women) 145 (Wed.)	0.00	300.79
Daily Reflections 432 (Thur.)	0.00	231.00
Desi's In Recovery (723)	0.00	370.00
Design for Living 200 (Tues.)	0.00	691.50
Early Tuesday Group 119 (Tues.)	0.00	656.21
Easier Way Group 290 (Fri.)	0.00	1,761.76
East Valley Group 322 (Fri.)	0.00	315.00

	Dec 19	Jan - Dec 19
Eastside Big Book Study 45 (Sun.)	0.00	151.20
Eleventh Step Meditation 873 (Fri.)	0.00	140.00
End of the Line Men's Group 147 (Tues.)	0.00	235.48
Evergreen Group 884 (Thur.)	0.00	140.00
Fireside Big Book Study 809 (Tues.)	0.00	325.00
Free To Be Me (Women) 658 (Tues.)	0.00	210.00
Free to Be Me SJ (Women) 736 (Tues.)	0.00	911.24
Friday Big Book Study 702 (Fri)	0.00	563.17
G 10 10 Group 70951	0.00	3,944.70
G 4@4 Group 70925	980.00	2,380.00
G Attitude Adjustment Hour (965)	0.00	1,141.24
G Cornerstone Fellowship Group 70908	200.00	2,300.00
G Fair Avenue Fellowship 70901	0.00	1,109.81
G Forged From Adversity Group 70957	0.00	115.50
G Morgan Hill Women's Fellowship (943)	142.30	288.98
G Serenity at Noon (fka Agnew) 70921	0.00	560.00
G Sober & Free Conference 70928	0.00	123.00
G Sunrise Group of Palo Alto 70963	0.00	2,104.45
G Sunrisers Group/Dennys 70932	374.72	5,543.13
G Ten O'Clock High 889	350.00	700.00
G West Valley Fellowship 70942	0.00	722.41
Gathered Together for Sobriety 43 (Sun.)	0.00	380.00
Gay & Lesbian Sober Experience 896 (Mon.)	0.00	577.50
Gay & Lesbian Step & Trad GP 221 (Fri.)	0.00	255.88
Gay Grab Bag Solution 41 (Sun.)	0.00	65.00
Gay Men's Freedom 262 (Thur.)	0.00	159.64
Gay Reflections on the Solution 841 (Wed.)	0.00	350.00
Get Up and Go (Women) 187 (Sat)	0.00	3,992.33
Get Well Group 17 (Sun.)	0.00	654.84
Happy Destiny (Women) 109 (Tues.)	0.00	2,450.00
Higher Power Hour (Men) 872 (Mon.)	0.00	2,079.70
Higher Power H BB (Chips) 871 (Thur.)	0.00	705.85
HOW Group 71 (Mon.)	0.00	669.00
In the Basement 545 (Sun.)	60.00	130.00
In the Solution 647 (Sat.)	0.00	631.40
Ladies Amethyst AA Study Group 749 (Wed.)	55.40	632.98
Lesbians Living the Promises 349 (Fri.)	0.00	218.94
LGBT Happy Destiny Group 621 (Sat.)	231.00	553.38
LGBT Living Sober Group 021 (Sun)	0.00	154.35
Live and Let Live 85 (Mon.)	0.00	124.00
Living in the Solution MH(W) 33 (Sat.)	0.00	155.00
Living Solutions 728 (Fri.)	0.00	651.70
Living with Others (Chips) 319 (Fri.)	0.00	210.00
Living with Serenity (Chips) 599 (Wed.)	0.00	834.45
Los Altos Big Book 860 (Thurs.)	246.45	925.63

INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY, INC.

Group Contributions

December 2019

	Dec 19	Jan - Dec 19
Los Altos Group 225 (Thur.)	0.00	796.20
Los Altos Men's Group 59 (Mon.)	0.00	670.00
Meditation Meeting LA 39 (Sat.)	0.00	225.00
Men's 4th Step Group 320 (Fri.)	0.00	35.00
Men's Big Book (Caveman Gp) 659 (Sun.)	0.00	1,601.00
Men's Group 97 (Mon.)	400.00	925.00
Men's Honesty Group 26 (Sat.)	364.00	1,452.90
Men's Single Problem Study 89 (Mon.)	0.00	200.00
Men's Single Problem Study Gp 220 (Thur.)	0.00	2,244.80
Midday Women's Group 91 (Mon.)	0.00	1,201.47
Mountain Miracles 882 (Thur.)	0.00	448.50
Mountain View Group 350 (Sat.)	349.00	986.71
New Nooners 808 (Mon.)	0.00	52.36
Newcomers, Oldtimers (Women) 769 (Sat.)	0.00	102.20
No Bull Big Book 655 (Fri.)	0.00	886.65
Off the Top 371 (Thur.)	395.89	1,090.22
Old West Meeting 697 (Fri)	0.00	100.00
One Big Tent (Wednesday) 537	0.00	138.60
Open AA Tues. (00794)	0.00	300.00
Other Wednesday Nite, The (Men) 209 (Wed)	700.00	2,800.00
Pass It On Group 418 (Sun.)	0.00	681.00
Personal 00911	7,650.00	12,493.80
Plaza Del Rey Group (Sun) 052	0.00	948.00
Positive Outlook Group SJ 368 (Sat.)	0.00	152.00
Queer and Sober 671 (Sat.)	0.00	339.70
Raffle Meeting (Thurs.) 531	0.00	647.56
San Martin Candlelighters 378 (Sat.)	50.00	200.00
Saturday's Reflections 622 (Sat.)	285.11	673.27
Saturday Morning Los Gatos 777 (Sat.)	0.00	2,331.00
Saturday Night Promises 847 (Sat.)	0.00	992.13
Saturday Night Young People (142) PA	0.00	443.99
SCCYPAA	0.00	302.90
Second Tradition Group Spkr 721 (Sat.)	0.00	877.50
Serenity Speaker Meeting 533 (Sun.)	0.00	1,357.62
Share d Gift, The (Women) 61 (Mon.)	374.78	716.20
Simply AA 301 (Tues.)	0.00	151.05
Single Problem Topic (Men's) 582 (Mon.)	808.50	2,328.50
Sisters Seeking Serenity 858 (Wed.)	0.00	306.60
Sober Mafia 204 (Sun.)	0.00	550.00
Sober Thoughts 499 (Wed.)	0.00	364.00
Society of the Second Chance 305 (Tues.)	0.00	200.00
South Valley Men's 845 (Thur.)	0.00	1,099.00
South Valley Women's Surrender 88 (Mon.)	0.00	399.30
Spiritual Awakening 813 (Tues.)	45.75	944.83
Spiritual Progress 8 (Sun.)	0.00	1,275.00

	Dec 19	Jan - Dec 19
Spiritual Step Study 233 (Sun.)	0.00	1,571.70
St. Luke's Group 113 (Tues.)	0.00	291.00
Step Along (Women) 638 (Wed.)	0.00	879.35
Step Study (Women) LG 820 (Wed.)	0.00	485.11
Sunday Night Recovery 23 (Sun.)	630.00	1,190.00
Sundowner's Mtg (Chips) 768 (Wed.)	0.00	233.00
Sunshine Group noon 243 (Thur.)	0.00	50.00
Survivors (The) Step Study 331 (Wed.)	0.00	394.10
The Bus Stop (Tues.)	0.00	180.00
The Promises 686 (Mon.)	0.00	520.00
There Is a Solution SJ 217 (Thur.)	198.00	783.00
There Is a Solution (Men) MH 732 (Thur)	0.00	143.40
Think Tank (Men's) 361 (Sat.)	0.00	1,150.80
Thru the Big Book 316 (Fri.)	0.00	274.00
Traditions Workshop	0.00	277.00
Trinity Group 370 (Sat.)	0.00	50.00
Tuesday Night Happy Hour 796	0.00	600.00
Tuesday Night Men's Mtg 525 (Tues.)	0.00	1,418.88
Tuesday Night Saratoga Group 152 (Tues.)	0.00	17.00
Tuesday Noon Step Study 556 (Tues)	0.00	667.00
University Beginners 176 (Wed.)	0.00	40.00
Unknown	0.00	4,610.21
Veterans of Alcohol 874 (Tues.)	0.00	140.00
Villages Group of AA, The 406 (Mon.)	250.00	699.00
Waves of Healing 526 (Mon.)	0.00	511.00
We Care Step Study 128 (Tues.)	0.00	75.00
We Have Arrived (Men's) 819 (Mon.)	0.00	298.52
Wednesday Night Big Book 576 (Wed.)	0.00	140.00
What's Happening Today 552 (Thur.)	0.00	441.59
When All Else Fails 047 (Sat.)	0.00	245.00
Winchester Mystery Meeting 102 (Tues.)	210.00	210.00
Wisdom to Know 651 (Mon.)	0.00	292.81
Women's Brunch 640 (Sat.)	0.00	1,887.25
Women on the Move 570 (Wed.)	70.00	756.00
Women to Women 704 (Sat.)	0.00	822.40
TOTAL	21,034.16	175,327.97

