

A PUBLICATION OF THE INTERGROUP CENTRAL OFFICE OF SANTA CLARA COUNTY

MONTHLY **NEWSLETTER**

Volume 26 Issue # 22

The Santa Clara Intergroup Central office supports the fellowship of Alcoholic Anonymous in Santa Clara County from Palo Alto to Gilroy. Come visit us at:

274 East Hamilton Ave. Suite D Campbell, CA 95008 408-889-1001 email: <u>info@aasanjose.org</u>

You can now subscribe to THE COIN here: https://aasanjose.org/#join-email



January 2024

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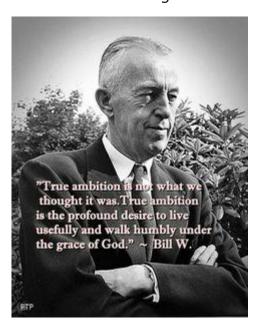
√ December Birthdays

√ Santa Clara Intergroup Office Resources



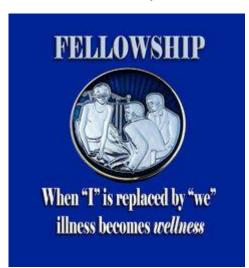
✓ **STEP One:**

"We admitted we were powerless over alcohol -that our lives had become unmanageable."



✓ FIRST Tradition:

"Our common welfare should come first: personal recovery depends on A.A. Unity."





✓ MEMBER'S CORNER

A heartfelt thank you to Rick R for this month's writing contributions! We love to hear about a great meeting, a celebration, or a story that brings inspiration to recovery!

I welcome your feedback on The COIN – please share your thoughts at the link below. Jeanine M., The COIN Editor: coin@aasanjose.org

A Life of Joy and Happiness: I Reap More Than My Share By Rick R.

Z

Understanding is the key to right principles and attitudes, and right action is the key to good living; therefore, the joy of good living is the theme of A.A.'s Twelfth Step. (12&12 pg. 125) How appropriate it seems that there are Twelve Months in a year, and we have Twelve Steps in the Program. The joy of good living is the theme, and it blends right in with Thanksgiving in November, and all the Religious Holidays in December, and is topped off with the New Year's Eve celebration. The Holiday season does bring a lot of joy to most of us, but it also brings distress to some of the less fortunate ones who have not yet been blessed with the gift of sobriety and peace of mind, in and outside of Alcoholics Anonymous. (A.A.)

I used to be uncomfortable about the holidays as I never knew how to act around normal people. I felt like a charity case and never got into the spirit of reaching out to others. My family always celebrated Christmas, and I always (due to My discomfort) would put a damper on it by complaining about the tacky gifts that people would buy for each other and the mad rush to go shopping and all the commercializing it had become. I explained this to a dear friend once, and he asked," Does the rest of the family enjoy it?" I said yes. He then said," why don't you just take a back seat and watch the joy in their eyes as they experience these things?" I did that exact thing and have been doing it ever since and it has changed my appreciation of this time of year.

This change of attitude has inspired me to apply the unselfish lessons that I have come to understand, and I spend the holiday season looking for the opportunity to brighten the lives of those less fortunate than myself. I often do these things anonymously and without fanfare. I also consider how I used to feel when I was the one on the receiving end of a charitable gesture and am very careful to do these things in a way that preserves their dignity. I do not have to wait for the holidays to do these things. Every day is Christmas at my home.

More recently I started to contemplate the difference between Joy and Happiness as I always thought that they were synonymous, and they are in some respects, but they do have some different qualities. I am a happy person as the result of being very diligent when it comes to working the steps of the program and practicing the principles in all my affairs. I am not without the little inconveniences and irritations that come with my day-to-day living activities, but they are nowhere near the problems I encountered prior to becoming a member of Alcoholics Anonymous. They do not lower my level of happiness because I simply take them as they come. Over a period, as I mature in this journey, my mean level of happiness continues to rise, and I am generally very happy as the result.

When I look at the word Joy, I do not feel that I am in a constant state of Joy, but I do have many little things that happen on a day-to-day basis that rise above my state of happiness, and they sometimes bring tears to my eyes. We all can identify with the term "tears of joy." Even unhappy people can have tears of joy occasionally.

I was introduced to the principle that "happiness is a byproduct of right living and not an end in itself" I have been living by that principle ever since and you can believe me when I tell you that I reap more than my share of joy.



✓ VOLUNTEER OPPORTUNITIES



There are many ways to show gratitude for your sobriety. Please consider a volunteer position or by making a financial contribution to our Santa Clara Intergroup Office.

There is a volunteer opportunity for you here in Santa Clara County! For a complete schedule - Please visit: https://aasanjose.org

A great way to learn about Volunteer Opportunities is to attend the monthly Intergroup Meeting – the first Wednesday of every month.



Sobriety requirement is One Year and a good understanding of the 12 Steps and 12 Traditions of Alcoholics Anonymous

Intergroup Central Office 274 E. Hamilton Ave, Suite D Campbell, CA 95008

10:00 am

Next Intergroup meeting

January 3rd - 7:30 to 9:00 **Trinity Presbyterian Church, 3151 Union** Ave, San Jose **ALL ARE WELCOME!!!**



Date:

Time:

Location:





Service Saves Lives! Serve on 2024 Unity Day Committee

Committee Elections Coming Soon:

Feb. 10, 2024 10:30AM Central Office 274 E. Hamilton Ave, Suite D Campbell, CA 95008

Committee Positions:

Coordinator
Alternate Coordinator
Treasurer
Secretary
Food Coordinator
Setup/Cleanup Coordinator

Support a full day with our Santa Clara County AA fellowship coming together to meet our service bodies and each other.

We NEED YOU, the membership, to service on the 2024 Committee





THE FAITHFUL TWENTY-FIVERS!!!



Who are The Faithful Twenty-Fivers?

❖ The Faithful Twenty-Fivers are members of our Santa Clara County A.A. community who provide a vital contribution of only \$25.00 per month (or any amount you choose!) to help "carry the message to the alcoholic who still suffers."

Where do contributions go?

- ❖ All contributions go *directly* to support our A.A. programs in Santa Clara County:
- The 24 Hour Hotline
- 12 Step Calls
- Meeting Schedules (online and Print)
- Sales of Literature and Sobriety Coins
- Affordable Group Insurance Umbrella
- Publishing of monthly Newsletter
- Support of Outreach, Activities and Intergroup Committees
- Maintain, protect and display archive materials
- Maintenance of the Website
- Advertising of Fellowship Groups
- Printing for Groups
- Cooperation with other A.A. services such as General Services and H&I
- New Secretary and Diverter Workshops and many other workshops

How do I contribute?

 $\textbf{\textit{Easy}}: \underline{\text{https://aasanjose.org/product/faithful-fiver}}$

✓ JANUARY and UPCOMING 2024 EVENTS



Please visit the Santa Clara Intergroup website at aasanjose.org for a complete list of January meetings and upcoming 2024 events.







Sobriety By The Bay



Friday, January 12th - Sunday, January 14th 2024

Redemption Church; 105 Nortech Pkwy San Jose, California



REGISTER: SobrietyByTheBay.org \$30 before January 1st/\$35 after January 1st

Friday 1/12

4:00 pm Set-up

7:00 pm Speaker Jeffrey N. Novato, CA (Multi-Purpose Room)

Saturday 1/13

8:00 am Too Early Big Book (Multi-Purpose Room)

> 10:30 am Speaker Clare B. Sacramento, CA (Multi-Purpose Room)

2:00 pm 4th Step Workshop (Multi-Purpose Room)

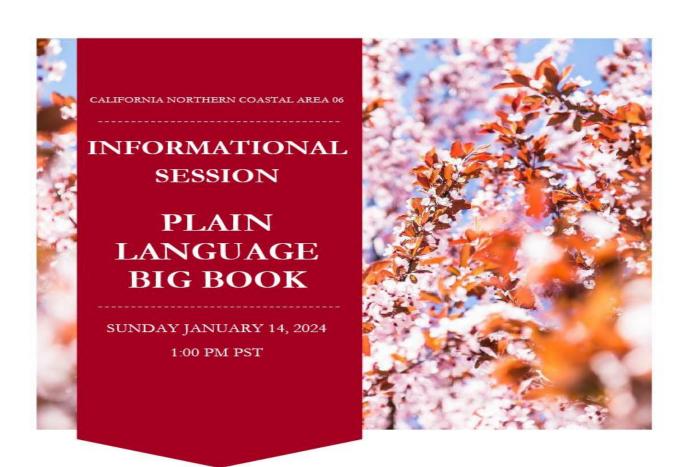
7:00 pm Speaker Wayne B. Los Angeles, CA (Main Sanctuary)

Sunday 1/14

3:30 pm Speaker Leslie K. Modesto, CA (Multi-Purpose Room)

5:00 pm Business meeting (Multi-Purpose Room)

Our mission statement is in accordance with the Fifth Tradition, which states, "Each group has but one primary purpose – to carry its message to the alcoholic who still suffers."



VIRTUAL SESSION: CLICK HERE

Meeting ID: 842 6106 1894

Passcode: 1935

Interpretation in English and Spanish



2024

60th International Women's Conference

ONLINE!



INTERNATIONALWOMENS CONFERENCE, ORG



February 8-11, 2024 Live from Portland, Maine

KEYNOTE SPEAKERS broadcast to you from Portland, Maine **ENTERTAINMENT** and fellowship Friday and Saturday nights HYBRID PANELS: Attend select panels as they happen live **EXCLUSIVE** online panels & workshops for attendees **OPPORTUNITIES** to be of service to other sober women

Questions? IWCPORTLAND24@GMAIL.COM



PRAASA 2024 is in San Francisco!

Pacific Region A.A. Service Assembly

March 1-3, 2024

San Francisco Marriott Marquis, 780 Mission St., SF

For online registration, hotel reservations, volunteer opportunities & more:

WWW.PRAASA.ORG

Registration: \$40 (plus optional meals) • Hotel Rooms: \$189/night + tax All A. A.'s Welcome • Al-Anon Participation • Spanish & ASL Interpretation

Join 1500+ A.A. members from all over the western U.S. and Canada, plus GSO and Grapevine Staff!

Three-day program features a speaker meeting Saturday night, lots of panels, and roundtable breakout sessions for: GSRs, DCMs, Literature, Grapevine, La Vina, H&I/Corrections, Intergroup/Central Offices, Young People (YPAA), Bridging the Gap, Archives, Public Information (PI), Cooperation with the Professional Community (CPC), Accessibilities/Treatment, Remote Communities, Seniors/Cooperation with the Elder Community, Hispanic Women, Newsletters, Websites and Tech, Area Secretaries, Treasurers, Registrars, Chairs, Alternate Delegates, Delegates, and Past Delegates/Trustees.

The purpose of PRAASA is to:

- Develop greater unity among the members, groups, and areas of the Pacific Region.
- · Encourage the exchange of ideas and experiences.
- Provide an opportunity for members to discuss pertinent aspects of Alcoholics Anonymous.

The Assembly and the PRAASA Committee should always foster the Recovery, Unity and Service legacies of Alcoholics Anonymous.





* FEBRUARY 10, 2024

Old Timer's Meeting

*** APRIL 20, 2024**

Chili Cook-Off

% JUNE 22, 2024

Founder's Day Celebration

★ OCTOBER 19, 2024

Take Your Sponsor to Brunch

※ DECEMBER 4, 2024

InterGroup Potluck Dinner

*** DECEMBER 14, 2024**

Central Office Tamale Party

ANNOUNCING UPCOMING EVENTS!!

FROM THE A.A. SANTA CLARA INTERGROUP CENTRAL OFFICE

WE HOPE YOU MARK YOUR CALANDERS NOW!

DETAILS

WILL BE AVAILABLE ON THE A.A. SANTA CLARA CENTRAL OFFICE WEBSITE:

https://aasanjose.org

YOU CAN FIND A.A. EVENTS IN SANTA CLARA COUNTY BY SUBSCRIBING TO THE COIN, OUR MONTHLY, ONLINE NEWSLETTER:

https://aasanjose.org/#joinemail

PLEASE JOIN US!

NCCAA 75th Annual Spring Conference

"Celebrating 75 years of Conferences!"

Northern California Council of Alcoholics Anonymous

San Jose, CA

Holiday Inn San Jose – Silicon Valley

1350 North 1st St., San Jose, CA 95112

March 15, 16, 17, 2024

| Friday March 15, 2024 | Saturday March 16, 2024 | Sunday March 17, 2024 |
|------------------------------|--|-------------------------------|
| 2:00 PM Registration Opens | 8:00 AM – Steering Committee | 8:00 AM Meditation Meeting |
| 5:00 PM Long Timer's Panel | 11:00 AM – NCCAA Delegates | 10:00 AM Open Speaker Meeting |
| 8:00 PM Open Speaker Meeting | 8:00 PM Open Speaker Meeting | |
| Ronald W. Los Angeles, CA | Sarah I. Philadelphia, PA YP Speaker | Rick K. Sunol, CA |

Additional program information on back of flyer

Al-Anon and Spanish Speakers & Participation
Area 06 & 07 Updates – Marathon Meetings
Saturday Night Dance – Free Drawing
Sunday Morning Meditation Meeting

Introducing New Officers at this Conference

Visit NCCAA website for more information on how to be of Service to NCCAA.

NCCAA Website

PRE-REGISTRATION CUT OFF DATE IS March 1st, 2024
CONFERENCE RATE FOR HOTEL CUT OFF DATE IS February 13th, 2024

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

VISIT OUR WEBSITE AT --http://www.norcalaa.org

The following hotel is offering Conference rates for those attending the 75th Annual NCCAA Spring Conference March 15, 16, 17, 2024 in San Jose, CA. To ensure a reservation at conference rate call prior to February 13th, 2024. The phone number is listed below, mention that you are with **NCCAA** to obtain the conference rate. We have a strong room requirement for this Conference and per the NCCAA Steering Committee, we will only list the host hotel.

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS February 13, 2023

| Host Hotel | King Bed | Double Beds | Amenities |
|--|----------|-------------|--|
| Holiday Inn San Jose — Silicon Valley 1350 North 1st Street San Jose, CA 95112 Phone: 1-408-453-6200 Ask for NCA Group Code Link to Hotel Booking: NCCAA | \$149.00 | \$149.00 | Outdoor Pool Fitness Center On-site Restaurant Free for Parking Free Wi-Fi |

Program Highlights

Visit NCCAA website for previous programs.

| Friday | 2:00 PM | Registration Opens |
|--------------|---|---|
| | 3:00 PM | Marathon Meeting Begin |
| | 5:00 PM | Long Timer's Panel |
| | 8:00 PM Friday Night Speaker Meeting | Ronald W. from Los Angeles, CA |
| Saturda y | 9:00 AM | Registration & Marathon Meetings Resume |
| | 11:00 AM | NCCAA Delegates Meeting |
| | Hospital & Institution Panel | Al-Anon Speaker Program |
| | Area 06 & 07 Update | Spanish Speaker |
| | 8:00 PM Saturday Night Speaker Meeting | TBA |
| Sunday | 8:00 AM | Meditation Meeting |
| | 10:00 AM Sunday Morning Speaker | Rick K. From Sunol, CA |

Pre-Register for Conference online at www.norcalaa.org/Registration
PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00
Please print in the form below for pre-registration. Pre-registration cutoff date is March 1, 2024

| Name | | | AA Al-Anon | | |
|------------|---|------------|------------|---------|--|
| City | | Stat | State | | |
| Home Group | | î. | (45 | | |
| Name | | AA Al-Anon | | Al-Anon | |
| City | | Stat | State | | |
| Home Group | | | | | |
| | Enclose an Extra \$20.00 to "Sponsor a Newcomer" | | | | |

Please remit with payment to: NCCAA Treasurer, P.O. Box 3835 San Ramon, CA 94583 On-line pre-registration for conference is available at http://www.norcalaa.org

Total Pre-Registration Included:

Pre-registration is greatly appreciated!

✓ DECEMBER BIRTHDAYS



| Birthday Celebrant | Years | Contributor | Birthday |
|-----------------------|-------|-------------|------------|
| Kent G. | 39 | John S. | 12/20/1984 |
| Tom K. | 16 | John S. | 12/4/2007 |
| Christina S. | 3 | John S. | 12/14/2020 |
| Caprise S. | 45 | Caprise S. | 12/19/1978 |
| Ingrid M. | 13 | Caprise S. | 12/23/2010 |
| Keren J. | 14 | Anonymous | 12/24/2009 |



Birthdays are listed in recognition of contributions made directly to the Central Office on a member's behalf for a sobriety milestone. Contributions can be made by the birthday celebrant or in honor of a friend and will be listed in this section, unless requested otherwise.

In keeping with A.A.'s Seventh Tradition of self-support, we accept contributions only from A.A. members. Please use the birthday forms found at your meeting, at the Santa Clara Central Office, or on-line at https://aasanjose.org/contributions.

✓ SANTA CLARA CENTRAL OFFICE RESOURCES

Quotations from A.A. books, pamphlets, and the Twelve Steps and Twelve Traditions are reprinted with permission of A.A. World Services, Inc.

The Santa Clara Intergroup Central Office supports the fellowship of Alcoholic Anonymous in Santa Clara County, serving communities from Palo Alto to Gilroy.

Executive Director, Central Office Lead: Jody W.

Our Santa Clara Central Office
offers a bounty of support
resources including books,
literature, videos, and coins. Their
website provides detailed
information on Meetings, Events,
Financials/Meeting Minutes and
Intergroup updates. You can find
them at: https://aasanjose.org

For the love of our Primary Purpose, please encourage other A.A. members to subscribe to **The COIN.** Drop our subscription in the chat at your meetings and please tell your members to subscribe to stay in the know on what's happening with Santa Clara A.A. https://aasanjose.org/coin

The COIN is published on behalf of the Santa Clara County Intergroup Service Group of Alcohol's Anonymous (Intergroup). Opinions expressed are the writer's and publication of any article, event, or other information does not imply endorsement of Alcohol Anonymous, Intergroup or the Central Office.

The COIN is the Central Office Intergroup Newsletter. It is what the A.A. Fact Files calls "A.A. Literature Prepared by Local Groups." The opinions are those of the individual authors and may or may not be representative of A.A. as a whole.

> https://aasanjose.org Phone: 408-889-1001

