

29th Annual Spiritual Progress Retreat – Admission Free! DEC 4th 2021

Meeting ID: 871 5746 6960



Remember to wear something in the Holiday Spirit for the Retreat and Sing-a-Long! We will have the Venmo Digital Basket for the 7th Tradition and contributions!

Agenda:

2:00 - Start of Retreat (Meet and Greet)

2:10 - SPG Jeopardy Game (Phil W)

3:20 - Break and mingle time

3:30 – Guided Meditation time (Fran H)

3:50 - Break and mingle time

4:00 - 11th Step Panel (Gloria V)

5:10 – Main Speaker (Hilda F)

6:15 - Quick Break

6:20 – Christmas Sing-a-Long (Mary M)

6:45 – Gratitude Sharing time

7:00 - End of a Great Day